

Under 13 Girls 2008

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:12:13	6	Reid	Susannah	Brandeston High School	Under 13 Girl
2	00:12:24	36	Soanes	Megan	Waveney Valley A.C.	Under 13 Girl
3	00:12:26	18	McWhirter	Kitty	Ipswich High School	Under 13 Girl
4	00:12:37	16	Seller	Jasmine	Ipswich Harriers	Under 13 Girl
5	00:12:58	37	Carson	Samantha	West Suffolk AC	Under 13 Girl
6	00:13:12	14	Ramsey	Jade	Ipswich Harriers	Under 13 Girl
7	00:13:27	30	Laidlaw	Rebecca	St Edmund Pacers	Under 13 Girl
8	00:13:39	31	Maguire	Alice	St Edmund Pacers	Under 13 Girl
9	00:13:43	28	Gooerham	Jessica	St Edmund Pacers	Under 13 Girl
10	00:13:48	40	Hicks	Charlotte	St.Felix Middle School	Under 13 Girl
11	00:14:04	1	Coates	Natasha	Brandeston High School	Under 13 Girl
12	00:14:06	24	Jones	Charlotte	Newmarket Joggers	Under 13 Girl
13	00:14:11	38	James	Lauren	West Suffolk AC	Under 13 Girl
14	00:14:18	5	O'Leary	Rebecca	Brandeston High School	Under 13 Girl
15	00:14:20	22	Beeton	Chloe	Newmarket Joggers	Under 13 Girl
16	00:14:24	3	Ives	Tabitha	Brandeston High School	Under 13 Girl
17	00:14:29	13	Fagg	Leigh-Anne	Ipswich Harriers	Under 13 Girl
18	00:14:42	17	Simpson	Esme	Ipswich Harriers	Under 13 Girl
19	00:14:56	19	Barber	Rhiannon	Kingsfleet Primary School	Under 13 Girl
20	00:15:09	11	Girdlestone	Jasmine	Felixstowe Road Runners	Under 13 Girl
21	00:15:24	27	Gooderham	Emily	St Edmund Pacers	Under 13 Girl
22	00:17:04	8	Bond	Matilda	Felixstowe Road Runners	Under 13 Girl
23	00:17:29	21	Meikle	Ellen	Kingsfleet Primary School	Under 13 Girl
24	00:20:53	26	Jessup	Emma	Orwell Panthers A.C.	Under 13 Girl
		2	Green	Lydia	Brandeston High School	Under 13 Girl
		4	Jenkins	Victoria	Brandeston High School	Under 13 Girl
		7	Bailey	Laura	Felixstowe Road Runners	Under 13 Girl
		9	Barr	Katherine	Felixstowe Road Runners	Under 13 Girl
		10	Barr	Madeline	Felixstowe Road Runners	Under 13 Girl
		12	Penaluna	Kerry	Felixstowe Road Runners	Under 13 Girl
		15	Richardson	Lucy	Ipswich Harriers	Under 13 Girl
		20	Butcher	Letitia	Kingsfleet Primary School	Under 13 Girl
		23	Driver	Jodie	Newmarket Joggers	Under 13 Girl
		25	Shinedling	Rebecca	Newmarket Joggers	Under 13 Girl
		29	Grose	Elin	St Edmund Pacers	Under 13 Girl
		32	Atkins	Bethany	Waveney Valley A.C.	Under 13 Girl
		33	Farthing	Arriane	Waveney Valley A.C.	Under 13 Girl
		34	Foster	Lily	Waveney Valley A.C.	Under 13 Girl
		35	Smith	Rachel	Waveney Valley A.C.	Under 13 Girl
		39	Wade	Chelsea	West Suffolk AC	Under 13 Girl
			1st	Team	St Edmund Pacers	24pts
			2nd	Team	Brandeston High School	26pts
			3rd	Team	Ipswich Harriers	27pts

Under 13 Boys 2008

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:11:04	82	Eames	Tom	West Suffolk AC	Under 13 Boy
2	00:11:09	70	Bland	Jonnie	Orwell Park School	Under 13 Boy
3	00:11:27	65	Jones	Oliver	Ipswich Harriers	Under 13 Boy
4	00:11:31	57	McKie	Cameron	Diss AC	Under 13 Boy
5	00:11:34	66	Revell	Andrew	Ipswich Harriers	Under 13 Boy
6	00:11:38	71	ByrneHill	George	Orwell Park School	Under 13 Boy
7	00:11:44	75	Harrison	Sam	St Edmund Pacers	Under 13 Boy
8	00:11:47	67	Tennant	Ross	Ipswich Harriers	Under 13 Boy
9	00:11:50	81	Cripps	Adam	West Suffolk AC	Under 13 Boy

10	00:11:56	51	Finney	James	Brandeston High School	Under 13 Boy
11	00:12:05	83	Lundy	Ciaran	West Suffolk AC	Under 13 Boy
12	00:12:09	68	Bartrum	Michael	Newmarket Joggers	Under 13 Boy
13	00:12:20	76	McCarthy	Jake	St Edmund Pacers	Under 13 Boy
14	00:12:22	54	Scott	Jack	Brandeston High School	Under 13 Boy
15	00:12:44	138	Norman	Oliver	Ipswich Harriers	Under 13 Boy
16	00:12:53	74	Brophy	Liam	St Edmund Pacers	Under 13 Boy
17	00:13:02	72	Ronan	Patrick	Orwell Park School	Under 13 Boy
18	00:13:08	53	Owen	Will	Brandeston High School	Under 13 Boy
19	00:13:10	59	Parker	Benedict	Felixstowe Road Runners	Under 13 Boy
20	00:13:23	55	Thornton	Oliver	Brandeston High School	Under 13 Boy
21	00:13:32	73	Moore	Ben	Royal Hospital School	Under 13 Boy
22	00:13:37	69	Edgley	Joshua	Newmarket Joggers	Under 13 Boy
23	00:13:47	60	Smith	Robert	Felixstowe Road Runners	Under 13 Boy
24	00:13:49	78	McMorran	Kieran	Waveney Valley A.C.	Under 13 Boy
25	00:13:50	52	O'Neil	Charlie	Brandeston High School	Under 13 Boy
26	00:13:53	80	Anthony	Jack	West Suffolk AC	Under 13 Boy
27	00:14:38	77	Wigglesworth	Liam	St Edmund Pacers	Under 13 Boy
28	00:15:29	58	Lacey	Liam	Felixstowe Road Runners	Under 13 Boy
29	00:16:06	64	Pettitt	Jake	Kingsfleet Primary School	Under 13 Boy
30	00:16:39	61	McDonald	Thomas	Hardwick Middle School	Under 13 Boy
31	00:17:00	62	Macca	Christopher	Kingsfleet Primary School	Under 13 Boy
32	00:18:29	63	Mathewson	Joe	Kingsfleet Primary School	Under 13 Boy
		50	Cowley	Fergus	Brandeston High School	Under 13 Boy
		56	Warren	Matthew	Brandeston High School	Under 13 Boy
		79	Stratton	Jack	Waveney Valley A.C.	Under 13 Boy

1st Team	Ipswich Harriers	16pts
2nd Team	West Suffolk AC	21pts
3rd Team	Orwell Park School	25pts
4th Team	St Edmund Pacers	36pts
5th Team	Brandeston High School	42pts
6th Team	Felixstowe Road Runners	70pts
7th Team	Kingsfleet Primary School	92pts

Under 15 Girls

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:15:53	94	Christenson	Charlotte	Ipswich Harriers	Under 15 Girl
2	00:13:33	95	Galbraith	Mary	Ipswich Harriers	Under 15 Girl
3	00:16:41	115	Barker	Emily	West Suffolk AC	Under 15 Girl
4	00:17:00	116	Barnard	Kelly	West Suffolk AC	Under 15 Girl
5	00:17:04	98	Nicklin	Sophia	Ipswich Harriers	Under 15 Girl
6	00:17:21	99	Petterson	Hannah	Ipswich Harriers	Under 15 Girl
7	00:17:30	92	Ademokum	Rachel	Ipswich Harriers	Under 15 Girl
8	00:18:16	93	Burroughs	Emma	Ipswich Harriers	Under 15 Girl
9	00:18:39	96	Hamilton	Kirstin	Ipswich Harriers	Under 15 Girl
10	00:18:45	102	Driver	Sarah	Newmarket Joggers	Under 15 Girl
11	00:18:50	107	Rigby	Sherilyn	St Edmund Pacers	Under 15 Girl
12	00:18:54	109	Davies	Polly	Waveney Valley A.C.	Under 15 Girl
13	00:18:57	90	Farley	Hannah	Hadleigh Hares AC	Under 15 Girl
14	00:19:22	121	Fagg	Sian	Ipswich Harriers	Under 15 Girl
15	00:19:59	111	Fox	Bethany	Waveney Valley A.C.	Under 15 Girl
16	00:20:15	100	Revell	Laura	Ipswich Harriers	Under 15 Girl
17	00:20:28	91	Frost	Sarah	Holbrook High School	Under 15 Girl
18	00:24:11	110	Desborough	Tamsin	Waveney Valley A.C.	Under 15 Girl
		97	Hutchings	Megan	Ipswich Harriers	Under 15 Girl
		101	Thomas	Laura	Ipswich Harriers	Under 15 Girl
		103	Bibby	Sarah	Royal Hospital School	Under 15 Girl

104	Clipstone	Lauren	St Edmund Pacers	Under 15 Girl
105	Crabtree	Georgia	St Edmund Pacers	Under 15 Girl
106	Francis	Anthea	St Edmund Pacers	Under 15 Girl
108	Chipperfield	Chloe	Waveney Valley A.C.	Under 15 Girl
112	Robbins	Emily	Waveney Valley A.C.	Under 15 Girl
113	Anthony	Justine	West Suffolk AC	Under 15 Girl
114	Archer	Holly	West Suffolk AC	Under 15 Girl
117	Bibby	Sarah	West Suffolk AC	Under 15 Girl
118	Dent	Katie	West Suffolk AC	Under 15 Girl
119	Samuels	Kayleigh	West Suffolk AC	Under 15 Girl
120	Waters	Grace	West Suffolk AC	Under 15 Girl

1st	Team	Ipswich Harriers	8pts
2nd	Team	Waveney Valley A.C.	45pts

Under 15 Boys

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:13:02	141	Webb	Shaun	Ipswich Harriers	Under 15 Boy
2	00:13:34	151	Groiss	Ales	West Suffolk AC	Under 15 Boy
3	00:14:15	155	Thackery	Dominic	West Suffolk AC	Under 15 Boy
4	00:14:35	147	Burnett	Asa	Stowmarket High School	Under 15 Boy
5	00:14:44	135	Gavin	Jack	Ipswich Harriers	Under 15 Boy
6	00:14:55	140	Tanner	Andrew	Ipswich Harriers	Under 15 Boy
7	00:15:10	136	Magnall	Ben	Ipswich Harriers	Under 15 Boy
8	00:15:19	130	Ali	Jordan	Claydon High School	Under 15 Boy
9	00:15:30	131	Hinton-Smith	Rhys	Felixstowe Road Runners	Under 15 Boy
10	00:15:57	143	Powley	James	Ipswich Jaffa	Under 15 Boy
11	00:16:21	153	Hughes	Jake	West Suffolk AC	Under 15 Boy
12	00:17:46	133	Starling	Joshua	Hadleigh Hares AC	Under 15 Boy
13	00:21:37	145	Jessup	Kieron	Orwell Panthers A.C.	Under 15 Boy
14	00:21:59	144	Adams	Daniel	Orwell Panthers A.C.	Under 15 Boy
		132	Wade	Hayden	Felixstowe Road Runners	Under 15 Boy
		137	Nadin	Ben	Ipswich Harriers	Under 15 Boy
		139	Norris	Jim	Ipswich Harriers	Under 15 Boy
		142	Wilson	James	Ipswich Harriers	Under 15 Boy
		146	Goldsmith	Nicholas	Ipswich Harriers	Under 15 Boy
		148	Strached	Thomas	Waveney Valley A.C.	Under 15 Boy
		149	Bailey	Tom	West Suffolk AC	Under 15 Boy
		150	Dawson	Simon	West Suffolk AC	Under 15 Boy
		152	Haryluck	Justin	West Suffolk AC	Under 15 Boy
		154	Rutter	Callum	West Suffolk AC	Under 15 Boy

1st	Team	Ipswich Harriers	12pts
2nd	Team	West Suffolk AC	16pts

Under 20 Men

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:23:48	176	Billington	Greg	Newmarket Joggers	Under 20 Man
2	00:26:44	179	Fry	Edward	West Suffolk AC	Under 20 Man
3	00:27:09	171	Entwistle	Joshua	Ipswich Harriers	Under 20 Man
4	00:27:10	180	Mayes	Paul	West Suffolk AC	Under 20 Man
5	00:28:48	173	Palmer	Jonny	Ipswich Harriers	Under 20 Man
6	00:30:19	181	Waterhouse	Andrew	West Suffolk AC	Under 20 Man
7	00:30:24	175	Taylor	Tom	Ipswich Harriers	Under 20 Man
		174	Rooke	Andrew	Ipswich Harriers	Under 20 Man
		177	Barnes-Smith	William	St Edmund Pacers	Under 20 Man

178	Allen	Luke	Waveney Valley A.C.	Under 20 Man
	1st	Team	West Suffolk AC	12pts
	2nd	Team	Ipswich Harriers	15pts

Senior Men

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:36:22	432	Rooke	Chris	Ipswich Harriers	Senior
2	00:37:09	529	Scott	Aaron	Woodbridge Shufflers	Senior
3	00:37:16	521	Irvine	Gordon	Thames Valley Harriers	Senior
4	00:38:12	463	Barker	Peter	St Edmund Pacers "A"	Veteran
5	00:38:50	478	Robinson	Steve	St Edmund Pacers "A"	Senior
6	00:39:13	477	Reed	David	St Edmund Pacers "A"	Veteran
7	00:40:00	442	Laing	David	Ipswich Jaffa "A"	Veteran
8	00:40:03	509	Benton	Wesley	Sudbury Joggers "A"	Senior
9	00:40:16	523	Ridley	Colin	West Suffolk AC	Veteran
10	00:40:19	438	Davies	Gavin	Ipswich Jaffa "A"	Senior
11	00:40:36	468	Cooke	Chris	St Edmund Pacers "A"	Veteran
12	00:40:52	447	Weston	Rick	Ipswich Jaffa "A"	Senior
13	00:41:32	402	Day	Ian	Ely Runners	Senior
14	00:41:49	455	Ball	Michael	Newmarket Joggers	Veteran
15	00:41:49	507	Stephens	Nick	Stowmarket Striders "A"	Veteran
16	00:41:56	469	Dawson	Alan	St Edmund Pacers "A"	Veteran
17	00:42:05	172	Palmer	Daniel	Ipswich Harriers	Senior
18	00:42:28	440	Jarrett	Tom	Ipswich Jaffa "A"	Senior
19	00:42:35	511	Clarke	Mark	Sudbury Joggers "A"	Veteran
20	00:42:45	472	Long	Julian	St Edmund Pacers "A"	Senior
21	00:42:50	453	Thorrington	Danny	Ipswich Triathlon Club	Veteran
22	00:43:10	454	Wankowski	John	Ipswich Triathlon Club	Senior
23	00:43:41	422	Preece	Dan	Hadleigh Hares "A"	Senior
24	00:44:07	518	Preston	Paul	Sudbury Joggers "A"	Senior
25	00:44:12	506	Starmer	Chris	Stowmarket Striders "A"	Veteran
26	00:44:21	510	Buck	Andy	Sudbury Joggers "A"	Veteran
27	00:44:29	434	Belsom	Robin	Ipswich Jaffa "B"	Veteran
28	00:44:43	446	Weston	John	Ipswich Jaffa	Veteran
29	00:44:46	525	Ackerley	Roger	Woodbridge Shufflers	Veteran
30	00:44:50	451	Smith	Derric	Ipswich Triathlon Club	Veteran
31	00:44:52	443	Macrosson	Ker	Ipswich Jaffa	Veteran
32	00:45:07	491	Green	Andy	Stowmarket Striders "A"	Veteran
33	00:45:13	423	Purdy	Karl	Hadleigh Hares "A"	Senior
34	00:45:20	473	MacPherson	Alan	St Edmund Pacers "B"	Senior
35	00:45:27	436	Cooper	Duncan	Ipswich Jaffa "B"	Veteran
36	00:45:41	486	Philips	Lee	The Saxons	Senior
37	00:45:51	445	Thompson	Gary	Ipswich Jaffa "A"	Senior
38	00:46:04	421	Pinnion	Clive	Hadleigh Hares "A"	Veteran
39	00:46:36	475	Milligan	Iain	St Edmund Pacers "B"	Senior
40	00:46:39	480	Vaughan	David	St Edmund Pacers "B"	Veteran
41	00:46:42	512	Gillibrand	Christian	Sudbury Joggers	Senior
42	00:47:01	400	White	Graham	Bildeston Bounders	Veteran
43	00:47:10	458	Edwards	Steve	Newmarket Joggers	Veteran
44	00:47:11	425	Rush	Nick	Hadleigh Hares "A"	Veteran
45	00:47:12	479	Troup	Mike	St Edmund Pacers "B"	Veteran
46	00:47:19	457	Clarke	Nevil	Newmarket Joggers	Veteran
47	00:47:22	405	Shaw	Paul	Felixstowe Road Runners	Veteran
48	00:47:33	492	Hammond	Nick	Stowmarket Striders "A"	Senior
49	00:48:08	495	Neaves	Stteve	Stowmarket Striders "C"	Veteran
50	00:48:24	417	Hunt	Steve	Hadleigh Hares "B"	Veteran
51	00:48:32	498	rees	Mike	Stowmarket Striders	Veteran

52	00:48:54	415	Gant	Matt	Hadleigh Hares "B"	Senior
53	00:49:06	461	Withers	Jim	Newmarket Joggers	Veteran
54	00:49:13	488	Bloomfield	Jason	Stowmarket Striders "B"	Senior
55	00:49:18	476	Rabett	Justin	St Edmund Pacers "B"	Veteran
56	00:49:23	424	Robinson	Dave	Hadleigh Hares "B"	Veteran
57	00:49:38	411	Bowman	Tim	Hadleigh Hares "A"	Senior
58	00:49:46	413	Ellingham	Martin	Hadleigh Hares "A"	Veteran
59	00:50:18	484	Dye	Matthew	The Saxons	Veteran
60	00:50:28	516	Marseille	Eric	Sudbury Joggers	Senior
61	00:50:44	439	Evens	Andrew	Ipswich Jaffa "B"	Veteran
62	00:50:51	505	Smith	Vicent	Stowmarket Striders	Senior
63	00:51:02	489	Garrod	Miles	Stowmarket Striders "B"	Veteran
64	00:51:07	414	Funnell	Gordon	Hadleigh Hares "B"	Veteran
65	00:51:27	494	Munson	Mike	Stowmarket Striders "B"	Veteran
66	00:51:41	467	Cook	Chris	St Edmund Pacers	Veteran
67	00:51:46	449	Hird	Mark	Ipswich Triathlon Club	Veteran
68	00:52:08	515	Levin	Paddy	Sudbury Joggers	Veteran
69	00:52:25	450	Robinson	Steve	Ipswich Triathlon Club	Veteran
70	00:52:39	508	Tomlinson	Robert	Stowmarket Striders	Veteran
71	00:52:57	487	Ames	Ron	Stowmarket Striders "B"	Veteran
72	00:53:02	459	Goodenough	Alen	Newmarket Joggers	Veteran
73	00:53:09	410	Allen	Daren	Hadleigh Hares AC	Veteran
74	00:53:17	407	Abrey	Giles	Hadleigh Hares "B"	Senior
75	00:54:49	524	Abbott	Stuart	Woodbridge Shufflers	Senior
76	00:54:59	493	Moggan	Frank	Stowmarket Striders "C"	Veteran
77	00:55:52	490	Gladwell	Chris	Stowmarket Striders "C"	Veteran
78	00:56:18	483	Clarke	Richard	The Saxons	Veteran
79	00:57:18	406	Cox	Bill	Framlingham Flyers	Veteran
80	00:57:38	499	Rossiter	Jim	Stowmarket Striders "C"	Senior
81	00:58:59	404	Coley	Dave	Felixstowe Road Runners	Veteran
82	00:59:14	530	Songhurst	Dave	Felixstowe Road Runners	Veteran
83	01:00:44	466	Chambers	Mike	St Edmund Pacers	Veteran
84	01:03:11	485	Lucas	Chris	The Saxons	Veteran
85	01:04:28	520	Wilson	Alex	Sudbury Joggers	Senior
86	01:17:28	462	Buckham	Shaun	Orwell Panthers A.C.	Senior
		401	Cooper	Steven	Blackheath & Bromley Harriers	Senior
		403	Bennett	Richard	Felixstowe Road Runners	Veteran
		408	Airlie	Brian	Hadleigh Hares AC	Veteran
		409	Alcock	Steve	Hadleigh Hares AC	Veteran
		412	Chisnall	John	Hadleigh Hares "B"	Veteran
		416	Hanley	Richard	Hadleigh Hares AC	Veteran
		418	Ingleby	Dave	Hadleigh Hares AC	Veteran
		419	Louch	Colin	Hadleigh Hares AC	Veteran
		420	Morgan	Paul	Hadleigh Hares AC	Senior
		426	Calvert	James	Ipswich Harriers	Senior
		427	Convey	Carl	Ipswich Harriers	Senior
		428	Gardiner	Simon	Ipswich Harriers	Senior
		429	Hardy	Kelvin	Ipswich Harriers	Senior
		430	Hicks	Steve	Ipswich Harriers	Veteran
		431	Ling	Jonathan	Ipswich Harriers	Senior
		433	Thomas	Glynn	Ipswich Jaffa "B"	Veteran
		435	Brookes	Paul	Ipswich Jaffa	Veteran
		437	Dable	Neil	Ipswich Jaffa	Senior
		441	Jones	Brad	Ipswich Jaffa	Senior
		444	Rogers	Brian	Ipswich Jaffa	Veteran
		448	Wooby	Neil	Ipswich Jaffa "A"	Senior
		452	Stollery	Mike	Ipswich Triathlon Club	Veteran
		456	Birrane	Paul	Newmarket Joggers	Veteran
		460	Munns	Brian	Newmarket Joggers	Veteran

464	Barnes-Smith	Martin	St Edmund Pacers	Veteran
465	Cobold	Michael	St Edmund Pacers	Veteran
470	Fox	Tim	St Edmund Pacers	Veteran
471	Heath	Les	St Edmund Pacers	Veteran
474	Marston	Carl	St Edmund Pacers	Veteran
481	Williams	Stephen	St Edmund Pacers	Veteran
482	Berry	Rick	The Saxons	Senior
496	Plamer	Nick	Stowmarket Striders	Senior
497	Penn	Malcolm	Stowmarket Striders	Veteran
513	Hann	Charles	Sudbury Joggers	Veteran
514	Judd	Darren	Sudbury Joggers	Senior
517	Moulton	Christopher	Sudbury Joggers	Senior
519	Shaw	Robert	Sudbury Joggers	Veteran
522	Godfrey	Sam	West Suffolk AC	Senior
526	Curran	Steve	Woodbridge Shufflers	Veteran
527	Lennard	Peter	Woodbridge Shufflers	Veteran
528	Looman	Alex	Woodbridge Shufflers	Veteran

1st	Team	St Edmund Pacers "A"	26pts
2nd	Team	Ipswich Jaffa "A"	47pts
3rd	Team	Sudbury Joggers "A"	77pts
4th	Team	Stowmarket Striders "A"	120pts
5th	Team	Hadleigh Hares "A"	130pts
6th	Team	Ipswich Triathlon Club	140pts
7th	Team	Newmarket Joggers	156pts
8th	Team	St Edmund Pacers "B"	158pts
9th	Team	Hadleigh Hares "B"	222pts
10th	Team	Stowmarket Striders "B"	253pts
11th	Team	Sudbury Joggers "B"	254pts
12th	Team	The Saxons	257pts
13th	Team	Stowmarket Striders "C"	282pts

Under 17 Women

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:23:34	214	Jacks	Samantha	Waveney Valley A.C.	Under 17 Woman
2	00:25:04	215	Wicks	Alice	Waveney Valley A.C.	Under 17 Woman
3	00:25:12	219	McLoone	Zara	West Suffolk A.C.	Under 17 Woman
4	00:25:19	212	Burt	Megan	Waveney Valley A.C.	Under 17 Woman
5	00:25:21	218	Marriott	Abi	West Suffolk A.C.	Under 17 Woman
6	00:25:41	203	Simpson	Alice	Ipswich Harriers	Under 17 Woman
7	00:26:03	205	Mortier	Emma	Ipswich Jaffa	Under 17 Woman
8	00:26:12	221	Waters	Helen	West Suffolk A.C.	Under 17 Woman
9	00:26:20	210	Beales	Abbie	Waveney Valley A.C.	Under 17 Woman
10	00:26:40	220	Waterhouse	Frances	West Suffolk A.C.	Under 17 Woman
11	00:27:39	222	Wenman	Emily	West Suffolk A.C.	Under 17 Woman
12	00:28:09	213	Fox	Laurie	Waveney Valley A.C.	Under 17 Woman
13	00:28:20	207	Cracknell	Rachel	St Edmund Pacers	Under 17 Woman
14	00:28:26	216	Baker	Emily	West Suffolk A.C.	Under 17 Woman
15	00:28:35	202	Healy	Catherine	Ipswich Harriers	Under 17 Woman
16	00:30:03	209	Jennings	Chloe	St Edmund Pacers	Under 17 Woman
17	00:30:22	208	Guy	Rebecca	St Edmund Pacers	Under 17 Woman
		200	Bailey	Emma	Felixstowe Road Runners	Under 17 Woman
		201	Finigan	Helen	Felixstowe Road Runners	Under 17 Woman
		204	Wilson	Rebecca	Ipswich Harriers	Under 17 Woman
		211	Blowers	Holly	Waveney Valley A.C.	Under 17 Woman
		217	Davies	Briony	West Suffolk A.C.	Under 17 Woman

1st	Team	Waveney Valley A.C.	7pts
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2nd	Team	West Suffolk A.C.	16pts
3rd	Team	St Edmund Pacers	46pts

Under 20 Women

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:21:13	190	Sprake	Ellie	Ipswich Harriers	Under 20 Woman
		191	Clarry	Jemma	St Edmund Pacers	Under 20 Woman

Senior Women

Pos	Time	No	Surname	First Name	Club Name	Category
1	00:21:36	319	Decker	Helen	Ipswich Jaffa "A"	Senior
2	00:21:58	357	Jordan	Tamara	Stowmarket Striders "A"	Senior
3	00:22:42	317	Belsom	Natasha	Ipswich Jaffa "A" Woodford Green & Essex	Senior
4	00:23:11	378	Bird	Sara	Ladies	Senior
5	00:23:43	302	Thorington	Abbie	53-12 Multisports	Senior
6	00:23:44	374	Colson	Sarah	West Suffolk A.C.	Senior
7	00:23:48	355	Narey	Mary	Stowmarket Striders "A"	Veteran
8	00:24:02	366	Henry	Amanda	Sudbury Joggers "A"	Senior
9	00:24:25	322	Jennings	Val	Ipswich Jaffa "A"	Veteran
10	00:24:37	339	Anthony	Christine	St Edmund Pacers	Veteran
11	00:24:40	320	Hale	Nicola	Ipswich Jaffa "A"	Senior
12	00:25:12	342	McCarthy	Maureen	St Edmund Pacers	Veteran
13	00:25:16	376	Rooney	Penny	Woodbridge Shufflers	Senior
14	00:25:26	343	Partridge	Pat	St Edmund Pacers	Veteran
15	00:25:33	336	Canham	Aimee	The Saxons	Senior
16	00:25:36	360	Suttle	Hayley	Stowmarket Striders "A"	Veteran
17	00:25:42	330	Glover	Ema	Newmarket Joggers	Senior
18	00:26:33	338	Vick	Sarah	The Saxons	Senior
19	00:26:46	345	Bingham	Heidi	Stowmarket Striders "B"	Senior
20	00:27:01	318	Brown	Julie	Ipswich Jaffa "B"	Veteran
21	00:27:02	350	Garrod	Sue	Stowmarket Striders "A"	Veteran
22	00:27:24	325	Wincomb	Claire	Ipswich Jaffa "B"	Veteran
23	00:27:31	341	Jepson	Julia	St Edmund Pacers	Senior
24	00:27:40	348	Denwood	Kirsty	Stowmarket Striders "B"	Senior
25	00:27:42	375	Jennings	Sarah	Woodbridge Shufflers	Senior
26	00:27:58	340	Calver	Eloise	St Edmund Pacers	Veteran
27	00:28:18	328	Buxton	Anita	Newmarket Joggers	Senior
28	00:28:24	359	Paton	Abi	Stowmarket Striders "B"	Senior
29	00:28:27	351	Geraghty	Charmaine	Stowmarket Striders "B"	Senior
30	00:28:28	332	Laidlaw	Dawn	Newmarket Joggers	Veteran
31	00:28:46	364	Gartland	Jane	Sudbury Joggers "A"	Veteran
32	00:28:55	363	Dinnell	Christine	Sudbury Joggers "A"	Veteran
33	00:29:12	377	Sewell	Carina	Woodbridge Shufflers	Veteran
34	00:29:20	301	Bennett	Annabel	Felixstowe Road Runners	Veteran
35	00:29:59	369	Battett-Seward	Kellie	Sudbury Joggers "A"	Senior
36	00:30:04	315	Thorndyke	Kirsty	Ipswich Harriers	Senior
37	00:30:07	346	Brown	Marery	Stowmarket Striders "C"	Veteran
38	00:30:09	321	Haselwood	Julie	Ipswich Jaffa "B"	Veteran
39	00:30:10	372	Standley	Jenny	Sudbury Joggers	Veteran
40	00:30:12	347	Champion	Rachel	Stowmarket Striders "C"	Veteran
41	00:30:15	353	Hall	Naomi	Stowmarket Striders "C"	Senior
42	00:30:24	349	Fish	Anne	Stowmarket Striders "C"	Veteran
43	00:30:25	306	Crawley	Tracey	Hadleigh Hares "A"	Veteran
44	00:30:34	304	Baker	Jo	Hadleigh Hares "A"	Senior
45	00:30:43	303	Aitkin	Marianne	Hadleigh Hares "A"	Senior
46	00:30:48	316	Thorndyke	Leanne	Ipswich Harriers	Senior

47	00:30:49	352	Ghant	Debbie	Stowmarket Striders "D"	Veteran
48	00:31:09	333	O'Callaghan	Jenny	Newmarket Joggers	Senior
49	00:31:31	373	Turner	Amanda	Sudbury Joggers	Senior
50	00:32:43	371	Byford-Smith	Amy	Sudbury Joggers	Senior
51	00:33:05	309	Kirk	Jackie	Hadleigh Hares "A"	Veteran
52	00:33:30	344	Bailie	Claire	Stowmarket Striders "D"	Senior
53	00:33:49	354	Mayhew	Sandra	Stowmarket Striders "D"	Veteran
54	00:34:47	311	Pryor	Gale	Hadleigh Hares "B"	Veteran
55	00:35:44	329	Copland	Maxine	Newmarket Joggers	Veteran
56	00:36:45	331	Grimwood	Jennie	Newmarket Joggers	Veteran
57	00:37:24	314	Smith	Lisa	Hadleigh Hares "B"	Veteran
58	00:37:35	307	Hawes	Nina	Hadleigh Hares "B"	Senior
59	00:40:47	337	Merfield	Wendy	The Saxons	Veteran
		300	White	Annette	Bildeston Bounders	Veteran
		305	Banks	Tracey	Hadleigh Hares A.C.	Veteran
		308	Hunt	Sarah	Hadleigh Hares A.C.	Senior
		310	Morgan	Jane	Hadleigh Hares A.C.	Senior
		312	Rush	Teresa	Hadleigh Hares A.C.	Veteran
		313	Sanders	Barbara	Hadleigh Hares A.C.	Veteran
		323	Reynolds	Vicky	Ipswich Jaffa	Senior
		324	Williams	Jayne	Ipswich Jaffa	Senior
		326	Skelcher	mary	Ipswich Triathlon Club	Veteran
		327	Anderson	Carolynn	Newmarket Joggers	Senior
		334	White	Ursula	Newmarket Joggers	Senior
		335	Abbott	Jacqueline	The Saxons	Veteran
		356	Jack	Becky	Stowmarket Striders	Senior
		358	Kemp	Kelly	Stowmarket Striders	Senior
		361	Vale	Jodie	Stowmarket Striders	Senior
		362	Watt	Lesley	Stowmarket Striders	Veteran
		365	Hallidie	Phylida	Sudbury Joggers	Senior
		367	Lafebure	Emilie	Sudbury Joggers	Senior
		368	Sandford	Elizabeth	Sudbury Joggers	Senior
		370	Shaw	Carol	Sudbury Joggers	Veteran

1st	Team	Jpswich Jaffa "A"	13pts
2nd	Team	Stowmarket Striders "A"	25pts
3rd	Team	St Edmund Pacers	36pts
4th	Team	Stowmarket Striders "B"	71pts
5th	Team	Sudbury Joggers "A"	71pts
6th	Team	Woodbridge Shufflers	71pts
7th	Team	Newmarket Joggers	74pts
8th	Team	Ipswich Jaffa "B"	80pts
9th	Team	The Saxons	92pts
10th	Team	Stowmarket Striders "C"	118pts
11th	Team	Hadleigh Hares "A"	132pts
12th	Team	Sudbury Joggers "B"	138pts
13th	Team	Stowmarket Striders "D"	152pts
14th	Team	Hadleigh Hares "B"	169pts

**Under 17
Men 2008**

Pos	Time	No	Surname	First Name	Club Name	Category
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1	00:19:29	256	Ridley	Andrew	West Suffolk A.C.	Under 17 Men
2	00:19:32	246	Cheverton	Samuel	Waveney Valley A.C.	Under 17 Men
3	00:19:36	253	Cripps	Michael	West Suffolk A.C.	Under 17 Men
4	00:19:47	247	Dunbar	Connor	Waveney Valley A.C.	Under 17 Men
5	00:19:56	237	Palmer	Elliott	Ipswich Harriers	Under 17 Men
6	00:20:06	255	Fry	Charlie	West Suffolk A.C.	Under 17 Men
7	00:20:25	254	Dundar	Alex	West Suffolk A.C.	Under 17 Men
8	00:21:08	232	Bird	John	Ipswich Harriers	Under 17 Men
9	00:21:40	236	Ling	Jonathon	Ipswich Harriers	Under 17 Men
10	00:22:48	248	Maycock	James	Waveney Valley A.C.	Under 17 Men
11	00:23:26	231	Batchelor	Liam	Ipswich Harriers	Under 17 Men
12	00:23:41	230	Meadows	William	Felixstowe Road Runners	Under 17 Men
13	00:24:10	242	Green	Sebastin	Royal Hospital School	Under 17 Men
14	00:24:16	245	Wood	Tom	Stowmarket Striders	Under 17 Men
15	00:26:28	258	Bibby	Alix	Royal Hospital School	Under 17 Men
16	00:26:55	244	Bratherton	Nick	Stowmarket Striders	Under 17 Men
17	00:31:22	238	Austin	Lee	Orwell Panthers A.C.	Under 17 Men
18	00:35:42	241	Storey	Ryan	Orwell Panthers A.C.	Under 17 Men
19	00:45:39	239	Davis	Michael	Orwell Panthers A.C.	Under 17 Men
		233	Byford	Tim	Ipswich Harriers	Under 17 Men
		234	Constable	Andrew	Ipswich Harriers	Under 17 Men
		235	Fawcett	Ross	Ipswich Harriers	Under 17 Men
		240	Minns	Oliver	Orwell Panthers A.C.	Under 17 Men
		243	Bryden	Gaz	St Edmund Pacers	Under 17 Men
		249	Nicholls	Matt	Waveney Valley A.C.	Under 17 Men
		250	Peek	Harley	Waveney Valley A.C.	Under 17 Men
		251	Reid	Cameron	Waveney Valley A.C.	Under 17 Men
		252	Smith	Alexander	Waveney Valley A.C.	Under 17 Men
		257	Stewart	Callum	West Suffolk A.C.	Under 17 Men
		1st	Team	West Suffolk A.C.	13pts	
		2nd	Team	Waveney Valley A.C.	19pts	
		3rd	Team	Ipswich Harriers	25pts	