

SUFFOLK ESSEX ATHLETICS NETWORK – CLUB REQUESTS FOR 2014/2015 NETWORK PLAN

1. Coach Education Course Bursaries				
Please indicate your club's bursary request for each course				
Leadership in Running Fitness	Coaching Assistant	Coach in Running Fitness	Athletics Coach	
2. Officials Course Bursaries				
Please indicate your clubs bursary request for each course				
Track	Timekeeping	Starter/Marksman	Field	Endurance
3. Coach Development				
Workshop options			Club request (please be as specific as possible regarding event/topic).	
Coach Development sessions / flying coach visits - Track and field - Junior athletics development e.g. basic run, jump, throw; Quadkids, Sportshall, Organising a junior session - Endurance inc. Road Running & Cross Country				
Generic coach development workshops e.g. Nutrition; physical preparation; psychology				
Junior Development / Athletics 365 support				
Supporting coaches to progress through pathway - Workshop / diary support - LiRF to CiRF - Coaching Assistant to Athletics Coach				
4. Volunteer recruitment & retention				
Workshop to recruit potential new coaches / club volunteers.				
Introduce / review welcome packs				
Support in establishing monthly inductions				
Any other initiative aiming to increase the number of club volunteers				
5. Satellite clubs / links to schools				
Support in establishing satellite clubs				
Establishing new links with schools				
6. Other				