



RISK ASSESSMENT FOR CROSS COUNTRY RACES

Event.....

Assessment carried out by.....

Venue.....

Signed.....

Date of Event.....

Date of Risk Assessment.....

STEP 1 – List the hazards identified

STEP 2 – Recommendations for
minimizing risk

STEP 3 – Action taken

<p>COURSE <i>e.g. tree roots, streams (flooding)</i></p>	<p>RECOMMENDATIONS <i>e.g. taping off area, rerouting course</i></p>	<p>ACTION TAKEN</p>
<p>STRUCTURES <i>e.g. damaged barriers, guide ropes to tents frayed</i></p>	<p>RECOMMENDATIONS <i>e.g. replace or remove</i></p>	<p>ACTION TAKEN</p>
<p>COMPETITORS <i>e.g. changing facilities, toilets, out of bounds areas.</i></p>	<p>RECOMMENDATIONS <i>e.g. signage and advice</i></p>	<p>ACTION TAKEN</p>

COMMUNICATIONS <i>e.g. lack of signal for mobile phones,</i>	RECOMMENDATIONS <i>e.g. use of two way radios</i>	ACTION TAKEN
OFFICIALS <i>e.g. adequate numbers, knowledge of course i.e. location of first aid</i>	RECOMMENDATIONS <i>e.g. briefing, signage, course map</i>	ACTION TAKEN
FIRST AID <i>e.g. adequate numbers, access onto and off course</i>	RECOMMENDATIONS <i>e.g. increase numbers, signage,</i>	ACTION TAKEN
CAR PARKING <i>e.g. safe access, crossing course</i>	RECOMMENDATIONS <i>e.g. rerouting access, provide signage, fluorescent vests</i>	ACTION TAKEN

Dated May 2002

Review May 2003