

Suffolk Cross County Championships

Culford School

Women V45

05-Jan-20

Pos	No	Name	Club	Time	
1	273	Odette Robson V45	Saint Edmund Pacers A	42	28
2	291	Sally-ann Bowen V45	Sudbury Joggers	48	25
3	213	Emma Jayne Harwood V45	Framlingham Flyers A	51	54
4	229	Tracy Quarrell V45	Haverhill Running Club A	53	22
5	252	Hannah Wood V45	Ipswich Jaffa RC C	54	12
6	263	Alison Blackwell V45	Saint Edmund Pacers C	55	18
7	279	Juliet Garnham V45	Stowmarket Striders RC A	56	44
8	201	Lorraine Reeves V45	Brandon Fern Hoppers	58	41
9	260	Nicole Smith V45	Newmarket Joggers A	59	34
10	217	Trudie Timms V45	Framlingham Flyers B	60	36
11	231	Naomi Shelmerdine V45	Haverhill Running Club C	65	35
12	289	Jacqui Seymour V45	Stowmarket Striders RC	70	07
13	275	Tina Church V45	Saxmundham Sports Running & Fitness Club	70	50