

SENIOR TEAM RESULTS 2019-2020

COMBINED

<u>TEAM</u>	<u>FRAM</u>	<u>WOOD</u>	<u>STOW</u>	<u>BURY</u>	<u>BUNG</u>	<u>HAVER</u>	<u>TOTAL</u>	
1 Saint Edmund Pacers	3386	3391	3451	3499	3473		17200	3473
2 Framlingham Flyers	3351	3218	3331	3262	3398		16560	3367
3 Stowmarket Striders	3238	3227	3345	3337	3284		16431	3410
4 Lowestoft Road Runners	3239	3267	3293	3034	3423		16256	3328
5 Felixstowe Road Runners	3257	3093	2886	3131	2922		15289	3179
6 Waveney Valley AC	2972	2956	2878	2893	3150		14849	2948
7 Newmarket & Sudbury	2821	2983	3155	3088	2757		14804	2757
8 Saxons & Woodbridge	3057	2973	2847	2976	2636		14489	3142
9 Beccles and Bungay Harriers	2884	2115	2434	2852	2843		13128	2879
10 Ipswich Harriers	3198	3118	2424	2168	2022		12930	1725
11 Haverhill RC	2797	2563	2917	2939	1587		12803	978
12 Bungay Black Dog	2478	2407	2618	2025	3166		12694	2862
13 Ipswich & Newmarket Tri	2883	3196	2944	2777	643		12443	1256
14 Beccles Triathlon Club	1248	2017	1478	1235	1269		7247	1114
15 Diss AC	995	1411	1638	803	865		5712	1020
16 West Suffolk AC	736	1358	838	707	377		4016	377
17 Thetford AC	915	868	1012	514	0		3309	0
18 Rickinghall Runners	387	457	1024	412	255		2535	255
19 Capel Cheetahs	353	386	844	0	0		1583	0
<u>B Teams</u>								
1 Saint Edmund Pacers	2647	2972	3118	3053	2686		14476	2913
2 Framlingham Flyers	2710	2616	2766	2729	2974		13795	2974
3 Stowmarket Striders	2646	2418	2572	2728	2613		12977	2386
4 Waveney Valley AC	2228	2262	2138	1503	2655		10786	2655
5 Lowestoft Road Runners	2590	2265	2650	275	2670		10450	1993
6 Newmarket & Sudbury	1699	2117	2162	2518	375		8871	935
7 Felixstowe Road Runners	2533	2420	1762	651	314		7680	431
8 Saxons & Woodbridge	1854	1886	1384	1523	268		6915	818
9 Ipswich & Newmarket Tri	1970	2646	1703	229	0		6548	0
10 Haverhill RC	1759	924	1865	774	0		5322	2367
11 Bungay Black Dog	1199	826	780	0	2516		5321	0
12 Beccles and Bungay Harriers	1632	0	705	625	658		3620	257
13 Ipswich Harriers	1068	1090	0	0	0		2158	0
14 Rickinghall Runners	0	0	78	0	0		78	0
15 Beccles Triathlon Club	0	71	0	0	0		71	0
16 Capel Cheetahs	0	0	0	0	0		0	0
17 Diss AC	0	0	0	0	0		0	0
18 Thetford AC	0	0	0	0	0		0	0
19 West Suffolk AC	0	0	0	0	0		0	0
<u>C Teams</u>								
1 Framlingham Flyers	2158	1998	2390	1275	2634		10455	2260
2 Saint Edmund Pacers	1721	2486	2764	2184	266		9421	761
3 Waveney Valley AC	1892	1735	1588	0	2069		7284	2069
4 Stowmarket Striders	1901	1599	1417	1093	121		6131	0
5 Newmarket & Sudbury	348	1425	1515	1575	0		4863	0
6 Felixstowe Road Runners	1897	1504	445	0	0		3846	0
7 Ipswich & Newmarket Tri	1110	1991	155	0	0		3256	251
8 Lowestoft Road Runners	1397	325	836	0	251		2809	0
9 Haverhill RC	701	267	442	0	0		1410	0
10 Saxons & Woodbridge	708	701	0	0	0		1409	256
11 Bungay Black Dog	313	0	0	0	256		569	0
12 Beccles and Bungay Harriers	121	0	0	0	0		121	0
13 Beccles Triathlon Club	0	0	0	0	0		0	0
14 Capel Cheetahs	0	0	0	0	0		0	0
15 Diss AC	0	0	0	0	0		0	0
16 Ipswich Harriers	0	0	0	0	0		0	0
17 Rickinghall Runners	0	0	0	0	0		0	0
18 Thetford AC	0	0	0	0	0		0	0
19 West Suffolk AC	0	0	0	0	0		0	0

WOMEN

<u>TEAM</u>	<u>FRAM</u>	<u>WOOD</u>	<u>STOW</u>	<u>BURY</u>	<u>BUNG</u>	<u>HAVER</u>	<u>TOTAL</u>
1 Saint Edmund Pacers	747	760	761	767	776		3811

2	Stowmarket Striders	694	777	781	770	713	3735
3	Framlingham Flyers	714	704	697	748	744	3607
4	Lowestoft Road Runners	712	670	677	533	757	3349
5	Haverhill RC	694	612	706	675	628	3315
6	Waveney Valley AC	644	637	603	519	706	3109
7	Newmarket & Sudbury	677	584	608	615	570	3054
8	Bungay Black Dog	630	608	554	490	698	2980
9	Ipswich Harriers	615	615	456	507	668	2861
10	Felixstowe Road Runners	642	594	558	688	371	2853
11	Beccles and Bungay Harriers	745	369	423	672	632	2841
12	Saxons & Woodbridge	604	591	573	556	394	2718
13	Ipswich & Newmarket Tri	491	547	604	567	297	2506
14	Diss AC	393	482	408	473	156	1912
15	Beccles Triathlon Club	123	521	567	291	311	1813
16	Thetford AC	647	277	353	189	0	1466
17	Rickingham Runners	154	103	492	130	0	879
18	West Suffolk AC	0	374	186	0	0	560
19	Capel Cheetahs	92	174	163	0	0	429

B Teams

1	Stowmarket Striders	585	686	660	669	576	3176
2	Framlingham Flyers	539	569	571	652	606	2937
3	Saint Edmund Pacers	440	680	675	498	349	2642
4	Waveney Valley AC	501	473	466	203	598	2241
5	Haverhill RC	561	402	533	525	0	2021
6	Lowestoft Road Runners	580	295	421	0	677	1973
7	Newmarket & Sudbury	490	397	427	482	117	1913
8	Bungay Black Dog	414	326	246	0	550	1536
9	Felixstowe Road Runners	320	353	165	382	0	1220
10	Beccles and Bungay Harriers	465	0	0	127	401	993
11	Ipswich & Newmarket Tri	61	345	151	229	0	786
12	Saxons & Woodbridge	312	213	73	0	0	598
13	Ipswich Harriers	87	101	0	0	0	188
14	Rickingham Runners	0	0	78	0	0	78
15	Beccles Triathlon Club	0	71	0	0	0	71
16	Capel Cheetahs	0	0	0	0	0	0
17	Diss AC	0	0	0	0	0	0
18	Thetford AC	0	0	0	0	0	0
19	West Suffolk AC	0	0	0	0	0	0

C Teams

1	Stowmarket Striders	384	586	460	581	121	2132
2	Framlingham Flyers	312	396	452	467	495	2122
3	Waveney Valley AC	362	398	342	0	493	1595
4	Haverhill RC	448	267	442	0	0	1157
5	Saint Edmund Pacers	0	581	570	0	0	1151
6	Newmarket & Sudbury	241	161	214	318	0	934
7	Lowestoft Road Runners	160	0	0	0	251	411
8	Bungay Black Dog	313	0	0	0	0	313
9	Ipswich & Newmarket Tri	0	196	0	0	0	196
10	Beccles and Bungay Harriers	121	0	0	0	0	121
11	Felixstowe Road Runners	119	0	0	0	0	119
12	Beccles Triathlon Club	0	0	0	0	0	0
13	Capel Cheetahs	0	0	0	0	0	0
14	Diss AC	0	0	0	0	0	0
15	Ipswich Harriers	0	0	0	0	0	0
16	Rickingham Runners	0	0	0	0	0	0
17	Saxons & Woodbridge	0	0	0	0	0	0
18	Thetford AC	0	0	0	0	0	0
19	West Suffolk AC	0	0	0	0	0	0

MEN

	<u>TEAM</u>	<u>FRAM</u>	<u>WOOD</u>	<u>STOW</u>	<u>BURY</u>	<u>BUNG</u>	<u>HAYER</u>	<u>TOTAL</u>
1	Saint Edmund Pacers	2639	2631	2690	2732	2697		13389
2	Framlingham Flyers	2637	2514	2634	2514	2654		12953
3	Lowestoft Road Runners	2527	2597	2616	2501	2666		12907
4	Stowmarket Striders	2544	2450	2564	2567	2571		12696
5	Felixstowe Road Runners	2615	2499	2328	2443	2551		12436
6	Saxons & Woodbridge	2453	2382	2274	2420	2242		11771
7	Newmarket & Sudbury	2144	2399	2547	2473	2187		11750
8	Waveney Valley AC	2328	2319	2275	2374	2444		11740

9	Beccles and Bungay Harriers	2139	1746	2011	2180	2211	10287
10	Ipswich Harriers	2583	2503	1968	1661	1354	10069
11	Ipswich & Newmarket Tri	2392	2649	2340	2210	346	9937
12	Bungay Black Dog	1848	1799	2064	1535	2468	9714
13	Haverhill RC	2103	1951	2211	2264	959	9488
14	Beccles Triathlon Club	1125	1496	911	944	958	5434
15	Diss AC	602	929	1230	330	709	3800
16	West Suffolk AC	736	984	652	707	377	3456
17	Thetford AC	268	591	659	325	0	1843
18	Rickinghall Runners	233	354	532	282	255	1656
19	Capel Cheetahs	261	212	681	0	0	1154

B Teams

1	Saint Edmund Pacers	2207	2292	2443	2555	2337	11834
2	Framlingham Flyers	2171	2047	2195	2077	2368	10858
3	Stowmarket Striders	2061	1732	1912	2059	2037	9801
4	Waveney Valley AC	1727	1789	1672	1300	2057	8545
5	Lowestoft Road Runners	2010	1970	2229	275	1993	8477
6	Newmarket & Sudbury	1209	1720	1735	2036	258	6958
7	Felixstowe Road Runners	2213	2067	1597	269	314	6460
8	Saxons & Woodbridge	1542	1673	1311	1523	268	6317
9	Ipswich & Newmarket Tri	1909	2301	1552	0	0	5762
10	Bungay Black Dog	785	500	534	0	1966	3785
11	Haverhill RC	1198	522	1332	249	0	3301
12	Beccles and Bungay Harriers	1167	0	705	498	257	2627
13	Ipswich Harriers	981	989	0	0	0	1970
14	Beccles Triathlon Club	0	0	0	0	0	0
15	Capel Cheetahs	0	0	0	0	0	0
16	Diss AC	0	0	0	0	0	0
17	Rickinghall Runners	0	0	0	0	0	0
18	Thetford AC	0	0	0	0	0	0
19	West Suffolk AC	0	0	0	0	0	0

C Teams

1	Framlingham Flyers	1846	1602	1938	808	2139	8333
2	Saint Edmund Pacers	1721	1905	2194	2184	266	8270
3	Waveney Valley AC	1530	1337	1246	0	1576	5689
4	Stowmarket Striders	1517	1013	957	512	0	3999
5	Newmarket & Sudbury	107	1264	1301	1257	0	3929
6	Felixstowe Road Runners	1778	1504	445	0	0	3727
7	Ipswich & Newmarket Tri	1110	1795	155	0	0	3060
8	Lowestoft Road Runners	1237	325	836	0	0	2398
9	Saxons & Woodbridge	708	701	0	0	0	1409
10	Bungay Black Dog	0	0	0	0	256	256
11	Haverhill RC	253	0	0	0	0	253
12	Beccles and Bungay Harriers	0	0	0	0	0	0
13	Beccles Triathlon Club	0	0	0	0	0	0
14	Capel Cheetahs	0	0	0	0	0	0
15	Diss AC	0	0	0	0	0	0
16	Ipswich Harriers	0	0	0	0	0	0
17	Rickinghall Runners	0	0	0	0	0	0
18	Thetford AC	0	0	0	0	0	0
19	West Suffolk AC	0	0	0	0	0	0