

SUFFOLK COUNTY A.A. 10 Mile Champions

27th September 2015

**Mens Open**

1	Joshua Entwistle	Felixstowe RRC	57:04
2	Adam Wade	Ipswich Jaffa RC	58:15
3	Benjamin Turley	Ipswich Jaffa RC	1:02:34
4	Adam Allard	Unattached	1:07:23
5	Douglas Hobson	St Albans Striders	1:07:25
6	Robin Harper	Felixstowe RRC	1:07:59
7	Ashley Smy	Ipswich Jaffa RC	1:09:18
8	Dean Wright	Unattached	1:11:22
9	David Marsh	Unattached	1:12:08
10	James Pettit	Unattached	1:12:37
11	Mark Varley	Unattached	1:13:09
12	Peter Woods	Felixstowe RRC	1:13:31
13	Benjamin Jacobs	Felixstowe RRC	1:14:08
14	Alex Jacobs	Felixstowe RRC	1:20:07
15	Darran Sands	Framlingham Flyers	1:21:16
16	Matthew Reynolds	Lowestoft Road Runners	1:23:05
17	Tomasz Cabon	Unattached	1:25:11
18	Garry Cullum	Ipswich Jaffa RC	1:26:49
19	David Mayes	Felixstowe RRC	1:35:55
20	Will Schwer	Felixstowe RRC	1:41:26

**Mens V40 Section**

1	John Scaife	Hadleigh Hares AC	1:00:11
2	Darren Cook	Felixstowe RRC	1:03:47
3	Jason Allard	Stowmarket Striders RC	1:03:53
4	Ian Coxall	Ipswich Jaffa RC	1:04:03
5	Tim Larke	Stowmarket Striders RC	1:05:50
6	Chris Sugars	Ipswich Harriers	1:12:25
7	James Howlett	Unattached	1:13:22
8	Peter Bird	Saint Edmund Pacers	1:13:35
9	Daniel Shanks	Felixstowe RRC	1:15:07
10	Daniel Gould	Felixstowe RRC	1:19:04

**Mens V45 Section**

1	Vince Calver	Felixstowe RRC	1:09:30
2	Will Aldred	Framlingham Flyers	1:10:39
3	Roger Stone	Felixstowe RRC	1:13:51
4	Alan Sansom	Woodbridge Shufflers RC	1:15:23
5	Mark Skoulding	Stowmarket Striders RC	1:21:34
6	Jimmy Russell	Felixstowe RRC	1:21:38
7	Richard Dempsey	Woodbridge Shufflers RC	1:22:54
8	Mark Blackburn	Ipswich Jaffa RC	1:26:34

**Mens V50 Section**

1	Paul Nickells	Woodbridge Shufflers RC	1:03:59
2	Greg Davis	Newmarket Joggers	1:04:33
3	Mathew Blacoe	Hadleigh Hares AC	1:08:30
4	Russel Breyer	Ipswich Jaffa RC	1:14:20
5	Gary Garnham	Ipswich Jaffa RC	1:18:01
6	Peter Finch	Ipswich Jaffa RC	1:25:21
7	Adrian Cole	Stowmarket Striders RC	1:29:23

**Mens V55 Section**

1	Dave Lumby	Ipswich Jaffa RC	1:06:39
2	Robin Belsom	Ipswich Jaffa RC	1:09:03
3	Stephen Hicks	Ipswich Harriers	1:12:05
4	Stephen Dunnett	Unattached	1:13:12
5	Paul Schwer	Felixstowe RRC	1:16:06
6	Paul Horne	Vegetarian Cycling & AC	1:21:25
7	Tony Adolphus	Ipswich Jaffa RC	1:22:42
8	Mon Lee	Ipswich Jaffa RC	1:26:30
9	Iain Hunter	Stowmarket Striders RC	1:30:36
10	Steven Reynolds	Unattached	1:45:43

**Mens V60 Section**

1	Brian Rogers	Ipswich Jaffa RC	1:08:58
2	John Squirrell	Stowmarket Striders RC	1:16:18
3	Chris Ryan	Unattached	1:16:45

**Mens V65 Section**

1	Peter Edmunds	Bungay Black Dog RC	1:19:02
2	David Coley	Ipswich Jaffa RC	1:48:29
3	Philip Nutley	Saint Edmund Pacers	1:44:52

**Mens V70 Section**

1	Roger Hobson	Woodbridge Shufflers RC	1:26:03
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**Womens Open**

1	Helen Davies	Ipswich Jaffa RC	1:00:21
2	Tamara Jordan	Stowmarket Striders RC	1:04:07
3	Georgia Garvin	Ipswich Jaffa RC	1:09:34
4	Mary Bird	Framlingham Flyers	1:13:33
5	Lucy Sheehan	Felixstowe RRC	1:13:49
6	Abby Gaeta	Ipswich Jaffa RC	1:14:18
7	Esther Lury	Ipswich Jaffa RC	1:14:48
8	Gail Mackie	Felixstowe RRC	1:15:24
9	Agata Piatkowska	Unattached	1:17:47
10	Laura Hicks	Unattached	1:20:50
11	Kate Cooper	Stowmarket Striders RC	1:24:38
12	Sarah Severwright	Felixstowe RRC	1:27:29
13	Rachel Southgate	Unattached	1:30:07
14	Jennifer Devaney	Stowmarket Striders RC	1:36:39
15	Carla Wiggins	Felixstowe RRC	1:42:16

**Womens V40 Section**

1	Odette Robson	Saint Edmund Pacers	1:03:16	RECORD
2	Victoria Moseley	Stowmarket Striders RC	1:14:52	
3	Fiona Hunt	Ipswich Jaffa RC	1:20:52	
4	Catherine Belsom	Stowmarket Striders RC	1:21:34	

**Womens V45 Section**

1	Melody-Anne Neville	Stowmarket Striders RC	1:23:36
2	Mandy Godbold	Ipswich Harriers	1:26:50
3	Eloise Bird	Saint Edmund Pacers	1:37:46
4	Lisa Bond	Ipswich Jaffa RC	1:39:34

**Womens V50 Section**

1	Haley Suttle	Stowmarket Striders RC	1:13:33
2	Dianne Hughes	Stowmarket Striders RC	1:18:41
3	Jo Stephenson	Stowmarket Striders RC	1:24:33
4	Arabella Lewendon	Stowmarket Striders RC	1:37:47
5	Angela Whiting	Stowmarket Striders RC	1:41:06

**Womens V55 Section**

1	Belinda Godbold	Ipswich Jaffa RC	1:19:22
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**Womens V60 Section**

1	Julie Haselwood	Ipswich Jaffa RC	1:36:35
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**Womens V65 Section**

1	Maureen Wright	Ipswich Jaffa RC	1:31:14	RECORD
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