

# SUFFOLK QUADKIDS



**Registration from 12pm**

**Events start 1pm and finish at 4pm**

**School Years 4, 5 and 6**

**75m, 600m, Long Jump, Vortex Throw**

**School Years 7+**

**100m, 800m, Long Jump, Howler Throw**

**Saturday 14th July 2018**

**Northgate Sports Centre**

**Sidegate Lane, Ipswich**

**IP4 3DJ**