

**Suffolk Championship Best Performances - Track & Field**  
**(As at 16th May 2018)**

**Under 13 Girls**

100m	13.1	Sophie Allen	1995
200m	27.7	Becky Jackson	1999
800m	2.27.3	Sophie Tooley	2011
1500m	4.55.3	April Hill	2016
70mH	11.9	Madison Frost	2016
1k Walk	-	-	-
Discus	27.34	Sophie Graham	2015
Hammer	15.85	Khya Penn	2018
Javelin	24.61	Eliza Goodwyn	2018
Shot	8.72	Poppy Mayall	2014
Pole Vault	-	-	-
High Jump	1.45	Lana Watts	2003
Long Jump	4.79	Hannah Mayne	2014