

Suffolk County Track & Field Championships - 12th May 2019 - Ipswich

| Senior Men<br>Event: | Pos: | Name:    | Surname    | Club:            | Result: | CBP:    | URN     | W/S  |
|----------------------|------|----------|------------|------------------|---------|---------|---------|------|
| 200m Final           | 1    | Dan      | Gartan     | Ipswich Harriers | 27.2    |         |         | -1.8 |
|                      | 8    |          |            |                  |         |         |         |      |
| 400m Final           | 1    | Nicholas | McQueen    | W Suffolk        | 56.8    |         |         |      |
|                      | 2    | Lee      | Bowker     | Ipswich Harriers | 57.9    |         |         |      |
|                      | 3    | Patrick  | McQueen    | W Suffolk        | 60.9    |         |         |      |
|                      | 4    |          |            |                  |         |         |         |      |
| 800m Final           | 1    | Michael  | Fuller     | Ipswich Harriers | 2.08.0  |         |         |      |
|                      | 2    | Andrew   | Taylor     | West Suffolk AC  | 2.20.0  |         |         |      |
|                      | 3    | Neil     | Gillingham | Ipswich Harriers | 2.27.2  |         | 2712968 |      |
|                      | 4    |          |            |                  |         |         |         |      |
| 5k Final             | 1    | Robert   | Cheverton  | Lowestoft RR     | 18.56.3 |         | 2698556 |      |
|                      | 2    |          |            |                  |         |         |         |      |
| 3k Walk              | 1    | Tony     | Wilkinson  |                  | 20.39.3 |         |         |      |
|                      | 2    |          |            |                  |         |         |         |      |
| 400mH Final          | 1    | Dan      | Gartan     | Ipswich Harriers | 67.6    |         |         |      |
|                      | 2    |          |            |                  |         |         |         |      |
| Triple Jump          | 1    | Dan      | Gartan     | Ipswich Harriers | 10.10   |         |         |      |
|                      | 2    | Paul     | McAllister |                  | 8.62    |         |         |      |
|                      | 3    |          |            |                  |         |         |         |      |
| Shot                 | 1    | Jonathan | Adams      | Ipswich Harriers | 12.50   | F35 4Kg |         | Shot |
|                      | 1    | Paul     | McAllister |                  | 8.01    |         |         |      |
|                      | 3    |          |            |                  |         |         |         |      |
| Discus               | 1    | Dan      | Gartan     | Ipswich Harriers | 27.22   |         |         |      |
|                      | 2    |          |            |                  |         |         |         |      |
| Javelin              | 1    | Michael  | Fuller     | Ipswich Harriers | 34.42   |         |         |      |
|                      | 2    |          |            |                  |         |         |         |      |

## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

## Under 20 Men

| Event:      | Pos: | Name:   | Surname       | Club:                | Result: | CBP: | URN     | W/S  |
|-------------|------|---------|---------------|----------------------|---------|------|---------|------|
| 100m Final  | 1    | Cameron | Bailey        | Ipswich Harriers     | 11.1    |      |         |      |
|             | 2    | Oliver  | Miller        | Suffolk One          | 11.6    |      |         | -0.7 |
|             | 3    | Joshua  | Mayston       | Waveney Valley       | 11.8    |      |         |      |
|             | 4    | Amadi   | Gray          | RHS                  | 11.9    |      |         |      |
|             | 5    |         |               |                      |         |      |         |      |
| 200m Final  | 1    | Cameron | Bailey        | Ipswich Harriers     | 22.3    | CBP  |         |      |
|             | 2    | Luigi   | Palmeri       | Ipswich Harriers     | 23.3    |      |         |      |
|             | 3    | Oliver  | Miller        | Suffolk One          | 23.7    |      |         |      |
|             | 4    | Joshua  | Mayston       | Waveney Valley       | 24.1    |      |         |      |
|             | 5    | Finn    | O'Reilly      | Ipswich School       | 24.4    |      |         |      |
|             | 6    |         |               |                      |         |      |         |      |
| 400m Final  | 1    | Luigi   | Palmeri       | Ipswich Harriers     | 51.7    |      |         |      |
|             | 2    | Finn    | O'Reilly      | Ipswich School       | 52.7    |      |         |      |
|             | 3    |         |               |                      |         |      |         |      |
| 800m Final  | 1    | Jack    | Grady         | Ipswich Harriers     | 2.06.1  |      | 3463001 |      |
|             | 2    | Steven  | Quercia-Smale | Thurston Community C | 2.06.9  |      |         |      |
|             | 3    |         |               |                      |         |      |         |      |
| 1500m Final | 1    | Jack    | Grady         | Ipswich Harriers     | 4.24.0  |      | 3463001 |      |
|             | 2    |         |               |                      |         |      |         |      |
| 5k Final    | 1    | Steven  | Quercia-Smale | Thurston Community C | 18.18.3 |      |         |      |
|             | 2    |         |               |                      |         |      |         |      |
| 3k Walk     | 1    | George  | Wilkinson     | Enfield & Haringey   | 13.23.5 |      |         |      |
|             | 2    |         |               |                      |         |      |         |      |
| 110mH Final | 1    | Teddy   | Ntuli         | Ipswich Harriers     | 16.8    |      |         |      |
|             | 2    |         |               |                      |         |      |         |      |
| Long Jump   | 1    | Amadi   | Gray          | RHS                  | 5.49    |      |         |      |
|             | 2    | Jack    | Richards      | W Suffolk            | 5.30    |      |         |      |
|             | 3    |         |               |                      |         |      |         |      |
| Triple Jump | 1    | Teddy   | Ntuli         | Ipswich Harriers     | 11.97   |      |         |      |
|             | 2    | Jack    | Richards      | W Suffolk            | 11.54   |      |         |      |
|             | 3    |         |               |                      |         |      |         |      |
| Shot        | 1    | Oliver  | Graham        | Ipswich Harriers     | 9.49    |      | 2481992 |      |
|             | 2    |         |               |                      |         |      |         |      |
| Discus      | 1    | Oliver  | Graham        | Ipswich Harriers     | 34.36   |      | 2481992 |      |
|             | 2    | Archie  | Cleverley     | Ipswich Harriers     | 33.16   |      |         |      |
|             | 3    | Thomas  | Mitson        | W Suffolk            | 28.49   |      | 3361304 |      |
|             | 4    |         |               |                      |         |      |         |      |
| Hammer      | 1    | Oliver  | Graham        | Ipswich Harriers     | 58.71   |      | 2481992 |      |
|             | 2    |         |               |                      |         |      |         |      |
| Javelin     | 1    | Thomas  | Mitson        | W Suffolk            | 48.89   |      | 3361304 |      |
|             | 2    |         |               |                      |         |      |         |      |

Suffolk County Track & Field Championships - 12th May 2019 - Ipswich

Under 17 Men

| Event:      | Pos: | Name:   | Surname | Club:            | Result: | CBP: | URN     | W/S  |
|-------------|------|---------|---------|------------------|---------|------|---------|------|
| 100m Final  | 1    | Lucas   | Michael | W Suffolk        | 12.8    |      |         | -0.3 |
|             | 2    |         |         |                  |         |      |         |      |
| 200m Final  | 1    | Lucas   | Michael | W Suffolk        | 27.1    |      |         | -1.3 |
|             | 2    |         |         |                  |         |      |         |      |
| 400m Final  | 1    | James   | Evans   | Ipswich Harriers | 58.9    |      |         |      |
|             | 2    |         |         |                  |         |      |         |      |
| 800m Final  | 1    | Ruben   | Pereira | Ipswich Harriers | 2.19.5  |      |         |      |
|             | 2    |         |         |                  |         |      |         |      |
| 1500m Final | 1    | Tom     | Henson  | St Edmund pacers | 4.26.4  |      |         |      |
|             | 2    | Freddie | Adams   | Ipswich Harriers | 4.30.8  |      |         |      |
|             | 3    |         |         |                  |         |      |         |      |
| 400mH Final | 1    | Luca    | Prior   | West Suffolk AC  | 66.1    |      | 3669232 |      |
|             | 2    |         |         |                  |         |      |         |      |
| Long Jump   | 1    | Jack    | Fayers  | Ipswich Harriers | 5.88    |      | 3463000 |      |
|             | 2    | Jay     | Collett | Ipswich Harriers | 4.75    |      |         |      |
|             | 3    |         |         |                  |         |      |         |      |
| Discus      | 1    | Isaac   | Prior   | Coppleston High  | 25.60   |      |         |      |
|             | 2    | Solomon | Breyer  | Ipswich Harriers | 17.31   |      | 3455695 |      |
|             | 3    |         |         |                  |         |      |         |      |
| Hammer      | 1    | Isaac   | Prior   | Coppleston High  | 32.88   |      |         |      |
|             | 2    | Solomon | Breyer  | Ipswich Harriers | 22.41   |      | 3455695 |      |
|             | 3    |         |         |                  |         |      |         |      |
| Javelin     | 1    | Albert  | Willett | Farlingaye HS    | 47.97   |      |         |      |
|             | 2    | Matthew | Jones   | W Suffolk        | 45.07   |      |         |      |
|             | 3    |         |         |                  |         |      |         |      |

## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

## Under 15 Boys

| Event:      | Pos: | Name:    | Surname   | Club:                | Result: | CBP: | URN     | W/S  |
|-------------|------|----------|-----------|----------------------|---------|------|---------|------|
| 100m Final  | 1    | William  | Trangmar  | W Suffolk            | 12.5    |      |         | -0.3 |
|             | 2    | Jimmy    | Williams  | Ipswich Harriers     | 13.1    |      | 3538397 |      |
|             | 3    | Ben      | Greenleaf | Ipswich Harriers     | 13.1    |      |         |      |
|             | 4    | Vaughan  | Beckham   | Waveney Valley       | 13.4    |      |         |      |
|             | 5    | James    | Walshe    | Thurston Community C | 13.6    |      |         |      |
|             | 6    |          |           |                      |         |      |         |      |
| 200m Final  | 1    | William  | Trangmar  | W Suffolk            | 25.7    |      |         | -1.3 |
|             | 2    | Ben      | Greenleaf | Ipswich Harriers     | 27.5    |      |         |      |
|             | 3    |          |           |                      |         |      |         |      |
| 300m Final  | 1    | Dylan    | Marsh     | St Edmund pacers     | 40.0    |      |         |      |
|             | 2    | Ryan     | Grady     | Ipswich Harriers     | 47.9    |      | 3530255 |      |
|             | 3    |          |           |                      |         |      |         |      |
| 800m Final  | 1    | Dylan    | Marsh     | St Edmund pacers     | 2.11.9  |      |         |      |
|             | 2    | Ryan     | Grady     | Ipswich Harriers     | 2.27.2  |      | 3530255 |      |
|             | 3    | Benjamin | Bowker    | Ipswich Harriers     | 2.44.1  |      |         |      |
|             | 4    |          |           |                      |         |      |         |      |
| 1500m Final | 1    | Lewis    | Sullivan  | St Edmund pacers     | 4.09.6  |      |         |      |
|             | 2    | James    | Peck      |                      | 4.20.3  |      |         |      |
|             | 3    | Ben      | Peck      |                      | 4.25.1  |      |         |      |
|             | 4    | Max      | Berry     | King Edward VI Sch   | 4.29.3  |      |         |      |
|             | 5    | Max      | Fisher    | Ipswich Harriers     | 5.04.3  |      | 3249994 |      |
|             | 6    | William  | Browne    | Waveney Valley       | 5.04.8  |      |         |      |
|             | 7    |          |           |                      |         |      |         |      |
| 80mH Final  | 1    | Jimmy    | Williams  | Ipswich Harriers     | 12.9    |      | 3538397 |      |
|             | 2    | Barney   | McCallum  | Ipswich Harriers     | 13.4    |      | 3537268 |      |
|             | 3    |          |           |                      |         |      |         |      |
| Long Jump   | 1    | Vaughan  | Beckham   | Waveney Valley       | 4.87    |      |         |      |
|             | 2    | James    | Walshe    | Thurston Community C | 4.26    |      |         |      |
|             | 3    | Freddie  | Lamprell  | Ipswich Harriers     | 3.87    |      | 3771271 |      |
|             | 4    |          |           |                      |         |      |         |      |
| Triple Jump | 1    | Vaughan  | Beckham   | Waveney Valley       | 10.75   |      |         |      |
|             | 2    | Jimmy    | Williams  | Ipswich Harriers     | 10.52   |      | 3538397 |      |
|             | 3    |          |           |                      |         |      |         |      |
| High Jump   | 1    | William  | Lamprell  | Ipswich Harriers     | 1.65    |      | 3645724 |      |
|             | 2    | Fazil    | Akyol     | Ipswich Harriers     | 1.60    |      |         |      |
|             | 3    | Freddie  | Lamprell  | Ipswich Harriers     | 1.35    |      | 3771271 |      |
|             | 4    |          |           |                      |         |      |         |      |
| Shot        | 1    | William  | Lamprell  | Ipswich Harriers     | 14.29   | CBP  | 3645724 |      |
|             | 2    | Alastair | Brown     | West Suffolk AC      | 11.95   |      | 3774968 |      |
|             | 3    | Freddie  | Powell    | Framlingham College  | 8.04    |      |         |      |
|             | 4    | James    | Laurie    | Framlingham College  | 7.32    |      |         |      |
|             | 5    | Archie   | Will      | Framlingham College  | 7.22    |      |         |      |
|             | 6    |          |           |                      |         |      |         |      |
| Discus      | 1    | William  | Lamprell  | Ipswich Harriers     | 34.40   |      | 3645724 |      |
|             | 2    | Alastair | Brown     | West Suffolk AC      | 31.18   |      | 3774968 |      |
|             | 3    | Ben      | Franks    | Ipswich Harriers     | 25.66   |      |         |      |
|             | 4    | Freddie  | Powell    | Framlingham College  | 23.74   |      |         |      |
|             | 5    | Freddie  | Lamprell  | Ipswich Harriers     | 21.87   |      | 3771271 |      |
|             | 6    | Archie   | Will      | Framlingham College  | 17.93   |      |         |      |
| 7           |      |          |           |                      |         |      |         |      |
| Hammer      | 1    | Alastair | Brown     | West Suffolk AC      | 29.33   |      | 3774968 |      |
|             | 2    | Ben      | Franks    | Ipswich Harriers     | 20.14   |      |         |      |
|             | 3    |          |           |                      |         |      |         |      |
| Javelin     | 1    | Fazil    | Akyol     | Ipswich Harriers     | 37.18   |      |         |      |
|             | 2    | Barney   | McCallum  | Ipswich Harriers     | 28.47   |      | 3537268 |      |
|             | 3    | Alex     | Moore     | Ipswich Harriers     | 27.53   |      | 3627277 |      |
|             | 4    | James    | Laurie    | Framlingham College  | 22.26   |      |         |      |
|             | 5    |          |           |                      |         |      |         |      |

## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

## Under 13 Boys

| Event:      | Pos: | Name:     | Surname    | Club:               | Result: | CBP: | URN     | W/S  |
|-------------|------|-----------|------------|---------------------|---------|------|---------|------|
| 100m Final  | 1    | Mickey    | Ayling     | W Suffolk           | 14.00   |      |         | -2.9 |
|             | 2    | Okeri     | Hambira    | Ipswich Harriers    | 14.20   |      |         |      |
|             | 3    | James     | McAllen    | Waveney Valley      | 14.40   |      |         |      |
|             | 4    | Archie    | Taylor     | W Suffolk           | 14.80   |      |         |      |
|             | 5    | Ricky     | Nicholls   | Ipswich Harriers    | 15.10   |      | 3835668 |      |
|             | 6    | Jack      | Lugo       | Ipswich Harriers    | 15.10   |      |         |      |
|             | 7    | Cohen     | Copeman    | Waveney Valley      | 15.40   |      |         |      |
|             | 8    | Sebastian | Melero     | W Suffolk           | 15.80   |      |         |      |
| 200m Heat 1 | 1    | Mickey    | Ayling     | W Suffolk           | 28.50   |      |         | -1.1 |
|             | 2    | Archie    | Taylor     | W Suffolk           | 28.90   |      |         |      |
|             | 3    | Okeri     | Hambira    | Ipswich Harriers    | 29.10   |      |         |      |
|             | 4    | James     | McAllen    | Waveney Valley      | 29.30   |      |         |      |
|             | 5    |           |            |                     |         |      |         |      |
| 200m Heat 2 | 1    | Tom       | Taylor     | W Suffolk           | 29.30   |      |         | -1.6 |
|             | 2    | Jack      | Lugo       | Ipswich Harriers    | 29.80   |      |         |      |
|             | 3    | Cohen     | Copeman    | Waveney Valley      | 29.90   |      |         |      |
|             | 4    | Ricky     | Nicholls   | Ipswich Harriers    | 33.00   |      | 3835668 |      |
|             | 5    |           |            |                     |         |      |         |      |
| 200m Final  | 1    | Mickey    | Ayling     | W Suffolk           | 28.30   |      |         | -1.9 |
|             | 2    | Okeri     | Hambira    | Ipswich Harriers    | 29.00   |      |         |      |
|             | 3    | Archie    | Taylor     | W Suffolk           | 29.30   |      |         |      |
|             | 4    | James     | McAllen    | Waveney Valley      | 30.20   |      |         |      |
|             | 5    | Jack      | Lugo       | Ipswich Harriers    | 30.30   |      |         |      |
|             | 6    | Tom       | Taylor     | W Suffolk           | 30.40   |      |         |      |
|             | 7    |           |            |                     |         |      |         |      |
| 800m Final  | 1    | Stanley   | Chevous    | Ipswich Harriers    | 2.26.3  |      |         |      |
|             | 2    | Archie    | Taylor     | W Suffolk           | 2.27.0  |      |         |      |
|             | 3    | Daniel    | North      | Framlingham College | 2.37.5  |      |         |      |
|             | 4    | Kai       | Edwards    | West Suffolk AC     | 2.57.4  |      |         |      |
|             | 5    | Sonny     | Battell    | W Suffolk           | 3.03.2  |      |         |      |
|             | 6    |           |            |                     |         |      |         |      |
| 1500m Final | 1    | Liam      | Davison    | Ipswich Harriers    | 4.51.2  |      | 3789688 |      |
|             | 2    | Jacob     | Trangmar   | W Suffolk           | 5.05.2  |      |         |      |
|             | 3    | Tom       | Taylor     | W Suffolk           | 5.04.4  |      |         |      |
|             | 4    | Sebastian | Melero     | W Suffolk           | 5.11.3  |      |         |      |
|             | 5    | Ben       | Corrie     | Framlingham College | 5.17.4  |      |         |      |
|             | 6    | Ross      | Hammond    | Ipswich Harriers    | 5.19.8  |      |         |      |
|             | 7    | Cohen     | Copeman    | Waveney Valley      | 5.23.1  |      |         |      |
|             | 8    | Finlay    | Snowdon    | Ipswich Harriers    | 5.28.7  |      |         |      |
|             | 8    | Harry     | Cartwright | Framlingham College | 6.12.7  |      |         |      |
| 75mH Final  | 1    | Toby      | Jackson    | Framlingham College | 15.30   |      |         |      |
|             | 2    | Jack      | Lugo       | Ipswich Harriers    | 16.40   |      |         |      |
|             | 3    |           |            |                     |         |      |         |      |
| Long Jump   | 1    | Mickey    | Ayling     | W Suffolk           | 4.30    |      |         |      |
|             | 2    | Finlay    | Snowdon    | Ipswich Harriers    | 4.14    |      |         |      |
|             | 3    | Okeri     | Hambira    | Ipswich Harriers    | 4.09    |      |         |      |
|             | 4    | Ricky     | Nicholls   | Ipswich Harriers    | 3.95    |      | 3835668 |      |
|             | 5    | Alfie     | Caplin     | Waveney Valley      | 3.77    |      |         |      |
|             | 6    |           |            |                     |         |      |         |      |
| Shot        | 1    | Toby      | Jackson    | Framlingham College | 8.84    |      |         |      |
|             | 2    | Sebastian | Melero     | W Suffolk           | 4.14    |      |         |      |
|             | 3    |           |            |                     |         |      |         |      |
| Discus      | 1    | Toby      | Jackson    | Framlingham College | 19.87   |      |         |      |
|             | 2    |           |            |                     |         |      |         |      |
| Javelin     | 1    | Tom       | Taylor     | W Suffolk           | 21.38   |      |         |      |
|             | 2    | Kai       | Edwards    | West Suffolk AC     | 15.38   |      |         |      |
|             | 3    |           |            |                     |         |      |         |      |

## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

## Senior Women

| Event:      | Pos: | Name:     | Surname   | Club:                 | Result: | CBP: | URN     | W/S  |
|-------------|------|-----------|-----------|-----------------------|---------|------|---------|------|
| 100m Final  | 1    | Hetty     | Bartlett  | Orwell Panthers       | 14.50   |      |         | -2.0 |
|             | 2    | Elizabeth | Welbourn  | Ipswich Harriers      | 15.60   |      |         |      |
|             | 3    |           |           |                       |         |      |         |      |
| 200m Final  | 1    | Chloe     | Godbold   | Ipswich Harriers      | 28.90   |      | 2972670 | -2.8 |
|             | 2    | Keeley    | Whitlock  | Ipswich Harriers      | 29.70   |      | 2906731 |      |
|             | 3    | Hetty     | Bartlett  | Orwell Panthers       | 30.50   |      |         |      |
|             | 4    | Elizabeth | Welbourn  | Ipswich Harriers      | 31.90   |      |         |      |
|             | 5    |           |           |                       |         |      |         |      |
| 400m Final  | 1    | Chloe     | Godbold   | Ipswich Harriers      | 64.70   |      | 2972670 |      |
|             | 2    | Leanne    | Thorndyke | Ipswich Harriers      | 70.40   |      |         |      |
|             | 3    |           |           |                       |         |      |         |      |
| 800m Final  | 1    | Katie     | Margarson | Cambridge & Coleridge | 2.31.3  |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
| 1500m Final | 1    | Christine | Anthony   | W Suffolk             | 5.19.5  |      |         |      |
|             | 2    | Mandy     | Godbold   | Ipswich Harriers      | 7.38.2  |      | 3292824 |      |
|             | 3    |           |           |                       |         |      |         |      |
| 3k Walk     | 1    | Joyce     | Crawford  | EMAC                  | 18.41.0 |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
|             | 8    |           |           |                       |         |      |         |      |
| 1500m S/c F | 1    | Mandy     | Godbold   | Ipswich Harriers      | 8.11.3  |      | 3292824 |      |
|             | 2    |           |           |                       |         |      |         |      |
| Long Jump   | 1    | Tania     | Spurling  | W Suffolk             | 5.07    |      |         |      |
|             | 2    | Hetty     | Bartlett  | Orwell Panthers       | 4.05    |      |         |      |
|             | 3    |           |           |                       |         |      |         |      |
| Triple Jump | 1    | Tania     | Spurling  | W Suffolk             | 11.11   |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
| High Jump   | 1    | Katy      | Sealy     | Ipswich Harriers      | 1.66    |      | 2684413 |      |
|             | 2    |           |           |                       |         |      |         |      |
| Shot        | 1    | Debbie    | Castle    | Braintree & Dist      | 9.14    |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
| Discus      | 1    | Debbie    | Castle    | Braintree & Dist      | 30.95   |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
| Hammer      | 1    | Debbie    | Castle    | Braintree & Dist      | 27.16   |      |         |      |
|             | 2    |           |           |                       |         |      |         |      |
| Javelin     | 1    | Debbie    | Castle    | Braintree & Dist      | 34.69   |      |         |      |
|             | 2    | Mandy     | Godbold   | Ipswich Harriers      | 12.07   |      | 3292824 |      |
|             | 3    |           |           |                       |         |      |         |      |

Suffolk County Track & Field Championships - 12th May 2019 - Ipswich

Under 20 Women

| Event:      | Pos: | Name:     | Surname   | Club:               | Result: | CBP: | URN     | W/S  |
|-------------|------|-----------|-----------|---------------------|---------|------|---------|------|
| 100m Final  | 1    | Hannah    | Lygo      | Ipswich Harriers    | 13.1    |      |         | -2.0 |
|             | 2    | Olivia    | Cave      | St Joseph's College | 15.5    |      |         |      |
|             | 3    |           |           |                     |         |      |         |      |
| 200m Final  | 1    | Hannah    | Lygo      | Ipswich Harriers    | 26.7    |      |         | -1.0 |
|             | 2    |           |           |                     |         |      |         |      |
| 400m Final  | 1    | Beatrice  | Green     | Ipswich HS          | 59.8    |      |         |      |
|             | 2    | Niamh     | Perry     | King Edward VI Sch  | 67.6    |      |         |      |
|             | 3    | Cathy     | McKeag    | W Suffolk           | 70.7    |      |         |      |
|             | 4    |           |           |                     |         |      |         |      |
| 800m Final  | 1    | Olivia    | Allum     | W Suffolk           | 2.27.3  |      |         |      |
|             | 2    |           |           |                     |         |      |         |      |
| 1500m Final | 1    | Niamh     | Perry     | King Edward VI Sch  | 5.08.8  |      |         |      |
|             | 2    |           |           |                     |         |      |         |      |
| 3k Final    | 1    | Chloe     | Cavill    | W Suffolk           | 12.06.5 |      |         |      |
| 100mH Final | 1    | Morgan    | Frost     | Ipswich Harriers    | 20.3    |      |         |      |
|             | 2    | Kirsten   | Snook     | St Joseph's College | 20.5    |      |         |      |
| Long Jump   | 1    | Hannah    | Mayne     | Gt Yarmouth AC      | 4.73    |      | 3194667 |      |
|             | 2    | Olivia    | Cave      | St Joseph's College | 3.54    |      |         |      |
|             | 3    |           |           |                     |         |      |         |      |
| Triple Jump | 1    | Madeleine | Venn      | Ipswich Harriers    | 8.81    |      |         |      |
|             | 2    | Charlie   | Moore     | Ipswich Harriers    | 8.76    |      | 3291099 |      |
|             | 3    | Florence  | Gardner   | Ipswich HS          | 8.23    |      |         |      |
|             | 4    |           |           |                     |         |      |         |      |
| High Jump   | 1    | Kirsten   | Snook     | St Joseph's College | 1.40    |      |         |      |
|             | 2    | Madeleine | Venn      | Ipswich Harriers    | 1.40    |      |         |      |
| Shot        | 1    | Alana     | Wilson    | W Suffolk           | 8.66    |      |         |      |
|             | 2    | Faye      | Alexander | Ipswich Harriers    | 7.44    |      |         |      |
|             | 3    |           |           |                     |         |      |         |      |
| Discus      | 1    | Faye      | Alexander | Ipswich Harriers    | 21.4    |      |         |      |
|             | 2    | Olivia    | Cave      | St Joseph's College | 17.8    |      |         |      |
| Hammer      | 1    | Faye      | Alexander | Ipswich Harriers    | 28.5    |      |         |      |
| Javelin     | 1    | Alana     | Wilson    | W Suffolk           | 33.7    |      |         |      |
|             | 2    | Charlie   | Moore     | Ipswich Harriers    | 19.3    |      |         |      |

## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

| Under 17 Women  |   |         |            |                   |        | W/S         |
|-----------------|---|---------|------------|-------------------|--------|-------------|
| 100m Final      | 1 | Skye    | Barrow     | Ipswich Harriers  | 13.2   | -2.0        |
|                 | 2 | Kate    | Bailey     | Ipswich Harriers  | 14.2   |             |
|                 | 3 | Holly   | Scott      | Ipswich Harriers  | 14.3   |             |
|                 | 4 | Connie  | King       | Ipswich Harriers  | 14.5   |             |
| 200m Final      | 1 | Lonarra | Youngs     | Ipswich Harriers  | 26.9   | -1.0        |
|                 | 2 | Skye    | Barrow     | Ipswich Harriers  | 27.2   |             |
|                 | 3 | Connie  | King       | Ipswich Harriers  | 29.5   |             |
|                 | 4 | Holly   | Scott      | Ipswich Harriers  | 30.4   |             |
| 300m Final      | 1 | Jemima  | Bestley    | Ipswich Harriers  | 44.2   |             |
|                 | 2 |         |            |                   |        |             |
| 800m Final      | 1 | Lydia   | Marshall   | W Suffolk         | 2.45.5 |             |
|                 | 2 |         |            |                   |        |             |
| 1500m Final     | 1 | April   | Hill       | Woodbridge School | 4.51.8 |             |
|                 | 2 | Brooke  | Oram       | Gt Yarmouth AC    | 5.16.4 |             |
|                 | 3 | Rebecca | Morley     | W Suffolk         | 5.21.2 |             |
|                 | 4 |         |            |                   |        |             |
| 80mH Final      | 1 | Maisy   | Armstrong  | Ipswich Harriers  | 13.00  |             |
|                 | 2 | Madison | Frost      | Ipswich Harriers  | 15.00  |             |
|                 | 3 |         |            |                   |        |             |
| 1500m S/c Final | 1 | Holly   | Fisher     | Ipswich Harriers  | 5.16.5 | CBP 3445870 |
| Long Jump       | 2 |         |            |                   |        |             |
|                 | 1 | Abeni   | Beckham    | Waveney Valley    | 4.40   |             |
|                 | 2 | Maisy   | Armstrong  | Ipswich Harriers  | 4.25   |             |
|                 | 3 | Madison | Frost      | Ipswich Harriers  | 4.25   |             |
| Triple Jump     | 4 |         |            |                   |        |             |
|                 | 1 | Abeni   | Beckham    | Waveney Valley    | 9.37   |             |
| High Jump       | 2 |         |            |                   |        |             |
|                 | 1 | Kate    | Bailey     | Ipswich Harriers  | 1.40   |             |
| Pole Vault      | 2 |         |            |                   |        |             |
|                 | 1 | Sophie  | Graham     | Ipswich Harriers  | 2.75   | 3591153     |
| Shot            | 2 |         |            |                   |        |             |
|                 | 1 | Eleanor | Pilkington | Woodbridge School | 11.64  |             |
| Discus          | 2 |         |            |                   |        |             |
|                 | 1 | Sophie  | Graham     | Ipswich Harriers  | 31.37  | 3591153     |
|                 | 2 | Brooke  | Oram       | Gt Yarmouth AC    | 16.67  |             |
| Javelin         | 3 |         |            |                   |        |             |
|                 | 1 | Sophie  | Graham     | Ipswich Harriers  | 36.11  | 3591153     |
|                 | 2 | Brooke  | Oram       | Gt Yarmouth AC    | 25.19  |             |
|                 | 3 |         |            |                   |        |             |



## Suffolk County Track &amp; Field Championships - 12th May 2019 - Ipswich

## Under 15 Girls

| Event:      | Pos: | Name:        | Surname   | Club:                  | Result: | CBP: | URN     | W/S     |
|-------------|------|--------------|-----------|------------------------|---------|------|---------|---------|
| 100m Heat 1 | 1    | Emily        | Cann      | West Suffolk AC        | 12.80   |      |         | 0.8     |
|             | 2    | Trinity      | Marks     | Ipswich Harriers       | 13.70   |      |         |         |
|             | 3    | Belle        | Armstrong | Ipswich Harriers       | 14.10   |      |         |         |
|             | 4    | Charlotte    | Sayer     | Ipswich Harriers       | 14.40   |      | 3645718 |         |
|             | 5    | Kiera        | Kane      | Waveney Valley         | 15.10   |      |         |         |
|             | 6    |              |           |                        |         |      |         |         |
| 100m Heat 2 | 1    | Millie       | King      | Ipswich Harriers       | 12.90   |      |         | -0.4    |
|             | 2    | Alice        | Verebelyi | Framlingham College    | 13.60   |      |         |         |
|             | 3    | Tilly        | Motts     | Thomas GainsboroughSch | 13.60   |      |         |         |
|             | 4    | Ines         | Green     | Ipswich Harriers       | 13.80   |      |         |         |
|             | 5    | Heather Rose | Blacoe    | Ipswich Harriers       | 14.50   |      | 3538576 |         |
|             | 6    |              |           |                        |         |      |         |         |
| 100m Final  | 1    | Emily        | Cann      | West Suffolk AC        | 12.60   |      |         | -2.4    |
|             | 2    | Millie       | King      | Ipswich Harriers       | 12.70   |      |         |         |
|             | 3    | Trinity      | Marks     | Ipswich Harriers       | 13.80   |      |         |         |
|             | 4    | Alice        | Verebelyi | Framlingham College    | 14.10   |      |         |         |
|             | 5    | Tilly        | Motts     | Thomas GainsboroughSch | 14.10   |      |         |         |
|             | 6    | Ines         | Green     | Ipswich Harriers       | 14.20   |      |         |         |
| 200m Final  | 1    | Millie       | King      | Ipswich Harriers       | 25.70   |      |         | -1.2    |
|             | 2    | Emily        | Cann      | West Suffolk AC        | 26.20   |      |         |         |
|             | 3    | Tilly        | Motts     | Thomas GainsboroughSch | 28.40   |      |         |         |
|             | 4    | Ines         | Green     | Ipswich Harriers       | 28.80   |      |         |         |
|             | 5    | Charlotte    | Sayer     | Ipswich Harriers       | 29.80   |      | 3645718 |         |
|             | 6    |              |           |                        |         |      |         |         |
| 300m Final  | 1    | Isobel       | Alexander | Ipswich Harriers       | 43.50   |      |         | 3645728 |
|             | 2    | Scarlett     | Deasy     | Ipswich Harriers       | 47.40   |      |         |         |
|             | 3    | Alice        | King      | Ipswich Harriers       | 47.70   |      |         |         |
|             | 4    | Ffion        | Aston     | Ipswich Harriers       | 48.90   |      |         |         |
|             | 5    |              |           |                        |         |      |         |         |
| 800m Final  | 1    | Isobel       | Alexander | Ipswich Harriers       | 2.30.9  |      |         | 3645728 |
|             | 2    | Lila         | Battell   | W Suffolk              | 2.32.0  |      |         |         |
|             | 3    | Abigail      | Vickers   | Newmarket Academy      | 2.32.1  |      | 3670397 |         |
|             | 4    | Eva          | Marshall  | W Suffolk              | 2.32.4  |      |         |         |
|             | 5    | Molly        | Howell    | West Suffolk AC        | 2.32.5  |      |         |         |
|             | 6    | Ffion        | Aston     | Ipswich Harriers       | 2.36.4  |      |         |         |
|             | 7    | Scarlett     | Deasy     | Ipswich Harriers       | 2.38.0  |      |         |         |
|             | 8    | Marni        | Sillitoe  | W Suffolk              | 2.38.4  |      |         |         |
|             | 9    | Alice        | King      | Ipswich Harriers       | 2.38.7  |      |         |         |
|             | 10   |              |           |                        |         |      |         |         |
| 1500m Final | 1    | Sophie       | Allen     | W Suffolk              | 5.36.3  |      |         |         |
| 2           |      |              |           |                        |         |      |         |         |
| 75H Final   | 1    | Charlotte    | Graham    | Ipswich Harriers       | 13.80   |      |         |         |
| 2           |      |              |           |                        |         |      |         |         |
| Long Jump   | 1    | Kiera        | Kane      | Waveney Valley         | 4.03    |      |         | 3538576 |
|             | 2    | Emily        | Cann      | West Suffolk AC        | 3.78    |      |         |         |
|             | 3    | Belle        | Armstrong | Ipswich Harriers       | 3.75    |      |         |         |
|             | 4    | Heather Rose | Blacoe    | Ipswich Harriers       | 3.73    |      |         |         |
|             | 5    |              |           |                        |         |      |         |         |
| High Jump   | 1    | Maddie       | Greenwood | W Suffolk              | 1.60    |      | 3575587 |         |
|             | 2    | Kiera        | Kane      | Waveney Valley         | 1.40    |      |         |         |
|             | 3    |              |           |                        |         |      |         |         |
| Shot        | 1    | Charlotte    | Graham    | Ipswich Harriers       | 8.78    |      |         |         |
|             | 2    | Mia          | Edwards   | West Suffolk AC        | 8.17    |      |         |         |
|             | 3    | Sasha        | Wilson    | W Suffolk              | 7.53    |      |         |         |
|             | 4    | Belle        | Armstrong | Ipswich Harriers       | 6.11    |      |         |         |
|             | 5    | Ffion        | Aston     | Ipswich Harriers       | 5.67    |      |         |         |
|             | 6    |              |           |                        |         |      |         |         |
| Discus      | 1    | Charlotte    | Graham    | Ipswich Harriers       | 28.26   |      |         |         |
|             | 2    | Mia          | Edwards   | West Suffolk AC        | 25.22   |      |         |         |
|             | 3    | Amelia       | Willett   | Farlingaye HS          | 22.85   |      |         |         |

|         |   |         |         |                  |       |
|---------|---|---------|---------|------------------|-------|
|         | 4 |         |         |                  |       |
| Hammer  | 1 | Kirsten | Wright  | Ipswich Harriers | 25.00 |
|         | 2 | Sasha   | Wilson  | W Suffolk        | 24.85 |
|         | 3 |         |         |                  |       |
| Javelin | 1 | Paige   | Hudson  | Ipswich Harriers | 28.72 |
|         | 2 | Sasha   | Wilson  | W Suffolk        | 28.56 |
|         | 3 | Amelia  | Willett | Farlingaye HS    | 23.76 |
|         | 4 |         |         |                  |       |

Suffolk County Track & Field Championships - 12th May 2019 - Ipswich

Under 13 Girls

| Event:      | Pos: | Name:   | Surname   | Club:                | Result: | CBP: | URN | W/S  |
|-------------|------|---------|-----------|----------------------|---------|------|-----|------|
| 100m Final  | 1    | Blythe  | Boreham   | Ipswich Harriers     | 14.10   |      |     | -2.0 |
|             | 2    | Agatha  | Gouldby   | Waveney Valley       | 15.90   |      |     |      |
|             | 3    | Artemis | Wild      | Framlingham College  | 16.30   |      |     |      |
|             | 4    |         |           |                      |         |      |     |      |
| 200m Final  | 1    | Amelie  | Taylor    | Thurston Community C | 30.60   |      |     | -1.2 |
|             | 2    | Grace   | Bestley   | Ipswich Harriers     | 32.00   |      |     |      |
|             | 3    |         |           |                      |         |      |     |      |
| 800m Final  | 1    | Grace   | Bestley   | Ipswich Harriers     | 2.37.8  |      |     |      |
|             | 2    | Amelie  | Taylor    | Thurston Community C | 2.37.9  |      |     |      |
|             | 3    | Mia     | North     | Framlingham College  | 3.07.9  |      |     |      |
|             | 4    |         |           |                      |         |      |     |      |
| 1500m Final | 1    | Verity  | Valentine | St Edmund pacers     | 5.15.4  |      |     |      |
|             | 2    | Maia    | Green     | Ipswich Harriers     | 5.31.0  |      |     |      |
|             | 3    | Poppy   | Gaunt     | Ipswich Harriers     | 5.36.5  |      |     |      |
|             | 4    |         |           |                      |         |      |     |      |
|             | 5    |         |           |                      |         |      |     |      |
| 70mH Final  | 1    | Blythe  | Boreham   | Ipswich Harriers     | 12.10   |      |     |      |
| Long Jump   | 1    | Poppy   | Coker     | Woodbridge Wolves    | 3.64    |      |     |      |
|             | 2    | Artemis | Wild      | Framlingham College  | 3.11    |      |     |      |
|             | 3    | Sadie   | Wright    | Ipswich Harriers     | 3.05    |      |     |      |
|             | 4    |         |           |                      |         |      |     |      |
| High Jump   | 1    | Amelie  | Taylor    | Thurston Community C | 1.35    |      |     |      |
|             | 2    | Artemis | Wild      | Framlingham College  | 1.10    |      |     |      |
|             | 3    | Agatha  | Gouldby   | Waveney Valley       | 1.00    |      |     |      |
|             | 4    |         |           |                      |         |      |     |      |
| Shot        | 1    | Agatha  | Gouldby   | Waveney Valley       | 7.23    |      |     |      |