

Suffolk County AA Championships Results 2017 - 14th May, Ipswich

Senior Men:

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Kyle	Potter	West Suffolk AC	11.0	
	2	Mark	Ferniz	Ipswich Harriers	11.3	
	3	Conchobhar	Nolan	West Suffolk AC	12.1	
	4	Neil	Gillingham	Ipswich Harriers	13.6	
	5	Paul	McAllister	Hadleigh Hares	14.1	
200m	1	Kyle	Potter	West Suffolk AC	22.2	
	2	Conchobhar	Nolan	West Suffolk AC	25.5	
	3	Neil	Gillingham	Ipswich Harriers	27.5	
	4	Paul	McAllister	Hadleigh Hares	29.8	
	5	Robert	Woolliams	Ipswich Harriers	30.3	
400m	1	Dan	Gartlan	Ipswich Harriers	62.3	
	2	Austin	Davies	West Suffolk AC	65.7	
800m	1	Benjamin	Eames	West Suffolk AC	2.24.2	
	2	Neil	Gillingham	Ipswich Harriers	2.26.5	
	3	Austin	Davies	West Suffolk AC	2.40.1	
1500m	1	James	Wilson	Saxmundham S&F	4.22.9	
	2	Benjamin	Eames	West Suffolk AC	4.24.9	
	3	Neil	Gillingham	Ipswich Harriers	4.56.5	
	4	Mark	Godbold	Ipswich Harriers	5.41.6	
5000M	1	Benjamin	Jacobs	Felixstowe RR	18.10.8	
3k Walk	1	Tony	Wilkinson	Unattached	21.09.1	
LJ	1	Luke	Allen	West Suffolk AC	5.84	
	2	Mike	Pleasants	Framlingham flyers	4.52	
TJ	1	Paul	McAllister	Hadleigh Hares	9.24	
SP	1	Jake	Allen	West Suffolk AC	11.74	
	2	Luke	Allen	West Suffolk AC	9.88	
	3	Paul	McAllister	Hadleigh Hares	8.59	
DT	1	Jake	Allen	West Suffolk AC	37.68	
	2	Paul	Keys	Unattached	22.26	
HT	1	Jake	Allen	West Suffolk AC	44.75	
	2	Michael	Davis	Ipswich Harriers	33.93	
JT	1	Dan	Gartlan	Ipswich Harriers	33.98	