

## Men V45 Suffolk Cross County Championships

Culford School

Men V45

07-Jan-18

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Reg. No.</b>	<b>Club</b>	<b>Time</b>	
1	78	Keith Tilley V45	3179181	Ipswich Jaffa RC a	44	44
2	82	Carl Prewer V45	2720025	Lowestoft Road Runners	44	00
3	20	Adam Howlett V45	3446544	Framlingham Flyers a	47	47
4	151	Piotr Bulacz V45	3668958	Sudbury Joggers	48	00
5	4	Steve Brooke V45	2826776	Felixstowe RRC a	48	00
6	77	John Thorpe V45	2700895	Ipswich Jaffa RC b	48	00
7	51	Mark Hayden V45	3537267	Ipswich Harriers	49	49
8	27	Darren Sheppard V45	3017621	Framlingham Flyers a	49	49
9	16	William Aldred V45	3419658	Framlingham Flyers a	51	00
10	141	Ritchie Parkins V45	3124663	Stowmarket Striders RC b	52	00
11	50	Mark White V45	3250918	Haverhill Running Club a	52	00
12	112	Rakesh Raja V45	3374463	Saint Edmund Pacers b	53	00
13	109	Iain Milligan V45	2715521	Saint Edmund Pacers a	54	54
14	34	Adam Johnson V45	2908963	Hadleigh Hares AC a	54	00
15	175	Andrew Garvie V45	3744262	Woodbridge Shufflers RC	54	00
16	136	Andrew Long V45	3657841	Stowmarket Striders RC c	54	00
17	31	Kenneth Tovell V45	2730318	Framlingham Flyers	55	00
18	36	Paul Lacey V45	3382610	Hadleigh Hares AC a	57	00
19	19	Guy Hayward V45	3228480	Framlingham Flyers	57	00
20	55	Daniel Ager V45	3593488	Ipswich Jaffa RC e	60	00
21	88	Anthony Garth V45	3549336	Newmarket Joggers b	62	00
22	126	David Damant V45	3046946	Stowmarket Striders RC c	64	00