

SUFFOLK COUNTY A.A. 5 Mile Championship 2015
29th May 2015

Mens Open

1	Andrew Rooke	Aldershot Farnham & Dist.	26.31
2	Jonathan Ling	Ipswich Jaffa	28.41
3	Paul Wain	Ipswich Harriers	28.59
4	Benjamin Turley	Ipswich Jaffa	29.46
5	Thomas White	St.Edmund Pacers	30.15
6	Nicholas Clarke	Ipswich Jaffa	30.17
7	Jim Last	Framlingham Flyers	30.19
8	Samuel Burdett	Stowmarket Striders	30.54
9	Luke Whitwell	Felixstowe RR	31.04
10	Tom Cresswell	Sudbury Joggers	31.13
11	Robin Harper	Felixstowe RR	31.39
12	Matt Hunter	Hadleigh Hares	32.09
13	Ieuan Alldis	St.Edmund Pacers	32.44
14	James Hayward	Stowmarket Striders	33.09
15	Neil Gillingham	Ipswich Harriers	33.30
16	Sam Brooke	Felixstowe RR	33.32
17	Benjamin Jacobs	Felixstowe RR	33.45
18	Melvyn Maycock	Unattached	34.36
19	Elliot Burnett	Stowmarket Striders	34.41
20	Peter Woods	Felixstowe RR	35.05
21	Matthew Everett	Unattached	35.20
22	Stewart White	St.Edmund Pacers	35.24
23	Garry Cullum	Ipswich Jaffa	35.31
24	Ashley Smy	Ipswich Jaffa	35.59
25	David Marsh	Unattached	36.13
26	Ben Jennings	St.Edmund Pacers	37.14
27	George Lankester	Ipswich Jaffa	37.26
28	Alex Jacobs	Felixstowe RR	38.58
29	Josh Osborne	Unattached	39.16
30	Kenneth Wright	Ipswich Jaffa	39.25
31	Chris Bright	Unattached	40.05
32	David Mayes	Felixstowe RR	44.44
33	Will Schwer	Felixstowe RR	47.54

Mens V40 Section

1	Adam Howlett	Framlingham Flyers	29.17
2	Trevor Bunch	Haverhill RC	29.48
3	Nick Hammond	Stowmarket Striders	31.09
4	Darren Cook	Felixstowe RR	31.25
5	Stuart Weaver	Unattached	32.55
6	Adrian Frost	Sudbury Joggers	33.03
7	Ian Elden	Haverhill RC	33.08
8	John Greener	Unattached	33.26
9	Peter Bird	St.Edmund Pacers	33.50
10	Clive Davey	Sudbury Joggers	34.18
11	Simon Wiggins	Felixstowe RR	36.02
12	Andre Neville	Stowmarket Striders	36.30
13	Jeremy Bell	Unattached	37.00
14	Simon Goldsmith	Unattached	37.28
15	Guy Hayward	Framlingham Flyers	37.40

Mens V45 Section

1 Paul Holley	Newmarket Joggers	27.58
2 Dave Solomon	Felixstowe RR	31.14
3 Adam Johnson	Hadleigh Hares	31.23
4 Mark Ford	Felixstowe RR	32.19
5 Steve Brooke	Felixstowe RR	32.22
6 Ian Duggan	Felixstowe RR	33.38
7 Charles Hann	Sudbury Joggers	34.44
8 Richard Grimsdell	St.Edmund Pacers	35.21
9 Stephen Hatten	St.Edmund Pacers	35.53
10 Vince Webb	St.Edmund Pacers	36.28
11 Rod Prime	Ipswich Jaffa	36.37
12 Mark Godbold	Unattached	39.42
13 Nick Good	Ipswich Jaffa	41.16
14 Dean Hearn	Stowmarket Striders	42.47

Mens V50 Section

1 Greg Davis	Newmarket Joggers	30.40
2 Andy Buck	Sudbury Joggers	31.54
3 Mark Watts	St.Edmund Pacers	32.39
4 Stephen Curran	Woodbridge Shufflers	33.59
5 Steve Whittaker	Woodbridge Shufflers	35.16
6 Stephen Dixon	Ipswich Jaffa	35.53
7 Gary Garnham	Ipswich Jaffa	36.34
8 Nigel Schofield	St.Edmund Pacers	37.09
9 Nick Potter	Unattached	38.05
10 Alan Hillyard	Unattached	38.58
11 Adrian Hine	Felixstowe RR	39.27
12 Gary Hutchings	Framlingham Flyers	40.04
13 Joe Naughton	Stowmarket Striders	40.24
14 Peter Finch	Ipswich Jaffa	40.46
15 Adian Goode	Felixstowe RR	41.13
16 David Chapman	Sudbury Joggers	41.47
17 Steve Bright	Unattached	42.29
18 Simon Butler	Unattached	43.23
19 Dave Lampard	Felixstowe RR	44.18
20 Adrian Cole	Unattached	46.17
21 Tim Finegan	Felixstowe RR	50.12

Mens V55 Section

1 Chris Starmer	Stowmarket Striders	31.20
2 Dave Lumby	Ipswich Jaffa	32.31
3 Malcolm Penn	Sudbury Joggers	33.07
4 Alan Jackson	Ipswich Jaffa	35.00
5 Stephen Pretty	Stowmarket Striders	36.11
6 Duncan Chenery	Ipswich Jaffa	37.13
7 Richard Smith	Felixstowe RR	41.56
8 Rob Clayton	Felixstowe RR	42.32
9 Steven Reynolds	Unattached	48.18

Mens V60 Section

1 Neville Clarke	Newmarket Joggers	36.05
2 David Vaughan	St.Edmund Pacers	37.10
3 Tim Newton	Ipswich Jaffa	38.02
4 Jonathan Price	Sudbury Joggers	38.47
5 Mick Taylor	Unattached	40.39
6 David Martin	Unattached	40.49
7 Keith Borrett	Stowmarket Striders	45.07

Mens V65 Section

1 Ron McCullough	Ipswich Jaffa	35.35
2 David Taylor	Framlingham Flyers	42.15
3 John Callum	St.Edmund Pacers	45.31
4 Philip Nutley	St.Edmund Pacers	51.50

Womens Open

1 Laura Hicks	Stowmarket Striders	35.06
2 Elaine Mann	Hadleigh Hares	37.41
3 Gail Mackie	Felixstowe RR	37.53
4 Gemma Porch	Stowmarket Striders	38.09
5 Charlotte Acheson	Haverhill RC	39.11
6 Jessie Gooderham	St.Edmund Pacers	39.52
7 Clare Barstow	Framlingham Flyers	40.07
8 Louise Webb	St.Edmund Pacers	40.18
9 Katrina Rigby	Hadleigh Hares	41.13
10 Jane Burman	Felixstowe RR	41.13
11 Ruth Palmer	St.Edmund Pacers	42.26
12 Joanne Harper	Felixstowe RR	42.37
13 Alison Severy	Unattached	42.46
14 Rebecca Guy	Unattached	43.15
15 Sarah Pennock	Sudbury Joggers	43.32
16 Rachel Southgate	Unattached	46.08
17 Carla Wiggins	Felixstowe RR	46.48

Womens V40 Section

1 Odette Robson	St.Edmund Pacers	30.49
2 Melody-Anne Neville	Stowmarket Striders	40.22
3 Carolynn Anderson	Newmarket Joggers	41.52
4 Amanda Dunn	Hadleigh Hares	42.55
5 Lorraine Mills	Unattached	43.42
6 Sharon Breward	Sudbury Joggers	53.59

Womens V45 Section

1 Geraldine Clarke	Framlingham Flyers	35.19
2 Amanda Martin	St.Edmund Pacers	38.02
3 Jackie Hann	Sudbury Joggers	39.09
4 Lesley Cooper	Felixstowe RR	41.19
5 Sarah Vick	Saxmundham Sports R & F	41.38
6 Mandy Godbold	Ipswich Harriers	42.01
7 Jo Pardon	Framlingham Flyers	42.25
8 Rebecca Jennings	St.Edmund Pacers	44.51
9 Eloise Bird	St.Edmund Pacers	45.12
10 Lesley Gooderham	St.Edmund Pacers	45.43

Womens V50 Section

1 Claire Hoblyn	St.Edmund Pacers	37.34
2 Dee St.Leger	Sudbury Joggers	39.03
3 Jo Stephenson	Stowmarket Striders	39.22
4 Jenny Sheahan	Unattached	40.29
5 Sarah Jobbins	Unattached	42.56
6 Sarah Golding	St.Edmund Pacers	43.15
7 Angela Whiting	Stowmarket Striders	47.22
8 Annabel Bennett	Felixstowe RR	47.58

Womens V55 Section

NOT HELD

Womens V60 Section

1 Vivienne Taylor	Framlingham Flyers	46.57
-------------------	--------------------	-------

Womens V65 Section

1 Maureen Wright	Ipswich Jaffa	46.11
------------------	---------------	-------

RECORD