



Eastern Region Athletics Championships for Disabled People

Saturday 9th May 2015
Chelmsford

Entry Information



Electronic Timing and Photo Finish
Electronic Distance Measuring
for seated and long throws

www.erdaf.org.uk



Supported by Herts Disability Sports Hub



Eastern Region Athletics Championships for Disabled People

(Organised by the East Region Disability Athletics Forum
on behalf of Disability Sport Events - DSE)

1. EVENT DETAILS

Date: Saturday 9th May 2015

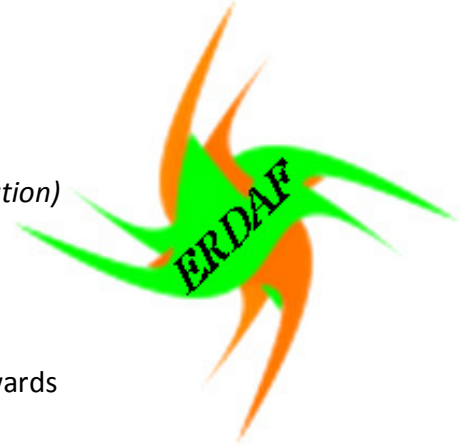
Time: 10.00a.m. to 5.00p.m. (*Finishing time is an approximation*)

Venue: Chelmsford Sport & Athletics Centre, Salerno Way,
Chelmsford, Essex, CM1 2EH

Cost: £3.50 **per event** entered for all athletes under 14 upwards
£6.00 for Primary Multi-Event Competition
(cheques to be made payable to 'ERDAF')

Officiating: In addition to our excellent group of highly qualified volunteer officials, this year we will have electronic timing, photo finish and electronic distance measuring on Seated and Long Throw events.

Closing Date for Entry Forms: Wednesday 15th April 2015



2. RULES

The Eastern Region Athletics Championships will be held under UK Athletics Rules, except where they have been amended by the specific rules of the relevant Disability Sports Organisation (*e.g. Disability Sport Events*).

3. ELIGIBILITY

This year's event is open to athletes with a physical, visual or hearing impairment or a learning disability.

All athletes must be 9 years of age and over (*see age groupings*). Only athletes aged 12 to 19 at midnight on 31/08/15, with the appropriate classification/profile, will be eligible for the DSE National Junior Championships.

4. QUALIFYING STANDARDS

Even though entitled 'Regional Championships', this competition does cover a wide range of athletic performance levels from novices to Paralympians. To this end there are no Qualifying Standards required for the Regionals, however, it is **essential** that all athletes understand and have previously practised the events they are entering, particularly the field events. There are Qualifying Standards for the National Athletics Championships.

5. COMPETITION FORMAT

There will be separate events for each of the different impairment groups on the following basis (see below for age categories).

(i) PHYSICAL & VISUAL IMPAIRMENT – JUNIORS

Junior events will be organised with competitors grouped in relation to their impairment group (e.g. physical/visual), age and gender on the track. On the field results will be decided based on a 'distance-banding' system – i.e. the distances achieved will be placed in pre-set 'bands' of distances for each event on the field. This is in an attempt to create as fair as possible competition without recourse to a full-blown classification system. Wheelchair and ambulant athletes will still be separated. A copy of the bandings will be available on request.

(ii) PHYSICAL & VISUAL IMPAIRMENT – SENIORS

This will be run using the International Paralympic Committee (IPC) classification system. Where athletes do not have an IPC classification but do have a Disability Sport Events (DSE) Profile System classification this should be used as this can be equated to an IPC class. Athletes without any classification can still compete in an 'Open' class.

(iii) LEARNING DISABILITY – SENIORS

Events will be split between those competitors with moderate and severe learning disabilities, in line with the junior competition. Where there are insufficient competitors in both categories the organisers reserve the right to combine them. Competitors will be split by gender.

(iv) LEARNING DISABILITY - JUNIORS

The events will be split between those competitors with moderate and severe learning disabilities. Grouping into either category will be based on school / education classification.

(v) HEARING IMPAIRMENT – JUNIORS & SENIORS

This will be run as an Open Competition with competitors only split by age and gender.

6. JUNIOR AGE GROUPS

Primary Boys & Girls	-	School Years 5 & 6
Under 14 Boys & Girls	-	12-13 years old at midnight on 31/08/2015
Under 16 Boys & Girls	-	14-15 years old at midnight on 31/08/2015
Under 18 Boys & Girls	-	16-17 years old at midnight on 31/08/2015
Under 20 Junior Men & Women	-	18-19 years old at midnight on 31/08/2015

7. DRESS CODE

All athletes must wear appropriate athletics / sports clothing. Failure to do so will lead to athletes being removed from the competition.

8. RESTRICTIONS TO EVENTS OFFERED

The events on offer for each group of competitors are listed on the relevant entry form. However, please note the following points:

- (i) **Maximum** numbers of events per age group are as follows;
- a. Primary – up to 3 set events
 - b. U14s – 3 events
 - c. U16s and U18s - 4 events
 - d. Athletes over 18 - 5 events

BUT please remember that there may be little time to rest in between events as this is a one day competition. At DSE Junior Nationals, athletes will only be able to compete in **three** events. (N.B. – remember that the fee for this Championships is based upon an amount for each event entered).

- (ii) In the DSE National Junior Championships, the following events are only for competitors who have a more **severe physical impairment** (e.g. electric wheelchair users, others with severe locomotor impairments).
- 60 m (ambulant athletes and **manual** wheelchair only)
 - Club - Precision and Distance
 - Grip Ball Throw
 - Precision Ramp Ball
 - Bean Bag – Height and Precision
- (iii) The Ball Throw event for athletes with a learning disability is only for those **not** competing in Javelin.
- (iv) The Standing Long Jump event is only for those competitors with a severe learning disability who cannot take part in the running version.
- (v) Manual Wheelchair Slalom is again included and will take on a modified course from that in the DSE Rules (e.g. there will be no step or ramp included).
- (vi) Electric Wheelchair Slalom is also included again. As per the DSE Rules & Procedures it will be split between those power chair users who have coordination impairments (e.g. cerebral palsy) and those with restrictions in muscular power (e.g. muscular dystrophy). Please ensure that you indicate whether Coordination (C) or Power (P) on the entry form.

9. PHOTOGRAPHY

Photographs taken at the East Region Championships may be used for future publicity and on the East Region Disability Athletics Forum website (www.erdaf.org.uk). If you do not wish a child's photograph to be used please let us know on entry to the competition.

10. THE DSE NATIONAL CHAMPIONSHIPS –

27/28th June 2015 in Warwick

Competitors **must** have an appropriate current classification / profile to compete at the DSE National Championships.

Please note that this year all athletes with learning disability wishing to attend the National Junior Athletics should have an INAS or Mencap Sport classification.

If you have athletes with genuine potential to attend the DSE National Junior Championships and do not have a classification please inform Ros Cramp ASAP.

For further information about classification for different impairments go to the England Athletics website www.englandathletics.org/disability-athletics/eligibility-and-classification

Those Juniors that achieve a qualifying standard for National Championships will be invited to compete at the DSE National Athletics Championships as part of the East Region team ASAP after the Regional Event.

Details about other Competitions can be accessed via the web-site for the East Region Disability Athletics Forum (ERDAF) at – www.erdaf.org.uk/events.php

The championship accommodation and gala dinner will again be at the Chesford Grange Hotel, Kenilworth, near Warwick, CV8 2LD. No matter where people are staying, the gala dinner is a great opportunity for the East athletes and families to get together to socialise, and also for the medal ceremony for events that took place on the first day!



www.erdaf.org.uk