



Norwich and District 'open' sportshall championships For Years 4 to 10

Including the Broadland 'open' relay
competition for teams of four runners

and CoNAC's own club sportshall championship

**Sat 5TH March 2011 at Taverham High School,
Norwich**

Entries open until the 18th February 2011



Get your entry forms at: www.conac.org.uk

From 1st Dec 2010