

## Men V40 Suffolk Cross County Championships

	<u>Culford School</u>	<u>Men V40</u>	<u>06-Jan-19</u>	
Pos	No	Name	Club	Time
1	112	Neil Pollard V40	Newmarket Joggers a	35 48
2	145	Andrew Southwood V40	Saint Edmund Pacers a	36 11
3	34	Jim Last V40	Framlingham Flyers a	36 14
4	53	John Scaife V40	Hadleigh Hares AC a	38 04
5	56	Andrew Bell V40	Haverhill Running Club a	38 27
6	190	Andrew Hennessy V40	Wells City Harriers	38 52
7	136	Chris Mower V40	Saint Edmund Pacers b	40 04
8	189	Christopher Pimlott V40	Waveney Valley AC b	40 11
9	162	Nick Palmer V40	Stowmarket Striders RC a	40 46
10	62	Westley Walker V40	Haverhill Running Club a	40 59
11	77	Mark Curtis V40	Ipswich Jaffa RC b	41 10
12	106	Paul Dockerill V40	Newmarket Joggers a	41 23
13	197	James Cornish V40	Woodbridge Shufflers Rc	41 36
14	78	Ian Elden V40	Ipswich Jaffa RC c	41 54
15	166	Ross Wilcox V40	Stowmarket Striders RC	42 39
16	9	Robin Harper V40	Felixstowe RRC a	42 42
17	196	Tom Alexander V40	Woodbridge Shufflers Rc	43 01
18	98	Alec Wright V40	Ipswich Jaffa RC b	43 08
19	10	Benjamin Jacobs V40	Felixstowe RRC b	43 13
20	192	Ben Jeffery V40	West Suffolk AC	43 45
21	37	Ricky Peacher V40	Framlingham Flyers b	43 57
22	171	Ben Cuthbert V40	Sudbury Joggers	45 55
23	193	Gary Marshall V40	West Suffolk AC	46 06
24	43	Simon Tinkler V40	Framlingham Flyers e	46 17
25	141	Michael Rushton V40	Saint Edmund Pacers d	46 35
26	16	James Wilcox V40	Felixstowe RRC b	47 17
27	199	Ben Watson V40	Woodbridge Shufflers Rc	48 07
28	89	Mark Scott V40	Ipswich Jaffa RC	48 10
29	88	Mark Rose V40	Ipswich Jaffa RC d	49 18
30	118	Neil Williamson V40	Newmarket Joggers b	50 51
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