

SUFFOLK Sportshall Athletics

Date: **12NOV2016**

Location: **Ipswich**

Competition Details:

Team Events

Sat 8th Oct - Northgate, Ipswich

Sat 29th Oct - Northgate, Ipswich

Sat 12th Nov - Northgate, Ipswich

Individual entry

Regional Competition (East)

Sat 12 Feb 2017 - Hertfordshire Sports Village, Hatfield

National Final

22nd & 23rd April 2017 - UK Sportshall Final Sportcity, Manchester

See National Sportshall link: <http://www.sportshall.org/>

3.20 pm

u11B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Seth Frankland	25.7	5	21	40
CC	Charles Hardy	26.4	7	19	
D	Thomas Supple	26.7	8	18	33
DD	Ben Littlejohns	28.4	11	15	
E	Luke Baker	25.1	2	24	46
EE	Luke Hart	25.6	4	22	
F					
FF					
G	Jack Lugo	25.2	3	23	48
GG	Ethan Houghton	25.0	1	25	
H	Max Ungless	26.7	8	18	38
HH	Theodore Bucur	25.8	6	20	
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
O					
OO					
P					
PP	Sawyer Dalton	27.7	10	16	16
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z					
ZZ					

3.30 pm

u11B Chest Push

		First throw	Second thr	Third throw	Best throw	Position	Points	Combined
A	Ben Howlett				4.50	5	21	21
AA								
B								
BB								
C	Seth Frankland				5.25	2	24	46
CC	William Butcher				4.75	4	22	
D	Henry Hardy				3.75	9	17	17
DD	William Browne							
E	Luke Baker				5.75	1	25	41
EE	Samuel Newbold				3.50	10	16	
F								
FF								
G	Brandon Ling				5.00	3	23	44
GG	Charlie Hegarty				4.50	5	21	
H	James Campbell				4.00	8	18	37
HH	Thomas Phelby				4.25	7	19	
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
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V								
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W								
WW								
X								
XX								
Y								
YY								
Z								
ZZ								

2.30 pm

u11B

Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Charles Hardy				1.67	2	24	43
CC	Liam Bridges				1.50	7	19	
D	William Browne							22
DD	Ben Littlejohns				1.63	4	22	
E	Harry Langmer				1.32	9	17	42
EE	Samuel Newbold				1.69	1	25	
F								
FF								
G	Ethan Houghton				1.58	5	21	44
GG	Charlie Hegarty				1.66	3	23	
H	James Campbell				1.27	10	16	36
HH	Theodore Bucur				1.52	6	20	
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N								
NN								
O								
OO								
P	Fred Walton				1.46	8	18	18
PP								
Q								
QQ								
R								
RR								
S								
SS								
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TT								
U								
UU								
V								
VV								
W								
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X								
XX								
Y								
YY								
Z								
ZZ								

1.50 pm

u11B Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C	Seth Frankland				9.0	10	16	36
CC	Liam Bridges				12.0	6	20	
D	Ben Littlejohns				12.5	5	21	38
DD	Henry Hardy				9.8	9	17	
E	Luke Baker				13.0	4	22	46
EE	Luke Hart				14.0	2	24	
F								
FF								
G	Brandon Ling				11.5	8	18	41
GG	Charlie Hegarty				13.3	3	23	
H	James Campbell				12.0	6	20	45
HH	Max Ungless				15.5	1	25	
I								
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2.00 pm

u11G

**Speed
Bounce**

		Total Bounces	Position	Points	Combined
A	Darcy Gladwell	32	9	17	17
AA	Maisie Ali				
B					
BB					
C	Isabella Christmas-Ablett	45	4	22	46
CC	Laila Spurgeon	46	2	24	
D					
DD					
E	Sophia Dawdrey-Wall	39	7	19	44
EE	Ruby Vintner	50	1	25	
F					
FF					
G	Belle Armstrong	46	2	24	44
GG	Ruth Westland	40	6	20	
H	Eirlys Baidoo	27	10	16	35
HH	Maria Lopez	39	7	19	
I					
II					
J					
JJ					
K					
KK					
L					
LL					
M					
MM					
N					
NN					
O					
OO					
P	Rachel Sandercock	44	5	21	21
PP					
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2.10 pm

u13B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Joel Burgess	22.6	1	25	48
CC	Finn Howes	23.5	3	23	
D	Tom Spurgeon	24.4	4	22	22
DD	Isaac Phillips				
E	Kieran Mitchell-Andr	28.5	6	20	39
EE	Trey Mitchell-Andrev	29.9	7	19	
F					
FF					
G	Andrew Roberts	23.4	2	24	45
GG	Leo Higgs	25.3	5	21	
H					
HH					
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u13B

Speed Bounce

		Total Bounces	Position	Points	Combined
A	Elliot Gladwell	67	6	20	38
AA	Oliver Hitchcock	56	8	18	
B					
BB					
C	Ben Cone	77	2	24	45
CC	Nathan Littlejohns	70	5	21	
D	Tom Spurgeon	67	6	20	42
DD	Vaughan Beckham	73	4	22	
E	Christian Hanman	75	3	23	39
EE	Kieran Mitchell-Andrews	45	10	16	
F					
FF					
G	Archie Reynolds	78	1	25	42
GG	Jay Collett	47	9	17	
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