

Suffolk Cross County Championships

Culford School

Women V50

05-Jan-20

	No	Name	Club	Time	
1	211	Geraldine Clarke V50	Framlingham Flyers A	46	47
2	290	Helen Wing V50	Stowmarket Striders RC A	50	56
3	220	Samantha Cooper V50	Hadleigh Hares AC	55	13
4	215	Jo Parden V50	Framlingham Flyers A	56	24
5	282	Deirdra Keating V50	Stowmarket Striders RC	58	31
6	262	Eloise Bird V50	Saint Edmund Pacers C	60	59
7	258	Sianie Painter V50	Newmarket Joggers B	61	08
8	236	Mandy Godbold V50	Ipswich Harriers	61	51
9	274	Helena West V50	Saint Edmund Pacers C	62	01
10	224	Michelle Gardner V50	Haverhill Running Club B	65	34