

Suffolk Championship Best Performances - Track & Field
(As at 16th May 2018)

Under 17 Men

100m	11.1	Cameron Bailey	2017
200m	22.4	Cameron Bailey	2017
400m	50.2	Ben Higgins	2003
800m	1.56.6	Joshua Hulse	2016
1500m	4.05.8	Matthew Barnes-Smith	2002
3000m	8.43.6	Kieran Clements	2010
5000m	16.41.9	James Powley	2010
100mH	14.1	J.McDade	1996
400mH	59.2	Tony Seston	1997
3k Walk	13.43.5	Callum Wilkinson	2013
1500m s/c	4.45.6	M.Balls	1994
Discus	41.64	C.Dinsdale	1977
Hammer	56.78	Joe Bloomfield	2007
Javelin	69.28	Harry Hughes	2014
Pole Vault	3.05	J.Scott	1992
Shot	15.33	C.Bloomfield	1978
High Jump	1.90	M.King/J.McDade/E Thompson	1987/96/2012
Long Jump	6.74	A.Mason	1992
Triple Jump	13.56	N.Leech	1977