

Dear club contacts

Suffolk Sport are hosting an Emergency First Aid course on Weds 26th April, 18.30-21.30 at Mid Suffolk Leisure Centre in Stowmarket. Please could you pass on the following information to the relevant people in your club, and encourage them to book online asap as places are limited.

Emergency First Aid (26th April 2017)

A required course to become a Suffolk Sport topcoach but is open to all. This workshop is a basic first aid course. It will provide you with knowledge of how to assess an incident, and what to do next, the latest resuscitation techniques and how to deal with sprains and strains.

Special Instructions:

You must be 16 or over to attend this workshop. If you are under 18 please let us know before attending the course.

Bookings can be made through the Suffolk Sport website <http://www.suffolksport.com/events/2017/04/emergency-first-aid-26th-april-2017>

Kind Regards

Trevor

Trevor Bunch

SCAA Hon Secretary