

Suffolk County AA Championships Results 2015 - 24th May, Ipswich

Senior Men:

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Gary	Elvin	Waveney Valley	13.5	
200m	1	Lee	Bowker	Ipswich Harriers	25.8	
	2	Paul	McAllister	Capel Cheetahs	29.4	
	3	Robert	Woolliams	Ipswich Harriers	30.7	
800m	1	Tony	Roberts	Framlingham Flyers	2.20.8	
1500m	1	Paul	Snowdon	Ipswich Harriers	5.16.8	
5000M	1	Andrew	Rooke	AF&D	15.57.6	
	2	Darren	Sheppard	Framlingham Flyers	17.58.9	
	3	Dave	Solomon	Felixstowe RR	18.21.1	
	4	Robin	Harper	Felixstowe RR	18.33.9	
	5	Luke	Whitwell	Felixstowe RR	18.45.3	
	6	Steve	Brooke	Felixstowe RR	19.06.1	
	7	Sam	Brooke	Felixstowe RR	19.51.7	
	8	Mon	Lee	u/a	24.29.4	
2000m S/C	1	Lee	Morgan	Ipswich Tri Club	7.55.7	
400m H	1	David	Bush	Nene Valley Harriers	59.4	
3k Walk	1	Philip	Nutley	St Edmund Pacers	21.57.0	
HJ	1	Jack	Huddlestone	Cambridge & Coleridge	1.50	
	2	Gary	Elvin	Waveney Valley	1.40	
LJ	1	Rhys	Macdonald	u/a	6.60	
	2	Luke	Allen	West Suffolk AC	6.05	
	3	David	Bush	Nene Valley Harriers	5.19	
	4	Jack	Huddlestone	Cambridge & Coleridge	5.14	
	5	Paul	McAllister	Capel Cheetahs	4.71	
TJ	1	Jack	Huddlestone	Cambridge & Coleridge	10.82	
	2	Paul	McAllister	Capel Cheetahs	9.31	
SP	1	Jake	Allen	West Suffolk AC	11.96	
	2	Luke	Allen	West Suffolk AC	10.30	
	3	David	Hughes	Ipswich Harriers	9.54	
	4	Paul	McAllister	Capel Cheetahs	8.53	
	5	Gary	Elvin	Waveney Valley	8.23	
	6	Montell	Leslie	Orwell Panthers	6.03	
DT	1	Jake	Allen	West Suffolk AC	41.05	
	2	David	Bush	Nene Valley Harriers	30.74	

	3	David	Hughes	Ipswich Harriers	28.77
	4	Gary	Elvin	Waveney Valley	26.74
	5	Paul	Keys	U/a	26.12
	6	Montell	Leslie	Orwell Panthers	13.31
HT	1	Malcolm	Fenton	Ipswich Harriers	40.49
	2	Jake	Allen	West Suffolk AC	39.21
	3	Michael	Davis	Ipswich Harriers	35.46
	4	David	Hughes	Ipswich Harriers	31.56
JT	1	David	Bush	Nene Valley Harriers	42.23
	2	Luke	Allen	West Suffolk AC	40.56
	3	David	Hughes	Ipswich Harriers	32.95
	4	Paul	McAllister	Capel Cheetahs	24.06