



SUFFOLK COUNTY ATHLETIC ASSOCIATION

MINUTES OF THE MEETING held at Stowmarket Leisure Centre, Stowmarket Friday 5 May 2017.

Present: Joe Mower, Tony Cheatham, Jean & Bill Cox, Karin Mead, Jonathon Wilding, Paul Felton, Ron Wallwork, Trevor Bunch, Ian Gooderham, Terry McEntee, Margaret Leek.

Apologies: Ricky Peacher, Claire Hoblyn, Odile Whaldon, Robin Belsom, Mike Oakley

Minutes of the meeting of 2 December 2016: The minutes of the meeting having been circulated and were signed as a true record after amendments as follows were made:

- Under Road Running - 3rd line should read runner.
- Friday 5 - should be once not cone.

Matters arising: None

Finance:

Tony Cheatham reported that:

- the balance in the main account is £14,219.67 - in credit about £2500 at this time which includes the County entry fees but no expenses.
- The balance in the Number 2 account was £1,027.15

Thompson coaches were the cheapest.

KM handed over monies from hoodies, vests and travel money. TMc handed over Sportshall money.

Track and Field:

- ✧ TC reported that all the entries were now in. There were 240 athletes entered. £2,400 entry fees and the track cost was between £6/700. First Aid cost is cheaper than last year.
- ✧ JM had received an email re: entry to the SEAA inter-counties championships and KM will deal with this.
- ✧ No details have been received to date about the U13 championships - JM will deal with this.

Cross Country:

- ✧ JM and PF have a preliminary meeting with Culford School on Monday. Sudbury Joggers had been asked if they would be interested in doing the refreshments and they have agreed. They will also provide 6 people for car parking.
- ✧ Future dates: XC relay championships 4 November 2017 Mansfield.
SEAA cc championships 18 November 2017 Parliament Hill
SEAA inter-counties 9 December 2017 Horspath
Eastern Counties 18 November 2017 Nowton Park

PF gave the date of the SEAA AGM which is on 10 September but he is unable to attend.

KM gave the results of the Inter-counties at Loughborough first Suffolk runners home:

U13 G Tilly Aldis 39th; U15G Sarah Barker 48th; U17W Megan Newton 64th; U20W Emily Moyes 22nd; SW Angela Joiner-Handy 142nd; U13B Lewis Sullivan 18th; U15B Nathan Goddard 29th; U17M Adel Hamed 63rd; U20M Alexander Lawrence 59th. KM said that if there had been a Senior Men's team Suffolk would have had a full set and could have gone for the most improved County.

Road Racing: Report from Trevor Bunch

Suffolk entered two teams in the Essex 20 Inter County Invitational Match. The Senior Men finished 6th and the Senior Women 4th.

County Championships The County Half Marathon Championships were incorporated into the Stowmarket Half Marathon held Sunday 19th March. Out of 402 runners taking part overall, an impressive 322 were eligible for the County Championship. This resulted in good numbers of runners in each of the age categories.

Grand Prix Series

Races 1&2 were the Tarpley 10M & 20M held on Sunday 26th Feb. There were 383 runners in the Tarpley 10, of which 176 were eligible for the GP (87 female and 89 male). In the Tarpley 20 there were 316 runners of which 131 were eligible for the GP (54 female and 77 male). • Race 3 was the Sudbury 5M Fun Run held on Friday 14th April. A total of 450 runners took part, of which 129 were eligible for the GP (57 female and 72 male)

In the London Marathon Aaron Scott was 3rd in a time of 2hrs 17.46secs and Victoria Kenny was 39th in her category in a time of 2hr55.37secs.

In the mini marathon Tilly Aldis of Ipswich Harriers finished 3rd in the Under 13 girls race representing East and the team were 6th. Holly Fisher of Ipswich Harriers finished 40th in the Under 15 girls race also representing East and the team were 7th. Megan Newton of West Suffolk AC finished 39th in the Under 17 Women's race.

Rule change Road Race times for championships as per Rule 165.24e which states - all times need to be converted to .01 second and recorded to whole second. All read times not ending in zero shall be converted and recorded to the next longer whole second, e.g.2.09.44.3 shall be recorded as 2.09.45.

PF informed the meeting that UKA is being sponsored by a headphone company which allows certain headphones to be worn during competition. However, if organisers of road races have their own rules which state that no headphones to be worn then athletes must abide by the individual race rules.

PF also informed the meeting that the Friday 5 race organised by JAFFA has no licence and neither have the Twilight races.

There was a long discussion on the Rules for County Championship Road Races. Rule 7.1 needs to be revised which TBU will update and put on the website.

Race Walking:

RW reported that Callum Wilkinson set a British Under-23 record on his 20km debut in Lugano Switzerland back in March. This time (1hr23.47secs) was also inside the qualifying standard for this summer's IAAF World Championships to be staged in London. It also places him 5th on the all time list. There are 2/3 ladies in the west of the county doing well.

The annual Moulton Walk is on 3 June 2017.

Sportshall: Report from Terry McEntee

- ⤴ Sportshall dates are 7 and 21 October 2017.
- ⤴ Quadkids is in July. Need to promote this event to make it more appealing therefore need someone good at IT to design a flyer.
- ⤴ Need more Clubs to take part in sportshall competition.

Network: Report from Terry McEntee

- First Aid course did not go ahead but there may be one in October.

Officials:

α) **Track and Field:** TC had nothing to report.

β) **Endurance:**

⤴ JM reported that Officials had been sent Risk Assessment course to do and this has not been done therefore he assumes these Officials are not interested and if their DBS is not up-to-date they will be taken off the list and licence taken away. JM has a meeting next week to deal with this.

Date of the next meeting:

⤴ This was set for Friday 15 September 2017

AOB:

- CAU AGM is 29 July 2017 at Bedford.
- PF referring to the Committee set-up there appears to be a lack of Vice-Presidents. However Jonathan Wilding, Bill Cox and Jean Cox were elected on 6 May 2016 and need to be added to the list.

With no other business the meeting closed 8.30pm