



## SUFFOLK COUNTY ATHLETIC ASSOCIATION

MINUTES OF THE MEETING held at Stowmarket Leisure Centre, Stowmarket Friday 15 September 2017.

**Present:** Joe Mower, Tony Cheatham, Jean & Bill Cox, Karin Mead, Trevor Bunch, Terry McEntee, Mike Oakley, Jonathan Price, Margaret Leek.

Prior to the meeting a minutes silence was observed for Phil Tomkins who passed away in July 2017.

**Apologies:** Claire Hoblyn, Robin Belsom, Ian Gooderham, Ron Wallwork, Jonathan Wilding.

**Minutes of the meeting of 5 May 2017:** The minutes of the meeting having been circulated and were signed as a true record.

**Matters arising:** JP commented that under "Cross Country" he was not certain that Sudbury Joggers would be able to do the refreshments for the County Championships. He would enquire.

### **Finance:**

Tony Cheatham had produced an income/expenditure sheet which was handed to those present. In the No 2 account there is £422.17p and with both accounts the total amount is £14,398.88 although at this stage the No 1 account was in deficit over the year.

KM handed over bus/hooded tops/vest money collected to TC.

### **Track and Field:**

- ✦ TC reported that the County Championships had been a good day although could have done with more officials, especially on the field.
- ✦ 8 new records were set.
- ✦ TC thanked everyone who helped .
- ✦ No date, as yet, has been set for 2018. It could be 18 May which would pose a problem because the Air Cadets have booked the Ipswich track, therefore the championships would have to be at Bury.
- ✦ KM gave the results of the U13 SEAA championships at Kingston; at the U15/U20 SEAA championships at Oxford Lonarra Youngs won the U15 Girls 100m title; the following day at Stevenage was the Hibbard/Bemax/Peterhouse trophy meeting - U17 Men finished 2<sup>nd</sup>. Holly Archer and Megan Newton were outstanding winners of their events, 800m and 3000m respectively. With regard to the Oxford meeting, KM reported that extra expenses were paid to one family to enable the child to compete. The committee agreed with this decision. The total expenses paid were a lot less than the cost of a coach would have been. If the Hibbard meeting was earlier in the season it would help us and probably other counties too.

### **Cross Country:**

- ✦ JM reported that he and PF have a site visit at Culford on 27 September but this has not as yet been confirmed.

### **Road Racing: Report from Trevor Bunch**

**Suffolk Grand Prix** - Race 4 was the Bury Friday 5 held on 23<sup>rd</sup> June. A total of 431 runners took part of which 294 were eligible for the GP (111 ladies and 183 men). The next event is the Great East Run on 24<sup>th</sup> September.

**County Championships** - The 5 Mile Championships were incorporated into the Framlingham Friday 5 race held on 16 June. A total of 395 runners took part, of which 232 (76 ladies and 156 men) were eligible for the County championships.

The 10k Championships were incorporated into the Twilight 10k held on Friday 18 August. A total of 1270 runners took part, of which 541 (276 ladies and 265 men) were eligible for the County Championships.

The 10 Mile Championships were incorporated into the Felixstowe Coastal 10 held on Sunday 10<sup>th</sup> September. A total of 417 runners took part, of which 303 (137 ladies and 166 men) were eligible for the County Championships.

**Friday 5 Series** - This year's series grew on the success of previous years with all 5 events selling out. The organising committee have already met to start planning next year's series, which is likely to include a new event organised by Sudbury Joggers. This will replace the Ipswich Jaffa event which they have decided to discontinue so that they can focus their resources on the Twilight races and Half Marathon.

TBU has received an email for the 2018 Inter County championships but Suffolk will not be entering a team as it is a new course, nearer to London.

JC asked for clarification on "unattached" and "attached" runners. In some races, runners are entered as "unattached" when running for a charity and then run for their clubs in other races. Rule 10 of the County Rules states that if a runner enters under his/her Club then he/she should wear that Club's vest.

#### **Race Walking:**

RW sent a report - 'Callum Wilkinson in his first year as a Senior made a successful transition to 20km, finishing 10<sup>th</sup> in the European Cup in 82m17secs a time which, as well as setting a new national U23 record also bettered the qualifying standard for the World Championships in London and the Commonwealth Games in Brisbane next April. He was disappointed with his London performance in terms of his time, 83m56secs, and his position 41<sup>st</sup>. However, I've no doubt that the experience will stand him in good stead for the future.

Joyce Crawford qualified as Centurion 1183 in the 4 successfully staged St Edmunds 100 at Bury on 4/5 August in a time of 23hr42m22secs, slightly quicker than the only other Suffolk woman to qualify for Centurion status who was Angie Lunderdown in 2011, her time being 23hr42m48secs.

George Wilkinson continues to improve; the 15 year old won the county 5 miles championship and set a 3km pb of 15m27.40secs when finishing 3<sup>rd</sup> in the Schools international in Dublin in July.

Any athletes of whatever age, who would like a dabble at race walking should contact me:

[Ronc893moulton@gmail.com](mailto:Ronc893moulton@gmail.com)

#### **Sportshall: Report from Terry McEntee**

- ▲ 4 events are scheduled - all at Northgate, Ipswich. There is one additional team - Stowmarket Striders have shown interest.

#### **Network: Report from Terry McEntee**

- MO has put courses on the Suffolk website.
- First Aid was cancelled but TMc will organise courses if needed - MO will put on the website asking people to contact Tmc.

## Officials:

- a) **Track & Field** - MO reported that the list is not growing. One person has been lapsed for not renewing DBS. An Official Development post has been created by England Athletics. Several people have shown interest in becoming Officials at West Suffolk - MO to make enquiries at the East Anglian League Final at Bury. Bursary is available from County Committee.
- b) **Endurance** - JM reported that the list is down to 41 with at least another 4 to come off. The Risk Assessment course online is open until the end of the year so if anyone still wants to do it, they need to contact JM and he will give the link. JM said that Officials who change their email address and fail to notify him/national body do not then receive the emails.

✧

## Date of the next meeting:

- ✧ This was set for Friday 01 December 2017. JP gave his apologies.

**AOB:** None

With no other business the meeting closed 8.33pm

**Post meeting note:** Sudbury Joggers are able to serve tea/coffee etc at the County Cross Country Championships but not to do a bbq