

## Moulton Walks - 6<sup>th</sup>/7<sup>th</sup> June, 2015

### Local's Do Well in County Championships

The Suffolk County Athletic championship was held in conjunction with the 5 mile challenge and local walkers won four of the six medals awarded.

Joyce Crawford from nearby Red Lodge, who failed by only 800m to become a \*Centurion at Southend last autumn won the Suffolk Women's championship and Moultonian Rachel Webb was third, whilst the men's champion was Callum Wilkinson, with the silver medal going to Malcolm Smith from Ashley who bettered the hour for the distance.

*left to right: Rachel Webb, Val Nutley (2<sup>nd</sup> lady) Joyce Crawford and Callum Wilkinson with their championship trophies, Malcolm Smith and Phil Nutley (3<sup>rd</sup> man) and behind Joe Mower Chairman of the Suffolk CAA*



### Third Moulton Challenge Victory for Dominic King

Olympian Dominic King won the Moulton Five for the third time, seeing off a strong challenge from Moulton villager Callum Wilkinson. Following Wilkinson's outstanding performance at the European Cup meeting in Spain the previous month, many thought that he would triumph in his fourth outing in the event that got him started as a race walker. However, the experienced international who is also a Centurion had other ideas and notched up his third victory in the event.

Sophie Hales making a return to the discipline was an impressive ladies winner recording the fastest time since 2005.

The record Field of 70 including eight walkers from Guernsey club Sarnia (*pictured right*), made the most of the sunny, but breezy conditions and 51 walkers bettered the hour compared to 31 in 2014. An inscribed salver was presented to the Sarnia club commemorating their visit.

Moulton resident Ray Still a former jockey who underwent a triple by-pass operation last November although finishing last was delighted to have met his challenge of completing the distance.



### The Amble and Ramble

Thirteen people accompanied by (*left to right*) Zak, Nellie, Chloe and Lucy made the most of a lovely Sunday morning to do the "Three Churches" walk and among them were Rachel Webb and Sue Mills who had both raced the previous day.



St.Peter's Church and the Village Hall each received a donation of £100 and Moulton Scouts £25 from the proceeds of the event.