

Competition Results

Competition:

East Regional Final 2024 Under 11 Boys

Venue:

UEA Sportspark

Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

Team Results

Cambridgeshire (sky)

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East Regional Final 2024 Under 11 Boys

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
2	Sam Dearman	J	8	9	10		10	9
2	Sam Dearman	VJ	38	36	36		38	7
3	Ted Beardon	STJ	4.64	0.00	4.30		4.64	11
4	Sami Yeganeh	CP	4.50	4.00	4.50		4.50	10
4	Sami Yeganeh	VJ	30	34	33		34	11
5	Oliver Badham	J	8	9	12		12	6
5	Oliver Badham	SLJ	1.93	1.80	1.40		1.93	7
6	Charlie Howell	BT	4	7	3	6	20	12
6	Charlie Howell	SLJ	1.43	1.33	1.38		1.43	15
7	Zack Bailey	SB	47				47	8
7	Zack Bailey	VJ	29	33	31		33	14
8	Seb Moreau	SB	54				54	3
8	Seb Moreau	STJ	0.00	4.54	4.64		4.64	10
9	Ethan Bates	BT	13	15	12	5	45	3
9	Ethan Bates	SLJ	1.63	1.55	1.77		1.77	14
10	Joseph Waldron	BT	4	12	3	8	27	9=
10	Joseph Waldron	CP	4.75	4.25	0.00		4.75	9
11	Jack Bayford	STJ	4.12	4.32	4.24		4.32	14
12	James Shetib	SB	39				39	15
12	James Shetib	TT	6	4	2	0	12	5
13	Jack Isles	TT	6	4	3	2	15	4

Team Results

Essex (red)

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17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jude Court	BT	15	15	11	5	46	2
1	Jude Court	TT	6	2	6	2	16	2=
2	Jude Lipscombe	J	14	11	0		14	4
2	Jude Lipscombe	SB	46				46	9=
4	Wilber Wheatley	TT	4	2	5	6	17	1
4	Wilber Wheatley	VJ	31	0	34		34	13
5	Folabi Saiki	SLJ	2.10	2.11	2.07		2.11	3
6	Mason Partridge	BT	9	8	3	2	22	11
6	Mason Partridge	VJ	40	43	43		43	4
7	Dylan Phillips-Frontin	BT	13	4	6	7	30	8
7	Dylan Phillips-Frontin	CP	5.75	6.00	6.00		6.00	3
7	Dylan Phillips-Frontin	SLJ	2.24	2.24	2.11		2.24	1
8	Esirhueme Alegeh	J	7	6	10		10	10
8	Esirhueme Alegeh	STJ	0.00	0.00	5.76		5.76	3
9	Oliver Everard	SB	50				50	4=
9	Oliver Everard	STJ	4.92	0.00	5.18		5.18	4
10	Toby Stothard	SB	46				46	9=
10	Toby Stothard	SLJ	2.10	2.03	2.15		2.15	2
11	Archie Wood	CP	0.00	5.75	0.00		5.75	5=
11	Archie Wood	STJ	4.86	4.82	4.64		4.86	9
12	Rory Knivett	VJ	33	31	34		34	10

Team Results

Hertfordshire (orange)

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1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Oliver Ashcroft	SB	43				43	13
1	Oliver Ashcroft	SLJ	1.78	1.75	1.75		1.78	13
2	Charlie Ashman	STJ	4.42	3.98	4.56		4.56	12
3	Raphael Bowen	J	10	13	0		13	5
3	Raphael Bowen	SB	44				44	12
4	Ciaran Comerford	BT	15	3	6	3	27	9=
4	Ciaran Comerford	TT	6	3	0	0	9	7
5	Noah Ettahery	CP	5.75	0.00	0.00		5.75	5=
5	Noah Ettahery	VJ	34	31	30		34	12
6	Mason Haslett	SB	48				48	7
6	Mason Haslett	SLJ	2.00	1.91	2.04		2.04	5
7	Harry Jacob	BT	6	15	8	15	44	4
7	Harry Jacob	TT	4	1	1	1	7	9=
8	Zephyr MacAlister	STJ	3.82	4.26	4.22		4.26	15
9	Abe Martin	J	10	11	10		11	7
9	Abe Martin	SLJ	2.06	1.95	1.99		2.06	4
10	Emmanuel Nelson	STJ	4.96	0.00	0.00		4.96	8
11	Freddie Parker	BT	6	2	8	2	18	15
11	Freddie Parker	VJ	33	33	37		37	9
12	Jude Reddin	CP	5.25	5.00	5.50		5.50	7
12	Jude Reddin	VJ	40	38	42		42	5

Team Results

Norfolk (green)

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East Regional Final 2024 Under 11 Boys

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UEA Sportspark

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17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Samuel Brown	SB	57				57	2
1	Samuel Brown	VJ	45	49	47		49	3
2	Harry Jones	STJ	5.08	5.04	5.06		5.08	5
3	Jude Osborne	J	5	18	16		18	1
3	Jude Osborne	SB	50				50	4=
4	Dexter Walsh	CP	6.25	6.25	6.50		6.50	1
5	Leonardo Jones	TT	6	4	6	0	16	2=
6	Riley Price	VJ	46	47	49		49	2
7	Ostin Falgate	CP	6.25	6.25	6.25		6.25	2
7	Ostin Falgate	STJ	5.62	5.82	6.12		6.12	2
8	Matas Petreikis	STJ	6.10	6.08	6.16		6.16	1
9	Finlay Goodenough	BT	10	15	11	15	51	1
9	Finlay Goodenough	VJ	39	40	41		41	6
10	Samuel Howard	BT	11	15	4	7	37	6
10	Samuel Howard	SLJ	1.86	1.85	1.87		1.87	10
11	Ryan Bullimore	SLJ	1.90	1.83	1.80		1.90	9
11	Ryan Bullimore	TT	6	4	1	0	11	6
12	Isaac Unsworth	J	10	11	0		11	8
13	Henry Skipper	SB	49				49	6
14	Theo Abbott	BT	6	5	14	15	40	5
14	Theo Abbott	SLJ	1.92	1.98	1.95		1.98	6

Team Results

Suffolk (maroon)

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UEA Sportspark

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17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	MR	4x2	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	28	26	30	30	30	30	30	30	30	30	30	28	30	26	30	27
2	Essex	Red	468	30	28	28	26	28	28	28	27	26	28	28	25	26	30	28	30
3	Hertfordshire	Orange	440	26	30	26	28	26	26	24	27	28	24	26	25	22	28	24	24
4	Suffolk	Maroon	418	24	24	24	22	24	24	26	24	22	22	24	30	28	24	26	22
5	Cambridgeshire	Sky	389	22	22	22	24	22	22	22	22	24	26	22	22	24	22	22	27

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Augustine Matondo	SB	42				42	14
1	Augustine Matondo	STJ	4.82	0.00	5.04		5.04	7
2	Aiden Thompson	CP	5.00	6.00	0.00		6.00	4
2	Aiden Thompson	SLJ	1.81	1.75	1.76		1.81	12
3	John Dodimead	CP	4.75	5.00	4.75		5.00	8
3	John Dodimead	STJ	4.34	4.28	4.46		4.46	13
4	Mickey Godbold	SB	45				45	11
4	Mickey Godbold	STJ	4.82	5.02	5.06		5.06	6
5	Fraser White	SB	59				59	1
5	Fraser White	VJ	31	32	32		32	15
6	Dylan Jeffery	BT	5	7	4	3	19	13=
6	Dylan Jeffery	SLJ	1.79	1.85	1.85		1.85	11
6	Dylan Jeffery	TT	6	2	0	0	8	8
7	Ezequiel Victor Callelero	J	11	15	11		15	3
7	Ezequiel Victor Callelero	VJ	47	53	56		56	1
8	Jeremiah Rankin	J	13	15	13		15	2
8	Jeremiah Rankin	SLJ	1.83	1.90	1.91		1.91	8
9	Theo Palmer	VJ	34	38	36		38	8
12	Felix Thorn	BT	6	7	15	3	31	7
14	Olly Kelly	BT	4	5	4	6	19	13=
14	Olly Kelly	TT	4	1	2	0	7	9=

Results Sheet

Obstacle Relay

Competition:

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17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	1:21.0	0.0	1:21.0	30.0
2	04	Norfolk	Green	1:21.9	0.0	1:21.9	28.0
3	03	Hertfordshire	Orange	1:24.1	0.0	1:24.1	26.0
4	05	Suffolk	Maroon	1:25.6	0.0	1:25.6	24.0
5	01	Cambridgeshire	Sky	1:34.0	0.0	1:34.0	22.0

Results Sheet

1 + 1 Lap Relay

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17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Orange	25.5	0.0	25.5	30.0
2	02	Essex	Red	25.9	0.0	25.9	28.0
3	04	Norfolk	Green	26.0	0.0	26.0	26.0
4	05	Suffolk	Maroon	26.1	0.0	26.1	24.0
5	01	Cambridgeshire	Sky	27.8	0.0	27.8	22.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Regional Final 2024 Under 11 Boys

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UEA Sportspark

Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	51.7	0.0	51.7	30.0
2	02	Essex	Red	52.2	0.0	52.2	28.0
3	03	Hertfordshire	Orange	54.1	0.0	54.1	26.0
4	05	Suffolk	Maroon	56.7	0.0	56.7	24.0
5	01	Cambridgeshire	Sky	57.1	0.0	57.1	22.0

Results Sheet

6 Lap Paarlauf

Competition:

East Regional Final 2024 Under 11 Boys

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17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:21.7	0.0	1:21.7	30.0
2	03	Hertfordshire	Orange	1:22.2	0.0	1:22.2	28.0
3	02	Essex	Red	1:25.3	0.0	1:25.3	26.0
4	01	Cambridgeshire	Sky	1:31.5	0.0	1:31.5	24.0
5	05	Suffolk	Maroon	1:34.6	0.0	1:34.6	22.0

Results Sheet

Over and Under Relay

Competition:

East Regional Final 2024 Under 11 Boys

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UEA Sportspark

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17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:10.6	0.0	1:10.6	30.0
2	02	Essex	Red	1:10.7	0.0	1:10.7	28.0
3	03	Hertfordshire	Orange	1:12.7	0.0	1:12.7	26.0
4	05	Suffolk	Maroon	1:20.6	0.0	1:20.6	24.0
5	01	Cambridgeshire	Sky	1:23.0	0.0	1:23.0	22.0

Results Sheet

Hurdles Relay

Competition:

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17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	57.1	0.0	57.1	30.0
2	02	Essex	Red	1:02.4	0.0	1:02.4	28.0
3	03	Hertfordshire	Orange	1:03.0	0.0	1:03.0	26.0
4	05	Suffolk	Maroon	1:07.1	0.0	1:07.1	24.0
5	01	Cambridgeshire	Sky	1:07.4	0.0	1:07.4	22.0

Results Sheet

Balance Test

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17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Norfolk	Green	128	30
2	Essex	Red	98	28
3	Cambridgeshire	Sky	92	26
4	Hertfordshire	Orange	89	24
5	Suffolk	Maroon	69	22

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk	Green	9	Finlay Goodenough	51
2	Essex	Red	1	Jude Court	46
3	Cambridgeshire	Sky	9	Ethan Bates	45
4	Hertfordshire	Orange	7	Harry Jacob	44
5	Norfolk	Green	14	Theo Abbott	40
6	Norfolk	Green	10	Samuel Howard	37
7	Suffolk	Maroon	12	Felix Thorn	31
8	Essex	Red	7	Dylan Phillips-Frontin	30
9=	Cambridgeshire	Sky	10	Joseph Waldron	27
9=	Hertfordshire	Orange	4	Ciaran Comerford	27
11	Essex	Red	6	Mason Partridge	22
12	Cambridgeshire	Sky	6	Charlie Howell	20
13=	Suffolk	Maroon	6	Dylan Jeffery	19
13=	Suffolk	Maroon	14	Olly Kelly	19
15	Hertfordshire	Orange	11	Freddie Parker	18

Results Sheet

Chest Push

Competition:
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Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Norfolk	Green	12.75	30
2	Essex	Red	11.75	28
3	Hertfordshire	Orange	11.25	26
4	Suffolk	Maroon	11.00	24
5	Cambridgeshire	Sky	9.25	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Green	4	Dexter Walsh	6.50
2	Norfolk	Green	7	Ostin Falgate	6.25
3	Essex	Red	7	Dylan Phillips-Frontin	6.00
4	Suffolk	Maroon	2	Aiden Thompson	6.00
5=	Essex	Red	11	Archie Wood	5.75
5=	Hertfordshire	Orange	5	Noah Ettahery	5.75
7	Hertfordshire	Orange	12	Jude Reddin	5.50
8	Suffolk	Maroon	3	John Dodimead	5.00
9	Cambridgeshire	Sky	10	Joseph Waldron	4.75
10	Cambridgeshire	Sky	4	Sami Yeganeh	4.50

Results Sheet

Javelin

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Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Suffolk	Maroon	30	30
2	Norfolk	Green	29	28
3=	Essex	Red	24	25
3=	Hertfordshire	Orange	24	25
5	Cambridgeshire	Sky	22	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Green	3	Jude Osborne	18
2	Suffolk	Maroon	8	Jeremiah Rankin	15
3	Suffolk	Maroon	7	Ezequiel Victor Callelero	15
4	Essex	Red	2	Jude Lipscombe	14
5	Hertfordshire	Orange	3	Raphael Bowen	13
6	Cambridgeshire	Sky	5	Oliver Badham	12
7	Hertfordshire	Orange	9	Abe Martin	11
8	Norfolk	Green	12	Isaac Unsworth	11
9	Cambridgeshire	Sky	2	Sam Dearman	10
10	Essex	Red	8	Esirhueme Alegeh	10

Results Sheet

Speed Bounce

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17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Norfolk	Green	156	30
2	Suffolk	Maroon	146	28
3	Essex	Red	142	26
4	Cambridgeshire	Sky	140	24
5	Hertfordshire	Orange	135	22

Ranking	Team	Colour	BibNo	Name	Total
1	Suffolk	Maroon	5	Fraser White	59
2	Norfolk	Green	1	Samuel Brown	57
3	Cambridgeshire	Sky	8	Seb Moreau	54
4=	Essex	Red	9	Oliver Everard	50
4=	Norfolk	Green	3	Jude Osborne	50
6	Norfolk	Green	13	Henry Skipper	49
7	Hertfordshire	Orange	6	Mason Haslett	48
8	Cambridgeshire	Sky	7	Zack Bailey	47
9=	Essex	Red	2	Jude Lipscombe	46
9=	Essex	Red	10	Toby Stothard	46
11	Suffolk	Maroon	4	Mickey Godbold	45
12	Hertfordshire	Orange	3	Raphael Bowen	44
13	Hertfordshire	Orange	1	Oliver Ashcroft	43
14	Suffolk	Maroon	1	Augustine Matondo	42
15	Cambridgeshire	Sky	12	James Shetib	39

Results Sheet

Standing Long Jump

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East Regional Final 2024 Under 11 Boys

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UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Essex	Red	6.50	30
2	Hertfordshire	Orange	5.88	28
3	Norfolk	Green	5.75	26
4	Suffolk	Maroon	5.57	24
5	Cambridgeshire	Sky	5.13	22

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	7	Dylan Phillips-Frontin	2.24
2	Essex	Red	10	Toby Stothard	2.15
3	Essex	Red	5	Folabi Saiki	2.11
4	Hertfordshire	Orange	9	Abe Martin	2.06
5	Hertfordshire	Orange	6	Mason Haslett	2.04
6	Norfolk	Green	14	Theo Abbott	1.98
7	Cambridgeshire	Sky	5	Oliver Badham	1.93
8	Suffolk	Maroon	8	Jeremiah Rankin	1.91
9	Norfolk	Green	11	Ryan Bullimore	1.90
10	Norfolk	Green	10	Samuel Howard	1.87
11	Suffolk	Maroon	6	Dylan Jeffery	1.85
12	Suffolk	Maroon	2	Aiden Thompson	1.81
13	Hertfordshire	Orange	1	Oliver Ashcroft	1.78
14	Cambridgeshire	Sky	9	Ethan Bates	1.77
15	Cambridgeshire	Sky	6	Charlie Howell	1.43

Results Sheet

Standing Triple Jump

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UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Norfolk	Green	17.36	30
2	Essex	Red	15.80	28
3	Suffolk	Maroon	14.56	26
4	Hertfordshire	Orange	13.78	24
5	Cambridgeshire	Sky	13.60	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Green	8	Matas Petreikis	6.16
2	Norfolk	Green	7	Ostin Falgate	6.12
3	Essex	Red	8	Esirhueme Alegeh	5.76
4	Essex	Red	9	Oliver Everard	5.18
5	Norfolk	Green	2	Harry Jones	5.08
6	Suffolk	Maroon	4	Mickey Godbold	5.06
7	Suffolk	Maroon	1	Augustine Matondo	5.04
8	Hertfordshire	Orange	10	Emmanuel Nelson	4.96
9	Essex	Red	11	Archie Wood	4.86
10	Cambridgeshire	Sky	8	Seb Moreau	4.64
11	Cambridgeshire	Sky	3	Ted Beardon	4.64
12	Hertfordshire	Orange	2	Charlie Ashman	4.56
13	Suffolk	Maroon	3	John Dodimead	4.46
14	Cambridgeshire	Sky	11	Jack Bayford	4.32
15	Hertfordshire	Orange	8	Zephyr MacAlister	4.26

Results Sheet

Target Throw

Competition:
East Regional Final 2024 Under 11 Boys

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Essex	Red	33	30
2=	Cambridgeshire	Sky	27	27
2=	Norfolk	Green	27	27
4	Hertfordshire	Orange	16	24
5	Suffolk	Maroon	15	22

Ranking	Team	Colour	BibNo	Name	Total
1	Essex	Red	4	Wilber Wheatley	17
2=	Essex	Red	1	Jude Court	16
2=	Norfolk	Green	5	Leonardo Jones	16
4	Cambridgeshire	Sky	13	Jack Isles	15
5	Cambridgeshire	Sky	12	James Shetib	12
6	Norfolk	Green	11	Ryan Bullimore	11
7	Hertfordshire	Orange	4	Ciaran Comerford	9
8	Suffolk	Maroon	6	Dylan Jeffery	8
9=	Hertfordshire	Orange	7	Harry Jacob	7
9=	Suffolk	Maroon	14	Olly Kelly	7

Results Sheet

Vertical Jump

Competition:

East Regional Final 2024 Under 11 Boys

Venue:

UEA Sportspark

Date

17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Norfolk	Green	139	30
2	Suffolk	Maroon	126	28
3	Hertfordshire	Orange	113	26
4	Essex	Red	111	24
5	Cambridgeshire	Sky	105	22

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	Maroon	7	Ezequiel Victor Callelero	56
2	Norfolk	Green	6	Riley Price	49
3	Norfolk	Green	1	Samuel Brown	49
4	Essex	Red	6	Mason Partridge	43
5	Hertfordshire	Orange	12	Jude Reddin	42
6	Norfolk	Green	9	Finlay Goodenough	41
7	Cambridgeshire	Sky	2	Sam Dearman	38
8	Suffolk	Maroon	9	Theo Palmer	38
9	Hertfordshire	Orange	11	Freddie Parker	37
10	Essex	Red	12	Rory Knivett	34
11	Cambridgeshire	Sky	4	Sami Yeganeh	34
12	Hertfordshire	Orange	5	Noah Ettahery	34
13	Essex	Red	4	Wilber Wheatley	34
14	Cambridgeshire	Sky	7	Zack Bailey	33
15	Suffolk	Maroon	5	Fraser White	32

Results Sheet

2 + 2 Lap Relay

Competition:
East Regional Final 2024 Under 11 Boys

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	51.6	0.0	51.6	30.0
2	02	Essex	Red	53.8	0.0	53.8	28.0
3	05	Suffolk	Maroon	54.3	0.0	54.3	26.0
4	03	Hertfordshire	Orange	54.7	0.0	54.7	24.0
5	01	Cambridgeshire	Sky	58.6	0.0	58.6	22.0

Results Sheet

Medley Relay

Competition:

East Regional Final 2024 Under 11 Boys

Venue:

UEA Sportspark

Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	37.5	0.0	37.5	30.0
2=	02	Essex	Red	40.7	0.0	40.7	27.0
2=	03	Hertfordshire	Orange	40.7	0.0	40.7	27.0
4	05	Suffolk	Maroon	45.9	0.0	45.9	24.0
5	01	Cambridgeshire	Sky	47.0	0.0	47.0	22.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Regional Final 2024 Under 11 Boys

Venue:

UEA Sportspark

Date

17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:45.8	0.0	1:45.8	30.0
2	03	Hertfordshire	Orange	1:51.0	0.0	1:51.0	28.0
3	02	Essex	Red	1:52.3	0.0	1:52.3	26.0
4	01	Cambridgeshire	Sky	1:55.2	0.0	1:55.2	24.0
5	05	Suffolk	Maroon	1:56.3	0.0	1:56.3	22.0