

Steeplechase Session 2

WHEN & WHERE?

10am-3pm Sunday 25th June

West Suffolk Arena, next to

Bury St Edmunds Leisure Centre, Suffolk, IP33 3TT

WHO FOR?

Anyone needing a pre-ESAA practice session or is just too hot and wants a dip.....

I had over 20 last time - but no adults (afraid of the cold water?).

WHO'S INVOLVED?

If she's home,

Emily Moyes (British U20W record holder) may be helping out with Dan Jarvis (2nd ranked U23M).

Depends on pre-Championship plans and commitments.

But Holly Davies (2nd ranked U20W at 1500m 'chase) will be there.

Bring a towel and dry shoes..... maybe lunch and a drink too.

WHO'S RUNNING IT?

David Cripps

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