

SUFFOLK COUNTY ATHLETIC ASSOCIATION



SELECTION CRITERIA FOR SUFFOLK INTER-COUNTY TEAMS

Southern Inter-Counties to be held on December 7th 2019 at Horspath, Oxfordshire.

U13, U15, U17 male & female athletes. Ages are as at 31st August 2019 (ie Domestic Age Groups). Team Members will be selected on the basis of performances by Suffolk qualified athletes in Cross Country League races & the Suffolk Schools CC races held during the 2019 season. Consideration may also be given to performances in cross country relays held during the 2019 season.

U20 Women and Senior Women.

Athletes will be selected on current form and at the team manager's discretion.

UKCAU Inter-Counties to be held on 7th March 2020 in Grounds of Prestwold Hall, Loughborough

It is intended to use the County Cross-Country Championships, held on 5th January at Culford School, as the primary basis for selection. Therefore, any athlete who wishes to be considered for selection in the Suffolk team MUST ENTER in the Suffolk Championships.

U13, U15 & U17 male and female athletes. NOTE. Ages are as at 31st August 2019 (ie Domestic Age Groups).

Invitations to participate will be given to the first four in the Suffolk Cross Country Championships. Selections for the remaining places will be based on performances in the Cross country league races and any Suffolk Schools Championships held during the 2019/2020 season and the Southern Cross Country Championships to be held on 25th January 2020 at **Parliament Hill**.

U20 male and female athletes. NOTE. Ages are as at 31st December 2020 (ie International Age Groups).

Invitations to participate will be given to the first four in the Suffolk Cross Country Championships. Selections for the remaining places will be based on performances in the Cross country league races held during the 2019/2020 season and the Southern Cross Country Championships to be held on 25th January 2020 at **Parliament Hill**

Senior Men and Women NOTE. Ages are as at 31st December 2020 (ie International Age Groups). Athletes will be selected on current form and at the Team Manager's discretion.

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Womens Team Manager Karin Mead contact patandkarinmead@hotmail.co.uk