

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2018/19

BURY SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL		
	M	F	M	F				CAT	POS	
1	1		400		28.17	Andrew Rooke	FF	M	20	1
2	2		399		28.26	Daniel Oboyle	SEP	M	20	2
3	3		398		28.59	Dominic Oliver	WVAC	M	20	3
4	4		397		29.12	Neil Pollard	N&S	M	40	1
5	5		396		29.21	Dean Bain	WVAC	M	20	4
6	6		395		29.34	Andrew Southwood	SEP	M	40	2
7	7		394		29.39	Joshua Hulse	IH	M	17	1
8	8		393		29.48	Jim Last	FF	M	40	3
9	9		392		29.51	Adam Howlett	FF	M	45	1
10	10		391		29.56	Andrew Hennessy	I&NT	M	40	4
11	11		390		30.25	John Beardsworth	I&NT	M	20	5
12	12		389		30.27	Joe Robson	SEP	M	17	2
13	13		388		30.30	Scott Williams	SS	M	20	6
14	14		387		30.33	Carl Prewer	LRR	M	45	2
15	15		386		30.45	Alex Tripp	IH	M	17	3
16		1		200	30.56	Daisy Glover	FF	F	20	1
17	16		385		30.57	Andrew Bell	HRC	M	40	5
18	17		384		31.07	Kieron Hayles	N&S	M	20	7
19	18		383		31.23	Sam Sadler	N&S	M	20	8
20	19		382		31.26	Scott Manning	FF	M	20	9
21	20		381		31.29	Graham Jenkey	BBD	M	20	10
22	21		380		31.34	Simon Cook	LRR	M	20	11
23	22		379		31.38	Chris Cooke	SEP	M	55	1
24		2		199	31.44	Jo Andrews	BBD	F	45	1
25	23		378		31.58	Gary Taylor	FRR	M	20	12
26	24		377		32.00	John Jervis	LRR	M	20	13
27	25		376		32.02	Tom Galley	LRR	M	20	14
28	26		375		32.06	Dave Solomon	FRR	M	50	1
29	27		374		32.08	Alex Harrison	SS	M	20	15
30	28		373		32.22	Darren Sheppard	FF	M	45	3
31	29		372		32.25	Mark Hayden	FF	M	45	4
32	30		371		32.35	Chris Mower	SEP	M	40	6
33	31		370		32.39	Simon Smith	TAC	M	40	7
34	32		369		32.54	Piotr Bulacz	N&S	M	45	5
35	33		368		32.55	Dylan Neeve	WVAC	M	40	8
36	34		367		33.00	Chris Pimlott	WVAC	M	40	9
37	35		366		33.06	Tim Larke	SS	M	45	6
38	36		365		33.10	Benjamin Jacobs	FRR	M	40	10
39	37		364		33.13	Robert Cheverton	LRR	M	60	1
40	38		363		33.14	Steve Barber	WVAC	M	40	11
41	39		362		33.15	Stuart Buchan	SS	M	20	16
42	40		361		33.16	Kevin Peirce	IH	M	40	12
43	41		360		33.17	Mark Hayward	N&S	M	20	17
44	42		359		33.20	Lloyd Scriven	WVAC	M	45	7
45	43		358		33.21	Alaistar Augus	SEP	M	20	18
46		3		198	33.25	Jessie Gooderham	SEP	F	20	2
47	44		357		33.26	Leigh Butcher	LRR	M	20	19
48	45		356		33.33	Greg Davis	N&S	M	55	2
49	46		355		33.36	John Aldred	FF	M	20	20
50	47		354		33.39	Paul Murkin	HRC	M	45	8

51	48	353	33.47	Chris Howell	N&S	M	45	9	
52	49	352	33.47	Martin Farr	LRR	M	20	21	
53		4	197	33.50	Jemma Clarry	SEP	F	20	3
54	50	351	33.59	Howard Beasley	SEP	M	55	3	
55	51	350	34.05	Keith McCarthy	I&NT	M	45	10	
56	52	349	34.12	Robert Wright	I&NT	M	20	22	
57	53	348	34.14	Rob Mackenzie	FF	M	55	4	
58	54	347	34.15	Will Terry	SS	M	17	4	
59	55	346	34.17	Stuart Coe	WVAC	M	40	13	
60	56	345	34.18	Howard Revell	FF	M	55	5	
61	57	344	34.19	Robin Harper	FRR	M	40	14	
62	58	343	34.37	Chris Perry	SEP	M	40	15	
63	59	342	34.43	Morgan Moore	SS	M	17	5	
64	60	341	34.45	Ben Jeffery	WSAC	M	40	16	
65	61	340	34.53	Adrian Frost	SEP	M	45	11	
66	62	339	34.55	Anton Avis	SEP	M	17	6	
67	63	338	34.57	Nick Hammond	FF	M	45	12	
68	64	337	34.59	Justin Potter	SS	M	20	23	
69	65	336	35.05	Tom Jarrett	I&NT	M	40	17	
70	66	335	35.10	Ben Cuthbert	N&S	M	40	18	
71	67	334	35.14	Tom Alexander	SSX	M	40	19	
72	68	333	35.15	Steve Hughes	SS	M	55	6	
73	69	332	35.17	Charles Hann	N&S	M	50	2	
74		5	196	35.20	Alice Goodwin	IH	F	20	4
75	70	331	35.21	James Thompson	N&S	M	20	24	
76	71	330	35.26	Andy Buck	BBH	M	40	20	
77	72	329	35.29	James Cole	SS	M	20	25	
78		6	195	35.32	Odette Robson	SEP	F	45	2
79	73	328	35.37	Steve Hall	FF	M	45	13	
80		7	194	35.39	Zoe Chase	WVAC	F	40	1
81	74	327	35.40	Tom Hayden	FF	M	17	7	
82	75	326	35.42	Andy Buck	N&S	M	50	3	
83	76	325	35.44	Bradley Potts	FF	M	20	26	
84	77	324	35.45	Ian Milligan	SEP	M	45	14	
85	78	323	35.46	Jamie Rule	N&S	M	20	27	
86	79	322	35.47	Mark White	HRC	M	45	15	
87		8	193	35.48	Katie King	SEP	F	20	5
88	80	321	35.54	Ricky Peacher	FF	M	40	21	
89	81	320	35.57	Damian Elsdon	SEP	M	45	16	
90	82	319	36.02	Steve Curran	FF	M	55	7	
91	83	318	36.05	James Howlett	FF	M	45	17	
92	84	317	36.10	Dave Copland	I&NT	M	55	8	
93	85	316	36.11	Graham Coulter	FF	M	40	22	
94	86	315	36.12	Henry Hamilton	N&S	M	20	28	
95	87	314	36.14	Kerry Buckley	FRR	M	45	18	
96	88	313	36.17	Ben Dean	DAC	M	20	29	
97		9	192	36.18	Cath Jeffery	SEP	F	40	2
98	89	312	36.19	Nathan Laud	IH	M	40	23	
99	90	311	36.25	Andrew Harvey	BBH	M	20	30	
100	91	310	36.30	Owen Gledhill	WSW	M	20	31	
101	92	309	36.32	Jon Brooker	N&S	M	50	4	
102	93	308	36.40	Andy Talor	WSAC	M	40	24	
103		10	191	36.45	Sandy Thorogood	N&S	F	50	1
104	94	307	36.46	Jamie Randall	HRC	M	50	5	
105		11	190	36.49	Lynn Emmett	BBH	F	50	2
106	95	306	36.58	Marc Drury	N&S	M	45	19	

107	96	305	37.02	Oliver Bingham	SS	M	17	8	
108	97	304	37.03	Antony Croucher	WVAC	M	20	32	
109	98	303	37.11	Bryan Rootes	HRC	M	50	6	
110	99	302	37.12	Chris Chorley	BBD	M	55	9	
111		12	189	37.19	Sabine Schaefer	TAC	F	40	3
112	100	301	37.25	Andy Eccles	SEP	M	45	20	
113	101	300	37.26	Gary Marshall	WSAC	M	40	25	
114	102	299	37.27	Darren Sharman	WSW	M	40	26	
115		13	188	37.30	Louise Burnasconi	LRR	F	40	4
116	103	298	37.30	Matthew Webber	BBH	M	45	21	
117	104	297	37.31	Alex Chalmers-Wilkes	WVAC	M	20	33	
118		14	187	37.43	Helen Aldous	DAC	F	20	6
119		15	186	37.46	Katie Oldman	LRR	F	40	5
120		16	185	37.59	Emilie Wix	SSX	F	35	1
121	105	296	37.59	Richard Higgins	FF	M	50	7	
122	106	295	38.00	Neville Clarke	N&S	M	65	1	
123	107	294	38.03	Karle Howard	LRR	M	45	22	
124	108	293	38.05	Gary Malliband	TAC	M	45	23	
125	109	292	38.08	Roger Ackerley	SSX	M	60	2	
126	110	291	38.13	Andrew Callen	DAC	M	20	34	
127		17	184	38.15	Gill Leathers	SEP	F	50	3
128	111	290	38.23	Rob Reid	WVAC	M	45	24	
129		18	183	38.25	Jessica Hall	WVAC	F	20	7
130		19	182	38.27	Isabella Soro	N&S	F	20	8
131		20	181	38.28	Sarah Norman	WVAC	F	40	6
132	112	289	38.32	Guy Hayward	FF	M	45	25	
133	113	288	38.36	Mark Rose	SS	M	40	27	
134		21	180	38.37	Ruth Kieran	SEP	F	40	7
135	114	287	38.38	Antony Green	HRC	M	20	35	
136	115	286	38.40	Reuben Smith	I&NT	M	20	36	
137		22	179	38.42	Emma Newman	N&S	F	20	9
138		23	178	38.44	Maddie Hamilton	IH	F	17	1
139	116	285	38.50	Steve Whittaker	SSX	M	50	8	
140	117	284	38.51	Kyle Church	SSX	M	17	9	
141		24	177	38.54	Vicki Grice	LRR	F	35	2
142	118	283	38.54	Dan Selfe	SS	M	40	28	
143		25	176	38.59	Charlotte Smith	TAC	F	40	8
144	119	282	39.22	Andrew Webber	SS	M	55	10	
145		26	175	39.26	Tracy Prewer	LRR	F	55	1
146	120	281	39.27	Patrick Day	BBD	M	20	37	
147	121	280	39.32	Liam Brown	BBH	M	40	29	
148	122	279	39.33	Steve Dunnett	FF	M	60	3	
149	123	278	39.37	Rob Hall	BBD	M	55	11	
150		27	174	39.46	Emma Studd	I&NT	F	20	10
151	124	277	39.48	Adam Clarke	SEP	M	20	38	
152	125	276	39.49	Daren Coulter	WVAC	M	45	26	
153	126	275	39.51	Tim Cherrett	FF	M	55	12	
154	127	274	39.54	Mike Bretton	WVAC	M	55	13	
155	128	273	39.56	David Mower	WVAC	M	65	2	
156	129	272	40.02	Ian Hawkes	WVAC	M	55	14	
157	130	271	40.04	Andrew James	WSW	M	60	4	
158	131	270	40.07	Peter Warland	SS	M	50	9	
159	132	269	40.10	Ian Marshall	LRR	M	50	10	
160		28	173	40.15	Rosie Denny	SSX	F	35	3
161	133	268	40.21	Philip Beer	SS	M	50	11	
162	134	267	40.22	Robin Jones	WVAC	M	60	5	

163	135	266	40.23	Paul Schwer	FRR	M	55	15	
164	136	265	40.24	Mark Hughes	SS	M	50	12	
165	137	264	40.29	Bill Kingaby	WVAC	M	65	3	
166	138	263	40.42	Chris Starmer	SS	M	55	16	
167	139	262	40.45	Wayne Mumford	N&S	M	50	13	
168	140	261	40.47	Dave Casey	I&NT	M	50	14	
169		29	172	40.55	Sarah Fitch	FRR	F	45	3
170	141	260	40.59	Ian Robinson	FF	M	20	39	
171	142	259	41.07	Shaun Kemp	SS	M	20	40	
172	143	258	41.13	Daryl Moran	N&S	M	20	41	
173		30	171	41.18	Di Farrell Thomas	I&NT	F	20	11
174	144	257	41.20	Graham Wigley	FF	M	60	6	
175	145	256	41.22	Robert Reason	SS	M	50	15	
176	146	255	41.22	Stuart Lawn	BBH	M	20	42	
177	147	254	41.26	Clive Purbrook	N&S	M	60	7	
178	148	253	41.28	Malcolm MacFarlane	WSW	M	50	16	
179	149	252	41.37	Anthony Sinden	BBH	M	40	30	
180	150	251	41.39	Damian Ashcroft	BBD	M	50	17	
181		31	170	41.45	Dianne Hughes	SS	F	55	2
182	151	250	41.50	Jake Church	SSX	M	20	43	
183	152	249	42.04	Malcolm Huggins	WVAC	M	50	18	
184	153	248	42.06	Matthew Rawlings	SEP	M	40	31	
185		32	169	42.07	Helen Barber	FF	F	35	4
186	154	247	42.11	Mike Berry	SEP	M	45	27	
187	155	246	42.26	Chris Ridgeon	WSW	M	65	4	
188		33	168	42.29	Chloe Godbold	IH	F	20	12
189		34	167	42.37	Jackie Hann	N&S	F	50	4
190	156	245	42.52	David Seymour	FRR	M	55	17	
191	157	244	42.53	Cliff Manning	N&S	M	55	18	
192	158	243	42.55	Mark Allen	SSX	M	60	8	
193	159	242	42.57	Patrick Wilford	SSX	M	20	44	
194		35	166	43.10	Holly Burrows	FF	F	20	13
195		36	165	43.11	Emma Harwood	FF	F	45	4
196		37	164	43.12	Ruth Eberhardt	N&S	F	45	5
197		38	163	43.13	Hannah Parsons	N&S	F	40	9
198	160	241	43.23	Frank Moggan	SS	M	65	5	
199	161	240	43.27	Paul Heeks	SS	M	50	19	
200	162	239	73.33	Jeremy Reader	N&S	M	40	32	
201	163	238	43.34	Chris Fox	SSX	M	50	20	
202		39	162	43.39	Alison Blackwell	SEP	F	45	6
203	164	237	43.43	Paul Sawyer	WSW	M	55	19	
204	165	236	43.45	Bruce Rayner	BBD	M	55	20	
205	166	235	43.49	Mark Elflett	LRR	M	55	21	
206		40	161	43.49	Joanne Harper	FRR	F	35	5
207		41	160	43.50	Sandra Mayhew	SS	F	50	5
208	167	234	43.51	Lauri Love	HRC	M	40	33	
209	168	233	44.05	Andrew Metcalfe	FRR	M	45	28	
210	169	232	44.10	Tony Millett	WVAC	M	65	6	
211		42	159	44.16	Rachel Terry	SS	F	45	7
212		43	158	44.19	Sharon Warland	SS	F	50	6
213	170	231	44.23	Karl Brady	WVAC	M	50	21	
214	171	230	44.29	Mark Godbold	IH	M	50	22	
215		44	157	44.30	Sharon Brandon	SEP	F	50	7
216		45	156	44.33	Michelle Seymour	HRC	F	35	6
217	172	229	44.39	Simon Laughlin	RR	M	50	23	
218	173	228	44.43	Michael Spence	WVAC	M	20	45	

219	174	227	44.45	Jonathan Kenny	FRR	M	45	29
220	175	226	44.57	Kevin Copeman-Lamour	BBH	M	55	22
221	176	225	45.00	Simon Green	I&NT	M	60	9
222	177	224	45.03	Nick Allen	SEP	M	20	46
223	178	223	45.10	Ross Bourne	SEP	M	50	24
224	179	222	45.16	John Brooks	WSW	M	45	30
225	180	221	45.18	Mark Sargeantson	FF	M	65	7
226	181	220	45.24	Keelan Smith	SSX	M	20	47
227	46	155	45.31	Lin Bolton	RR	F	50	8
228	182	219	45.32	Hung Lai	LRR	M	45	31
229	47	154	45.37	Sue Turley	HRC	F	55	3
230	48	153	45.37	Michelle Hewitt	FF	F	20	14
231	49	152	45.43	Bobbie Sauerzapf	BBD	F	55	4
232	183	218	45.48	David Taylor	FF	M	65	8
233	50	151	45.54	Suzy Knights	BT	F	35	7
234	51	150	46.01	Marion Walker	FF	F	60	1
235	184	217	46.15	Delme Cox	FF	M	20	48
236	185	216	46.22	David Leaver	WSW	M	65	9
237	186	215	46.31	Sean Day	BBD	M	45	32
238	52	149	46.39	Sarah Murkin	HRC	F	45	8
239	53	148	46.53	Eloise Bird	SEP	F	50	9
240	187	214	47.01	Jonathan Price	N&S	M	65	10
241	188	213	47.10	Malcolm Osbourn	N&S	M	70	1
242	54	147	47.13	Kate Smith	BBD	F	45	9
243	55	146	47.13	Ruth Cowlin	N&S	F	50	10
244	56	145	47.19	Jan Holmes	N&S	F	55	5
245	189	212	47.25	Robert Barker	FRR	M	55	23
246	57	144	47.32	Sirkka Love	HRC	F	60	2
247	190	211	47.37	Cliff Lear	TAC	M	50	25
248	58	143	47.41	Caroline Knight	DAC	F	40	10
249	59	142	47.42	Maria Rieraturro	FRR	F	20	15
250	60	141	47.49	Sil Clay	HRC	F	50	11
251	61	140	47.52	Kate Brackenbury	SSX	F	40	11
252	62	139	47.53	Christine Muttitt	BBD	F	65	1
253	191	210	48.00	Dan Everitt	HRC	M	40	34
254	63	138	48.10	Jill O'Grady	N&S	F	35	8
255	64	137	48.10	Marion Hedley Lewis	SSX	F	60	3
256	65	136	48.15	Mandy Godbold	IH	F	50	12
257	192	209	48.20	Wasim Huda	WSW	M	45	33
258	66	135	48.24	Lydia Kirk	FF	F	20	16
259	67	134	48.32	Rebecca Fordham	N&S	F	45	10
260	193	208	48.39	Charles Shoolbred	SS	M	65	11
261	68	133	48.39	Rosemary Plant	WVAC	F	35	9
262	194	207	48.50	Adrian Cole	SS	M	55	24
263	69	132	49.06	Vivienne Taylor	FF	F	65	2
264	195	206	49.10	Chris Aylmer	N&S	M	65	12
265	70	131	49.14	Anna Sharpin	I&NT	F	45	11
266	71	130	49.26	Steph Strowger	LRR	F	20	17
267	72	129	49.28	Cheryl Goymer	WVAC	F	55	6
268	73	128	49.45	Sam MacEarhern	RR	F	40	12
269	196	205	49.59	Bryn Stuppell	HRC	M	45	34
270	74	127	50.01	Cathy Beard	N&S	F	60	4
271	75	126	50.03	Svitlana Zinchenko	N&S	F	35	10
272	76	125	50.03	Sianie Painter	N&S	F	50	13
273	197	204	50.21	Kevin Kisby	BBH	M	20	49
274	77	124	50.24	Maria Reed	HRC	F	55	7

275	198	203	50.29	Tony Fuller	IH	M	60	10
276		78	123	Lore Lambein	WVAC	F	20	18
277		79	122	Alison Cooper	WVAC	F	60	5
278		80	121	Hilary Cook	IH	F	55	8
279		81	120	Jenny Lynch	FRR	F	50	14
280		82	119	Anna Mason	I&NT	F	45	12
281		83	118	Annabel Bennett	FRR	F	50	15
282		84	117	Steph Callen	DAC	F	20	19
283	199	202	51.09	Jim Withers	N&S	M	60	11
284		85	116	Sue Sinden	BBH	F	40	13
285		86	115	Hannah Waters	BBD	F	20	20
286	200	201	51.56	Richard Fellingham	SS	M	70	2
287		87	114	Michelle Hewitt	BBH	F	35	11
288		88	113	Caroline Clamp	WVAC	F	45	13
289		89	112	Anna Clark	BBH	F	45	14
290		90	111	Annette Copeman-Lamou	BBH	F	45	15
291		91	110	Kirsty Howe	WVAC	F	20	21
292		92	109	Ann Kirton	TAC	F	50	16
293		93	108	Kara Moore-Damant	SS	F	35	12
294	201	200	53.01	Pete Adams	RR	M	70	3
295		94	107	Sally Clark	FF	F	50	17
296	202	199	53.14	Stephen Harvey	BBH	M	60	12
297	203	198	53.31	Charlie Stannett	I&NT	M	60	13
298	204	197	53.34	Iain Hunter	SS	M	60	14
299		95	106	Tina Church	SSX	F	45	16
300		96	105	Kari Karolia	I&NT	F	45	17
301	205	196	53.53	Matt Makin	FRR	M	20	50
302		97	104	Jenny Caulifield	WVAC	F	35	13
303	206	195	54.17	Roger Wells	BT	M	70	4
304		98	103	Susannah Rosenberg	I&NT	F	55	9
305		99	102	Emma Harrison	SSX	F	20	22
306		100	101	Anneli Ostler	FRR	F	35	14
307	207	194	55.39	Justin Ostler	FRR	M	45	35
308		101	100	Louise Batchelor	WVAC	F	35	15
309	208	193	56.05	Peter Bolton	RR	M	55	25
310	209	192	56.08	David Doddington	WVAC	M	60	15
311		102	99	Elysha Sharman	WSW	F	45	18
312		103	98	Judy Potter	BBH	F	70	1
313	210	191	56.40	Dan Belcher-Hackett	SS	M	40	35
314		104	97	Karen Waters	BBD	F	45	19
315		105	96	Cheryl Eden	HRC	F	35	16
316		106	95	Suzi Dunning	SS	F	20	23
317	211	190	57.47	Robert Roche	I&NT	M	50	26
318		107	94	Jane Collins	SSX	F	65	3
319	212	189	59.37	Darryl Ainslie	LRR	M	40	36
320		108	93	Hayley Roche	I&NT	F	45	20
321		109	92	Simone Sutherland	FF	F	60	6
322		110	91	Angel Cherrett	FF	F	60	7
323		111	90	Jan Green	FF	F	70	2
324		112	89	Jenny Osbourn	N&S	F	70	3
325		113	88	Jean Cox	SSX	F	70	4
326	213	188	66.34	Vic Stephens	SSX	M	70	5