

SUFFOLK COUNTY ATHLETIC ASSOCIATION
TRACK and FIELD CHAMPIONSHIPS, 2023
(Under UKA Rules)

The following Championships of the Association will be held at the
Bury St Edmunds Leisure Centre.
(all-weather – maximum 6mm spikes)

on

Sunday, 14th May 2023.

Events

SM	100m	200m	400m	800m	1500m	3k	110mH	HJ	LJ	TJ	DT	HT	JT	SP
JM	100m	200m	400m	800m	1500m	3k	110mH	HJ	LJ	TJ	DT	HT	JT	SP
U17M	100m	200m	400m	800m	1500m	3k	100mH	HJ	LJ	TJ	DT	HT	JT	SP
U15B	100m	200m	300m	800m	1500m	-	80mH	HJ	LJ	TJ	DT	HT	JT	SP
U13B	100m	200m	-	800m	1500m	-	75mH	HJ	LJ	-	DT	HT	JT	SP
SW	100m	200m	400m	800m	1500m	3k	100mH	HJ	LJ	TJ	DT	HT	JT	SP
JW	100m	200m	400m	800m	1500m	3k	100mH	HJ	LJ	TJ	DT	HT	JT	SP
U17W	100m	200m	300m	800m	1500m	3k	80mH	HJ	LJ	TJ	DT	HT	JT	SP
U15G	100m	200m	300m	800m	1500m	-	75mH	HJ	LJ	TJ	DT	HT	JT	SP
U13G	100m	200m	-	800m	1500m	-	70mH	HJ	LJ	-	DT	HT	JT	SP

Age Groups

Senior Men/Women – must be at least 20 years of age on 31/12/2023 Born or before 31/12/2003

Under 20 Men/Women – must have reached their 17th birthday by midnight 31/8/2023 – 1/9/2023 but NOT their 20th birthday by midnight 31/12/2023, born on or between 1/1/2004 and 31/8/2006.

Under 17 Men/Women – must have reached their 15th birthday by midnight 31/8/2023 – 1/9/2023 but NOT their 17th birthday by midnight 31/8/2023 – 1/9/2023, born on or between 1/9/2006 and 31/8/2008.

Under 15 Boys/Girls – must have reached their 13th birthday by midnight 31/8/2023 – 1/9/2023 but NOT their 15th birthday by midnight 31/8/2023 – 1/9/2023, born on or between 1/9/2008 and 31/8/2010.

Under 13 Boys/Girls – must have reached their 11th birthday by midnight 31/8/2023 – 1/9/2023 but NOT their 13th birthday by midnight 31/8/2023– 1/9/2023, born on or between 1/9/2010 and 31/8/2012.

SUFFOLK COUNTY ATHLETIC CHAMPIONSHIPS 2023
CONDITIONS of ENTRY

Entries must be made via the on line link.

Event - £7.00 2 Events - £13.00 3 Events - £17.00
Each additional event over 3 - £5.00

IF ONLY entering Suffolk Schools: 1 event £5 each additional event £1

Please note that as u13 and u15 age group competitors may only compete in either the 800m or 1500m on the day, entry into both in advance, will attract the fee for a single event.

Hon. Championship Secretary

Mr. A.J. Cheatham

Tele. No: 01473 311290

- 2 Closing date for entries is **Friday, 28th April 2023**. No entries will be accepted after this date.
- 3 **Acknowledgement of entry will be via online entry system.**
The timetable will be published on the County website at the latest 5th May
- 4 For entry to these championships, you must hold a **SUFFOLK QUALIFICATION**.
A County qualification may be acquired as follows:
 - a) By Birth
 - b) Nine months continuous bona fide residence in this County immediately prior to the date of competition.
 - c) If entering ONLT the Suffolk Schools competition you must be attending a School /College in Suffolk
- 5 **U13's, U15's and U17's may not compete in more than THREE (3) events on the day.**
Under 20's (Juniors) may not compete in more than FIVE (5) events on the day
ATHLETES UNDER 15 will NOT be allowed to compete in both the 800m and 1500m on the day.
- 6 **UNDER NO CIRCUMSTANCES WILL LATE ENTRIES OR SUBSTITUTES BE ACCEPTED.**
- 7 The committee reserves the right to cancel any event at its discretion.