

SUFFOLK COUNTY ATHLETIC ASSOCIATION

GRAND PRIX 2016

Club, Mens and Ladies Results

Scoring: Top 5 men and top 5 Ladies to score, no minimum runners to score. **Best 8 scores from the 9 races count**

	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	TOTAL
	Stowmarket	Bungay	Newmarket	Twilight	Twilight	Coastal	Saxon	Hadleigh	Hadleigh	
	HM	HM	10K	5K	10K	10 Mile	5 Mile	5 Mile	10 Mile	
Position	20/03/2016	17/04/2016	03/07/2016	05/08/2016	05/08/2016	25/09/2016	16/10/2016	27/11/2016	27/11/2016	

Overall Club Team Results

1	Felixstowe Road Runners	1851	1652	1783	185	1913	1924	1903	1311	1876	14398
2	Ipswich Jaffa RC	1582	1888	1078	1372	1945	1940	1728	1147	1878	14558
3	Stowmarket Striders	1741	625	1690	376	1840	1801	1679	1890	1804	13446
4	Framlingham Flyers	1301	1457	387	194	1423	748	1890	1307	833	9540
5	Haverhill Running Club	1859	1261	1893	0	829	973	868	583	359	8625
6	Saint Edmund Pacers	1408	876	1280	0	781	885	506	728	762	7226
7	Sudbury Joggers	1529	0	545	193	1432	482	550	557	1844	7132
8	Bungay Black Dog RC	1453	1900	809	0	410	502	290	199	1055	6618
9	Hadleigh Hares AC	1328	694	178	198	1059	319	156	542	635	5109
10	Ipswich Harriers	178	188	0	1339	776	650	333	554	480	4498
11	Woodbridge Shufflers RC	592	128	500	192	616	817	780	184	774	4583
12	Saxmundham Saxons	641	141	0	368	511	421	292	0	469	2843
13	Newmarket Joggers	709	0	1643	0	334	0	0	0	0	2686
14	Waveney Valley AC	0	1337	200	0	339	0	667	0	132	2675
15	Ipswich Tri Club	419	493	0	0	458	143	365	188	436	2502
16	Capel Cheetahs	109	0	0	0	775	495	0	183	666	2228
17	Diss and District AC	0	354	0	0	0	0	190	0	0	544
18	West Suffolk AC	0	0	0	399	0	0	0	0	0	399
19	Newmarket Cycling & Tri	0	0	195	0	0	0	0	0	0	195

Men's Results

1	Ipswich Jaffa RC	907	939	879	979	969	977	963	950	946	8509
2	Felixstowe Road Runners	957	773	895	185	956	961	962	575	936	7200
3	Stowmarket Striders	831	625	792	183	906	857	765	935	861	6755
4	Haverhill Running Club	896	867	938	0	699	839	670	385	359	5653
5	Saint Edmund Pacers	897	876	924	0	781	729	506	539	372	5624
6	Framlingham Flyers	818	898	197	194	654	748	951	387	674	5521
7	Bungay Black Dog RC	553	950	617	0	410	354	290	199	711	4084
8	Woodbridge Shufflers RC	289	128	500	0	616	442	780	183	602	3540
9	Sudbury joggers	760	0	195	193	666	292	358	0	939	3403
10	Ipswich Harriers	0	0	0	950	424	322	150	184	480	2510
11	Hadleigh Hares AC	501	329	0	0	594	0	156	173	435	2188
12	Saxmundham Saxons	487	141	0	368	205	118	292	0	123	1734

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		Race 1 Stowmarket HM 20/03/2016	Race 2 Bungay HM 17/04/2016	Race 3 Newmarket 10K 03/07/2016	Race 4 Twilight 5K 05/08/2016	Race 5 Twilight 10K 05/08/2016	Race 6 Coastal 10 Mile 25/09/2016	Race 7 Saxon 5 Mile 16/10/2016	Race 8 Hadleigh 5 Mile 27/11/2016	Race 9 Hadleigh 10 Mile 27/11/2016	TOTAL
13	Newmarket Joggers	413	0	778	0	334	0	0	0	0	1525
14	Waveney Valley AC	0	955	0	0	193	0	139	0	132	1419
15	Ipswich Tri Club	276	316	0	0	287	0	0	0	436	1315
16	Capel Cheetahs	109	0	0	0	85	123	0	0	0	317
17	Diss and District AC	0	0	0	0	0	0	190	0	0	190

Ladies Results

1	Felixstowe Road Runners	894	879	888	0	957	963	941	736	940	7198
2	Stowmarket Striders	910	0	898	193	934	944	914	955	943	6691
3	Ipswich Jaffa RC	675	949	199	393	976	963	765	197	932	6049
4	Framlingham Flyers	483	559	190	0	769	0	939	920	159	4019
5	Sudbury joggers	769	0	350	0	766	190	192	557	905	3729
6	Haverhill Running Club	963	394	955	0	130	134	198	198	0	2972
7	Hadleigh Hares AC	827	365	178	198	465	319	0	369	200	2921
8	Bungay Black Dog RC	900	950	192	0	0	148	0	0	344	2534
9	Ipswich Harriers	178	188	0	389	352	328	183	370	0	1988
10	Capel Cheetahs	0	0	0	0	690	372	0	183	666	1911
11	Saint Edmund Pacers	511	0	356	0	0	156	0	189	390	1602
12	Waveney Valley AC	0	382	200	0	146	0	528	0	0	1256
13	Ipswich Tri Club	143	177	0	0	171	143	365	188	0	1187
14	Newmarket Joggers	296	0	865	0	0	0	0	0	0	1161
15	Saxmundham Saxons	154	0	0	0	306	303	0	0	346	1109