

Suffolk Essex Athletics Network

Minutes of Steering Group meeting 11th September, 2013

1 Present

Mike Hallows – Holbrook Harriers - Chair
Ray Radley – West Suffolk AC
Steve Cartwright – Colchester & Tendring AC
Dave Smith – Colchester Harriers
Lance Williams – Colchester Harriers
James Cudmore – England Athletics
Terry McEntee – Suffolk Sport
Janet Lomas – Framlingham Flyers
Zeta Wright

2 Apologies

Terry Back – Ipswich Jaffa
Christine Muttitt - Bungay Black Dog
Ricky Peacher – Framlingham Flyers

3 Minutes of meeting 19th June 2013 & matters arising

- To continue promotion of network and associated benefits
- Janet Lomas and Zeta Wright now working on youth development/beginner running and coach development respectively

4 Coach Education

- Several inquiries received regarding assistant/coaching courses. Will know exact number of bursary applications when Simon King provides feedback.
- Colchester and Tendring AC – to go through Active Essex for their bursaries.
- NB All clubs are asked to look at what they will need in the way of coach education between now and March 31st 2014 and inform Zeta by 6th October so that bursaries can be allocated equitably.

5 Coach Development

- Ipswich Harriers expressed an interest for Flying Coach Visits in sprints, pole vault and long/triple jump. The sprints and pole vault sessions have been arranged and the jumps session is in the pipeline.
- Orwell Panthers have asked for sessions in wheelchair racing and seated throws and CATS have requested triple jump, javelin, pole vault and hammer. These coaching sessions will be planned shortly.

6 Junior Development

- Forms have been circulated to clubs asking for their preferred coaching sessions.
- The first session has been delivered at Bungay Black Dog Running Club – in addition to the host club coaches from 2 other clubs attended

7 Club/Coach Development Workshops

- James seeking feedback from clubs on suitability/demand for workshops eg disability inclusion, coaching pathway, social media
- 16th & 17th Nov @ Bury St Edmunds – Youth development, endurance and sprints. Flyer advertising these sessions to be sent to clubs.
- Coaches database – it was decided that future coach/education sessions be sent to club coaches so that as many people as possible are made aware of developmental opportunities.

8 Beginner Running

- A meeting to be arranged between Active Norfolk and SEAN to discuss how the target of 70 new runners is to be achieved.

9 Sportshall

- Northgate Sports Centre
Saturday 19 Oct U11 & U13
Saturday 16 Nov U11 & U13
Saturday 23rd Nov U15
- Request made for results to be made available within 24 hour period.

10 AOB

- Coaching Conference 28th Sept, Lee Valley Athletics Centre.
- Safeguarding Course 18th Sept – places still available. See Suffolk Sport website

9 Date of next meeting

- 27th Nov 7pm at Mid Suffolk DC offices, Needham Market