

## Wilkinson Breaks 33 year old Record

In the Eastern Counties Indoor championships staged at Lee Valley on 8<sup>th</sup> February, Callum Wilkinson broke the British under 20 One mile walk record of 6.09.2 set by Leicester' Phil Vesty (who went on to become an Olympian) back in 1982.

### The new record is 6.03.78!

The field was small and the young Suffolk walker was soon lapping everyone else on the track passing the half-way point in 3.03.15 and applauded on by an appreciative crowd covered the second half in just hundredths of a second over 3 minutes.

There were pb's too for Pamela Abbott and George Wilkinson.



(left to right: Pamela Abbott, Callum and George Wilkinson, Keith Palmer and Steve Allen - photo courtesy of Pamela Abbott)

### Eastern C AA Indoor 1 mile championships

\*personal best

Callum Wilkinson	(Enfield & HAC)	6.03.78*
Steve Allen	(Barnet & DAC)	8.13.69
Keith Palmer	(Southend)	10.26.69

Pamela Abbott	(Enfield & HAC)	10.38.41*
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<b>Boys u15:</b> George Wilkinson		10.58.41*
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