

SUFFOLK Sportshall Athletics

Date: **071017**

Location: **Ipswich**

Competition Details:

Team Events

Sat 07th Oct - Northgate, Ipswich

Sat 21st Oct - Northgate, Ipswich

Sat 11th Nov - Northgate, Ipswich

Individual entry

Regional Competition (East)

24th Mar 2018 - UEA, Norwich

National Final

See National Sportshall link: <http://www.sportshall.org/>

2.00 pm

u11B 1 Lap

		Time	Position	Points	Combined
A	Lester Palmer	13.2	7	19	31
AA	Matthew Moore	15.2	14	12	
B	Benjamin Chatfield	14.9	13	13	27
BB	Poseidon Green	14.2	12	14	
C	Liam Bridges	12.8	4	22	45
CC	Jude Benson-Smith	12.7	3	23	
D	Daniel Ashford	13.9	10	16	34
DD	Ben Littlejohns	13.3	8	18	
E					
EE					
F	Liam Abernethy	14.0	11	15	35
FF	Sam Newbold	13.0	6	20	
G	Jack Lugo	12.3	1	25	42
GG	Oliver Reed	13.6	9	17	
H	Okeri Hambira	12.4	2	24	45
HH	Oliver Maycock	12.9	5	21	
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3.20 pm

u11B 2 Lap

		Time	Position	Points	Combined
A	Ben Terry	27.2	9	17	29
AA	Lester Palmer	28.4	14	12	
B	Deante Mavimbela	27.9	12	14	32
BB	Sam Quarton	27.1	8	18	
C	Thomas Supple	26.0	5	21	45
CC	Alfie Caplin	25.8	2	24	
D	Ben Littlejohns	27.5	10	16	36
DD	Josh Brabben	26.5	6	20	
E					
EE					
F	Toby Lansdown	27.7	11	15	28
FF	Sam Newbold	28.0	13	13	
G	Theodor Bucur	25.8	2	24	49
GG	Finlay Snowdon	25.3	1	25	
H	James Bigg	25.8	2	24	43
HH	Joshua Chatfield	26.8	7	19	
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3.30 pm

u11B Chest Push

		First throw	Second thr	Thirđ throw	Best throw	Position	Points	Combined
A	Matthew Moore				3.50	12	14	14
AA								
B	Liam Bloomfield				3.00	13	13	33
BB	Poseidon Green				5.00	6	20	
C	Jude Benson-Smith				5.25	4	22	47
CC	Alfie Caplin				6.50	1	25	
D	Daniel Ashford				4.50	9	17	32
DD	Wilf Gouldby				4.25	11	15	
E								
EE								
F	Toby Lansdown				5.00	6	20	40
FF	Liam Abernethy				5.00	6	20	
G	Theodor Bucur				5.50	3	23	45
GG	Charlie Hegarty				5.25	4	22	
H	Zak Collett				4.50	9	17	41
HH	Ricky Nicholls				6.00	2	24	
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2.30 pm

u11B

Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A	Lester Palmer				1.30	12	14	27
AA	Matthew Moore				1.24	13	13	
B	Liam Bloomfield				1.16	14	12	28
BB	Sam Quarton				1.38	10	16	
C	Jude Benson-Smith				1.62	3	23	47
CC	Thomas Supple				1.68	2	24	
D	Daniel Ashford				1.44	8	18	36
DD	Wilf Gouldby				1.44	8	18	
E								
EE								
F	Harry Langner				1.32	11	15	34
FF	Sam Newbold				1.48	7	19	
G	Oliver Reed				1.60	4	22	42
GG	Charlie Hegarty				1.52	6	20	
H	Zak Collett				1.56	5	21	46
HH	Ricky Nicholls				1.94	1	25	
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1.50 pm

u11B Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B	Poseidon Green				4.00	8	18	35
BB	Benjamin Chatfield				3.75	9	17	
C	Jude Benson-Smith				4.76	2	24	49
CC	Alfie Caplin				4.89	1	25	
D	Ben Littlejohns				4.61	3	23	37
DD	Daniel Ashford				3.07	12	14	
E								
EE								
F	Harry Langner				3.39	11	15	35
FF	Toby Lansdown				4.25	6	20	
G	Jack Lugo				4.46	5	21	43
GG	Charlie Hegarty				4.55	4	22	
H					3.68	10	16	35
HH	Joshua Chatfield				4.10	7	19	
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u11B Speed Bounce

		Total Bounces	Position	Points	Combined
A	Ben Terry	40	9	17	30
AA	Matthew Moore	29	13	13	
B	Poseidon Green	39	11	15	27
BB	Liam Bloomfield	19	14	12	
C	Liam Bridges	47	1	25	50
CC	Thomas Supple	47	1	25	
D	Ben Littlejohns	43	6	20	39
DD	Josh Brabben	42	7	19	
E					
EE					
F	Harry Langner	35	12	14	31
FF	Liam Abernethy	40	9	17	
G	Oliver Reed	44	5	21	44
GG	Theodor Bucur	46	3	23	
H	Oliver Maycock	42	7	19	42
HH	Okeri Hambira	46	3	23	
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u11B Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A	Ben Terry				13.0	4	22	38
AA	Lester Palmer				9.0	10	16	
B	Poseidon Green				8.0	13	13	29
BB	Liam Bloomfield				9.0	10	16	
C	Liam Bridges				17.0	1	25	50
CC	Thomas Supple				17.0	1	25	
D	Josh Brabben				14.0	3	23	35
DD	Wilf Gouldby				7.0	14	12	
E								
EE								
F	Harry Langner				11.0	8	18	34
FF	Toby Lansdown				9.0	10	16	
G	Mario Salter				10.0	9	17	37
GG	Charlie Hegarty				12.0	6	20	
H	Ricky Nicholls				12.0	6	20	42
HH	Zak Collett				13.0	4	22	
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3.25 pm

u11G 2 Lap

		Time	Position	Points	Combined
A	Imogen Porch	28.0	4	22	41
AA	Megan Meadows	30.2	7	19	
B					
BB					
C	Agatha Gouldby				
CC					
D					
DD					
E					
EE					
F					
FF					
G	Lana Inniss	23.9	1	25	49
GG	Adeline-Faro	25.7	2	24	
H	Bayleigh Sawyer	28.5	5	21	39
HH	Evie Morris	31.0	8	18	
I					
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M	Rebecca Sinden	26.6	3	23	43
MM	Lauren Cole	29.0	6	20	
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u13B Speed Bounce

		Total Bounces	Position	Points	Combined
A	Peter Jardine	69	4	22	22
AA					
B					
BB					
C	Ben Cone	83	1	25	50
CC	Vaughan Beckham	83	1	25	
D	Nathan Littlejohns	72	3	23	45
DD	Seth Frankland	69	4	22	
E					
EE					
F	Kieron Mitchell-Andrews	61	6	20	39
FF	Reece Mitchell-Andrews	46	7	19	
G					
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2.20 pm

u13 6 Lap

		Time
A AA	Mae Washington	91.4
B BB		
C CC	Gabby Wright Isabella Christmas-A	85.7 85.2
D DD		
E EE		
F FF	Lola Stallard	
G GG	Ruth Westland Belle Armstrong	86.9 88.8
H HH		
I II		
J JJ		
K KK		
L LL		
M MM	Enya Calver-Brown Kaitlin Sinden	90.9 90.9
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Position	Points
7	19
2	24
1	25
3	23
4	22
5	21
5	21

Combined
19
49
45
42

1.30 pm

13G

Triple Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A AA	Lara Dolan				4.68	5	21	21
B BB								
C CC	Kiera Kane Isabella Christmas-Ablett				5.81 5.03	1 3	25 23	48
D DD								
E EE								
F FF	Grace Harley				4.24	6	20	20
G GG	Belle Armstrong				4.83	4	22	22
H HH								
I II								
J JJ								
K KK								
L LL								
M MM	Sophie Hansen Kaitlin Sinden				3.94 5.35	7 2	19 24	43
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Q QQ								
R RR								
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U UU								
V VV								
W WW								
X XX								
Y YY								
Z ZZ								

13G Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A	Izzy Porch				6.01	2	24	47
AA	Lara Dolan				5.83	3	23	
B								
BB								
C	Amber English				6.68	1	25	44
CC	Laila Spurgeon				4.41	7	19	
D								
DD								
E								
EE								
F	Grace Harley				5.05	5	21	21
FF								
G	Ruth Westland				5.62	4	22	22
GG								
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M	Jess Righton				4.96	6	20	38
MM	Sophie Hansen				3.82	8	18	
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13G 8 Lap Paarlauf

A	Mae Washington Izzy Porch
B	
C	Amber English Isabella Christmas-Ablett
D	
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G	Belle Armstrong Bridget Scanlon
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M	Sophie Hansen Kaitlin Sinden
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117.7
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107.9
114.7

Pos	Points
4	22
1	25
2	24
3	23

