

SUFFOLK COUNTY A.A. Half Marathon Champions

Mens Open

22nd March 2015

1 Benjamin Turley	Ipswich Jaffa	1.15.51
2 Nicholas Clarke	Unattached	1.23.09
3 Joe Carr	Framlingham Flyers	1.23.12
4 Thomas Challener	Sudbury Joggers	1.23.52
5 Damian Hinchcliffe	Stowmarket Striders	1.24.32
6 Adam Allard	Unattached	1.25.09
7 Samuel Burdett	Stowmarket Striders	1.25.40
8 Ben Warmbsby	Ipswich Harriers	1.25.57
9 Benjamin Cuthbert	Sudbury Joggers	1.26.29
10 Oliver Hambling-Jones	Unattached	1.26.45
11 Neil Reid	Unattached	1.26.55
12 Robin Harper	Felixstowe RR	1.27.15
13 Oliver Boughton	Unattached	1.27.41
14 Matthew Crane	St.Edmund Pacers	1.28.49
15 Terry Bennington	Stowmarket Striders	1.29.10
16 Neil Gillingham	Ipswich Harriers	1.29.24
17 Sean Kennedy	Woodbridge Shufflers	1.29.53
18 Peter Smith	Unattached	1.30.54
19 Daniel Jones	Ipswich Harriers	1.30.58
20 Louis Suggett	Unattached	1.31.20
21 Colin Shadbolt	Framlingham Flyers	1.31.28
22 Richard Smith	Unattached	1.32.54
23 Peter Woods	Stowmarket Striders	1.33.57
24 Josh Kozak	Unattached	1.34.52
25 Chris Hall	Bungay Black Dog RC	1.35.28
26 Kevin Bennett	Unattached	1.35.54
27 Ashley Woolgrove	Unattached	1.36.49
28 Ian Scopes	Unattached	1.37.17
29 Chris Dennett	Unattached	1.37.27
30 Matt Watts	Unattached	1.37.50
31 Paul Wildman	Stowmarket Striders	1.38.42
32 Richard Leeder	Unattached	1.39.27
33 Alex Hobbs	Stowmarket Striders	1.39.28
34 Justin Smith	Unattached	1.39.30
35 Jamie Phillip Bennington	Unattached	1.39.47
36 Jack Tappin	Haverhill RC	1.40.19
37 Gary Sadler	Unattached	1.40.24
38 Neil Henry	Unattached	1.41.00
39 Rob Windus	Unattached	1.42.06

Mens V40 Section

1 Adam Howlett	Framlingham Flyers	1.19.27
2 John Scaife	Hadleigh Hares	1.20.24
3 Jason Taylor	Felixstowe RR	1.20.38
4 Tim Larke	Stowmarket Striders	1.22.33
5 Jason Allard	Stowmarket Striders	1.23.21
6 Darren Sheppard	Framlingham Flyers	1.24.11
7 Kerry Brown	Unattached	1.27.52
8 Paul Gardiner	Unattached	1.28.57
9 Steve Cresswell	Cambridge & Coleridge	1.31.24

Mens V45 Section

1 Barnaby Rufford	Unattached	1.21.54
2 Nigel Rogers	Unattached	1.24.02
3 Scott Mac Sephney	Ipswich Jaffa	1.25.16
4 Paul Norris	Unattached	1.27.31
5 Philip Honeywood	Unattached	1.28.56
6 Dave Solomon	Felixstowe RR	1.31.49
7 Neil Turner	Unattached	1.31.55
8 Peter Frost	Unattached	1.32.08

Mens V50 Section

1 Greg Davis	Newmarket Joggers	1.21.36
2 Andy Busk	Sudbury Joggers	1.24.25
3 Mark Watts	St.Edmund Pacers	1.27.48
4 Dave Lumby	Ipswich Jaffa	1.29.03
5 Russel Breyer	Ipswich Jaffa	1.32.55
6 Andrew Renshaw	Unattached	1.35.00
7 John Hilaire	Unattached	1.37.33
8 Yusuf Firat	Haverhill RC	1.38.34
9 Richard Eastall	Unattached	1.42.28

Mens V55 Section

1 Michael Marriot	Unattached	1.36.10
2 Mark Webster	Unattached	1.47.05
3 David Sheahan	Unattached	1.50.11
4 John George	Unattached	1.51.45
5 Neil Murfitt	Haverhill RC	1.52.08
6 Richard Smith	Felixstowe RR	2.00.00

Mens V60 Section

1 Ker Macrosson	Ipswich Jaffa	1.37.03
2 Stephen Williams	St.Edmund Pacers	1.41.46
3 Tim Newton	Ipswich Jaffa	1.41.54
4 Philip Hymers	Unattached	1.50.58
5 Michael McKinnell	Unattached	1.51.20
6 Don Beatty	Stowmarket Striders	1.55.50
7 Peter Russell	Framlingham Flyers	1.56.59
8 Keith Borrett	Stowmarket Striders	2.05.12

Mens V65 Section

1 Raymond Hill	Ipswich Jaffa	1.40.33
2 Roger Bland	St.Edmund Pacers	1.48.37
3 Roger Hobson	Woodbridge Shufflers	1.49.11
4 Chris Cooke	St.Edmund Pacers	1.49.16
5 Graham Sampson	Bungay Black Dog RC	1.54.11
6 Philip Nutley	St.Edmund Pacers	2.20.19

Womens Open

1 Rose Nicholson	Waveney Valley	1.24.36
2 Isobel Renn	Ipswich Jaffa	1.27.59
3 Dawn Davies	Ipswich Jaffa	1.32.58
4 Davina Greenwell	Hadleigh Hares	1.34.18
5 Elaine Mann	Hadleigh Hares	1.39.02
6 Karen Martin	Haverhill RC	1.39.49
7 Laura Hicks	Stowmarket Striders	1.41.01
8 Gail Mackie	Felixstowe RR	1.41.22
9 Kirsty Millard	Haverhill RC	1.42.53
10 Megan Smart	Stowmarket Striders	1.44.42
11 Rachel Cracknell	Unattached	1.45.33
12 Michaela Kadanikova	Ipswich Jaffa	1.46.07
13 Imogen Snelling	Bungay Black Dog RC	1.46.09
14 Elizabeth Nay	Unattached	1.46.36
15 Sarah Maidment	Bungay Black Dog RC	1.46.56
16 Jenni Motts	Unattached	1.47.21
17 Katrina Rigby	Hadleigh Hares	1.48.05
18 Rosalind Ralph	Felixstowe RR	1.49.35

Womens V40 Section

1 Odette Robson	St.Edmund Pacers	1.20.55	RECORD
2 Jayne Williams	Ipswich Jaffa	1.27.46	
3 Becky Overy-Owen	Woodbridge Shufflers	1.41.17	
4 Renee Fox	Unattached	1.45.32	
5 Rebecca Evans	Sudbury Joggers	1.50.33	
6 Ruth Warren	Framlingham Flyers	1.52.47	
7 Liz Beighton	Stowmarket Striders	1.56.16	
8 Clare Gillibrand	Sudbury Joggers	2.02.19	
9 Alison French	Unattached	2.02.43	
10 Claire Palfrey	Ipswich Jaffa	2.03.16	

Womens V45 Section

1 Geraldine Clarke	Framlingham Flyers	1.33.52	
2 Denise Nuttall	Unattached	1.41.16	
3 Jo Stephenson	Stowmarket Striders	1.41.25	
4 Kate Thomas	Hadleigh Hares	1.44.34	
5 Jackie Hann	Sudbury Joggers	1.48.16	
6 Sarah Owen	Unattached	1.51.13	
7 Jo Pardon	Framlingham Flyers	1.52.59	
8 Clare Steadman	Unattached	1.55.13	
9 Lynne Spence	Unattached	1.55.52	
10 Mandy Godbold	Ipswich Harriers	1.56.18	

Womens V50 Section

1 Haley Suttle	Stowmarket Striders	1.38.01	
2 Jenny Sheahan	Unattached	1.47.56	
3 Marian Parker	Felixstowe RR	1.47.57	
4 Sarah Nasmyth-Miller	Unattached	2.02.18	
5 Sara Taylor-Balls	Hadleigh Hares	2.03.05	
6 Angela Whiting	Stowmarket Striders	2.06.10	
7 Ruth Belsom	Unattached	2.13.36	
8 Teresa Southgate	Unattached	2.23.48	

Womens V55 Section

1 Susan Scargill	Unattached	2.07.31	
2 Suzanne George	Unattached	2.26.43	

Womens V60 Section

1 Marion Walker	Framlingham Flyers	1.57.10	
2 Julie Haselwood	Ipswich Jaffa	2.08.17	
3 Anne Oliver	Felixstowe RR	2.10.53	
4 Susan Hodges	Stowmarket Striders	2.28.45	
5 Lesley Buckle	Stowmarket Striders	2.34.44	

Womens V65 Section

1 Carole Spong	Gt.Yarmouth RR	1.57.30	RECORD
2 Paula McCann	Unattached	1.57.44	
3 Maureen Wright	Ipswich Jaffa	2.04.09	