

Suffolk County AA Championships Results 2016 - 15th May, Bury St Edmunds

Senior Women

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Katy	Sealy	Ipswich Harriers	13.3	
	2	Keeley	Whitlock	Ipswich Harriers	13.5	
	3	Hetty	Bartlett	Orwell Panthers	14.4	
200m	1	Keeley	Whitlock	Ipswich Harriers	28.0	
	2	Hetty	Bartlett	Orwell Panthers	30.1	
400m	1	Keeley	Whitlock	Ipswich Harriers	68.7	
800m	1	Rose	Nicholson	Waveney Valley	2.31.4	
	2	Christine	Anthony	West Suffolk AC	2.36.7	
	3	Sally	Ball	West Suffolk AC	2.39.4	
1500m	1	Rose	Nicholson	Waveney Valley	4.57.5	
	2	Mandy	Godbold	Ipswich Harriers	7.02.8	
5000M	1	Jo	Coates	St Edmund Pacers	18.01.2	
	2	Rose	Nicholson	Waveney Valley	18.21.5	
	3	Angela	Joiner-Handy	St Edmund Pacers	18.36.1	
	4	Maureen	McCarthy	West Suffolk AC	19.41.9	
	5	Christine	Anthony	West Suffolk AC	20.15.3	
	6	Wendy	Sealy	Eastern Vets	21.07.2	
	7	Mandy	Godbold	Ipswich Harriers	25.27.5	
1500m S/C	1	Rose	Nicholson	Waveney Valley	6.05.6	
	2	Mandy	Godbold	Ipswich Harriers	8.00.3	
3k Walk	1	Joyce	Crawford	Unattached	18.48.0	
LJ	1	Tania	Spurling	West Suffolk AC	5.28	
	2	Hetty	Bartlett	Orwell Panthers	4.14	
	3	Hannah	Castle	Colchester & Tendring	3.87	
TJ	1	Tania	Spurling	West Suffolk AC	11.18	
SP	1	Katy	Sealy	Ipswich Harriers	11.22	
	2	Debbie	Castle	Colchester & Tendring	8.43	
DT	1	Debbie	Castle	Colchester & Tendring	27.32	
	2	Hannah	Castle	Colchester & Tendring	24.46	
JT	1	Katy	Sealy	Ipswich Harriers	37.29	
	2	Debbie	Castle	Colchester & Tendring	27.96	