



SUFFOLK COUNTY ATHLETIC ASSOCIATION  
MINUTES OF THE MEETING held at Mid Suffolk District Council Offices, Needham  
Market Friday 30 September 2016

**Present:** Joe Mower, Tony Cheatham, Trevor Bunch, Ian Gooderham, Jonathan Wilding, Paul Felton, Jean & Bill Cox, Mike Oakley, Claire Hoblyn, Odile Wladon, Louise Gloss and Ben Cuthbert (Sudbury Joggers) Margaret Leek.

**Apologies:** Ron Wallwork, Jonathan Price, Terry McEntee, Karin Mead, Robin Belsom, Ricky Peacher

**Minutes of the meeting of 6 May 2016:** The minutes of the meeting having been circulated and were signed as a true record.

**Matters arising:** Page 1: Regarding changing the time of the U17 Men's race at the County Cross Country Championships. No meeting has been held as yet but Joe Mower and Paul Felton have agreed that the timetable should stay as it is.

**Finance:**

Tony Cheatham reported that:

- the balance in the main account is £15,310.76 which is down by £2000 but by the end of the year should balance out.
- The balance in the Number 2 account was £1,227.16.

PF pointed out that the financial year was to 31 December and the income for the Cross Country Championships was included in that year whereas the actual championships take place in the following year and should be included in the following years accounts. TC replied that because the entries close before the year end, it has to go into those accounts. PF proposed that the entries fees are held over until the new year then it would all be correct.

**Track and Field:**

- ✦ TC reported that the 2017 Championships should be the same weekend as 2016.
- ✦ At the Hibbard Trophy meeting the U17 Men were placed 3<sup>rd</sup>, the Senior Men 5<sup>th</sup> and the Senior Women 4<sup>th</sup>.
- ✦ At the Inter County meeting at Horspath there was controversy over two athletes who competed for Norfolk but had entered the Suffolk Champs since 2013 and won medals and were allowed to compete for Norfolk. The Chairman has written to the SEAA about this and has had NO response.
- ✦ At the Multi events competition, fewer Suffolk athletes had taken part this year but all had medalled. This event follows the English Schools competition which probably accounts for the poor attendance.

**Cross Country:**

- ✦ 2017 Championships are on 8 January 2017 at Heveningham Hall. PF reported that no site meeting had taken place yet due to lack of communication on Heveningham Hall's part. Hopefully one will take place towards the end of October. More details at next meeting - maps etc. The water crossing is to be re-introduced.
- ✦ SEAA inter-counties is December 10 at Horspath
- ✦ CAU inter-counties is 11 March 2017 at Preswold Hall, Loughborough.

## Road Racing: Report from Trevor Bunch

- ⤴ TBU has produced a newsletter which was issued to Clubs, posted on the website and was the basis of his report.
- ⤴ Grand Prix dates for 2017: Tarpley 10m & 20m (both races) Sunday 26 February. Sudbury 5m Fun Run Friday 14 April, Bury Friday 5m Friday 23 June, Ipswich Half Marathon Sunday 18 September, Martlesham 10k Sunday 8 October, Stowmarket Scenic 7m Sunday 12 November, Turkey Trot 10m Sunday 10 December.
- ⤴ 2016 County 10k Championships were incorporated into the Framlingham 10k. The race attracted 293 runners of which 115 men and 44 ladies were eligible for the County Champs. There were 2 new county records among the winners: Male V50 - Paul Holley (Newmarket Joggers) 35:43.17 Male V65 - Tim Newton (Ipswich Jaffa) 42:58.48
- ⤴ Dates for County Champs 2017 selected using the same criteria as the GP but preference was given to race distances which have historically been included (for consistency), and race distances where one would expect a good number of entries in each age category. The races are: Stowmarket Half Marathon Sunday 20 March, Framlingham Friday 5 Friday 16 June, Twilight 10k date to be confirmed, Felixstowe Coastal 10m Sunday 25 September.
- ⤴ Friday 5 series has been as popular and competitive as ever. Ipswich Jaffa were unable to host their fixture but Framlingham Flyers took over and this proved to be a huge success. Framlingham Flyers race will be included in the 2017 fixtures. Dates are 26 May Ipswich Jaffa, 2 June Felixstowe RR, 9 June Stowmarket Striders, 16 June Framlingham Flyers, 23 June Bury Pacers, 7 July Great Bentley RC.
- ⤴ Dates for the Suffolk Winter League: 30 October Framlingham, 4 December Woodbridge, 15 January Haughley Park, 19 February Heveningham Hall, 5 March Bury St Edmunds.
- ⤴ At the Fixtures meeting it was discussed as to whether one fee would cover all categories within the race or whether a fee should be paid for each category. It was agreed that a fee should be paid for each category within the race i.e GP, County, Race e.g. Tarpley 10m, 20m and County equals three fees.
- ⤴ A loss had been made for the last 2 years so TBU will send out the invoices rather than the Treasurer.
- ⤴ BC asked how much of the course could be "off road" and still be classified as a Road Race: 10% off road over 10K and 5% off road up to 10K.

## Race Walking:

- ⤴ RW had sent a report to say that George Wilkinson (U15B) had finished 3<sup>rd</sup> at the English Schools Championships with a new PB.

## Sportshall: Report from Terry McEntee

- ⤴ Dates are 8 and 29 October, 12 November now all at Northgate Sports Centre, Ipswich with a 1pm start and finish by 5pm. Anyone available to help with officiating on any of these dates please contact Terry.

## Network: Report from Terry McEntee

- Coach Bursaries - 3 bursaries already awarded this year. To Capel Cheetahs and Felixstowe for the LiRF (Leadership in Running Fitness) course and Stowmarket Striders for the Athletics Coach award. Recent enquiries on behalf of 2 people at Ipswich Harriers. A reminder to all clubs that bursaries for Coach award courses are available with details on the SCAA website.
- MO reported that there vacancies on the Bury St Edmunds Coaching Assistant course on 8/9 October.
- Reps from Sudbury Joggers said there had been reimbursement from their Club but not the County. They were advised to send all the information to TMc.
- JC said that people who had been on the LiRF courses were under the impression they could coach anything after the 1 day course when coaches have to spend years acquiring their qualifications,

whereas technically they can only lead and not coach. It was said that tutors of the course should make this clear.

#### **Officials:**

##### **α) Track and Field:**

⤴ MO reported that he had only received 3 records of experience so far. There are no courses planned for the winter at the moment.

##### **β) Endurance:**

⤴ JM has received 16 records of experience back at the moment. Those who had taken the Risk Assessment course had all passed. All Grade 3s need to do it. Suffolk has the most passed rate out of all the counties - 26 out of 52. Level 2 will be the next to do it.

#### **Trophies:**

JM informed the meeting that he'd had the Cade Cup valued and it was worth over £20,000 and between £4,000/£5000 scrap metal. JM suggested that this trophy be kept by the Association and only be presented on the day of the championship for the purpose of photographs. Next question was where should it be kept. After discussion it was proposed by OW and seconded by PF that all trophies should be held by the Association and only be presented on the day for the purpose of photographs. A small trophy/plaque would be given to keep. This was agreed by all present. A decision needs to be made as to where all the trophies are placed for safe keeping.

#### **Date of the next meeting:**

⤴ 02 December 2016 in the Dove Room.

#### **AOB:**

- OW gave the meeting the present position of Suffolk Schools Association. Bruce Andrews is resigning as Secretary as are several of the other Officers. Grants have been drastically cut and the Association is looking for people to step in and help to enable the Association to carry on or to come up with a suggestion as to how the Schools' championships can continue to enable the children to continue participating in English Schools etc. There is a meeting on 5 October 2016 at Stowupland High School 7pm to which anyone interested in helping can attend. Several ideas were suggested but need to wait and see what happens on 5 October.
- ML gave an item from TMc - Special Olympics Suffolk and Orwell Panthers jointly organised a Regional Special Olympics Athletics Competition at Northgate on Saturday 3 September with athletes from Hertfordshire, Essex, Norfolk, Cambridge and Suffolk. 1 athlete came all the way from Wales to take part. 11 athletes from Suffolk will be taking part in a Special Olympics Indoor Competition at Lee Valley on Sunday 30 October.

With no other business the meeting closed 8.40pm