

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2019/20

BURY SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL		
	M	F	M	F				CAT	POS	
1	1		400		29.11	Tom Henson	SEP	M	17	1
2	2		399		30.22	Harry Allcock	BBD	M	17	2
3	3		398		30.25	Samuel Burdett	SS	M	20	1
4	4		397		30.41	Adam Howlett	FF	M	45	1
5	5		396		30.52	Andrew Southwood	SEP	M	40	1
6	6		395		30.53	Gordon Irvine	I&NT	M	40	2
7	7		394		31.04	Kevin Peirce	IH	M	45	2
8	8		393		31.11	Tom Hale	SEP	M	20	2
9	9		392		31.23	Benjamin Jacobs	FRR	M	40	3
10	10		391		31.33	Garry Callum	FRR	M	40	4
11	11		390		31.49	Paul Holley	N&S	M	50	1
12	12		389		31.54	Chris Poulding	SEP	M	20	3
13	13		388		32.12	Tom Walker	SEP	M	20	4
14	14		387		32.27	Oliver Hogg	WVAC	M	20	5
15		1		200	32.40	Jo Andrews	BBD	F	45	1
16	15		386		32.44	Arron McKoy	LRR	M	40	5
17	16		385		32.48	Dylan Bradnam	SEP	M	17	3
18	17		384		32.49	Trev Bunch	HRC	M	45	3
19	18		383		32.58	Morgan Moore	SS	M	20	6
20		2		199	33.00	Maddie Jordan-Lee	SS	F	17	1
21	19		382		33.09	Darren Sheppard	FF	M	45	4
22	20		381		33.13	Howard Beasley	SEP	M	55	1
23	21		380		33.17	Chris Meadows	LRR	M	20	7
24	22		379		33.25	Mark Thompson	LRR	M	45	5
25	23		378		33.28	Steve Barber	WVAC	M	45	6
26	24		377		33.43	Stuart Buchan	SS	M	20	8
27	25		376		33.51	Chris Mower	SEP	M	40	6
28	26		375		33.52	Craig Sisson	HRC	M	20	9
29	27		374		33.53	Ben Jeffery	WSAC	M	40	7
30	28		373		33.54	Steven Brooke	FRR	M	50	2
31		3		198	33.55	Jessie Gooderham	SEP	F	20	1
32	29		372		34.02	Nick Hammond	FF	M	45	7
33	30		371		34.05	Tom Jarrett	I&NT	M	45	8
34	31		370		34.08	Tom Alexander	SSX	M	40	8
35	32		369		34.15	Damian Elsdon	SEP	M	45	9
36	33		368		34.25	Robert Cheverton	LRR	M	60	1
37	34		367		34.36	Jordan Denny	SEP	M	17	4
38	35		366		35.02	Matt Steel	SSX	M	20	10
39	36		365		35.04	Rob Squirrell	SSX	M	45	10
40	37		364		35.07	Jan Kading	SS	M	45	11
41		4		197	35.08	Millie Jordan-Lee	SS	F	17	2
42	38		363		35.12	Oliver Schofield	SEP	M	20	11
43	39		362		35.15	Peter Bird	SEP	M	45	12
44		5		196	35.25	Tamara Jordan	SS	F	40	1
45	40		361		35.26	Richard Leader	SS	M	40	9
46	41		360		35.29	Adrian Frost	SEP	M	45	13
47	42		359		35.33	Ewan Winzor-Saile	BBH	M	40	10
48	43		358		35.37	Dave Beighton	SEP	M	40	11
49	44		357		35.38	Jonathan Weavers	BT	M	45	14
50	45		356		35.41	Andy Buck	N&S	M	55	2

51	46	355	35.48	Dave Copland	I&NT	M	55	3	
52	47	354	35.54	Luke Catchpole	LRR	M	20	12	
53	48	353	35.57	Jason Bevan	N&S	M	20	13	
54	49	352	35.58	Ross Wilcox	SS	M	40	12	
55	50	351	36.00	Neil Smith	FF	M	20	14	
56	51	350	36.03	Charles Jones	N&S	M	60	2	
57	52	349	36.11	Robin Harper	FRR	M	40	13	
58	53	348	36.13	Ben Cuthbert	N&S	M	40	14	
59	54	347	36.14	Will Aldred	FF	M	50	3	
60	55	346	36.15	James Minnette	HRC	M	40	15	
61	56	345	36.21	Jess Farthing	FRR	M	45	15	
62	57	344	36.23	John Jervis	LRR	M	20	15	
63		6	195	36.24	Emilie Wix	SSX	F	35	1
64		7	194	36.25	Anna O'Hare	HRC	F	20	2
65	58	343	36.27	Mark Hurren	BBH	M	20	16	
66	59	342	36.28	Mark White	HRC	M	45	16	
67		8	193	36.29	Cath Jeffery	SEP	F	40	2
68	60	341	36.39	Marc Drury	N&S	M	45	17	
69	61	340	36.40	Ace Dann	BT	M	45	18	
70	62	339	36.40	Jake Church	SSX	M	20	17	
71	63	338	36.43	Steve Hicks	IH	M	55	4	
72	64	337	36.44	Roger Ackerley	SSX	M	60	3	
73	65	336	36.55	Chris Pimlott	WVAC	M	45	19	
74	66	335	36.58	Jamie Rule	N&S	M	20	18	
75	67	334	37.00	Rob Mackenzie	FF	M	55	5	
76	68	333	37.11	Gary Marshall	WSAC	M	40	16	
77	69	332	37.19	Andrew Howells	SS	M	50	4	
78		9	192	37.29	Lynn Emmett	BBH	F	50	1
79	70	331	37.31	Soren Royds	FF	M	20	19	
80	71	330	37.32	Charlie Canham	DAC	M	40	17	
81		10	191	37.33	Kirsty Gladwell	FF	F	20	3
82	72	329	37.34	Kyle Church	SSX	M	17	5	
83	73	328	37.35	Tim Earl	WVAC	M	20	20	
84		11	190	37.35	Katie King	SEP	F	20	4
85	74	327	37.47	Paul Wright	WVAC	M	45	20	
86	75	326	37.54	Andrew Chatfield	IH	M	40	18	
87	76	325	38.06	Gary Malliband	TAC	M	45	21	
88	77	324	38.17	Wayne Smith	SEP	M	40	19	
89	78	323	38.29	Andrew Long	SS	M	50	5	
90	79	322	38.33	Kenny Tovell	FF	M	50	6	
91	80	321	38.38	Mike Bretton	WVAC	M	55	6	
92	81	320	39.15	Duncan Chenery	BBD	M	60	4	
93	82	319	39.23	Gary Godfrey	N&S	M	55	7	
94	83	318	39.26	Ian Gooderham	SEP	M	50	7	
95	84	317	39.29	Stephen Hatten	SEP	M	50	8	
96		12	189	39.35	Sabine Schaefer	TAC	F	40	3
97	85	316	39.40	Ian Kennedy	FF	M	55	8	
98	86	315	39.42	Russel Breyer	I&NT	M	55	9	
99	87	314	39.43	Sean Kennedy	SSX	M	20	21	
100	88	313	39.45	Jonathon Puxley	BBH	M	50	9	
101	89	312	39.47	Kevin Bird	SEP	M	55	10	
102	90	311	39.49	Rob Morgan	SEP	M	60	5	
103	91	310	39.55	Anthony Sinden	BBH	M	45	22	
104	92	309	39.57	Stefan Goodswen	BBH	M	20	22	
105		13	188	40.23	Geraldine Clarke	FF	F	50	2
106	93	308	40.24	Peter Warland	SS	M	50	10	

107	94	307	40.25	Kerry Buckley	FRR	M	45	23	
108	95	306	40.25	Matthew Rawlings	SEP	M	45	24	
109	96	305	40.33	James Battle	IH	M	17	6	
110		14	187	40.37	Lizbeth Hicks	IH	F	20	5
111		15	186	40.38	Hayley Coates	SEP	F	20	6
112	97	304	40.47	Kim Drain	SS	M	20	23	
113	98	303	40.54	Brian Munns	N&S	M	55	11	
114	99	302	40.55	Tujan Sari	HRC	M	50	11	
115	100	301	40.58	David Fordham	FF	M	65	1	
116		16	185	40.58	Helen Barber	FF	F	35	2
117	101	300	41.00	Neville Clarke	N&S	M	65	2	
118	102	299	41.07	Stewart Hambling	FF	M	50	12	
119	103	298	41.14	Mark Godbold	IH	M	50	13	
120	104	297	41.22	Robin Jones	WVAC	M	60	6	
121	105	296	41.27	Mark Lewis	SEP	M	45	25	
122	106	295	41.39	Patrick Wilford	SSX	M	20	24	
123	107	294	41.42	Rob Hall	BBD	M	55	12	
124	108	293	41.47	Bill Kingaby	WVAC	M	65	3	
125		17	184	41.53	Emma Harwood	FF	F	45	2
126	109	292	41.58	Lee Goddard	SS	M	45	26	
127	110	291	42.02	Nick Allen	SEP	M	20	25	
128		18	183	42.04	Kaye Branton	FRR	F	45	3
129		19	182	42.13	Tracy Prewer	LRR	F	55	1
130		20	181	42.17	Chloe Godbold	IH	F	20	7
131	111	290	42.19	Trevor Johnson	LRR	M	50	14	
132	112	289	42.21	Steve Ritson	SS	M	50	15	
133		21	180	42.22	Vicki Grice	LRR	F	35	3
134		22	179	42.31	Sarah Fitch	FRR	F	45	4
135	113	288	42.33	Baz Colley	N&S	M	50	16	
136	114	287	42.52	Tom Hoblyn	SEP	M	55	13	
137	115	286	42.58	Peter Woods	FRR	M	20	26	
138		23	178	43.00	Kate Heeks	SS	F	20	8
139	116	285	43.01	Alan Shand	N&S	M	60	7	
140	117	284	43.01	Mark Coates	SEP	M	20	27	
141	118	283	43.08	David Dinnage	FF	M	20	28	
142		24	177	43.11	Sharon Brandon	SEP	F	55	2
143	119	282	43.24	Simon Laughlin	RR	M	50	17	
144		25	176	43.40	Rachel Terry	SS	F	45	5
145	120	281	43.45	Dave Vaughan	SEP	M	65	4	
146	121	280	43.49	Rob Mawson	FF	M	60	8	
147	122	279	43.54	Gary Howe	BBH	M	65	5	
148		26	175	44.13	Jenny Morgan	SEP	F	60	1
149		27	174	44.21	Michelle Hewitt	FF	F	20	9
150	123	278	44.23	Bruce Rayner	BBD	M	60	9	
151	124	277	44.53	Clive Purbrook	N&S	M	60	10	
152		28	173	45.05	Joanne Harper	FRR	F	35	4
153		29	172	45.06	Danielle Whatling	DAC	F	35	5
154	125	276	45.16	Tim Royds	FF	M	50	18	
155		30	171	45.18	Becky Lawler	LRR	F	20	10
156	126	275	45.25	Allan Ing	LRR	M	60	11	
157	127	274	45.36	Mike Berry	SEP	M	45	27	
158		31	170	45.39	Linda Aldred	FF	F	50	3
159		32	169	45.53	Sharon Warland	SS	F	50	4
160	128	273	45.56	David Damant	SS	M	45	28	
161	129	272	45.59	Delme Cox	FF	M	40	20	
162	130	271	46.02	David Taylor	FF	M	70	1	

163	33	168	46.06	Sue Lowther	BBD	F	45	6
164	34	167	46.09	Victoria Cooper	SS	F	20	11
165	131	270	46.11	Paul Heeks	SS	M	50	19
166	35	166	46.12	Gail Glayzer	BBH	F	40	4
167	36	165	46.32	Sirkka Love	HRC	F	65	1
168	132	269	46.37	Jonathan Kenny	FRR	M	50	20
169	133	268	46.44	Andrew Charge	WVAC	M	20	29
170	134	267	47.02	Ian Gardner	BBH	M	60	12
171	135	266	47.19	Ian Storey	I&NT	M	55	14
172	37	164	47.32	Sue Sinden	BBH	F	45	7
173	136	265	47.43	Peter Russell	FF	M	65	6
174	38	163	47.54	Marion Walker	FF	F	65	2
175	137	264	47.55	Jonathan Price	N&S	M	65	7
176	138	263	48.06	Malcolm Osbourn	N&S	M	70	2
177	39	162	48.16	Ruth Cowlin	N&S	F	55	3
178	139	262	48.30	Richard Fellingham	SS	M	70	3
179	40	161	48.32	Calli Challis	I&NT	F	35	6
180	41	160	48.39	Grace Judge	HRC	F	55	4
181	42	159	48.40	Emma Goodridge-Hobso	I&NT	F	40	5
182	43	158	48.46	Cheryl Goymer	BT	F	55	5
183	44	157	48.52	Sandra Mayhew	SS	F	55	6
184	140	261	48.55	Keelan Smith	SSX	M	20	30
185	141	260	49.01	Dan Everitt	HRC	M	40	21
186	45	156	49.02	Clare Everitt	HRC	F	45	8
187	142	259	49.03	Chris Cook	SEP	M	70	4
188	46	155	49.07	Angela Barnes	N&S	F	35	7
189	47	154	49.08	Sianie Painter	N&S	F	50	5
190	143	258	49.10	David Doddington	WVAC	M	60	13
191	144	257	49.40	Roger Brand	SEP	M	70	5
192	48	153	49.41	Jenny Lynch	FRR	F	55	7
193	145	256	49.43	Mark Oxford	I&NT	M	20	31
194	49	152	49.56	Janice Nottingham	DAC	F	55	8
195	50	151	49.58	Claire Maskery	SS	F	35	8
196	146	255	50.08	Graeme Johnston	HRC	M	50	21
197	51	150	50.13	Michelle Hewitt	BBH	F	40	6
198	52	149	50.34	Caroline Knight	DAC	F	40	7
199	147	254	50.40	Jim Withers	N&S	M	65	8
200	53	148	50.41	Alison Cooper	WVAC	F	60	2
201	54	147	50.45	Jessica Kerridge	SS	F	17	3
202	148	253	50.51	Stephen Harvey	BBH	M	65	9
203	55	146	50.55	Eloise Bird	SEP	F	50	6
204	56	145	51.05	Vivienne Taylor	FF	F	65	3
205	149	252	51.15	Robert Roche	I&NT	M	55	15
206	57	144	51.19	Kate Warboys	N&S	F	45	9
207	150	251	51.20	Chris Aylmer	N&S	M	65	10
208	58	143	51.21	Bridget Wallwin	N&S	F	50	7
209	59	142	51.23	Denise Wright	SS	F	55	9
210	60	141	51.32	Emily Cooper-Reade	SS	F	55	10
211	61	140	51.34	Hayley Wilson	HRC	F	20	12
212	62	139	51.52	Mandy Godbold	IH	F	50	8
213	63	138	51.55	Liza Putwain	SS	F	35	9
214	64	137	52.11	Natalie Brown	WVAC	F	40	8
215	65	136	52.21	Maria Reed	HRC	F	55	11
216	66	135	52.27	Angela Whiting	SS	F	55	12
217	67	134	52.38	Anneli Ostler	FRR	F	35	10
218	68	133	52.46	Claire Sargeant	BT	F	40	9

219	151	250	53.08	Adrian Cole	SS	M	55	16	
220		69	132	53.13	Jo Whelan	FRR	F	55	13
221		70	131	53.17	Mary Jones	WVAC	F	60	3
222	152	249		53.18	Robert Wigmore	HRC	M	40	22
223	153	248		53.26	Alan Thornhill	N&S	M	70	6
224	154	247		53.34	Roger Wells	BT	M	70	7
225		71	130	53.59	Karen Crosby	RR	F	35	11
226		72	129	54.09	Kara Moore-Damant	SS	F	40	10
227	155	246		54.39	Chris Lucas	SSX	M	55	17
228		73	128	55.07	Moira Pinkney	I&NT	F	65	4
229		74	127	55.34	Annette Copeman-Lamou	BBH	F	50	9
230		75	126	55.43	Diane Doyle	FF	F	40	11
231		76	125	55.44	Sarah Harris	HRC	F	40	12
232		77	124	55.52	Sally Johnston	HRC	F	45	10
233	156	245		55.53	Kevin Copeman-Lamour	BBH	M	55	18
234		78	123	55.59	Sue Pearson	SSX	F	55	14
235		79	122	56.04	Karen Waters	BBD	F	50	10
236		80	121	57.03	Annette Huggins	FF	F	65	5
237		81	120	57.17	Tina Church	SSX	F	45	11
238	157	244		57.30	Mark Lowther	BBD	M	50	22
239	158	243		58.08	John Axtell	SSX	M	55	19
240		82	119	59.25	Hayley Roche	I&NT	F	50	11
241		83	118	59.48	Jane Collins	SSX	F	65	6
242		84	117	60.46	Michelle Jarrett	I&NT	F	45	12
243		85	116	60.57	Marianne Hedge	FRR	F	45	13
244		86	115	61.27	Pearl Fay	N&S	F	55	15
245		87	114	61.32	Christine Windsor	N&S	F	65	7
246		88	113	61.34	Elaine Robinson	SS	F	55	16
247	159	242		61.43	Ben Ford	WVAC	M	20	32
248		89	112	61.58	Susannah Rosenberg	I&NT	F	55	17
249		90	111	63.18	Simone Sutherland	FF	F	60	4
250		91	110	63.37	Gillan Green	N&S	F	55	18
251		92	109	63.52	Jan Green	FF	F	70	1
252		93	108	94.11	Louise Goddard	SS	F	45	14
253		94	107	64.46	Jenny Osbourn	N&S	F	70	2
254	160	241		65.30	Steve Roberts	N&S	M	20	33
255		95	106	67.05	Rachel Allen	N&S	F	35	12
256		96	105	69.00	Rebecca Hannah	N&S	F	20	13
257	161	240		69.01	Vic Stephens	SSX	M	70	8
258		97	104	70.57	Gaye Farar	FF	F	70	3
259		98	103	72.00	Faith Brown	WVAC	F	20	14
260	162	239		72.43	Paul Herions	WVAC	M	65	11
261		99	102	79.53	Diane Gooch	WVAC	F	65	8
262		100	101	81.42	Emily Harding	WVAC	F	35	13
263	163	238		81.44	Maurice Bennell	SSX	M	70	9