

Suffolk County AA Championships Results 2017 - 14th May, Ipswich

Under 13 Boys

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m Ht 1	1	Ben	Greenleaf	Ipswich Harriers	13.5	
	2	Oliver	Kinsman	Framliigham flyers	13.7	
	3	Riley	Kemp	Diss AC	13.8	
	4	Jimmy	Williams	Ipswich Harriers	14.2	
	5	Diego	Amorim	Framliigham flyers	15.8	
100m Ht 2	1	Joel	Burgess	Waveney Valley AC	13.6	
	2	James	Walshe	South Lee School	14.0	
	3	Ben	Smart	Framlingham Prep Sch	14.4	
	4	Freddie	Lamprell	Framlingham Prep Sch	14.7	
	5	Jack	Gooch	Waveney Valley AC	16.1	
100m Ht 3	1	Andrew	Roberts	Ipswich Harriers	13.9	
	2	Finn	Howes	Waveney Valley AC	14.2	
	3	Benjamin	Cone	Waveney Valley AC	14.4	
	4	Nat	Salsby	Framlingham Prep Sch	14.9	
100m Final	1	Joel	Burgess	Waveney Valley AC	13.5	
	2	Ben	Greenleaf	Ipswich Harriers	13.6	
	3	Andrew	Roberts	Ipswich Harriers	13.7	
	4	Riley	Kemp	Diss AC	13.9	
	5	James	Walshe	South Lee School	14.0	
	6	Oliver	Kinsman	Framliigham flyers	14.7	
200m Ht1	1	Joel	Burgess	Waveney Valley AC	27.5	=CBP
	2	Ben	Greenleaf	Ipswich Harriers	28.0	
	3	James	Walshe	South Lee School	30.6	
	4	Diego	Amorim	Framliigham flyers	32.9	
	5	Nathan	Littlejohns	Waveney Valley AC	33.1	
200m Ht 2	1	Elliot	Gladwell	Ipswich Harriers	28.9	
	2	Benjamin	Cone	Waveney Valley AC	29.4	
	3	Joshua	Cook	Ipswich Harriers	30.6	
	4	Barney	McCallum	Ipswich Harriers	31.6	
200m Ht 3	1	Oliver	Hitchcock	Ipswich Harriers	27.5	=CBP
	2	Finn	Howes	Waveney Valley AC	29.2	
	3	Jimmy	Williams	Ipswich Harriers	30.2	
	4	Oakley	Graham	Framliigham flyers	34.7	
200m Final	1	Oliver	Hitchcock	Ipswich Harriers	27.3	CBP
	2	Joel	Burgess	Waveney Valley AC	27.5	
	3	Ben	Greenleaf	Ipswich Harriers	28.4	
	4	Elliot	Gladwell	Ipswich Harriers	28.7	
	5	Finn	Howes	Waveney Valley AC	29.5	
	6	Benjamin	Cone	Waveney Valley AC	30.1	

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Under 13 Boys

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
800m	1	Elliot	Gladwell	Ipswich Harriers	2.18.8	=CBP
	2	Joseph	Davison	Framliigham flyers	2.36.1	
	3	Ryan	Grady	Ipswich Harriers	2.38.6	
	4	Benjamin	Peck	Forest Academy	2.49.7	
	5	Diego	Amorim	Framliigham flyers	2.56.4	
		Nathan	Littlejohns	Waveney Valley AC	2.56.6	
1500m	1	Oliver	Hitchcock	Ipswich Harriers	4.51.7	CBP
	2	James	Peck	Mildenhall College A	5.05.0	
	3	Joshua	Cook	Ipswich Harriers	5.12.1	
	4	Max	Fisher	Ipswich Harriers	5.14.1	
	5	Jack	Gooch	Waveney Valley AC	5.24.0	
	6	Nat	Salsby	Framlingham Prep Sch	5.37.9	
75m H	1	Finn	Howes	Waveney Valley AC	14.1	
	2	Barney	McCallum	Ipswich Harriers	14.4	
	3	Riley	Kemp	Diss AC	14.9	
	4	Ben	Smart	Framlingham Prep Sch	15.6	
	5	Seth	Frankland	Waveney Valley AC	19.3	
HJ	1	William	Lamprell	Framlingham Prep Sch	1.50	CBP
	2	Freddie	Lamprell	Framlingham Prep Sch	1.20	
	3	Seth	Frankland	Waveney Valley AC	1.05	
LJ	1	Jimmy	Williams	Ipswich Harriers	4.30	
	2	Riley	Kemp	Diss AC	4.27	
	3	Elliot	Gladwell	Ipswich Harriers	4.25	
	4	Barney	McCallum	Ipswich Harriers	4.17	
	5	Oliver	Kinsman	Framliigham flyers	4.05	
	6	Max	Fisher	Ipswich Harriers	3.85	
	7	Ryan	Grady	Ipswich Harriers	3.79	
	8	Ben	Smart	Framlingham Prep Sch	3.79	
	9	Benjamin	Cone	Waveney Valley AC	3.74	
	10	Nathan	Littlejohns	Waveney Valley AC	3.63	
	11	Seth	Frankland	Waveney Valley AC	3.34	
	12	Freddie	Lamprell	Framlingham Prep Sch	3.28	
	13	Oakley	Graham	Framliigham flyers	3.15	
SP	1	William	Lamprell	Framlingham Prep Sch	10.13	
	2	Louie	Mayall	Framlingham Prep Sch	8.36	
	3	Ethan	Hodds	Waveney Valley AC	7.19	
DT	1	Ethan	Hodds	Waveney Valley AC	21.28	
	2	William	Lamprell	Framlingham Prep Sch	20.92	
	3	Theo	Wild	Framlingham Prep Sch	20.37	
	4	Vaughan	Beckham	Waveney Valley AC	15.46	
JT	1	Louie	Mayall	Framlingham Prep Sch	26.36	
	2	Jack	Gooch	Waveney Valley AC	19.87	
	3	Vaughan	Beckham	Waveney Valley AC	18.45	
	4	Oakley	Graham	Framliigham flyers	8.06	

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Under 15 Boys

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m Final	1	Paolo	Palmieri	Ipswich Harriers	12.6	
	2	Omari	Duporte-Clarke	Ipswich Harriers	12.6	
	3	Lawrence	Myers-Allen	Framlingham Prep Sch	13.4	
200m Final	1	Paolo	Palmieri	Ipswich Harriers	25.7	
	2	William	Bowker	Ipswich Harriers	28.2	
	3	Noah	Graham	Framliigham flyers	32.2	
300m Final	1	Rakesh	Wilson-Snow	Ipswich Harriers	41.1	
	2	William	Bowker	Ipswich Harriers	43.0	
	3	Harvey	Gladwell	Ipswich Harriers	44.1	
800m	1	Rakesh	Wilson-Snow	Ipswich Harriers	2.17.6	
	2	Freddie	Adams	Ipswich Harriers	2.21.9	
	3	Tom	Frohn	Ipswich Harriers	2.32.0	
	4	Alec	Mackay	Framliigham flyers	2.32.7	
1500m	1	George	Wharam	Woodbridge sch	4.42.3	
	2	Oscar	Woodward	St Edmund Pacers	5.14.6	
	3	Harvey	Gladwell	Ipswich Harriers	5.14.8	
	4	Joe	Bradford	West Suffolk AC	5.21.7	
80m H	1	Noah	Graham	Framliigham flyers	18.7	
LJ	1	Paolo	Palmieri	Ipswich Harriers	4.82	
	2	Omari	Duporte-Clarke	Ipswich Harriers	4.54	
	3	Noah	Graham	Framliigham flyers	3.31	
DT	1	Harry	Williamson	Ipswich Harriers	28.79	
	2	Isaac	Price	Copleston HS	23.66	
	3	Solomon	Breyer	Ipswich Harriers	14.67	
HT	1	Solomon	Breyer	Ipswich Harriers	16.75	

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Under 17 Men

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Cameron	Bailey	Ipswich Harriers	11.1	CBP
	2	Leon	Field	Waveney Valley AC	11.8	
	3	Amadi	Gray	RHS	11.9	
	4	Harvey	Williams	West Suffolk AC	12.2	
200m Final	1	Cameron	Bailey	Ipswich Harriers	22.4	CBP
	2	Luigi	Palmieri	Ipswich Harriers	23.3	
	3	Leon	Field	Waveney Valley AC	23.9	
	4	Oscar	Hunt	Ipswich Harriers	24.0	
	5	Harvey	Williams	West Suffolk AC	24.7	
400m	1	Joshua	Hulse	Ipswich Harriers	50.6	
	2	Jack	Grady	Ipswich Harriers	55.3	
	3	Jaaziel	Kajoba	Ipswich Harriers	56.2	
800m	1	Jack	Grady	Ipswich Harriers	2.19.7	
1500m	1	Leon	Dix	Ipswich Harriers	4.35.4	
	2	Samuel	Stevens	Waveney Valley AC	4.43.5	
	3	Callum	Long	West Suffolk AC	5.07.6	
3000m	1	Thomas	Abbott	Ipswich Harriers	9.59.8	
1500m S/C	1	Matthew	Snowdon	Ipswich Harriers	4.46.2	
100m H	1	Teddy	Ntuli	Ipswich Harriers	14.7	
	2	Leon	Field	Waveney Valley AC	15.4	
400m H	1	Luigi	Palmieri	Ipswich Harriers	60.4	
3k Walk	1	George	Wilkinson	Enfield & Haringay	17.04.8	
HJ	1	Charlie	Aldis	Ipswich Harriers	1.65	
	2	Teddy	Ntuli	Ipswich Harriers	1.60	
LJ	1	Jaaziel	Kajoba	Ipswich Harriers	6.08	
	2	Jack	Richards	West Suffolk AC	5.47	
	3	Amadi	Gray	RHS	5.29	
TJ	1	Jack	Richards	West Suffolk AC	11.38	
SP	1	Kieron	Sadler	Ipswich Harriers	12.05	
	2	Oliver	Graham	Ipswich Harriers	11.55	
DT	1	Kieron	Sadler	Ipswich Harriers	36.07	
	2	Oliver	Graham	Ipswich Harriers	34.24	
HT	1	Oliver	Graham	Ipswich Harriers	49.64	
JT	1	Kieron	Sadler	Ipswich Harriers	54.68	
	2	Thomas	Mitson	West Suffolk AC	42.87	

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Under 20 Men

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Jordan	Stevenson	Ipswich Harriers	11.9	
	2	Tersharn	Smith	Ipswich Harriers	12.1	
	3	Isaac	Holmes	Ipswich Harriers	12.7	
400m	1	Jake	Greenleaf	Ipswich Harriers	51.9	
	2	Rhys	Turnbull-Bester	Newmarket Joggers	58.6	
800m	1	Christy	Williams	West Suffolk AC	1.57.2	
	2	Adel	Hamed	Ipswich Harriers	2.05.3	
1500m	1	Adam	Crawford	West Suffolk AC	4.15.4	
	2	Adel	Hamed	Ipswich Harriers	4.16.5	
	3	Joshua	Walker	West Suffolk AC	4.40.7	
	4	Aiden	Church	Saxmundham S&F	4.48.0	
5000m	1	Thomas	Adams	Ipswich Harriers	16.35.9	
		Paul	Wain	Ipswich JAFFA	16.53.9	
		Luke	Wood	Framliigham flyers	17.02.6	
		Alex	Tripp	Ipswich Harriers	17.36.9	
2000m S/C	1	Adam	Crawford	West Suffolk AC	7.01.0	
HJ	1	Christopher	Jones	Ipswich Harriers	1.85	
PV	1	William	Pilkington	Woodbridge sch	2.80	
LJ	1	Isaac	Holmes	Ipswich Harriers	3.99	
TJ	1	Mason	Hodds	Waveney Valley AC	12.18	
SP	1	Mason	Hodds	Waveney Valley AC	9.75	
JT	1	Don	Baker	Ipswich Harriers	59.73	
	2	Daniel	Cole	Ipswich Harriers	56.67	

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Senior Men:

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Kyle	Potter	West Suffolk AC	11.0	
	2	Mark	Ferniz	Ipswich Harriers	11.3	
	3	Conchobhar	Nolan	West Suffolk AC	12.1	
	4	Neil	Gillingham	Ipswich Harriers	13.6	
	5	Paul	McAllister	Hadleigh Hares	14.1	
200m	1	Kyle	Potter	West Suffolk AC	22.2	
	2	Conchobhar	Nolan	West Suffolk AC	25.5	
	3	Neil	Gillingham	Ipswich Harriers	27.5	
	4	Paul	McAllister	Hadleigh Hares	29.8	
	5	Robert	Woolliams	Ipswich Harriers	30.3	
400m	1	Dan	Gartlan	Ipswich Harriers	62.3	
	2	Austin	Davies	West Suffolk AC	65.7	
800m	1	Benjamin	Eames	West Suffolk AC	2.24.2	
	2	Neil	Gillingham	Ipswich Harriers	2.26.5	
	3	Austin	Davies	West Suffolk AC	2.40.1	
1500m	1	James	Wilson	Saxmundham S&F	4.22.9	
	2	Benjamin	Eames	West Suffolk AC	4.24.9	
	3	Neil	Gillingham	Ipswich Harriers	4.56.5	
	4	Mark	Godbold	Ipswich Harriers	5.41.6	
5000M	1	Benjamin	Jacobs	Felixstowe RR	18.10.8	
3k Walk	1	Tony	Wilkinson	Unattached	21.09.1	
LJ	1	Luke	Allen	West Suffolk AC	5.84	
	2	Mike	Pleasants	Framlingham flyers	4.52	
TJ	1	Paul	McAllister	Hadleigh Hares	9.24	
SP	1	Jake	Allen	West Suffolk AC	11.74	
	2	Luke	Allen	West Suffolk AC	9.88	
	3	Paul	McAllister	Hadleigh Hares	8.59	
DT	1	Jake	Allen	West Suffolk AC	37.68	
	2	Paul	Keys	Unattached	22.26	
HT	1	Jake	Allen	West Suffolk AC	44.75	
	2	Michael	Davis	Ipswich Harriers	33.93	
JT	1	Dan	Gartlan	Ipswich Harriers	33.98	

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Under 13 Girls

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m Final	1	Emily	Cann	West Suffolk AC	13.3	
	2	Alicia	Pruce	Framlingham Prep Sch	15.0	
	3	Belle	Armstrong	Ipswich Harriers	15.1	
	4	Alice	Verebelyi	Framlingham Prep Sch	15.3	
	5	Kiera	Kane	Waveney Valley AC	15.4	
	6	Abigail	Vickers	Newmarket Joggers	15.4	
200m Final	1	Emily	Cann	West Suffolk AC	29.1	
	2	Molly	Howell	West Suffolk AC	30.7	
	3	Piper	Wingrove	West Suffolk AC	32.2	
	4	Kiera	Kane	Waveney Valley AC	33.0	
	5	Lorna	Coull	West Suffolk AC	34.1	
	6	Scarlett	Deasy	Ipswich Harriers	34.5	
800m	1	Lorna	Coull	West Suffolk AC	2.39.2	
	2	Isobel	Alexander	Ipswich Harriers	2.40.0	
	3	Molly	Howell	West Suffolk AC	2.46.0	
	4	Piper	Wingrove	West Suffolk AC	2.47.2	
	5	Scarlett	Deasy	Ipswich Harriers	3.00.0	
	6	Anna	Cogdell	Framlingham Prep Sch	3.01.7	
	7	Bailey	Robinson	Framliigham flyers	3.33.0	
1500m	1	Lillia	Battell	West Suffolk AC	5.22.8	
	2	Chloe	Gilbert	Kesgrave HS	5.24.3	
	3	Eva	Marshall	West Suffolk AC	5.35.7	
	4	Ffion	Aston	Ipswich Harriers	5.53.9	
	5	Harriet	Dovey	Ipswich Harriers	5.58.8	
	6	Stephanie	Allen	St Edmund Pacers	6.01.6	
	7	Isabelle	Woodward	St Edmund Pacers	6.15.0	
70m H	1	Emma	Williamson	Framlingham Prep Sch	12.4	
	2	Charlotte	Graham	Ipswich Harriers	14.6	
1K Walk	1	Molly	Howell	West Suffolk AC	8.58.2	
HJ	1	Emma	Williamson	Framlingham Prep Sch	1.25	
LJ	1	Emily	Cann	West Suffolk AC	4.53	
	2	Emma	Williamson	Framlingham Prep Sch	4.25	
	3	Kiera	Kane	Waveney Valley AC	4.01	
	4	Eva	Marshall	West Suffolk AC	3.78	
	5	Belle	Armstrong	Ipswich Harriers	3.59	
	6	Alice	Verebelyi	Framlingham Prep Sch	3.19	
SP	1	Sasha	Wilson	West Suffolk AC	7.41	
	2	Mia	Edwards	Sybil Andrews Academy	6.71	
	3	Tabitha	Walker	Framlingham Prep Sch	5.97	
	4	Ruby	Boddy	Framlingham Prep Sch	5.15	
DT	1	Charlotte	Graham	Ipswich Harriers	22.2	
	2	Sasha	Wilson	West Suffolk AC	17.6	
	3	Mia	Edwards	Sybil Andrews Academy	16.9	
	4	Tabitha	Walker	Framlingham Prep Sch	13.49	
JT	1	Sasha	Wilson	West Suffolk AC	20.33	
	2	Tabitha	Walker	Framlingham Prep Sch	13.64	
	3	Mia	Edwards	Sybil Andrews Academy	12.65	

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Under 15 Girls

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m Final	1	Lonarra	Youngs	Ipswich Harriers	12.9	
	2	Kayley	Earl	Sir John Leman HS	13.0	
	3	Madison	Frost	Ipswich Harriers	13.8	
	4	Anabelle	Bentley	Bottisham V College	14.8	
	5	Rose	Branton	Framliigham flyers	15.3	
	6	Amber	Ollett-Walton	West Suffolk AC	15.6	
200m Final	1	Lonarra	Youngs	Ipswich Harriers	27.0	
	2	Kayley	Earl	Sir John Leman HS	27.3	
	3	Eliza	Betts	Colchester Harriers	28.5	
	4	Anabelle	Bentley	Bottisham V College	30.3	
	5	Libby	Stinson	West Suffolk AC	32.4	
	6	Amber	Ollett-Walton	West Suffolk AC	32.9	
300m Final	1	Jemima	Bestley	Ipswich Harriers	44.4	
800m	1	Mimi	Salsby	Ipswich Harriers	2.35.5	
	2	Mia	Dann	Ipswich Harriers	2.45.9	
	3	Libby	Stinson	West Suffolk AC	2.50.3	
	4	Rose	Branton	Framliigham flyers	2.52.5	
1500m	1	Holly	Fisher	Ipswich Harriers	4.54.4	
	2	Tilly	Aldis	Ipswich Harriers	5.02.4	
	3	Brook	Oram	Gt Yarmouth AC	5.18.3	
	4	Poppy	Branton	Framliigham flyers	5.26.3	
	5	Chloe	Cavill	West Suffolk AC	5.34.4	
	6	Rhian	O'Brien	King Edward VI Sch	6.08.3	
75m H Final	1	Maisy	Armstrong	Ipswich Harriers	12.5	
	2	Madison	Frost	Ipswich Harriers	13.2	
	3	Abeni	Beckham	Waveney Valley AC	13.5	
	4	Freya	Faulkner	Framlingham Prep Sch	13.7	
1K Walk	1	Amber	Ollett-Walton	West Suffolk AC	8.30.5	
	2					
HJ	1	Eliza	Betts	Colchester Harriers	1.40	
	2	Abeni	Beckham	Waveney Valley AC	1.25	
PV	1	Sophie	Graham	Woodbridge sch	2.15	
LJ	1	Eliza	Betts	Colchester Harriers	4.54	
	2	Maisy	Armstrong	Ipswich Harriers	4.39	
	3	Madison	Frost	Ipswich Harriers	4.28	
	4	Mandy	Godbold	Ipswich Harriers	3.56	
TJ	1	Abeni	Beckham	Waveney Valley AC	8.94	
SP	1	Eleanor	Pilkington	Woodbridge sch	9.65	
	2	Freya	Faulkner	Framlingham Prep Sch	8.49	
	3	Joella	Kajoba	Ipswich Harriers	7.20	
DT	1	Sophie	Graham	Woodbridge sch	28.73	
	2	Carmen	Alexander	Ipswich Harriers	17.71	
	3	Brook	Oram	Gt Yarmouth AC	14.72	
HT	1	Carmen	Alexander	Ipswich Harriers	20.60	
JT	1	Sophie	Graham	Woodbridge sch	32.50	
	2	Brook	Oram	Gt Yarmouth AC	20.61	
	3	Ruth	Smithbone	Ipswich Harriers	18.14	

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Under 17 Women

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m Final	1	Hannah	Lygo	Ipswich Harriers	12.5	
	2	Hannah	Mayne	GYADC	13.0	
	3	Jasmine	Cant	Ipswich Harriers	13.0	
200m	1	Hannah	Lygo	Ipswich Harriers	26.4	
	2	Beatrice	Green	Ipswich Harriers	26.8	
	3	Jasmine	Cant	Ipswich Harriers	27.0	
	4	Morgan	Frost	Ipswich Harriers	27.9	
300m Final	1	Beatrice	Green	Ipswich Harriers	43.0	
800m	1	Harriet	Lyman	Waveney Valley AC	2.26.6	
	2	Imogen	Bowyer	Ipswich Harriers	2.50.5	
	3					
1500m	1	Olivia	Allum	Culford school	4.45.5	CBP
	2	Kirsten	O'Brien	King Edward VI Sch	5.30.6	
1500m S/C	1	Claudia	Spencer-Hill	West Suffolk AC	5.48.9	
80m H	1	Bella	Keeley	Ipswich Harriers	12.4	
	2	Morgan	Frost	Ipswich Harriers	12.9	
	3	Maddie	Venn	Ipswich Harriers	13.3	
300m H	1	Bella	Keeley	Ipswich Harriers	47.0	CBP
HJ	1	Kirsten	Snook	Ipswich Harriers	1.40	
	2	Maddie	Venn	Ipswich Harriers	1.40	
LJ	1	Hannah	Mayne	GYADC	5.00	
	2	Hannah	Lygo	Ipswich Harriers	4.76	
TJ	1	Harriet	Lyman	Waveney Valley AC	9.54	
SP	1	Gemma	Ramsey	Ipswich Harriers	10.70	
	2	Alana	Wilson	West Suffolk AC	10.21	
	3	Faye	Alexander	Ipswich Harriers	8.01	
DT	1	Megan	Hughes	Ipswich Harriers	18.24	
	2	Alana	Wilson	West Suffolk AC	17.27	
HT	1	Amy	Davies	West Suffolk AC	43.13	
	2	Faye	Alexander	Ipswich Harriers	35.54	
JT	1	Gemma	Ramsey	Ipswich Harriers	38.91	CBP
	2	Alana	Wilson	West Suffolk AC	32.57	
	3	Megan	Hughes	Ipswich Harriers	32.40	

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Under 20 Women

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
200m	1	Eldece	Emery	Ipswich Harriers	26.7	
	2	Chloe	Godbold	Ipswich Harriers	28.1	
400m	1	Chloe	Godbold	Ipswich Harriers	65.1	
800m	1	Holly	Davies	West Suffolk AC	2.32.7	
	2	Lily	Woodruff	Ipswich Harriers	2.33.9	
	3	Lauren	Oram	Gt Yarmouth AC	3.03.1	
1500m	1	Lily	Woodruff	Ipswich Harriers	5.10.8	
	2	Lauren	Oram	Gt Yarmouth AC	6.17.8	
3000m	1	Megan	Newton	West Suffolk AC	10.38.1	
5000m	1	Polly	Peate	Framliigham flyers	21.51.8	
1500m S/C	1	Holly	Davies	West Suffolk AC	5.01.9	
	2	Lily	Woodruff	Ipswich Harriers	5.55.1	
HJ	1	Holly	Aston	Ipswich Harriers	1.40	
LJ	1	Janae	Duporte-Clarke	Ipswich Harriers	4.82	
TJ	1	Janae	Duporte-Clarke	Ipswich Harriers	10.75	
DT	1	Laura	Graham	Woodbridge sch	33.34	
	2	Lauren	Oram	Gt Yarmouth AC	21.09	
HT	1	Lana	Fulcher	Ipswich Harriers	42.13	
JT	1	Laura	Graham	Woodbridge sch	37.31	
	2	Holly	Aston	Ipswich Harriers	20.63	
	3	Lauren	Oram	Gt Yarmouth AC	19.90	

Suffolk County AA Championships Results 2017 - 14th May, Ipswich

Senior Women

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Hannah	Janes		12.5	
	2	Chantelle	Kilpatrick	Ipswich Harriers	12.8	
200m	1	Chantelle	Kilpatrick	Ipswich Harriers	27.7	
	2	Keeley	Whitlock	Ipswich Harriers	32.7	
400m	1	Hetty	Bartlett	Orwell Panthers	70.4	
800m	1	Katie	Margarson	St Edmund Pacers	2.27.6	
	2	Christine	Anthony	West Suffolk AC	2.46.5	
1500m	1	Christine	Anthony	West Suffolk AC	5.34.6	
	2	Mandy	Godbold	Ipswich Harriers	7.16.5	
5000M	1	Maureen	McCarthy	West Suffolk AC	20.21.5	
	2	Mandy	Godbold	Ipswich Harriers	25.57.5	
1500m S/C	1	Mandy	Godbold	Ipswich Harriers	8.13.2	
3k Walk	1	Joyce	Crawford	EMAC	18.29.7	
HJ	1	Cassie	Scotting	West Suffolk AC	1.25	
LJ	1	Chantelle	Kilpatrick	Ipswich Harriers	5.42	
	2	Tania	Spurling	West Suffolk AC	5.18	
	3	Hannah	Castle	Colchester & T	3.75	
TJ	1	Tania	Spurling	West Suffolk AC	11.30	
	2	Chantelle	Kilpatrick	Ipswich Harriers	10.19	
	3	Hannah	Castle	Colchester & T	7.24	
SP	1	Debbie	Castle	Colchester & T	9.38	
	2	Keeley	Whitlock	Ipswich Harriers	7.01	
DT	1	Debbie	Castle	Colchester & T	30.46	
	2	Hannah	Castle	Colchester & T	22.60	
HT	1	Debbie	Castle	Colchester & T	28.74	
JT	1	Debbie	Castle	Colchester & T	32.53	