

U.K. Counties Athletic Union

Affiliated to UK Athletics Limited

President: PETER MATTHEWS



**BRITISH
ATHLETICS**



Dear Colleague

February 2015

Thank you, for your Entries to our CC Championships. I enclose details of how to get to Cofton Park and parking arrangements (map included), also details of limited changing.

NOTE: Coaches, Minibuses and cars can drop athletes and Tents at the drop off point Lowhill Lane. The allocated area will be sign posted close to the registration Marquee. It is imperative that all those attending the event go to the allocated car park. All event car parking will be signposted. Please follow the AA signs that which will direct you to the designated event parking spaces.

Please note that **ELECTRONIC CHIP TIMING** will be used again this year for all races. Please can you or your athletes pick up their numbers with their electronic chip from the Registration Tent marked No.15 on site map. Then all athletes **MUST** go through the **START AREA** to be checked that the chip is fitted on their ankle before they enter into the start area.

NOTE: This year Chips & Nos. for the first 5 races will be available from 9.00 am. However Chips & Nos. for the last 5 races will be available from 11.00 am.

NOTE: If you have an Athlete with any Medical Problems could you please ask them to write their condition on the back of their race number and also a contact phone number. Also, a form will be available for team managers to leave a mobile contact number in the registration tent.

Programme:

11:05am	U20 Men	8000M
11:33am	U13 Boys	3000M
11:51am	Senior Women	8000M
12:23pm	U15 Boys	4500M
12:42pm	U17 Women	5000M
13:08pm	U20 Women	6000M
13:33pm	U13 Girls	3000M
13:53pm	U17 Men	6000M
14:15pm	U15 Girls	4000M
14:36pm	Senior Men	12000M

I look forward to meeting you all at the Championships on 7th March 2015

Yours in Sport

Joe Mower
Cross County Secretary