

87th Enfield Open Seven Mile Walk

1pm - Saturday 9th November 2012 – LVAC

2011 Winners: **Grazina Narviliene** (Ilford AC) **53.05** **Dominic King** (ColchesterAC) **49.29**
 Ladies team: **Belgrave H** Men's team: **Ilford AC** Mixed team: **Enfield H AC**
 Bob Clark Young Walker Award: **Luc Legon** George Brown Novice Cup: **Ramesh Rishikeshan**

The 87th Enfield Open Seven will be started by Paul Nihill MBE, who won the race in 1963 and there will, as in previous years be a number of past winners and participants at the event. Whether walker, official or supporter you are extended a warm welcome and a thank you for your part in ensuring that this event, now the oldest sprint road walk in the country, continues.



Right: action from the 1947 race – (30) Bert Clayton, (2) Joe Coleman, (7) Jack Rutland all Belgrave, (150) Fred Redman Met WC, (69) "Tich Marler" Enfield and (49) R.A. West Cambridge H.

The race produced a close finish with only eight seconds covering the first three; 1948 Olympian West 55.48, Redman 55.51 and Rutland 55.56. Enfield packed well with J.F.Johnson 56.05, 'Tich' Marler' 56.08 and Stan Mantor 56.44 filling the next three places and easily won both scratch and handicap team awards. Interestingly, the father of the ERWL founder Martin Oliver was 36th in 61.05.

ENFIELD A.C. OPEN WALK.
VETERAN'S FINE PERFORMANCE OFF LIMIT MARK.

The seven miles open walking handicap, promoted by the Enfield Athletic Club, was decided on Saturday over a two-lap course in the vicinity of Enfield Town. There were fifty-six entries, comprising six teams for the team event, and sixteen individuals, the total number of starters being forty-nine.

W. Simkins, Highgate H., a veteran of forty-seven years of age, won the individual race off the limit mark. The special unplaced prizes went to J. W. Dowse (fast time); A. J. Webster, last year's winner (members); G. M. Bridgeman (local novice).

In the team event the Ashcombe A.C. were the winners, with the Woodford Green A.C. a good second.

ORDER OF FINISH.

	Start.	H'cap.	Actual.
	m. s.	m. s.	m. s.
1 W Simkins, H.H.	11 0	55 53	66 52
2 W E Claringbull, W.G.A.C.	7 20	55 58	63 28
3 G Lockett, Ash. A.C.	7 0	56 1	62 7
4 F C H Smith, Ash. A.C.	8 45	56 10	62 55
5 K G Watson, Fin. H.	8 30	56 14	64 44
6 A R Nowell, S.A.C.	8 0	56 35	64 35
7 H W Glover, Ash. A.C.	8 0 0	56 46	64 46
8 E V Goff, Ash. A.C.	8 50	57 5	65 55
9 J Eppett, W.G.A.C.	8 0	57 18	65 18
10 A A Ward, Ash. A.C.	8 0	57 27	61 27
11 H T Wyatt, W.G.A.C.	8 20	57 28	65 58
12 J E Triggs, Ash. A.C.	8 15	57 29	65 51
13 J W Dowse, Fin. H.	8 45	57 44	68 29
14 A Hurst, Camh. H.	6 45	57 46	64 51
15 H J Devonshire, Fin. H.	2 0	57 47	59 47
16 L J Hillary, H.H.	5 50	57 53	6 28
17 M Davis, Poly. H.	5 15	58 0	63 15
18 J M Duhig, Fin. H.	8 20	58 2	67 52
19 C H Speechley, Bel. H.	7 0	58 17	65 17
20 C F King, S.L.H.	6 15	58 25	63 40
21 F Moore, H.H.	8 15	58 29	66 24
22 A Cole, N.F.H.	5 45	58 45	64 28
23 H C Newbery, S.A.C.	8 0	58 45	66 45
24 T Gwynne, W.G.A.C.	8 15	58 47	67 2
25 J Durkin, S.J.H.	3 30	58 48	62 18
26 J K Kempton, Fin. H.	8 30	58 49	67 19
27 B J Martin, S.L.H.	6 30	58 57	65 27
28 A Hubbard, S.W.C.	7 20	59 23	66 59
29 D Roberts, W.G.A.C.	8 15	59 39	67 54
30 W J Reeve, Essex B.	7 30	59 45	67 15

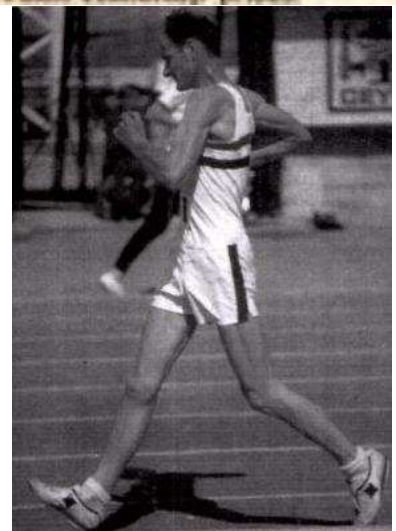
TEAM PLACINGS.

	m s
1 Ashcombe A.C. (Lockett, Smith, Glover, Goff)	226 2
2 Woodford Green A.C. (Claringbull, Eppett, Wyatt, Gagner)	229 51
3 Finchley H. (Watson, Dowse, Devonshire, Duhig)	229 47
4 Highgate H. (Simkins, Hillary, Moore, W)	233 6
5 North London H. (King, Cole, Durkin, Martin)	233 52

left cutting from 'The Sporting Life' Dec 1923 – below from 'Athletics Weekly' 1963

Enfield A.C. Open "T"; Paul Nihill (Surrey W.C.) easily won the 40th Enfield Open Seven Miles last Saturday. Leading from the start, he opened up a 150 yards lead at the half-distance and further increased this to win by nearly two minutes from Internationals Bob Clark (Poly) and Ray Middleton (Belgrave), with Australian Peter McCullagh (Met.) fourth. Clark and Middleton had a great scrap all the way with the former finding sufficient speed over the last mile to get home by about ten yards. McCullagh, walking well and with an economical style, was unable to match those in front of him for speed but he should be capable soon of fighting for a place in the first three. Surrey W.C. won the scratch team race by 14pts. from Poly and Belgrave. Poly-technic unfortunately lost a scoring man in the last 100 yards when Frank Butler came under the judges ban. There was a popular winner in the Individual Handicap when Joe Hockey (Surrey W.C.) got up off the long mark of 18 mins., and Highgate Harriers "A" Team took the Team Handicap prizes.

Paul Nihill





EHAC's Most Prolific Enfield 'Sevener'

Amos Seddon has never won his club's open seven. A second, two third places and a fastest time of 50.31 is a pretty good record, but surpassing that is his participation statistics set out below. Thirty-four races over sixty-two years! During the six decade span he raced with and against the very best and several of the race winners were at one time or another GB and England International team mates.

Amos over the years has helped and assisted fellow walkers not only by way of coaching and advice, but as support member for various walkers doing ultra-events like 'Lands End - John O'Groats' and the 'Paris - Colmar'. He is pictured here at Newmarket after the successful conclusion of the Barclay Bi-Centenary walk in July 2009, where he played a major role as Support Team Leader.

Year	race winner	time	Amos	time	year	race winner	time	Amos	pos
1960	Ken Matthews	50.40	65.16	96 th	1979	Roger Mills	49.20	51.19	6 th
1961	Ken Matthews	49.09	60.31	52 nd	1980	Alan King	49.05	51.16	3 rd
1962	Bob Clark	52.46	60.33	55 th	1992	Darrell Stone	48.41	56.34	9 th
1963	Paul Nihill	52.37	64.46	75 th	1993	Mark Easton	51.12	57.34	4 th
1964	Bob Clark	52.01	62.15	55 th	1998	Mark Easton	52.52	59.04	7 th
1965	Pete McCullagh	50.30	62.00	49 th	1999	D.Bearman	51.17	61.52	8 th
1966	John Webb	51.06	57.01	27 th	2001	Steve Allen	57.44	60.13	5 th
1967	Paul Nihill	50.48	60.01	53 rd	2002	Peter Ryan	57.06	61.40	9 th
1968	John Webb	50.20	56.58	34 th	2003	Tim Watt	56.34	61.56	9 th
1969	Shaun Lightman	51.09	56.14	17 th	2004	Z.Pollinger	55.35	63.59	13 th
1972	Shaun Lightman	49.25	53.53	4 th	2006	Scott Davis	55.51	65.30	10 th
1973	Raul Gonzales	50.05	52.40	7 th	2007	Scott Davis	55.21	66.25	17 th
1974	Carl Lawton	50.56	52.05	7 th	2008	Darrell Stone	51.22	66.59	26 th
1975	Brian Adams	50.09	50.31	2 nd	2009	Darrell Stone	52.31	67.56	18 th
1976	Shaun Lightman	49.59	51.35	4 th	2010	Daniel King	52.20	66.49	11 th
1977	Enrico Vera	48.44	51.21	4 th	2011	Dominic King	49.29	66.12	13 th
1978	Bob Dobson	50.17	51.08	3 rd	2012	Dominic King	52.52	69.44	11 th

November 9th at Enfield ENFIELD 40th OPEN 7 MILES

	m.	s.
1 P. Nihill (Surrey W.C.)	52	37
2 R. Clark (Polytechnic H.)	54	20
3 R. Middleton (Belgrave H.)	54	22
4 P. McCullagh (Metro W.C.)	54	55
5 M. Fullager (Surrey W.C.)	55	22
6 K. Easton (Enfield A.C.)	55	47
7 R. Pearce (Polytechnic H.)	55	54
8 P. Selby (Surrey W.C.)	55	54
9 J. Godbeer (Cambridge H.)	55	58
10 D. Wallace (Cambridge H.)	56	04
11 A. Thompson (Metro W.C.)	56	32
12 A. MacFarlane (Poly H.)	56	38
13 D. Vale (Surrey W.C.)	56	48
14 S. Percy (Cambridge H.)	56	49
15 P. Fullager (Surrey W.C.)	57	08
16 M. Tolley (Sheffield U.H.)	57	22
17 D. King (Belgrave H.)	57	23
18 J. Knifton (Belgrave H.)	57	25
19 G. Brown (Woodford Grn)	57	43
20 D. Watts (Metro W.C.)	57	45
21 J. Vivian (Polytechnic H.)	57	46
22 H. Davies (Woodford Grn)	57	47
23 A. Banyard (Southend A.C.)	57	57
24 R. Hall (Belgrave H.)	58	05
25 K. Halstead (Windsor & E)	58	06

Results 50 and 20 years Ago

There were 139 finishers in the 1963 event and in both lists there are names of people still around today. The picture left is of Dave Levy (36) and Dave Ainsworth taken on the 45th race in 1968 and Mark Easton who has won the race three times..



ENFIELD OPEN SEVEN 12.11.68

1 M Easton	Sar	48.35
2 J Hall	Skn	49.00
3 D Jones	Wey	50.38
4 P Selby	Ilf	51.20
5 S Phillips	Ilf	51.40
6 B Carmody	Can	51.45
7 G Bradley	Med	53.28
8 G Lawton	Bel	53.51
9 J Hall	Bel	54.17
10 K Baker	Wey	54.59
11 A Jones	Suf	55.07
(late start)		
12 D Buchanan	Skn	55.09
13 S Lightman	Sar	55.21
14 P Hannell	Sar	55.34
15 S Uttley	Ilf	55.77
16 A Trigg	Lea	55.51
17 P Hodgkinson	Can	55.54
18 P Cassidy	Lta	55.55
19 C Realline	Skn	56.43
20 J Llewellyn	Bel	56.55
21 G Howlands	Wey	57.45
22 H Lewis	Tro	57.50
23 T Dickinson	Sfd	58.24
24 G Beattie	Med	58.32
25 D Sheppard	Med	59.28
26 D Jones	Sar	59.41
27 E Austin	H E	59.43

28 G Smith	Suf	59.45
29 E Holmquist	Suf	59.48
30 I Jowett	Sfd	59.50
31 A Bees	Can	60.20
32 J Dunsford	Bel	60.53
33 J Hedgecombe	Col	61.13
34 D Poth'ham	Bel	61.20
35 J Taylor	Skn	62.18
36 P Worth	Suf	62.28
37 A Buchanan	Skn	63.00
38 E Dale	Skn	64.04
39 E Watts	Vid	64.06
40 D Dewars	Skn	64.13
41 H Porter	Net	64.16
42 B White	Vid	64.18
43 E Jones	Wey	64.48
44 P Green	Sar	65.19
45 T Kay	Sfd	65.21
46 D Sharpe	Bel	65.39
47 E Switzer	Skn	67.25
48 M Kublakowski	Suf	67.49
49 K Sade	Skn	68.06
50 E Howell	Ind	68.56
51 P Hastings	Can	69.02
52 S Ainsworth	Ilf	69.25
53 B Hemis	Can	70.46
54 G Beecham	Bel	71.53
55 K Easton	Bel	72.05
56 P Jarry	Suf	72.34
57 H Walton	Col	73.11
58 S La Milne	Sar	73.17
59 E Spoot	Suf	75.50
60 S Parsons	Col	78.30

WOMENS SEVEN MILES

1 B Swornski	Sfd	56.20
2 H Elliker	Sfd	57.41
3 V Lupton	Sfd	60.38
4 K Smith	Gov	61.41
5 S Lupton	Sfd	61.45
6 M Rawlins	Skn	62.33
7 C Bees	Stg	65.39
8 M Worth	Stg	66.01
9 M Tyson	Stg	69.36
10 J Savage	Stg	69.43
11 S Jowitt	Suf	70.51
12 P Thorwill	Col	70.54

Team	Sheffield	6
	Stanning	24

26 D. Derimshaw (Wd) 68.20, 27 W. Newhill (Can) 68.28, 28 N. Thompson (Met) 68.29, 29 C. Young (Skn) 68.29, 30 C. Fook (Esd) 68.29, 31 E. Barnes (Ilf) 68.42, 32 E. Holmquist (Ilf) 68.52, 33 R. Horthorn (Met) 69.02, 34 R. Hyland (LV) 69.04, 35 R. Fullager (SVC) 68.15, 36 K. Mason (SVC) 68.18, 37 J. Morris (LV) 69.25, 38 N. Davis (Met) 69.32, 39 M. Pearson (Met) 69.34, 40 P. Potham (Ilf) 69.41, 41 A. Jackson (Can) 69.49, 42 N. Potham (USA) 69.55, 43 G. Gross (LV) 69.59, 44 J. Thomas (Wd) 69.13, 45 R. Gilman (Wd) 69.13, 46 R. Jackson (SVC) 69.21, 47 I. Brooks (Wid) 69.24, 48 R. Liversmore (Wd) 69.25, 49 B. Adams (Ilf) 69.25, 50 R. L. Jones (Ilf) 69.26, 51 B. Pickett (SVC) 69.28, 52 D. Hopkins (LV) 69.29, 53 M. Harrison (SVC) 69.31, 54 W. Belderson (SVC) 69.31, 55 T. Piper (Wd) 69.41, 56 G. Cameron (SVC) 69.52, 57 J. Withers (SVC) 69.55, 58 H. Hooper (Ilf) 69.59, 59 R. Green (SVC) 69.59, 60 J.

