

# Suffolk Cross County Championships

<u>Culford School</u>			<u>Women</u>	<u>05-Jan-20</u>	
Pos	No	Name	Club	Time	
1	238	Hannah Pettersson	Ipswich Harriers	39	57
2	207	Lauren Howe	City Of Norwich AC	40	05
3	251	Laura Thomas	Ipswich Jaffa RC A	41	02
4	202	Justine Anthony	Cambridge & Coleridge AC.	41	53
5	242	Georgia Garvin	Ipswich Jaffa RC A	42	15
6	273	Odette Robson V45	Saint Edmund Pacers A	42	28
7	294	Emma Drury	Sudbury Joggers	42	45
8	227	Anna O'Hare	Haverhill Running Club A	42	54
9	268	Jessica Gooderham	Saint Edmund Pacers A	43	01
10	221	Alice Heather-Hayes V40	Hadleigh Hares AC	43	07
11	239	Katie Austin	Ipswich Jaffa RC A	43	40
12	303	Emilie Wix	Woodbridge Shufflers RC	43	59
13	269	Cath Jeffery V40	Saint Edmund Pacers A	44	43
14	300	Christine Anthony V55	West Suffolk Ac	45	54
15	286	Gemma Porch	Stowmarket Striders RC A	46	29
16	270	Katie King	Saint Edmund Pacers A	46	45
17	211	Geraldine Clarke V50	Framlingham Flyers A	46	47
18	297	Catriona Ward Sell	Vegan Runners UK	47	12
19	301	Maureen McCarthy V55	West Suffolk Ac	47	26
20	248	Esther Lury V40	Ipswich Jaffa RC B	47	31
21	261	Zohra Armitage V40	Saint Edmund Pacers B	47	36
22	293	Lucy Cowling	Sudbury Joggers	47	45
23	302	Rosie Denny	Woodbridge Shufflers RC	47	46
24	247	Val Jennings V55	Ipswich Jaffa RC B	48	01
25	291	Sally-ann Bowen V45	Sudbury Joggers	48	25
26	298	Sarah Norman V40	Waveney Valley AC	49	24
27	266	Hayley Coates	Saint Edmund Pacers B	49	37
28	255	Elke Hausler V55	Newmarket Joggers A	49	47
29	290	Helen Wing V50	Stowmarket Striders RC A	50	56
30	243	Terri Green	Ipswich Jaffa RC B	51	01
31	219	Rachel Bodsworth V40	Hadleigh Hares AC	51	13
32	265	Claire Brown V55	Saint Edmund Pacers B	51	17
33	237	Lizbeth Hicks	Ipswich Harriers	51	27
34	213	Emma Jayne Harwood V45	Framlingham Flyers A	51	54
35	226	Karen Martin	Haverhill Running Club A	53	13
36	229	Tracy Quarrell V45	Haverhill Running Club A	53	22
37	241	Sophie Coleman	Ipswich Jaffa RC B	53	32
38	264	Sharon Brandon V55	Saint Edmund Pacers C	53	42

39	252	Hannah Wood V45	Ipswich Jaffa RC C	54	12
40	233	Ellen Williams	Haverhill Running Club A	54	34
41	299	Stephanie Pimlott	Waveney Valley AC	54	41
42	223	Shirley Fowler V55	Haverhill Running Club B	54	47
43	257	Rebecca Oettle	Newmarket Joggers A	54	58
44	272	Jenny Morgan V60	Saint Edmund Pacers B	55	09
45	220	Samantha Cooper V50	Hadleigh Hares AC	55	13
46	263	Alison Blackwell V45	Saint Edmund Pacers C	55	18
47	215	Jo Parden V50	Framlingham Flyers A	56	24
48	279	Juliet Garnham V45	Stowmarket Striders RC A	56	44
49	276	Elizabeth Vale	Saxmundham Sports Running & Fitness Clu	56	45
50	292	Ruth Cowlin V55	Sudbury Joggers	57	08
51	271	Dawn Marshall V55	Saint Edmund Pacers	57	19
52	283	Helen Moore V40	Stowmarket Striders RC A	57	57
53	208	Jenny Church V55	Felixstowe Rrc	58	16
54	282	Deirdra Keating V50	Stowmarket Striders RC	58	31
55	201	Lorraine Reeves V45	Brandon Fern Hoppers	58	41
56	218	Marion Walker V65	Framlingham Flyers B	59	21
57	260	Nicole Smith V45	Newmarket Joggers A	59	34
58	250	Caroline Talbot V40	Ipswich Jaffa RC C	60	13
59	217	Trudie Timms V45	Framlingham Flyers B	60	36
60	256	Jan Holmes V55	Newmarket Joggers A	60	50
61	262	Eloise Bird V50	Saint Edmund Pacers C	60	59
62	258	Sianie Painter V50	Newmarket Joggers B	61	08
63	236	Mandy Godbold V50	Ipswich Harriers	61	51
64	228	Danielle Pettiford	Haverhill Running Club B	61	55
65	274	Helena West V50	Saint Edmund Pacers C	62	01
66	253	Angela Barnes	Newmarket Joggers B	62	54
67	235	Hilary Cook V55	Ipswich Harriers	62	56
68	216	Vivienne Taylor V65	Framlingham Flyers B	63	11
69	246	Adriana Houchell	Ipswich Jaffa RC C	63	22
70	210	Jo Whelan V55	Felixstowe Rrc	63	29
71	277	Emily Cooper-Reade V55	Stowmarket Striders RC	63	32
72	240	Alison Beech V60	Ipswich Jaffa RC	63	46
73	259	Belinda Schofield V60	Newmarket Joggers B	64	08
74	232	Melissa Wasdall	Haverhill Running Club C	65	20
75	224	Michelle Gardner V50	Haverhill Running Club B	65	34
76	231	Naomi Shelmerdine V45	Haverhill Running Club C	65	35
77	234	Frances Williams V55	Haverhill Running Club B	65	50
78	254	Angela Brennan	Newmarket Joggers B	66	21
79	245	Julie Haselwood V65	Ipswich Jaffa RC C	66	23
80	284	Kara Moore Damant V40	Stowmarket Striders RC	70	07

81	289	Jacqui Seymour V45	Stowmarket Striders RC	70	07
82	275	Tina Church V45	Saxmundham Sports Running & Fitness Clu	70	50
83	288	Elaine Robinson V55	Stowmarket Striders RC	75	05
84	278	Suzi Dunning	Stowmarket Striders RC	75	26
85	281	Mary Hope V60	Stowmarket Striders RC	79	52
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## **Suffolk Cross County Championships**

**Culford School**

**Women**

**05-Jan-20**

### **Womens Team Result**

1 Ipswich Jaffa RC A	19
2 Saint Edmund Pacers A	28
3 Sudbury Joggers	54
4 Ipswich Jaffa RC B	74
5 Haverhill Running Club A	79
6 Saint Edmund Pacers B	80
7 Hadleigh Hares AC	86
8 Stowmarket Striders RC A	92
9 Ipswich Harriers	97
10 Framlingham Flyers A	98
11 Newmarket Joggers A	128
12 Saint Edmund Pacers C	145
13 Ipswich Jaffa RC C	166
14 Haverhill Running Club B	181
15 Framlingham Flyers B	183
Newmarket Joggers B	201
Stowmarket Striders RC	205