

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2018/19

FRAMLINGHAM SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL		
	M	F	M	F				CAT	POS	
1	1		400		31.16	Andrew Rooke	FF	M	20	1
2	2		399		32.13	Matt Jeffries	WVAC	M	20	2
3	3		398		32.54	Dominic Oliver	WVAC	M	20	3
4	4		397		33.17	Danny Rock	FRR	M	20	4
5	5		396		33.26	Neil Pollard	N&S	M	40	1
6	6		395		33.39	Lee Cook	WVAC	M	20	5
7	7		394		33.58	Casper Le Fanu	SSX	M	20	6
8	8		393		34.19	Harry Allcock	BBD	M	17	1
9	9		392		34.22	Jim Last	FF	M	40	2
10	10		391		34.33	Andrew Southwood	SEP	M	40	3
11	11		390		34.43	Sam Stevens	IH	M	17	2
12	12		389		34.45	Adam Howlett	FF	M	45	1
13	13		388		34.47	Joe Robson	SEP	M	17	3
14	14		387		34.50	David Sparshott	BBD	M	20	7
15	15		386		34.52	Tony Gavin	FRR	M	20	8
16	16		385		34.54	Scott Manning	FF	M	20	9
17		1		200	34.58	Daisy Glover	FF	F	20	1
18	17		384		35.10	Jack Grady	IH	M	17	4
19	18		383		35.13	Paul Holley	N&S	M	50	1
20	19		382		35.19	Andrew Bell	HRC	M	40	4
21	20		381		35.21	Dean Bain	WVAC	M	20	10
22	21		380		35.33	Scott Williams	SS	M	20	11
23	22		379		35.40	John Beardsworth	I&NT	M	20	12
24	23		378		35.59	Carl Prewer	LRR	M	45	2
25	24		377		36.03	Kieron Hayles	N&S	M	20	13
26	25		376		36.21	Simon Cook	LRR	M	20	14
27	26		375		36.30	Steven Quercia-Smale	SEP	M	17	5
28		2		199	36.30	Colleen Nicole Mukuya	LRR	F	20	2
29	27		374		36.32	Chris Cooke	SEP	M	55	1
30	28		373		36.35	Paul Lyon	LRR	M	20	15
31	29		372		36.40	Chris Meadows	WVAC	M	20	16
32	30		371		36.47	Ollie Daykin	N&S	M	17	6
33	31		370		36.51	Kevin Peirce	IH	M	40	5
34	32		369		36.53	Mark Hayden	FF	M	45	3
35	33		368		37.02	Dave Solomon	FRR	M	50	2
36	34		367		37.04	Thomas McCarthy	WSAC	M	20	17
37	35		366		37.12	Tom Galley	LRR	M	20	18
38	36		365		37.14	Robert Cheverton	LRR	M	60	1
39	37		364		37.17	Mark Hayward	N&S	M	20	19
40	38		363		37.19	Alex Harrison	SS	M	20	20
41		3		198	37.22	Philippa Unthank	IH	F	17	1
42		4		197	37.27	Jo Andrews	BBD	F	45	1
43	39		362		37.38	Chris Mower	SEP	M	40	6
44	40		361		37.43	Steven Carruthers	WVAC	M	45	4
45	41		360		37.43	Jim Burgess	WVAC	M	45	5
46	42		359		37.46	Darren Sheppard	FF	M	45	6
47	43		358		37.53	Nick Hammond	FF	M	45	7
48	44		357		38.03	Chris Pimlott	WVAC	M	40	7
49	45		356		38.08	Chris Leek	FF	M	40	8
50	46		355		38.12	Steven Brooke	FRR	M	50	3

51	47		354	38.18	Kieron Moody	SEP	M	17	7
52		5		38.22	Heather Moore	SSX	F	35	1
53	48		353	38.25	Greg Davis	N&S	M	55	2
54	49		352	38.35	Rory French	WVAC	M	20	21
55	50		351	38.38	Martin Horlock	WVAC	M	40	9
56	51		350	38.43	Chris Bradford	WVAC	M	20	22
57	52		349	38.48	John Aldred	FF	M	20	23
58	53		348	38.48	Richard Aukland	WVAC	M	45	8
59	54		347	38.54	Dylan Neeve	WVAC	M	40	10
60	55		346	38.54	Stuart Coe	WVAC	M	40	11
61	56		345	38.59	Howard Beasley	SEP	M	55	3
62	57		344	39.03	Matt Steel	SSX	M	20	24
63	58		343	39.07	Mark Ford	FRR	M	50	4
64	59		342	39.18	Martyn Taylor	N&S	M	20	25
65	60		341	39.20	Steve Barber	WVAC	M	40	12
66	61		340	39.26	Ross Wilcox	SS	M	40	13
67	62		339	39.32	Leigh Butcher	LRR	M	20	26
68		6		39.33	Jessie Gooderham	SEP	F	20	3
69	63		338	39.34	Rob Mackenzie	FF	M	55	4
70	64		337	39.34	Martin Farr	LRR	M	20	27
71	65		336	39.39	Lee Morgan	FRR	M	45	9
72	66		335	39.41	Phil Green	SS	M	20	28
73	67		334	39.46	Ben Jeffery	WSAC	M	40	14
74	68		333	39.50	Torben Wood	I&NT	M	40	15
75	69		332	39.50	Sebastian Lakes	WVAC	M	20	29
76	70		331	39.55	Darran Barfield	N&S	M	20	30
77	71		330	39.56	Tom Jarrett	I&NT	M	40	16
78	72		329	39.57	Will Aldred	FF	M	45	10
79	73		328	40.04	Lee Barber	FF	M	20	31
80	74		327	40.07	Adam Wood	IH	M	17	8
81	75		326	40.11	Steve Curran	FF	M	55	5
82	76		325	40.13	Liam Gentry	WVAC	M	20	32
83	77		324	40.17	Andy Buck	N&S	M	50	5
84	78		323	40.18	Justin Potter	SS	M	20	33
85	79		322	40.21	Oliver Bingham	SS	M	17	9
86	80		321	40.26	Ollie Cooper	I&NT	M	20	34
87	81		320	40.30	Neil Catley	FRR	M	40	17
88	82		319	40.38	Rob Squirrell	SSX	M	45	11
89	83		318	40.49	Bernard Mukuya	LRR	M	40	18
90		7		40.52	Odette Robson	SEP	F	45	2
91	84		317	40.55	Peter Andrews	IH	M	45	12
92	85		316	40.56	Robin Harper	FRR	M	40	19
93	86		315	41.00	Charles Hann	N&S	M	50	6
94	87		314	41.02	Leon Neeve	WVAC	M	40	20
95	88		313	41.06	Ben Dean	DAC	M	20	35
96	89		312	41.11	Tom Alexander	SSX	M	40	21
97	90		311	41.13	Dave Copland	I&NT	M	55	6
98	91		310	41.14	Tim Earl	WVAC	M	20	36
99		8		41.14	Gemma Porch	SS	F	35	2
100	92		309	41.16	Mark White	HRC	M	45	13
101	93		308	41.19	Ian Milligan	SEP	M	45	14
102	94		307	41.22	Steve Hall	FF	M	45	15
103	95		306	41.27	Graham Coulter	FF	M	40	22
104	96		305	41.32	Stuart Sowerby	N&S	M	45	16
105	97		304	41.34	Oliver Minns	IH	M	20	37
106	98		303	41.36	Karl Wright	TAC	M	20	38

107		9	192	41.39	Cath Jeffery	SEP	F	40	1
108	99		302	41.42	Kyle Church	SSX	M	17	10
109	100		301	41.42	Guy Morris	I&NT	M	50	7
110	101		300	41.43	Jamie Rule	N&S	M	20	39
111	102		299	41.45	Jon Brooker	N&S	M	50	8
112	103		298	41.47	Mark Saunders	WVAC	M	50	9
113	104		297	41.49	Steve Garvie	FF	M	45	17
114	105		296	41.53	Colin Galer	WVAC	M	20	40
115	106		295	41.56	Chris Brownhill	WSW	M	40	23
116	107		294	42.11	Ricci Wilson	WVAC	M	20	41
117	108		293	42.14	Bryan Rootes	HRC	M	50	10
118	109		292	42.15	Adam Butcher	LRR	M	20	42
119	110		291	42.19	Darren Sharman	WSW	M	40	24
120	111		290	42.19	Owen Gledhill	WSW	M	20	43
121	112		289	42.20	Ben Burrows	SSX	M	40	25
122		10	191	42.21	Helen Aldous	DAC	F	20	4
123	113		288	42.21	Alex McGregor	FF	M	20	44
124	114		287	42.24	George Shiplee	BBH	M	20	45
125		11	190	42.26	Zoe Chase	WVAC	F	40	2
126	115		286	42.28	Tom Hayden	FF	M	17	11
127		12	189	42.28	Maureen McCarthy	WSAC	F	55	1
128	116		285	42.34	Robert Milner	WVAC	M	40	26
129	117		284	42.37	Steve Edwards	N&S	M	50	11
130	118		283	42.41	Andrew Callen	DAC	M	20	46
131	119		282	42.44	Nigel Schofield	SEP	M	50	12
132	120		281	42.46	Gary Lyon	LRR	M	45	18
133	121		280	42.48	Steve Dunnett	FF	M	60	2
134	122		279	42.49	Colin Turner	FF	M	20	47
135	123		278	42.50	Oliver Schofield	SEP	M	20	48
136	124		277	42.51	Ian Gooderham	SEP	M	50	13
137	125		276	42.55	Robbie James	BBD	M	45	19
138	126		275	42.56	Andy Ayers	WVAC	M	45	20
139	127		274	42.58	Steve Murton	WSW	M	50	14
140	128		273	43.00	Dave Casey	I&NT	M	50	15
141	129		272	43.01	Bradley Potts	FF	M	20	49
142	130		271	43.01	Alex Chalmers-Wilkes	WVAC	M	20	50
143	131		270	43.02	Phil Wood	IH	M	50	16
144		13	188	43.03	Karen Sage	FF	F	45	3
145	132		269	43.04	Vince Webb	SEP	M	45	21
146	133		268	43.11	Tom Hunnisett	SSX	M	20	51
147		14	187	43.12	Geraldine Clarke	FF	F	45	4
148	134		267	43.13	Antony Croucher	WVAC	M	20	52
149	135		266	43.19	Chris Cant	I&NT	M	45	22
150	136		265	43.26	Karle Howard	LRR	M	45	23
151		15	186	43.27	Jessica Hall	WVAC	F	20	5
152	137		264	43.32	Mark Downey	FRR	M	45	24
153	138		263	43.40	Rob Reid	WVAC	M	45	25
154	139		262	43.43	Gary Marshall	WSAC	M	40	27
155	140		261	43.46	Steve Atkins	SEP	M	50	17
156		16	185	43.47	Emilie Wix	SSX	F	35	3
157	141		260	43.53	Ben Cowley	SSX	M	20	53
158	142		259	43.54	Chris Gardiner	WSW	M	20	54
159	143		258	43.55	Mark Watts	SEP	M	55	7
160	144		257	43.59	Chris Kerry	SS	M	20	55
161	145		256	44.00	Gary McDonald	LRR	M	20	56
162	146		255	44.04	Richard Jones	N&S	M	55	8

163		17		184	44.10	Louise Burnasconi	LRR	F	40	3
164	147		254		44.11	Alistair Duke	I&NT	M	45	26
165	148		253		44.12	Dave Howgego	FRR	M	50	18
166	149		252		44.14	Peter Warland	SS	M	50	19
167	150		251		44.16	Russel Breyer	I&NT	M	55	9
168	151		250		44.21	Gary Malliband	TAC	M	45	27
169	152		249		44.21	Kenny Tovell	FF	M	45	28
170	153		248		44.24	Phil Grose	SEP	M	50	20
171	154		247		44.28	Malcolm Pidd	SSX	M	55	10
172	155		246		44.34	Tom Collier	LRR	M	20	57
173	156		245		44.43	Steve Dixon	I&NT	M	50	21
174	157		244		44.46	David Mower	WVAC	M	65	1
175	158		243		44.49	Adam Clarke	SEP	M	20	58
176	159		242		44.51	Dan Selfe	SS	M	40	28
177	160		241		44.55	Simon Tinkler	FF	M	40	29
178		18		183	44.56	Tracy Prewer	LRR	F	55	2
179	161		240		44.57	Ray Reeves	WSW	M	50	22
180	162		239		44.57	Rob Hall	BBD	M	55	11
181	163		238		44.58	Sean O'Loughlin	BBD	M	50	23
182	164		237		44.59	Patrick Day	BBD	M	20	59
183		19		182	45.01	Collette Green	FRR	F	35	4
184	165		236		45.03	Andy Coleman	SS	M	20	60
185	166		235		45.05	Steve Gibbs	WVAC	M	50	24
186		20		181	45.25	Olivia Carter	N&S	F	20	6
187	167		234		45.32	Tim Cherrett	FF	M	55	12
188		21		180	45.33	Gemma Irvine	I&NT	F	35	5
189		22		179	45.34	Mary Narey	SS	F	50	1
190	168		233		45.35	Mark Godbold	IH	M	50	25
191		23		178	45.36	Sarah Fitch	FRR	F	45	5
192	169		232		45.37	Guy Hayward	FF	M	45	29
193	170		231		45.39	Daren Coulter	WVAC	M	45	30
194	171		230		45.44	Ian Kennedy	FF	M	55	13
195	172		229		46.04	Robin Jones	WVAC	M	60	3
196	173		228		46.07	Paul Collins	I&NT	M	60	4
197	174		227		46.10	Benjamin Jacobs	FRR	M	40	30
198		24		177	46.11	Gill Leathers	SEP	F	50	2
199	175		226		46.13	Philip Beer	SS	M	50	26
200		25		176	46.15	Susannah Close	WVAC	F	35	6
201	176		225		46.16	Mike Haslam	I&NT	M	50	27
202	177		224		46.16	Tom Spalding	LRR	M	20	61
203	178		223		46.20	Brian Munns	N&S	M	55	14
204		26		175	46.20	Sarah Lewis	SSX	F	35	7
205	179		222		46.30	Jonny Rankin	SEP	M	20	62
206		27		174	46.31	Sarah Norman	WVAC	F	40	4
207	180		221		46.34	Bill Kingaby	WVAC	M	65	2
208		28		173	46.38	Ruth Kieran	SEP	F	40	5
209	181		220		46.40	Andrew Webber	SS	M	55	15
210	182		219		46.41	Harrison Page	LRR	M	20	63
211	183		218		46.42	Wayne Mumford	N&S	M	50	28
212	184		217		46.43	Mark Hughes	SS	M	50	29
213		29		172	46.51	Laura Bourne	SEP	F	45	6
214	185		216		46.52	Graham Wigley	FF	M	60	5
215	186		215		46.54	Stewart Hambling	FF	M	50	30
216	187		214		46.55	Mike Bretton	WVAC	M	55	16
217	188		213		47.04	Rob Morgan	SEP	M	55	17
218	189		212		47.05	Malcolm Huggins	WVAC	M	50	31

219		30	171	47.09	Hayley Coates	SEP	F	20	7
220	190		211	47.10	Jim Willcox	FRR	M	40	31
221		31	170	47.11	Stephanie Pimlott	WVAC	F	35	8
222	191		210	47.12	Wayne Gardiner	SS	M	20	64
223	192		209	47.13	Matthew Webber	BBH	M	45	31
224	193		208	47.13	Paul Wilby	RR	M	40	32
225		32	169	47.15	Vicki Grice	LRR	F	35	9
226	194		207	47.19	Shaun Kemp	SS	M	20	65
227	195		206	47.22	Liam Brown	BBH	M	40	33
228	196		205	47.23	Damian Ashcroft	BBD	M	50	32
229	197		204	47.25	Michael Spence	WVAC	M	20	66
230	198		203	47.26	Ian Hawkes	WVAC	M	55	18
231	199		202	47.30	Rupert Robinson	I&NT	M	20	67
232	200		201	47.34	Neil Williamson	N&S	M	40	34
233		33	168	47.40	Sarah Parker	FRR	F	45	7
234		34	167	47.45	Laura Leggett	BBH	F	20	8
235		35	166	47.48	Lindsay Black	BBH	F	35	10
236	201		200	47.50	Mike White	BBH	M	20	68
237		36	165	47.51	Erika Downs	FRR	F	35	11
238	202		199	47.53	Stephen Hatten	SEP	M	50	33
239	203		198	47.58	Ian Marshall	LRR	M	50	34
240	204		197	47.59	David Dinnage	FF	M	20	69
241	205		196	48.04	Ben Solway	SSX	M	50	35
242	206		195	48.08	Tom Hoblyn	SEP	M	55	19
243		37	164	48.12	Jan Murton	WSW	F	55	3
244	207		194	48.14	Stuart Mason	FRR	M	55	20
245	208		193	48.15	N Esser	BT	M	45	32
246	209		192	48.23	Roly Shaw	BT	M	60	6
247		38	163	48.24	Ruth Eberhardt	N&S	F	45	8
248	210		191	48.28	Jake Church	SSX	M	20	70
249	211		190	48.30	Simon Feakes	DAC	M	20	71
250		39	162	48.31	Helen Moore	SS	F	40	6
251	212		189	48.32	Lee Goddard	SS	M	45	33
252	213		188	48.33	Jim Hemsley	I&NT	M	55	21
253	214		187	48.33	Mark Allen	SSX	M	60	7
254	215		186	48.39	David Seymour	FRR	M	55	22
255		40	161	48.40	Jackie Hann	N&S	F	50	3
256		41	160	48.42	Chloe Godbold	IH	F	20	9
257	216		185	48.47	Ian Chillely	LRR	M	50	36
258		42	159	48.53	Di Farrell Thomas	I&NT	F	20	10
259	217		184	48.53	Mike Berry	SEP	M	45	34
260	218		183	48.54	Daryl McKeown	WVAC	M	20	72
261	219		182	48.57	Peter Johnson	SEP	M	60	8
262	220		181	49.00	Alan Shand	N&S	M	60	9
263		43	158	49.02	Jo Stephenson	SS	F	50	4
264		44	157	49.05	Daniella Liffen	WVAC	F	20	11
265		45	156	49.07	Jenny Morgan	SEP	F	60	1
266		46	155	49.09	Jo Lockhart	BBD	F	45	9
267		47	154	49.10	Carolyn Graves	SSX	F	20	12
268		48	153	49.11	Emily Roden	I&NT	F	20	13
269		49	152	49.12	Karen Martin	HRC	F	35	12
270	221		180	49.12	Charles Shoolbred	SS	M	65	3
271	222		179	49.14	Jeremy Reader	N&S	M	40	35
272	223		178	49.15	Karl Brady	WVAC	M	50	37
273		50	151	49.17	Harriet Lyman	WVAC	F	17	2
274	224		177	49.18	Philip Ayers	LRR	M	50	38

275	225		176	49.19	Andrew James	WSW	M	60	10	
276	226		175	49.20	Peter Jay	SEP	M	55	23	
277	227		174	49.23	Nigel Lyman	WVAC	M	50	39	
278	228		173	49.27	Shaun Kay	LRR	M	40	36	
279	229		172	49.33	Ali Moseley	SS	M	50	40	
280	230		171	49.35	Dave Vaughan	SEP	M	60	11	
281	231		170	49.56	Sonny Neeve	WVAC	M	20	73	
282	232		169	49.57	Mark Ovens	LRR	M	45	35	
283		51		150	50.00	Vanessa May	LRR	F	35	13
284		52		149	50.13	Becky Lawler	LRR	F	20	14
285	233		168	50.17	Gary Howe	BBH	M	60	12	
286		53		148	50.17	Sarah Boneham	N&S	F	45	10
287	234		167	50.22	Keith Harris	WVAC	M	50	41	
288	235		166	50.23	Cliff Manning	N&S	M	55	24	
289		54		147	50.25	Jo Harris	CC	F	35	14
290		55		146	50.32	Kerry Saunders	WVAC	F	40	7
291	236		165	50.34	Peter Woods	FRR	M	20	74	
292	237		164	50.35	Robert Reason	SS	M	50	42	
293		56		145	50.41	Lisa Riley	LRR	F	50	5
294		57		144	50.52	Emma Studd	I&NT	F	20	15
295	238		163	50.53	T Moore	BT	M	20	75	
296	239		162	50.56	Paul Maycock	CC	M	60	13	
297	240		161	50.58	Jonathan Kenny	FRR	M	45	36	
298	241		160	50.59	Bruce Rayner	BBD	M	55	25	
299		58		143	51.02	Linda Aldred	FF	F	45	11
300		59		142	51.04	Sandra Bumphrey	CC	F	45	12
301		60		141	51.07	Scarlett Angove	SS	F	17	3
302	242		159	51.11	David Brewster	SS	M	45	37	
303	243		158	51.13	Rob Mawson	FF	M	60	14	
304	244		157	51.16	Simon Green	I&NT	M	60	15	
305	245		156	51.19	Mark Elflett	LRR	M	55	26	
306	246		155	51.22	Graham Dixon	HRC	M	40	37	
307	247		154	51.23	Simon Laughlin	RR	M	50	43	
308	248		153	51.27	Ross Bourne	SEP	M	50	44	
309		61		140	51.30	Danielle Jones	N&S	F	20	16
310	249		152	51.30	Giles Macrow	N&S	M	50	45	
311	250		151	51.36	David Taylor	FF	M	65	4	
312	251		150	51.43	Chris Starmer	SS	M	55	27	
313	252		149	51.47	Barry Rogers	BBD	M	45	38	
314	253		148	51.53	Lewis Levingbird	DAC	M	40	38	
315	254		147	51.53	Stuart Dewell	LRR	M	55	28	
316	255		146	52.04	Andrew Metcalfe	FRR	M	45	39	
317	256		145	52.13	Delme Cox	FF	M	20	76	
318	257		144	52.22	Keelan Smith	SSX	M	20	77	
319		62		139	52.23	Bethany Rogers	BBD	F	20	17
320		63		138	52.26	Lin Bolton	RR	F	50	6
321	258		143	52.28	John Skelly	WVAC	M	50	46	
322	259		142	52.30	Frank Moggan	SS	M	65	5	
323		64		137	52.37	Stacey Amies	BBH	F	35	15
324		65		136	52.41	Kate Heeks	SS	F	17	4
325		66		135	52.44	Diane Parton	CC	F	50	7
326		67		134	52.49	Deirdre Owen	SS	F	50	8
327		68		133	52.52	Victoria Simmonds	SS	F	20	18
328	260		141	52.53	Dave Catchpole	WVAC	M	20	78	
329	261		140	52.56	Tim Drain	SS	M	20	79	
330		69		132	53.07	Sharon Brandon	SEP	F	50	9

331		70		131	53.09	Flo Ashdown	LRR	F	20	19
332	262			139	53.10	Chris Howland	FRR	M	55	29
333	263			138	53.14	Paul Heeks	SS	M	50	47
334		71		130	53.15	Sarah Davies	FF	F	55	4
335	264			137	53.16	Richard Ling	RR	M	20	80
336		72		129	53.17	Sharon Warland	SS	F	50	10
337		73		128	53.18	Sue Turley	HRC	F	55	5
338	265			136	53.19	John McKee	FF	M	20	81
339		74		127	53.25	Bev Whyte	BT	F	40	8
340	266			135	53.36	Dave Brown	BT	M	20	82
341		75		126	53.40	Suzy Knights	BT	F	35	16
342		76		125	53.52	Nikki Roper	FF	F	45	13
343		77		124	53.57	Karen Skene	CC	F	50	11
344	267			134	53.58	Steve Kirk	FF	M	40	39
345		78		123	54.01	Thakeri Marston	BT	F	20	20
346		79		122	54.05	Joanne Harper	FRR	F	35	17
347		80		121	54.08	Marie Ayers	LRR	F	45	14
348		81		120	54.10	Kate Stannett	I&NT	F	55	6
349		82		119	54.10	Ruth Cowlin	N&S	F	50	12
350		83		118	54.11	Caroline Peek	LRR	F	45	15
351		84		117	54.16	Sirkka Love	HRC	F	60	2
352	268			133	54.18	Ian Storey	I&NT	M	55	30
353	269			132	54.18	Kevin Copeman-Lamoureux	BBH	M	55	31
354	270			131	54.19	Simon Skinner	BBH	M	45	40
355		85		116	54.19	Laura Button	BBH	F	35	18
356	271			130	54.20	Mark Sargeantson	FF	M	65	6
357		86		115	54.24	Lorna Maycock	CC	F	20	21
358		87		114	54.25	Bex Gilbert	FRR	F	35	19
359	272			129	54.28	Patrick Wilford	SSX	M	20	83
360		88		113	54.34	Doris Willmott	FF	F	35	20
361	273			128	54.36	Baz Colley	N&S	M	50	48
362		89		112	54.37	Cheryl Goymer	WVAC	F	55	7
363	274			127	54.37	Richard Fellingham	SS	M	70	1
364		90		111	54.38	Amanda Smith	LRR	F	40	9
365		91		110	54.39	Ange Wilby	RR	F	35	21
366		92		109	54.30	Marion Walker	FF	F	60	3
367	275			126	54.41	Sean Day	BBD	M	45	41
368		93		108	54.49	Julie Rickards	BBD	F	45	16
369		94		107	54.53	Cathy Russell	N&S	F	50	13
370		95		106	54.54	Louise Harrod	WVAC	F	50	14
371	276			125	55.04	Jim Withers	N&S	M	60	16
372		96		105	55.14	Sally Smith	RR	F	45	17
373	277			124	55.14	Malcolm Osbourn	N&S	M	70	2
374	278			123	55.24	Simon Davies	FF	M	55	32
375		97		104	55.30	Louise Goddard	SS	F	40	10
376	279			122	55.34	Jonathan Price	N&S	M	65	7
377		98		103	55.35	Linda Woodard	FRR	F	50	15
378		99		102	55.36	Christina Howland	FRR	F	50	16
379		100		101	55.37	Michelle Hewitt	BBH	F	35	22
380		101		100	55.40	Sil Clay	HRC	F	50	17
381	280			121	55.41	Tristan Morgan	FF	M	20	84
382		102		99	55.43	Vicki Wood	WVAC	F	45	18
383		103		98	55.45	Rosemary Plant	WVAC	F	35	23
384	281			120	55.51	Stuart Smith	WVAC	M	60	17
385		104		97	55.59	Lisa Squirrel	SSX	F	40	11
386		105		96	56.06	Trudy Timms	FF	F	45	19

387		106		95	56.19	Clare Bailie	SS	F	40	12
388	282		119		56.21	Adrian Cole	SS	M	55	33
389		107		94	56.31	Cathy Beard	N&S	F	60	4
390	283		118		56.33	Wasim Huda	WSW	M	45	42
391		108		93	56.39	Mandy Godbold	IH	F	50	18
392		109		92	56.48	Lynn Whittingstall	FF	F	40	13
393		110		91	56.50	Lucy Hollis	SSX	F	20	22
394		111		90	56.52	Christine Muttitt	BBD	F	65	1
395		112		89	56.53	Lin Hunt	BBD	F	60	5
396	284		117		57.00	Robert Barker	FRR	M	55	34
397		113		88	57.02	Caroline Knight	DAC	F	40	14
398	285		116		57.09	Adrian Green	FF	M	40	40
399		114		87	57.12	Steph Callen	DAC	F	20	23
400		115		86	57.21	Steph Strowger	LRR	F	20	24
401		116		85	57.24	Charlotte Hawes	SS	F	55	8
402	286		115		57.25	David Field	SS	M	55	35
403	287		114		57.32	Tony Fuller	IH	M	60	18
404		117		84	57.36	Sam Plane	WVAC	F	40	15
405		118		83	57.41	Marion Hedley Lewis	SSX	F	60	6
406		119		82	57.42	Kate Holtzer	WVAC	F	20	25
407		120		81	57.56	Michelle Sayer	BT	F	45	20
408	288		113		57.59	Daniel Sayer	BT	M	45	43
409	289		112		58.10	William Burdett	SS	M	55	36
410	290		111		58.14	Stephen Harvey	BBH	M	60	19
411		121		80	58.16	Alison Cooper	WVAC	F	60	7
412	291		110		58.19	C Mills	BT	M	55	37
413		122		79	58.29	Svitlana Zinchenko	N&S	F	35	24
414		123		78	58.30	Annabel Bennett	FRR	F	50	19
415	292		109		58.33	Roger Wells	BT	M	70	3
416		124		77	58.34	Maria Reed	HRC	F	55	9
417		125		76	58.38	Jan Holmes	N&S	F	55	10
418		126		75	58.40	Sianie Painter	N&S	F	50	20
419	293		108		58.44	Gary Hutchings	FF	M	55	38
420		127		74	58.58	Sarah Edwards	FF	F	50	21
421		128		73	59.01	Vivienne Taylor	FF	F	65	2
422		129		72	59.03	Kathryn Gerry	SSX	F	45	21
423		130		71	59.09	Bella Lewendon	FRR	F	55	11
424	294		107		59.14	Peter Russell	FF	M	65	8
425		131		70	59.18	Claire Maskery	SS	F	35	25
426	295		106		59.18	Chris Aylmer	N&S	M	65	9
427		132		69	59.19	Grainne Purvis	WVAC	F	45	22
428		133		68	59.21	Sandra Mayhew	SS	F	50	22
429		134		67	59.22	Kate Smith	BBD	F	45	23
430		135		66	59.23	Sam MacEarhern	RR	F	40	16
431		136		65	59.33	Samantha Steadman-Jones	BBD	F	50	23
432	296		105		59.42	Dan Everitt	HRC	M	40	41
433		137		64	59.47	Jo Brooke	FRR	F	45	24
434		138		63	59.52	Jenna Killett	WVAC	F	35	26
435		139		62	60.08	Sue Sinden	BBH	F	40	17
436	297		104		60.16	Andy Hayward	SS	M	20	85
437		140		61	60.18	Lore Lambein	WVAC	F	20	26
438	298		103		60.27	Rod MacGregor	FRR	M	55	39
439		141		60	60.28	Lisa Jennings	N&S	F	45	25
440		142		59	60.32	Kate Brackenbury	SSX	F	40	18
441		143		58	61.01	Jayne Capps Jenner	BBD	F	60	8
442		144		57	61.15	Louise Batchelor	WVAC	F	35	27

443	299	102		61.25	James Gooch	WVAC	M	40	42
444		145	56	61.28	Lisa Cone	WVAC	F	40	19
445		146	55	61.35	Becky Kingsland	DAC	F	20	27
446	300		101	61.36	Alan Varle	WVAC	M	70	4
447		147	54	61.37	Emma Harrison	SSX	F	20	28
448		148	53	61.48	Eva Turner	RR	F	20	29
449		149	52	61.49	Jo Browne	LRR	F	45	26
450	301		100	61.55	Greg Stowe	SS	M	40	43
451	302		99	62.05	Alan Thornhill	N&S	M	70	5
452		150	51	62.09	Kylie Comyn	WVAC	F	35	28
453		151	50	62.10	Charlene Calladine	DAC	F	20	30
454		152	49	62.13	Christine Ashe	BBD	F	55	12
455		153	48	62.20	Anne Harvey	I&NT	F	50	24
456		154	47	62.22	Angela Whiting	SS	F	55	13
457		155	46	62.34	Claire Self	RR	F	40	20
458		156	45	62.35	Karen Crosby	RR	F	35	29
459	303		98	62.38	Bryn Stuppell	HRC	M	45	44
460		157	44	62.42	Diane Doyle	FF	F	40	21
461		158	43	62.54	Caroline Clamp	WVAC	F	45	27
462		159	42	63.00	Tina Church	SSX	F	45	28
463		160	41	63.02	Jo Self	WVAC	F	40	22
464	304		97	63.15	Bill Banner	HRC	M	50	49
465	305		96	63.33	Peter Bolton	RR	M	55	40
466	306		95	64.18	Joaquim Monteiro	HRC	M	65	10
467		161	40	64.29	Jane Moon	FRR	F	55	14
468		162	39	64.36	Donna Milner	WVAC	F	35	30
469		163	38	65.06	Jenni Skelly	WVAC	F	50	25
470		164	37	65.33	Jacqueline Hewitt	HRC	F	55	15
471		165	36	65.47	Hannah Waters	BBD	F	20	31
472		166	35	65.48	Karen Waters	BBD	F	45	29
473		167	34	66.01	Carita Farthing	FRR	F	35	31
474	307		94	66.06	Charlie Stannett	I&NT	M	60	20
475	308		93	66.08	Steve Roberts	N&S	M	20	86
476		168	33	66.34	Hayley Wilson	HRC	F	20	32
477		169	32	66.37	Donna Mills	BT	F	50	26
478		170	31	66.46	Judy Potter	BBH	F	70	1
479		171	30	66.56	Annette Huggins	FF	F	65	3
480		172	29	67.01	Jenny Caulifield	WVAC	F	35	32
481		173	28	68.05	Juliette Head	BBH	F	45	30
482		174	27	68.07	Annette Copeman-Lamoureux	BBH	F	45	31
483	309		92	68.54	Graham Sampson	BBD	M	70	6
484		175	26	69.17	Angela Soames	FRR	F	40	23
485		176	25	70.27	Sarah Hollingham	I&NT	F	45	32
486	310		91	72.23	Vic Stephens	SSX	M	70	7
487		177	24	72.30	Suzanne Porter	LRR	F	45	33
488		178	23	72.31	Louise McCurdy	LRR	F	50	27
489		179	22	72.44	Jane Eaglan	WVAC	F	40	24
490		180	21	73.07	Sarh Shiplee	BBH	F	50	28
491		181	20	73.34	Jenny Osbourn	N&S	F	70	2