



COMPETITIONS FOR THE WINTER SEASON 2023/24

SUFFOLK COMPETITIONS:

IPSWICH SPORTSHALL COMPETITION

Date: Sunday 3rd December 2023 Time: 12.30 to 17.00
Venue: Gainsborough Sports Centre
Address: 5 Brazier's Wood Road, IPSWICH, IP3 0SP

2024 SUFFOLK CHAMPIONSHIPS IN LOWESTOFT

Date: Saturday 27th January 2024 Time: 13.00 to 17.00
Venue: Waterlane Leisure Centre
Address: Water Lane, Lowestoft, NR32 2NH

EAST REGION SPORTSHALL FINALS:

Date: Saturday 17th February 2024 Time: TBA
Venue: University of East Anglia, Norwich

Based on results from the Suffolk competitions, athletes will be invited to represent Suffolk at the East Region Finals

AGE GROUPS

Girls and Boys ages are as at 31st August/1st September 2023.

- U11 (school years 4/5/6)
- U13 (school years 7/8)
- U15 (school years 9/10)

FOR ENTRY FORMS AND MORE INFORMATION

Visit website: <https://suffolkathletics.org.uk/sportshall/>

For general queries contact Terry McEntee (Suffolk Sportshall Secretary) - email: sportshall@suffolkathletics.org.uk