



SUFFOLK COUNTY ATHLETIC ASSOCIATION

MINUTES OF THE MEETING held at Stowmarket Leisure Centre, Stowmarket
Friday 01 December 2017.

Present: Joe Mower, Tony Cheatham, Jean & Bill Cox, Karin Mead, Mike Oakley, Jonathan Wilding, Robin Belsom, Ron Wallwork, Mark Goddard, Margaret Leek.

The Chairman welcomed Mark Goddard to the Committee, who has taken on the role of Schools' Representative.

Apologies: Claire Hoblyn, Trevor Bunch, Jonathan Price, Terry McEntee, Ian Gooderham, Ricky Peacher, Paul Felton.

Minutes of the meeting of 15 September 2017: The minutes of the meeting having been circulated and were signed as a true record.

Matters arising: No matters arising.

Finance:

Tony Cheatham had produced an income/expenditure sheet which was handed to those present. On the Network side £600 has been paid out in bursaries. There is an outstanding bill from Ipswich Borough Council for the last Sportshall competition but there should be some income from this.

Track and Field:

- Northgate Track is booked for the County Championships on 14 May 2018. First Aid etc to be booked and this will be done in the near future.
- The County needs to apply for its own permit this year for these championships as the previous 'block permit' for Counties is not being applied for.
- JC brought the Committee's attention to the fact that if Northgate School becomes an academy in the future, the future of the track could/may be in question.
- The CAU Championships are on the 28/29 July 2018 and will be in Manchester. It is unlikely that Suffolk will send a team.

Cross Country:

- JM and PF have to Culford and measured the courses. They will be different to the schools' event. There will be 2k and 4k loops and a 1k loop for the youngsters. JM is awaiting to replies from Officials and then he will send the list out.
- JM reported that Lewis Sullivan of St Edmunds Pacers finished 2nd in the U13 boys race at the Cross Challenge, Liverpool; Tilly Aldis of Ipswich Harriers was 17th in the U15 girls and Emily Moyes was 26th. In the Cross Challenge at Milton Keynes Lewis was 2nd and Tilly Aldis was 15th.

Road Racing: Report from Trevor Bunch

Suffolk Grand Prix:

- Race 5 was the Simplyhealth Great East Run HM held on Sunday 24th September. A total of 2416 runners took part, of which 399 were eligible for the GP (162 female and 237 male).
- Race 6 was the Martlesham 10K held on Sunday 8th October. A total of 432 runners took part, of which 205 were eligible for the GP (77 female and 128 male).
- Race 7 was the Stowmarket Scenic 7 held on Sunday 12th Nov. A total of 423 runners took part, of which 248 were eligible for the GP (123 female and 125 male).

- The final GP race of this year is the Turkey Trot on Sunday 10th Dec.

Sportlink Running & Fitness have confirmed that they will once again sponsor the GP series in 2018.

Trophies for GP and County Championships

The amount charged for inclusion in the GP and County Champs was questioned at the fixtures meeting in September. I can now confirm that the cost of this year's trophies is entirely covered, and with a surplus of £90. Breakdown below.

Income

Sponsorship	£250.00
GP Races (8 events @ £35)	£280.00
County Champs (4events @ £35)	<u>£140.00</u>
Total Income	£670.00

Expenditure

GP Trophies	£180.00
County champs medals (4events @ £100)	<u>£400.00</u>
Total Expenditure	£580.00

Net £ 90.00

Inter-counties

Sussex AA are proposing a new 10K inter-counties race in 2018, possibly incorporated into the Brighton 10K in November. At present they are canvassing interest from the counties, and I have replied to say that we would potentially look to enter teams.

JM said that under Expenditure the County Champs medals figure should be £455 thus making the surplus £35.

Race Walking:

RW reported that the day after the previous meeting George Wilkinson had won the Schools intermediate walking championship. Callum Wilkinson has got his ticket to the Commonwealth Games in Australia 2018.

Ron repeated his message that if anyone was interested in race walking he is happy to advise them.

Sportshall: Report from Terry McEntee

- ^ The 3 league meetings have been held at Northgate with very good numbers taking part - 108 athletes at the last meeting. 2 new clubs this year Stowmarket Striders and Beccles & Bungay Harriers

^ Results

U11 Boys: 1 Waveney Valley A; 2 Northgate A; 3 Waveney Valley B

U11 Girls: 1 Northgate A; 2 Northgate B; Beccles & Bungay

U13 Boys: 1 Waveney Valley A; 2 Ipswich Jaffa; 3 Waveney Valley B

U13 Girls: 1 Waveney Valley; 2 Beccles & Bungay; 3 Ipswich Jaffa

U15 Boys and Girls - individual competition

U15 Boys: 1 Jay Collett; 2 Ryan Mitchell; 3 Tom Spurgeon

U15 Girls: 1 Maisey Armstrong; 2 Abeni Beckham; 3 Deryn Baidoo

- ^ Championships event was held on Saturday 25th November - held for the first time and on an individual basis, the event attracted over 80 athletes
- ^ Regional Sportshall 24th March 2018 at UEA Norwich with a training day for the teams on 3rd March at Northgate

- ⤴ Sportshall Planning Group meeting will take place on Tuesday 12th December with a 7.00pm start at Ufford Park - agenda will include a review of this year and plan for 2018

Coaching

- ⤴ Suggest that the Agenda item on 'Network' be changed to 'Coaching' for future meeting agendas
- ⤴ So far this year 3 Felixtowe Running Club coaches have been supported with bursaries - Coaching Assistant, Certificate in Running Fitness and Leadership in Running Fitness
- ⤴ 6 bursaries have been approved for Ipswich Harriers all for Coaching Assistant

Officials:

- Track & Field** - MO reported that there are three Officials who are poorly. One Official has been "lost" as not renewed DBS. There are 7 training Field Officials 6 from West Suffolk and 1 from Ipswich Harriers.
- Endurance** - JM reported that the official figure is 38 but 11 could come off as they have not done the Risk Assessment course.

Schools' Report:

- MG reported that Ruby Vinton of Woodbridge School/Ipswich Harriers had won the English Schools Cross Country Cup Final in the Junior Girls category at Sevenoaks.
- Woodbridge School will be hosting the final of the Schools Cup in 2018.

Date of the AGM:

This was set for Friday 09 February 2018. It was proposed and agreed that Affiliation fees should be increased to £65.

AOB:

- KM raised the question of having written down Job Descriptions for the various posts. MO has these on file and will forward to members. This item to go on the agenda for the next meeting.
- KM handed over a cheque to TC for hooded tops.

With no other business the meeting closed 8.10pm