

Enfield Race Walking League

In celebration of the 2012 London Olympic Games the *League* plans to stage a special fixture:

Twenty-Twelve Friendship Walks

(RWA Permit event)

1pm on Tuesday 7th August

Race walking in the Olympics started at the London Games of 1908 since when Britain has an outstanding record of success; six gold, five silver and four bronze medals. Race walking in Britain was initially formalised by the Southern RWA in 1907 and since those early days, thousands of people from all walks of life have participated in domestic UK events.

The Enfield Open Seven held annually in November, was first held in 1920 and is now the oldest surviving sprint race in the UK and probably the world.

With London (Enfield is a London Borough) figuring so large in the discipline's history and tradition, the *League* committee thought it appropriate to stage an extra non-scoring race in celebration of the Games.

An invitation is extended to overseas walkers visiting the Capital to watch the Games and to any UK walkers interested in being part of the celebration. It is a chance to walk in London in 2012 and an Olympic Year Opportunity for 'Ordinary' Athletes!



Date/Time: **Tuesday 7th August 2012 - 1pm**

Venue: **QEII Stadium, Donkey Lane, Enfield, EN1 3PL**

Distances: **Three miles and Five Miles**

Entries: **Limited to 100 - Closing Date 7th June 2012**

Or earlier if limit is reached

Fee: **£6- Entries Should limit not be reached entries will be accepted on the day at £10**

Further details from and Entries to:

Ron Wallwork, "Woodview" 35A Newmarket Road, Moulton, Suffolk, CB8 8QP
01638 751869 or randjwallwork@btinternet.com

Cheques should be made payable to: "Moulton Walks"

How to get to Queen Elizabeth Stadium Donkey Lane, Enfield, EN1 3PL

By road: The stadium is about 1.5 miles from junction 25 of the M25. Follow the A10 through one set of traffic lights and after a mile take up the outside lane in order to turn right at the next lights. The Halfway House public house confirms that you are on course. Turn Right and almost immediately Left into Donkey Lane following it around to the stadium. ***From the south*** A10 north, turning Left at the Halfway public house and immediately left into Donkey Lane

By rail: London Liverpool Street to Enfield Town. Turn Right on leaving station and walk approximately half a mile to George Spicer School and turn left into Mefeking or Clydach Road and then Right continuing until Park gates on the Left. Turn into park and the Queen Elizabeth Stadium is at the opposite end of the drive about 600 yards.

Enfield Race Walking League
2012 Friendship Walks – Entry Form

Entries may be sent by email, but will only be accepted and confirmed upon receipt of the entry fee

Name _____ telephone number _____

Address _____ email _____

_____ Age/date of Birth _____

Nationality/Club/School/Organisation _____

Please enter me for the 2012 Friendship Walks in the

Three miles / Five Miles (circle appropriate category)

Please enter me in the 3 mile / Five mile 2012 FRIENDSHIP WALK being staged at QE2 Playing Fields, Donkey Lane, Enfield, on 7th August 2012, for which I enclose the £6 entry fee.

I agree to participate in this event completely at my own risk and will not hold the organisers responsible for any unseen circumstances that arise from the event and cause loss or injury.

I further declare that I am physically fit to compete over the distance entered and will not hold the organisers responsible for any illness, injury or loss that occurs to myself either or as a result of my travelling to, participating in, or as a result of having participated in the said event.

If applicable; I give permission for my son/daughter to take part in this event and will not hold the organisers responsible for any unseen circumstances that arise from the event and cause loss or injury.

Signed _____ date _____

Parent or Guardian if applicable

*Entries will be acknowledged electronically
or I enclose my entry fee and a SAE for confirmation of entry*