

**SUFFOLK COUNTY ATHLETIC ASSOCIATION**

**GRAND PRIX 2014**

**Individual, Mens and Ladies Results**

**Best 5 results from 8 races, no minimum to qualify**

Individual Position	Name	Club	Race 1	Race 2	Race 2	Race 3	Race 4	Race 5	Race 6	Race 6	TOTAL
			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
<b>Female Senior</b>											
1	Jayne Burman	Felixstowe RRC	94	97	0	88	92	0	97	0	468
2	Sian-Marie Lucas	Haverhill Running Club	0	0	0	94	99	98	100	0	391
3	Isobel Renn	Ipswich JAFFA RC	0	0	0	93	100	99	0	0	292
4	Pippa Cresdee	Ipswich Jaffa RC	96	0	0	87	93	0	0	0	276
5	Michelle Gordon	Felixstowe RRC	0	0	0	99	0	100	0	0	199
6	Jessie Gooderham	Saint Edmund Pacers	100	0	0	96	0	0	0	0	196
7	Georgia Garvin	Ipswich JAFFA RC	0	0	0	95	97	0	0	0	192
8	Siobhan Dockerill	Haverhill Running Club	0	0	0	92	96	0	0	0	188
9	Joanne Harper	Felixstowe RRC	0	0	0	89	0	96	0	0	185
10	Becky Bayliss	Hadleigh Hares AC	93	0	0	0	90	0	0	0	183
11	Hannah Tillson	Felixstowe RRC	0	0	0	0	87	0	0	92	179
12	Carla Wiggins	Felixstowe RRC	0	0	0	85	0	0	0	94	179
13	Lucy Driver	Ipswich JAFFA RC	0	0	0	83	91	0	0	0	174
14	Jodie Lock	Ipswich Jaffa RC	92	0	0	81	0	0	0	0	173
15	Helene Grandison	Brandon Fern Hoppers	91	0	0	78	0	0	0	0	169
16	Anneli Ostler	Felixstowe RRC	89	0	0	79	0	0	0	0	168
17	Mary Bird	Framlingham Flyers	0	0	0	100	0	0	0	0	100
18	Tamara Jordan	Stowmarket Striders	0	0	0	0	0	0	0	100	100
19	Elaine Mann	Hadleigh Hares AC	0	100	0	0	0	0	0	0	100
20	Samantha Banks	Ipswich JAFFA RC	0	0	0	0	0	0	99	0	99
21	Sophie Bell	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
22	Emily Gooderham	St Edmund Pacers	0	0	0	0	0	0	0	99	99
23	Gemma Porch	Stowmarket Striders RC	99	0	0	0	0	0	0	0	99
24	Hannah Bewick	Framlingham Flyers	0	0	0	0	98	0	0	0	98
25	Rachel Bodsworth	Hadleigh Hares AC	0	0	0	0	0	0	98	0	98
26	Kirsty Millard	Haverhill Running Club	98	0	0	0	0	0	0	0	98
27	Lucy Steele	Bungay Black Dog RC	0	98	0	0	0	0	0	0	98
28	Vivien Thomas	St Edmund Pacers	0	0	0	0	0	0	0	98	98
29	Emma Watts	Saint Edmund Pacers	0	0	0	98	0	0	0	0	98
30	Lynsey Chenery	Ipswich JAFFA RC	0	0	0	0	0	97	0	0	97
31	Anna Clayton	Saint Edmund Pacers	0	0	0	97	0	0	0	0	97
32	Emma Day	Felixstowe Road Runners	0	0	0	0	0	0	0	97	97
33	Gillian Iffland	Saint Edmund Pacers	97	0	0	0	0	0	0	0	97
34	Jennifer Evans	Woodbridge Shufflers	0	0	0	0	0	0	0	96	96
35	Tina Gore	Sudbury Joggers	0	0	0	0	0	0	96	0	96
36	Kayleigh Doyle	Ipswich JAFFA RC	0	0	0	0	0	95	0	0	95
37	Kirstie Gladwell	Framlingham Flyers	0	0	0	0	95	0	0	0	95
38	Jodey Hammond	Stowmarket Striders RC	95	0	0	0	0	0	0	0	95
39	Helen Keefe	Haverhill Running Club	0	0	0	0	0	0	95	0	95
40	Cherilyn Lane	Haverhill Running Club	0	0	0	0	0	0	0	95	95
41	Charlotte Acheson	Haverhill RC	0	0	0	0	94	0	0	0	94
42	Rachael Allen	Felixstowe RRC	0	0	0	0	0	94	0	0	94
43	Hayley Gunn-Bruce	Sudbury Joggers	0	0	0	0	0	0	94	0	94
44	Rachael Miller	Felixstowe Road Runners	0	0	0	0	0	0	0	93	93
45	Emma Mortimer	Ipswich JAFFA RC	0	0	0	91	0	0	0	0	91
46	Cherone Challis	Felixstowe RRC	90	0	0	0	0	0	0	0	90
47	Gemma Grose	Saint Edmund Pacers	0	0	0	90	0	0	0	0	90
48	Doris Willmont	Framlingham Flyers	0	0	0	0	89	0	0	0	89
49	Lily Kadera	Framlingham Flyers	0	0	0	0	88	0	0	0	88
50	Melanie Catten	Haverhill Running Club	0	0	0	86	0	0	0	0	86
51	Kate Cooper	Stowmarket Striders RC	0	0	0	84	0	0	0	0	84
52	Nicole Bailey	Haverhill Running Club	0	0	0	82	0	0	0	0	82
53	Claire Wylie	Newmarket Joggers	0	0	0	80	0	0	0	0	80
54	Kate Jones	Stowmarket Striders RC	0	0	0	77	0	0	0	0	77
55	Tanya Mayes	Haverhill Running Club	0	0	0	76	0	0	0	0	76
56	Amanda Williams	Haverhill Running Club	0	0	0	75	0	0	0	0	75
<b>Female Master 35</b>											
1	Rachel Crisp	Felixstowe RRC	96	97	0	92	0	98	0	0	383
2	Rachael Hamblin	Ipswich Jaffa	0	98	0	97	0	99	0	0	294
3	Jennifer Devaney	Stowmarket Striders RC	0	0	0	94	0	97	0	100	291
4	Elise Daykin-Colombel	Ipswich Jaffa	0	99	0	99	0	0	0	0	198
5	Clare Barstow	Framlingham Flyers	0	0	0	0	97	100	0	0	197
6	Nicola Weldon	Ipswich Jaffa	0	0	0	98	99	0	0	0	197
7	Amelie Jarvis	Ipswich JAFFA RC	0	0	0	0	0	96	99	0	195
8	Amanda Dunn	Hadleigh Hares AC	0	0	0	95	98	0	0	0	193
9	Sarah Pennock	Sudbury Joggers AC	0	0	0	93	0	0	100	0	193
10	Angela Soames	Felixstowe RRC	0	0	0	86	0	0	0	99	185
11	Karla Read	Felixstowe RRC	0	0	0	90	94	0	0	0	184
12	Dawn Davies	Ipswich Jaffa	0	0	0	100	0	0	0	0	100
13	Abby Gaeta	Ipswich JAFFA RC	0	0	0	0	100	0	0	0	100
14	Cath Jeffery	Saint Edmund Pacers	100	0	0	0	0	0	0	0	100
15	Rebecca Langford	Waveney Valley AC	0	100	0	0	0	0	0	0	100
16	Sabrina Norton	Bungay Black Dog RC	99	0	0	0	0	0	0	0	99
17	Helen Moore	Stowmarket Striders RC	98	0	0	0	0	0	0	0	98
18	Hayley Harper	Ipswich Jaffa	97	0	0	0	0	0	0	0	97

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			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
19	Stefanie Brownhill	Saint Edmund Pacers	0	0	0	96	0	0	0	0	96
20	Sarah Harrod	Bungay Black Dog RC	0	96	0	0	0	0	0	0	96
21	Samantha Linassi	Ipswich JAFFA RC	0	0	0	0	96	0	0	0	96
22	Ali Chambers	Framlingham Flyers	0	0	0	0	0	95	0	0	95
23	Faye Ellis	Bungay Black Dog RC	0	95	0	0	0	0	0	0	95
24	Helen Mayes	Stowmarket Striders RC	0	0	0	0	95	0	0	0	95
25	Emma Cowley	Bungay Black Dog RC	0	94	0	0	0	0	0	0	94
26	Diane Doyle	Framlingham Flyers	0	0	0	0	0	94	0	0	94
27	Helen Bicknell	Diss & District AC	0	0	0	0	93	0	0	0	93
28	Loretta Thurston	Bungay Black Dog RC	0	93	0	0	0	0	0	0	93
29	Emily Barclay	Bungay Black Dog RC	0	92	0	0	0	0	0	0	92
30	Dawn Dixon	Haverhill Running Club	0	0	0	91	0	0	0	0	91
31	Zoe Chapman	Haverhill Running Club	0	0	0	89	0	0	0	0	89
32	Amanda Freemantle	Haverhill Running Club	0	0	0	88	0	0	0	0	88
33	Cheryl Claydon	Haverhill Running Club	0	0	0	87	0	0	0	0	87
<b>Female Master 40</b>											
1	Catherine Abbott	Stowmarket Striders RC	94	0	0	87	97	99	100	0	477
2	Odette Robson	Saint Edmund Pacers	100	0	0	100	100	0	0	100	400
3	Mary Ann Moseley	Haverhill Running Club	0	0	0	99	99	100	0	99	397
4	Lisa Bond	Ipswich Jaffa	0	96	0	85	0	98	0	0	279
5	Lesley Cooper	Felixstowe RRC	0	0	0	83	94	0	0	97	274
6	Kathryn Gerry	Woodbridge Shufflers RC	0	0	0	84	93	96	0	0	273
7	Helen Thurtle	Bungay Black Dog RC	99	0	0	98	0	0	0	0	197
8	Becky Sturgeon	Bungay Black Dog RC	97	97	0	0	0	0	0	0	194
9	Justine Fawcett	Bungay Black Dog RC	0	100	0	0	0	0	0	0	100
10	Joanne Cox	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
11	Lindsey Phillipson	Felixstowe RRC	0	0	0	0	0	0	99	0	99
12	Melissa Clarke	Saint Edmund Pacers	98	0	0	0	0	0	0	0	98
13	Becky Overy-Owen	Woodbridge Shufflers RC	0	0	0	0	98	0	0	0	98
14	Alex Smith	Stowmarket Striders RC	0	0	0	0	0	0	0	98	98
15	Amanda Smith	Felixstowe RRC	0	0	0	0	0	0	98	0	98
16	Hannah Wood	Ipswich Jaffa	0	98	0	0	0	0	0	0	98
17	Sharon Perry	Saint Edmund Pacers	0	0	0	97	0	0	0	0	97
18	Sarah Scarlett	Ipswich JAFFA RC	0	0	0	0	0	97	0	0	97
19	Lori Harvey	Ipswich Jaffa RC	96	0	0	0	0	0	0	0	96
20	Emma Meiring	Woodbridge Shufflers RC	0	0	0	0	96	0	0	0	96
21	Nicola Watson	Woodbridge Shufflers RC	0	0	0	96	0	0	0	0	96
22	Louise Goddard	Stowmarket Striders RC	0	0	0	95	0	0	0	0	95
23	Julie Richardson	Ipswich JAFFA RC	0	0	0	0	0	95	0	0	95
24	Mel Snare	Framlingham Flyers	0	0	0	0	95	0	0	0	95
25	Sarah Sparkes	Bungay Black Dog RC	0	95	0	0	0	0	0	0	95
26	Sandra Webb	Saint Edmund Pacers	95	0	0	0	0	0	0	0	95
27	Sharon Cannell	Bungay Black Dog RC	0	94	0	0	0	0	0	0	94
28	Fiona Hunt	Ipswich JAFFA RC	0	0	0	94	0	0	0	0	94
29	Sian Barker	Haverhill Running Club	0	0	0	93	0	0	0	0	93
30	Stevie Harrison	Stowmarket Striders RC	93	0	0	0	0	0	0	0	93
31	Louise Reed	Bungay Black Dog RC	0	93	0	0	0	0	0	0	93
32	Belinda Dawson	Ipswich Triathlon Club	92	0	0	0	0	0	0	0	92
33	Alison Leech	Stowmarket Striders RC	0	0	0	0	92	0	0	0	92
34	Joanne Taylor	Bungay Black Dog RC	0	92	0	0	0	0	0	0	92
35	Nikki Vince	Hadleigh Hares AC	0	0	0	92	0	0	0	0	92
36	Tina Church	The Saxons	0	0	0	0	91	0	0	0	91
37	Suzanne Heath	Ipswich JAFFA RC	0	0	0	91	0	0	0	0	91
38	Anna Smith	Stowmarket Striders RC	0	0	0	90	0	0	0	0	90
39	Sharon White	Sudbury Joggers AC	0	0	0	89	0	0	0	0	89
40	Julia Baldwin	Stowmarket Striders RC	0	0	0	88	0	0	0	0	88
41	Lorraine Mills	Stowmarket Striders RC	0	0	0	86	0	0	0	0	86
42	Alison Cartwright	Saint Edmund Pacers	0	0	0	82	0	0	0	0	82
43	Samantha Starling	Saint Edmund Pacers	0	0	0	81	0	0	0	0	81
44	Jo Dickinson	Felixstowe RRC	0	0	0	80	0	0	0	0	80
45	Toni White	Haverhill Running Club	0	0	0	79	0	0	0	0	79
46	Sharon Beward	Sudbury Joggers AC	0	0	0	78	0	0	0	0	78
<b>Female Master 45</b>											
1	Eloise Bird	Saint Edmund Pacers	96	0	0	92	0	98	98	0	384
2	Alyson Limpkin-Challis	Felixstowe RRC	94	0	0	0	97	0	96	0	287
3	Sandy Thorogood	Sudbury Joggers AC	0	0	0	100	0	0	100	0	200
4	Jo Stephenson	Stowmarket Striders RC	0	0	0	99	0	0	0	100	199
5	Mandy Godbold	Ipswich Harriers	0	0	0	0	98	0	99	0	197
6	Teresa Bailey	Framlingham Flyers	0	0	0	91	0	0	97	0	188
7	Anne Harvey	Ipswich Jaffa RC	97	0	0	90	0	0	0	0	187
8	Shona Bendix	Bungay Black Dog RC	0	0	100	0	0	0	0	0	100
9	Geraldine Clarke	Framlingham Flyers	0	0	0	0	100	0	0	0	100
10	Lyn Goodwin	Brandon Fern Hoppers	100	0	0	0	0	0	0	0	100
11	Amanda Mallett	Ipswich Triathlon Club	0	0	0	0	0	100	0	0	100
12	Mary Skelcher	The Saxons	0	100	0	0	0	0	0	0	100
13	Sara Bloor	The Saxons	0	0	0	0	99	0	0	0	99

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			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
14	Sarah Coulter	Framlingham Flyers	0	0	0	0	0	99	0	0	99
15	Karen Gedge	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
16	Jackie Hann	Sudbury Joggers	0	0	0	0	0	0	0	99	99
17	Karen Shelley	Capel Cheetahs	99	0	0	0	0	0	0	0	99
18	Gin Craig	Sudbury Joggers	0	0	0	0	0	0	0	98	98
19	Maxine Hunt	Waveney Valley AC	0	98	0	0	0	0	0	0	98
20	Tracey Monaghan	Brandon Fern Hoppers	98	0	0	0	0	0	0	0	98
21	Kate Thomas	Hadleigh Hares AC	0	0	0	98	0	0	0	0	98
22	Michelle Constable	Ipswich JAFFA RC	0	0	0	97	0	0	0	0	97
23	Lisa Dalton	Sudbury Joggers	0	0	0	0	0	0	0	97	97
24	Sally Solomon	Felixstowe RRC	0	0	0	0	0	97	0	0	97
25	Jane de Boltz	Ipswich JAFFA RC	0	0	0	96	0	0	0	0	96
26	Jo Dickinson	Felixstowe Road Runners	0	0	0	0	0	0	0	96	96
27	Charlie Hill	The Saxons	0	0	0	0	96	0	0	0	96
28	Rebecca Clare	Woodbridge Shufflers RC	0	0	0	95	0	0	0	0	95
29	Samantha Grose	Saint Edmund Pacers	95	0	0	0	0	0	0	0	95
30	Tracey Squirrell	Hadleigh Hares AC	0	0	0	0	0	0	95	0	95
31	Dee St Ledger	Sudbury Joggers AC	0	0	0	94	0	0	0	0	94
32	Lynn Gilyatt	Brandon Fern Hoppers	93	0	0	0	0	0	0	0	93
33	Jo Parden	Framlingham Flyers	0	0	0	93	0	0	0	0	93
34	Helen Spooner	Haverhill Running Club	0	0	0	89	0	0	0	0	89
35	Sarah Sales	Newmarket Joggers	0	0	0	88	0	0	0	0	88
36	Isabel Vicente	Newmarket Joggers	0	0	0	87	0	0	0	0	87
37	Janet Lomas	Framlingham Flyers	0	0	0	86	0	0	0	0	86
38	Lisa Mayers	Haverhill Running Club	0	0	0	85	0	0	0	0	85
<b>Female Master 50</b>											
1	Wendy Hughes	Stowmarket Striders RC	97	0	0	96	100	100	0	0	393
2	Angela Whiting	Stowmarket Striders RC	95	0	0	95	98	0	0	96	384
3	Val Jennings	Ipswich Jaffa RC	100	0	0	100	0	0	0	0	200
4	Dianne Hughes	Stowmarket Striders RC	0	0	0	99	0	0	0	99	198
5	Marion Parker	Felixstowe RRC	0	0	0	98	0	0	0	98	196
6	Jo Whelan	Felixstowe RRC	0	0	0	0	0	98	0	94	192
7	Annette Manning	Bungay Black Dog RC	0	100	0	0	0	0	0	0	100
8	Haley Suttle	Stowmarket Striders	0	0	0	0	0	0	0	100	100
9	Vivienne Woodgate	Felixstowe RRC	0	0	0	0	0	0	100	0	100
10	Jackie Bell	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
11	Ann Granger	The Saxons	0	0	0	0	99	0	0	0	99
12	Claire Hoblyn	Saint Edmund Pacers	99	0	0	0	0	0	0	0	99
13	Bella Lewendon	Ipswich JAFFA RC	0	0	0	0	0	99	0	0	99
14	Rita Rue	Saint Edmund Pacers	0	0	0	0	0	0	99	0	99
15	Dawn Marshall	Saint Edmund Pacers	98	0	0	0	0	0	0	0	98
16	Susannah Rosenberg	Ipswich Triathlon Club	0	0	0	0	0	0	98	0	98
17	Shirley Fowler	Haverhill Running Club	0	0	0	97	0	0	0	0	97
18	Elizabeth Severy	Ipswich JAFFA	0	0	0	0	0	0	0	97	97
19	Angela Brinkley	Stowmarket Striders RC	96	0	0	0	0	0	0	0	96
20	Jenny Lynch	Felixstowe Road Runners	0	0	0	0	0	0	0	95	95
21	Lynda McCormack	Newmarket Joggers	0	0	0	94	0	0	0	0	94
22	Jean Reynolds	Brandon Fern Hoppers	94	0	0	0	0	0	0	0	94
23	Jenny Jarrett	Felixstowe RRC	0	0	0	93	0	0	0	0	93
24	Kirsty Weavers	Saint Edmund Pacers	0	0	0	92	0	0	0	0	92
25	Alison Darke	Haverhill Running Club	0	0	0	91	0	0	0	0	91
<b>Female Master 55</b>											
1	Bobbie Sauerzapf	Bungay Black Dog RC	100	0	100	99	100	99	0	99	498
2	Belinda Godbold	Ipswich JAFFA RC	0	0	0	98	0	100	0	100	298
3	Karen Hatton	Saint Edmund Pacers	0	0	0	100	0	0	0	0	100
4	Louise Adamson	Waveney Valley AC	0	0	0	0	99	0	0	0	99
5	Carol Maycock	Bungay Black Dog RC	99	0	0	0	0	0	0	0	99
6	Sue Hargadon	Ipswich Triathlon Club	0	0	0	0	0	0	0	98	98
7	Gina Purvis	The Saxons	0	0	0	0	98	0	0	0	98
8	Carolyn Haworth	Saint Edmund Pacers	0	0	0	97	0	0	0	0	97
<b>Female Master 60</b>											
1	Julie Haselwood	Ipswich Jaffa RC	0	0	0	0	0	100	100	0	200
2	Marianne Burnell	Ipswich Jaffa RC	100	0	0	0	0	99	0	0	199
3	Hazel Garrity	Bungay Black Dog	0	0	0	0	0	0	0	100	100
4	Vivienne Taylor	Framlingham Flyers	0	0	0	100	0	0	0	0	100
5	Mary Marsh	Newmarket Joggers	0	0	0	99	0	0	0	0	99
6	Anne Oliver	Felixstowe Road Runners	0	0	0	0	0	0	0	99	99
7	Moir Pinkney	Ipswich Triathlon Club	0	0	0	0	0	0	99	0	99
<b>Female Master 65+</b>											
1	Maureen Wright	Ipswich Jaffa RC	99	0	0	100	0	100	0	0	299
2	Veronica Manly	Bungay Black Dog RC	100	100	0	0	0	0	0	0	200
3	Jean Cox	Woodbridge Shufflers RC	0	0	0	99	0	99	0	0	198
4	Anne Fish	Stowmarket Striders	0	0	0	0	0	0	100	0	100
5	Jenny Osborn	Newmarket Joggers	0	0	0	0	0	0	99	0	99

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			Stowmarket Half Marathon 23/03/2014	Bungay Half Marathon 06/04/2014	Bungay Marathon 06/04/2014	Bury Friday 5 20/06/2014	Framlingham 10K 31/08/2014	Saxons 5 Mile 19/10/2014	Hadleigh 5 Mile 23/11/2014	Hadleigh 10 Mile 23/11/2014	
6	Janet Green	Framlingham Flyers	0	0	0	98	0	0	0	0	98
<b>Male Senior</b>											
1	Jim Last	Framlingham Flyers	99	0	0	93	98	98	0	99	487
2	Robin Harper	Felixstowe RRC	96	0	100	85	93	94	0	89	472
3	Peter Woods	Stowmarket Striders RC	0	0	97	74	83	89	0	90	433
4	Ian Elden	Haverhill Running Club	87	0	0	76	74	90	98	0	425
5	Neil Gillingham	Ipswich Harriers	94	0	0	79	86	0	95	0	354
6	Adam Wade	Ipswich JAFFA RC	0	0	0	97	100	0	0	100	297
7	Paul Wain	Ipswich JAFFA RC	0	0	0	91	97	99	0	0	287
8	Thomas White	Saint Edmund Pacers	95	0	0	92	96	0	0	0	283
9	Sean Kennedy	Woodbridge Shufflers RC	91	0	0	0	89	93	0	0	273
10	James Hayward	Stowmarket Striders RC	90	0	0	83	0	0	96	0	269
11	Sam Brooke	Felixstowe RRC	0	0	0	82	92	91	0	0	265
12	Darren Cooke	Felixstowe RRC	0	0	0	86	90	0	0	86	262
13	Paul Wright	Woodbridge Shufflers RC	0	0	0	0	81	87	0	84	252
14	Paul Brand	Saint Edmund Pacers	84	0	0	68	0	0	0	81	233
15	Gavin Davies	Ipswich Jaffa RC	100	0	0	99	0	0	0	0	199
16	Marcus Sladden	Bungay Black Dog RC	97	0	0	0	0	0	100	0	197
17	Andrew Bell	Haverhill Running Club	0	0	0	94	0	0	99	0	193
18	Luke Whitwell	Felixstowe RRC	0	0	0	0	0	97	0	96	193
19	Mark Hayward	Stowmarket Striders RC	0	0	0	88	0	0	0	97	185
20	George Dixon	Ipswich JAFFA RC	0	0	0	0	85	0	97	0	182
21	Samuel Burdett	Stowmarket Striders RC	0	0	0	89	0	0	0	92	181
22	Julian Davis	Bungay Black Dog RC	0	95	0	0	0	85	0	0	180
23	Benjamin Cuthbert	Sudbury Joggers AC	0	0	0	87	0	0	0	88	175
24	Tom Wake	Ipswich JAFFA RC	0	0	0	81	91	0	0	0	172
25	Stuart Lawn	Bungay Black Dog RC	80	91	0	0	0	0	0	0	171
26	Lee Markham	Woodbridge Shufflers RC	93	0	0	78	0	0	0	0	171
27	Daniel Shanks	Felixstowe RRC	88	0	0	0	0	0	0	82	170
28	David Dinnage	Framlingham Flyers	0	0	0	0	82	86	0	0	168
29	James Fox	The Saxons	0	92	0	0	71	0	0	0	163
30	Dan Jones	Haverhill RC	0	0	0	0	84	0	0	79	163
31	David Beighton	St Edmund Pacers	0	93	0	67	0	0	0	0	160
32	Ashley Smy	Ipswich Jaffa	0	94	0	65	0	0	0	0	159
33	Michael Rushton	Saint Edmund Pacers	85	0	0	73	0	0	0	0	158
34	David Mayes	Felixstowe RRC	0	0	0	0	66	0	0	74	140
35	Jonathan Scott	Ipswich JAFFA RC	0	0	0	58	73	0	0	0	131
36	Alan Huggins	Diss & District AC	0	0	0	60	69	0	0	0	129
37	Simon Wallis	Haverhill Running Club	0	0	0	61	68	0	0	0	129
38	Robert Chenery	Ipswich JAFFA RC	0	0	0	0	0	100	0	0	100
39	Macauley Delo	West Suffolk AC	0	0	0	100	0	0	0	0	100
40	Dale Skoulding	Bungay Black Dog RC	0	100	0	0	0	0	0	0	100
41	Marcus Catlin	Ipswich Jaffa	0	99	0	0	0	0	0	0	99
42	Jonathan Ling	Ipswich JAFFA RC	0	0	0	0	99	0	0	0	99
43	Lee Phillips	The Saxons	0	0	99	0	0	0	0	0	99
44	Glenn Douglas	Saint Edmund Pacers	0	0	0	98	0	0	0	0	98
45	Graham Jenvey	Bungay Black Dog RC	98	0	0	0	0	0	0	0	98
46	Simon Merrick	Felixstowe RRC	0	0	98	0	0	0	0	0	98
47	Chris Pimlott	Waveney Valley AC	0	98	0	0	0	0	0	0	98
48	Daniel Preece	Hadleigh Hares AC	0	0	0	0	0	0	0	98	98
49	Richard Crane	Ipswich Jaffa	0	97	0	0	0	0	0	0	97
50	Martin Gear	Saint Edmund Pacers	0	0	0	96	0	0	0	0	96
51	Samuel Grooms	Framlingham Flyers	0	0	0	0	0	96	0	0	96
52	Stewart White	St Edmunds Pacers	0	96	0	0	0	0	0	0	96
53	Ben Churchman	Diss & District AC	0	0	0	0	0	95	0	0	95
54	Tom Kingsnorth	Saint Edmund Pacers	0	0	0	95	0	0	0	0	95
55	Ryan Ostler	Ipswich JAFFA RC	0	0	0	0	95	0	0	0	95
56	Josh Sugars	Ipswich Harriers	0	0	0	0	0	0	0	95	95
57	Marc Briggs	Ipswich JAFFA	0	0	0	0	0	0	0	94	94
58	Leo Gifford	Saint Edmund Pacers	0	0	0	0	94	0	0	0	94
59	Kenny Wright	Ipswich JAFFA	0	0	0	0	0	0	94	0	94
60	Thomas Challencer	Sudbury Joggers	0	0	0	0	0	0	0	93	93
61	Ian Lightfoot	Woodbridge Shufflers	0	0	0	0	0	0	93	0	93
62	Wayne Gardner	Stowmarket Striders RC	92	0	0	0	0	0	0	0	92
63	Ricky Peacher	Framlingham Flyers	0	0	0	0	0	92	0	0	92
64	Paul Woodward	Felixstowe Road Runners	0	0	0	0	0	0	92	0	92
65	Daniel Jones	Ipswich Harriers	0	0	0	0	0	0	0	91	91
66	Brian Powlett	Ipswich Jaffa	0	90	0	0	0	0	0	0	90
67	Benjamin Turley	Ipswich JAFFA RC	0	0	0	90	0	0	0	0	90
68	Robert Grainger	Stowmarket Striders RC	89	0	0	0	0	0	0	0	89
69	Jake Steele	Bungay Black Dog RC	0	89	0	0	0	0	0	0	89
70	Matt Hunter	Hadleigh Hares AC	0	0	0	0	88	0	0	0	88
71	James Walker	Framlingham Flyers	0	0	0	0	0	88	0	0	88
72	Thomas Hunnisett	The Saxons	0	0	0	0	87	0	0	0	87
73	Shaun Jones	Stowmarket Striders	0	0	0	0	0	0	0	87	87
74	Mark Leeks	Ipswich Jaffa RC	86	0	0	0	0	0	0	0	86
75	Glen Curtis	Ipswich JAFFA	0	0	0	0	0	0	0	85	85

**SUFFOLK COUNTY ATHLETIC ASSOCIATION**

**GRAND PRIX 2014**

**Individual, Mens and Ladies Results**

**Best 5 results from 8 races, no minimum to qualify**

Individual Position	Name	Club	Race 1	Race 2	Race 2	Race 3	Race 4	Race 5	Race 6	Race 6	TOTAL
			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
76	Douglas Hobson	Woodbridge Shufflers RC	0	0	0	84	0	0	0	0	84
77	Michael Sheldrake	Ipswich JAFFA RC	0	0	0	0	0	84	0	0	84
78	Michael Carpenter	Ipswich JAFFA	0	0	0	0	0	0	0	83	83
79	Andrew Coleman	Stowmarket Striders RC	83	0	0	0	0	0	0	0	83
80	Jack Tappin	Haverhill Running Club	82	0	0	0	0	0	0	0	82
81	Matthew Eveleigh	Stowmarket Striders RC	81	0	0	0	0	0	0	0	81
82	Trevor Bunch	Haverhill Running Club	0	0	0	80	0	0	0	0	80
83	Jake Church	The Saxons	0	0	0	0	80	0	0	0	80
84	Jason Smith	Sudbury Joggers	0	0	0	0	0	0	0	80	80
85	Marcus Nichols	Bungay Black Dog RC	79	0	0	0	0	0	0	0	79
86	James Pettit	Ipswich JAFFA RC	0	0	0	0	79	0	0	0	79
87	Lee Brown	Haverhill Running Club	0	0	0	0	0	0	0	78	78
88	Jamie Payne	Framlingham Flyers	78	0	0	0	0	0	0	0	78
89	Greg Tunmore	Diss & District AC	0	0	0	0	78	0	0	0	78
90	Christopher Bing	Ipswich JAFFA RC	0	0	0	77	0	0	0	0	77
91	Dan Dobson	Hadleigh Hares AC	0	0	0	0	0	0	0	77	77
92	Neeraj Tati	Ipswich JAFFA RC	0	0	0	0	77	0	0	0	77
93	Andy Keefe	Haverhill Running Club	0	0	0	0	0	0	0	76	76
94	Richard Tatterton	Ipswich JAFFA RC	0	0	0	0	76	0	0	0	76
95	Matthew Haskell	Ipswich Harriers	0	0	0	75	0	0	0	0	75
96	David Neeve	Bungay Black Dog RC	0	0	0	0	75	0	0	0	75
97	Mark Oxford	Ipswich Triathlon Club	0	0	0	0	0	0	0	75	75
98	Alan Hart	Stowmarket Striders RC	0	0	0	72	0	0	0	0	72
99	Warren Wright-Berry	Framlingham Flyers	0	0	0	0	72	0	0	0	72
100	Neil Williamson	Newmarket Joggers	0	0	0	71	0	0	0	0	71
101	Marcus Gynn	Newmarket Joggers	0	0	0	70	0	0	0	0	70
102	Alex Jacobs	Felixstowe RRC	0	0	0	0	70	0	0	0	70
103	Ben Jennings	Saint Edmund Pacers	0	0	0	69	0	0	0	0	69
104	Tristan Gladwell	Framlingham Flyers	0	0	0	0	67	0	0	0	67
105	Alex Taylor	Saint Edmund Pacers	0	0	0	66	0	0	0	0	66
106	Craig Sisson	Haverhill Running Club	0	0	0	64	0	0	0	0	64
107	Daniel Gould	Felixstowe RRC	0	0	0	63	0	0	0	0	63
108	Daniel Morgan	Saint Edmund Pacers	0	0	0	62	0	0	0	0	62
109	Graham Dixon	Haverhill Running Club	0	0	0	59	0	0	0	0	59
110	James Briggs	Haverhill Running Club	0	0	0	57	0	0	0	0	57
111	Carl Fitch	Ipswich JAFFA RC	0	0	0	56	0	0	0	0	56

**Male Master 40**

1	Mark White	Haverhill Running Club	96	98	0	0	97	96	0	94	481
2	Darren Sheppard	Framlingham Flyers	100	0	0	0	100	100	0	98	398
3	Jason Walker	Stowmarket Striders RC	0	97	0	96	0	0	0	0	288
4	Mark Goodwin	Felixstowe Road Runners	0	96	0	91	0	0	98	0	285
5	Will Aldred	Framlingham Flyers	0	0	0	0	90	92	99	0	281
6	Mark Furnace	Ipswich Jaffa RC	0	100	0	0	0	0	0	100	200
7	Tim Larke	Stowmarket Striders RC	0	0	0	100	0	0	0	97	197
8	Nigel Harrison	Ipswich Jaffa RC	0	0	99	0	95	0	0	0	194
9	Jason Allard	Stowmarket Striders RC	0	0	0	0	0	98	0	95	193
10	Peter Bird	Saint Edmund Pacers	0	0	0	0	0	93	100	0	193
11	Steve Garvie	Framlingham Flyers	0	0	0	0	98	95	0	0	193
12	Vince Calver	Felixstowe RRC	0	0	0	93	0	99	0	0	192
13	Tom Pullinger	Bungay Black Dog RC	0	94	0	0	0	0	0	92	186
14	Guy Hayward	Framlingham Flyers	0	0	0	89	92	0	0	0	181
15	Lee Crisp	Felixstowe RRC	0	0	0	0	0	91	0	88	179
16	Daniel Thomas	Saint Edmund Pacers	93	0	0	0	0	0	0	86	179
17	Neil Martin	Stowmarket Striders RC	92	0	0	85	0	0	0	0	177
18	Simon Wiggins	Felixstowe RRC	0	0	0	87	0	0	0	87	174
19	Mark Blackburn	Ipswich JAFFA RC	0	0	0	82	89	0	0	0	171
20	Crispin Rolt	Bungay Black Dog RC	0	0	100	0	0	0	0	0	100
21	Richard Aukland	Waveney Valley AC	0	99	0	0	0	0	0	0	99
22	Ritchie Parkins	Stowmarket Striders RC	0	0	0	99	0	0	0	0	99
23	Carl Thompson	Ipswich JAFFA	0	0	0	0	0	0	0	99	99
24	John Thorpe	Ipswich JAFFA RC	0	0	0	0	99	0	0	0	99
25	Chris Creedy	Ipswich Jaffa RC	0	0	98	0	0	0	0	0	98
26	Michael Jones	Stowmarket Striders RC	98	0	0	0	0	0	0	0	98
27	Jon Wiles	Bungay Black Dog RC	0	0	0	98	0	0	0	0	98
28	Michael Greener	Saint Edmund Pacers	97	0	0	0	0	0	0	0	97
29	Justin Hender	Felixstowe RRC	0	0	0	97	0	0	0	0	97
30	Daniel Kinsman	Framlingham Flyers	0	0	0	0	0	97	0	0	97
31	Dave Luke	Hadleigh Hares AC	0	0	0	0	0	0	97	0	97
32	Nick Hammond	Stowmarket Striders	0	0	0	0	0	0	0	96	96
33	Chris Howard	Sudbury Joggers	0	0	0	0	0	0	96	0	96
34	Gareth Southgate	Stowmarket Striders RC	0	0	0	0	96	0	0	0	96
35	Jim Comber	Sudbury Joggers	0	95	0	0	0	0	0	0	95
36	Clive Davey	Sudbury Joggers AC	0	0	0	95	0	0	0	0	95
37	Graham Coulter	Framlingham Flyers	0	0	0	0	0	94	0	0	94
38	Roy Fulcher	Stowmarket Striders RC	94	0	0	0	0	0	0	0	94
39	Derek Hood	Ipswich JAFFA RC	0	0	0	94	0	0	0	0	94
40	Glenn Warren	Framlingham Flyers	0	0	0	0	94	0	0	0	94

**SUFFOLK COUNTY ATHLETIC ASSOCIATION**

**GRAND PRIX 2014**

**Individual, Mens and Ladies Results**

**Best 5 results from 8 races, no minimum to qualify**

Individual Position	Name	Club	Race 1	Race 2	Race 2	Race 3	Race 4	Race 5	Race 6	Race 6	TOTAL
			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
41	Jeremy Smith	Sudbury Joggers	0	0	0	0	0	0	0	93	93
42	Simon Sparkes	Bungay Black Dog RC	0	93	0	0	0	0	0	0	93
43	Simon Tinkler	Framlingham Flyers	0	0	0	0	93	0	0	0	93
44	Chris Backhouse	Bungay Black Dog RC	0	92	0	0	0	0	0	0	92
45	Mark Vince	Woodbridge Shufflers RC	0	0	0	92	0	0	0	0	92
46	Peter Gray	Framlingham Flyers	0	0	0	0	91	0	0	0	91
47	Steven King	Felixstowe Road Runners	0	0	0	0	0	0	0	91	91
48	Mark Miller	Stowmarket Striders RC	91	0	0	0	0	0	0	0	91
49	Steve Brodie	Brandon Fern Hoppers	90	0	0	0	0	0	0	0	90
50	Nik Chapman	Newmarket Joggers	0	0	0	0	0	0	0	90	90
51	Andrew Elliott	Stowmarket Striders RC	0	0	0	90	0	0	0	0	90
52	Anthony Maclean	Framlingham Flyers	0	0	0	0	0	0	0	89	89
53	Dan Mead	Saint Edmund Pacers	0	0	0	88	0	0	0	0	88
54	Vince Webb	Saint Edmund Pacers	0	0	0	86	0	0	0	0	86
55	Paul Gwynne	Sudbury Joggers	0	0	0	0	0	0	0	85	85
56	Dean Breward	Sudbury Joggers AC	0	0	0	84	0	0	0	0	84
57	Dominic Turner	Sudbury Joggers	0	0	0	0	0	0	0	84	84
58	Paul King	Sudbury Joggers AC	0	0	0	83	0	0	0	0	83
59	Darren Cornell	Haverhill Running Club	0	0	0	81	0	0	0	0	81
60	Richard Sore	Ipswich JAFFA RC	0	0	0	80	0	0	0	0	80
61	Stuart Shepherd	Haverhill Running Club	0	0	0	79	0	0	0	0	79
<b>Male Master 45</b>											
1	Warren Birch	Ipswich Jaffa RC	100	0	0	98	99	100	100	0	497
2	Stephen Hatten	Saint Edmund Pacers	94	98	0	88	96	97	0	0	473
3	Alan Sansom	Woodbridge Shufflers RC	92	0	100	80	89	96	0	92	469
4	Martin Little	Stowmarket Striders RC	93	0	0	89	94	93	98	0	467
5	Ian Gooderham	Saint Edmund Pacers	90	97	0	81	93	94	0	0	455
6	Stephen Dixon	Ipswich JAFFA RC	0	0	0	84	91	95	99	0	369
7	Roger Stone	Felixstowe RRC	0	0	0	100	100	0	0	100	300
8	Mark Ford	Felixstowe RRC	0	0	0	97	98	99	0	0	294
9	Paul Brown	Framlingham Flyers	98	100	0	95	0	0	0	0	293
10	John Greener	Saint Edmund Pacers	97	0	0	94	0	0	0	96	287
11	Dave Solomon	Felixstowe RRC	99	0	0	0	0	91	0	97	287
12	Jamie Randall	Haverhill Running Club	87	0	0	82	0	0	0	91	260
13	Martin Fuller	Felixstowe RRC	83	0	0	68	85	0	0	0	236
14	Wilfred Campbell	Ipswich JAFFA RC	0	0	0	99	0	0	0	98	197
15	Tony Roberts	Framlingham Flyers	0	99	0	96	0	0	0	0	195
16	Steve Brooke	Felixstowe RRC	0	0	0	93	0	98	0	0	191
17	Rod Prime	Ipswich Jaffa RC	96	0	0	90	0	0	0	0	186
18	Kevin Bird	Stowmarket Striders RC	91	0	0	0	0	0	0	94	185
19	Jonathan Wilding	Felixstowe RRC	0	0	98	0	0	0	0	87	185
20	Richard Grimsdell	Saint Edmund Pacers	0	0	0	87	95	0	0	0	182
21	Daren Allen	Ipswich Triathlon Club	89	0	0	0	0	0	0	90	179
22	Phil Davies	Ipswich JAFFA RC	0	0	0	76	88	0	0	0	164
23	Philip Grose	Saint Edmund Pacers	85	0	0	75	0	0	0	0	160
24	Nick Good	Ipswich Jaffa RC	84	0	0	70	0	0	0	0	154
25	Joseph Mayne	Waveney Valley AC	0	0	99	0	0	0	0	0	99
26	Stefen Parry	Ipswich JAFFA	0	0	0	0	0	0	0	99	99
27	Mick Glynn	Diss & District AC	0	0	0	0	97	0	0	0	97
28	Hugh White	Hadleigh Hares AC	0	0	0	0	0	0	97	0	97
29	Andrew Bailey	Bungay Black Dog RC	0	96	0	0	0	0	0	0	96
30	Charles Hill	Woodbridge Shufflers	0	0	0	0	0	0	0	95	95
31	Stephen Oldman	Bungay Black Dog RC	0	95	0	0	0	0	0	0	95
32	Tim Watson	Stowmarket Striders RC	95	0	0	0	0	0	0	0	95
33	Etienne Swarts	Bungay Black Dog RC	0	94	0	0	0	0	0	0	94
34	Charles Hann	Sudbury Joggers	0	0	0	0	0	0	0	93	93
35	Stewart Hambling	Framlingham Flyers	0	0	0	0	92	0	0	0	92
36	Rakesh Raja	Saint Edmund Pacers	0	0	0	92	0	0	0	0	92
37	Kenneth Tovell	Framlingham Flyers	0	0	0	0	0	92	0	0	92
38	Tim Ellis	Haverhill Running Club	0	0	0	91	0	0	0	0	91
39	Andy Bayley	Bungay Black Dog RC	0	0	0	0	0	90	0	0	90
40	Mark Lankester	Ipswich JAFFA RC	0	0	0	0	90	0	0	0	90
41	Richard Dempsey	Woodbridge Shufflers RC	0	0	0	0	0	89	0	0	89
42	Neil Packer	Hadleigh Hares AC	0	0	0	0	0	0	0	89	89
43	Darren Bond	Ipswich JAFFA RC	0	0	0	0	0	88	0	0	88
44	Gary Clark	Ipswich Triathlon Club	0	0	0	0	0	0	0	88	88
45	Paul McAllister	Capel Cheetahs	88	0	0	0	0	0	0	0	88
46	Neil Darracott	Haverhill RC	0	0	0	0	87	0	0	0	87
47	Steve Mowles	Felixstowe RRC	0	0	0	0	0	87	0	0	87
48	Victor Bradley	Ipswich JAFFA RC	0	0	0	0	86	0	0	0	86
49	Dean Hearn	Stowmarket Striders	0	0	0	0	0	0	0	86	86
50	Steven Neal	Brandon Fern Hoppers	0	0	0	86	0	0	0	0	86
51	Neil Thomas	Bungay Black Dog RC	86	0	0	0	0	0	0	0	86
52	Stephen Atkins	Saint Edmund Pacers	0	0	0	85	0	0	0	0	85
53	Robert Edge	Sudbury Joggers	0	0	0	0	0	0	0	85	85
54	Iain Catchpool	Ipswich JAFFA RC	0	0	0	83	0	0	0	0	83
55	Alistair Goodier	Ipswich JAFFA RC	0	0	0	79	0	0	0	0	79

**SUFFOLK COUNTY ATHLETIC ASSOCIATION**

**GRAND PRIX 2014**

**Individual, Mens and Ladies Results**

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Individual Position	Name	Club	Race 1	Race 2	Race 2	Race 3	Race 4	Race 5	Race 6	Race 6	TOTAL
			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
56	Michael Banner	Haverhill Running Club	0	0	0	78	0	0	0	0	78
57	David Ling	Woodbridge Shufflers RC	0	0	0	77	0	0	0	0	77
58	Robbie Burt	Saint Edmund Pacers	0	0	0	74	0	0	0	0	74
59	Pete Rogers	Haverhill Running Club	0	0	0	73	0	0	0	0	73
60	Andrew Smith	Saint Edmund Pacers	0	0	0	72	0	0	0	0	72
61	Mike Sales	Newmarket Joggers	0	0	0	71	0	0	0	0	71
62	Harry Smith	Stowmarket Striders RC	0	0	0	69	0	0	0	0	69
<b>Male Master 50</b>											
1	Robin Belsom	Ipswich Jaffa RC	99	100	0	96	96	0	0	96	487
2	Russel Breyer	Ipswich Jaffa RC	97	99	0	92	95	99	0	0	482
3	Chris Chorley	Bungay Black Dog RC	95	0	0	93	94	96	0	97	475
4	Richard Smith	Felixstowe RRC	87	97	0	81	89	93	0	91	457
5	Mark Watts	Saint Edmund Pacers	100	0	0	98	98	100	0	0	396
6	David Daniels	Stowmarket Striders RC	89	0	0	83	91	0	0	94	357
7	Martin Lawrence	Haverhill Running Club	0	0	0	100	100	0	0	100	300
8	Stephen Curran	Woodbridge Shufflers RC	94	0	0	90	0	97	0	0	281
9	Ian Kennedy	Framlingham Flyers	91	0	0	0	92	95	0	0	278
10	Paul Nickells	Woodbridge Shufflers RC	0	0	0	99	0	0	0	98	197
11	David Barton	Stowmarket Striders RC	92	0	0	0	0	0	99	0	191
12	Adrian Goode	Ipswich Harriers	0	0	0	91	0	0	100	0	191
13	Jonathan Hamilton	Woodbridge Shufflers RC	93	0	98	0	0	0	0	0	191
14	Steve Whittaker	Woodbridge Shufflers RC	96	0	0	94	0	0	0	0	190
15	Vladimir Laptkhovsky	Waveney Valley AC	0	0	97	0	90	0	0	0	187
16	Gary Garnham	Ipswich JAFFA RC	0	0	0	89	0	0	0	95	184
17	Paul Schwer	Felixstowe RRC	0	0	0	0	88	0	0	93	181
18	Tom Hoblyn	Saint Edmund Pacers	90	0	0	85	0	0	0	0	175
19	Dave Alley	Woodbridge Shufflers RC	0	0	100	0	0	0	0	0	100
20	Andy Buck	Sudbury Joggers	0	0	0	0	0	0	0	99	99
21	Greg Davis	Newmarket Joggers	0	0	0	0	99	0	0	0	99
22	Yusuf Firat	Haverhill Running Club	0	0	99	0	0	0	0	0	99
23	Dave Lumby	Ipswich Triathlon Club	98	0	0	0	0	0	0	0	98
24	Howard Revell	Framlingham Flyers	0	0	0	0	0	98	0	0	98
25	Richard Dye	Bungay Black Dog RC	0	98	0	0	0	0	0	0	98
26	Huw Jones	Saint Edmund Pacers	0	0	0	0	0	0	98	0	98
27	Martin Archer	Stowmarket Striders RC	0	0	0	97	0	0	0	0	97
28	Alistair Dick	Ipswich JAFFA RC	0	0	0	0	97	0	0	0	97
29	Michael Earle	Sudbury Joggers	0	0	0	0	0	0	97	0	97
30	Tony Hardy	Bungay Black Dog RC	0	96	0	0	0	0	0	0	96
31	Douglas Gladwin	Bungay Black Dog RC	0	95	0	0	0	0	0	0	95
32	Steven Hughes	Stowmarket Striders RC	0	0	0	95	0	0	0	0	95
33	Gary Hutchings	Framlingham Flyers	0	0	0	0	0	94	0	0	94
34	Colin Whale	Bungay Black Dog RC	0	94	0	0	0	0	0	0	94
35	John Coxage	Framlingham Flyers	0	0	0	0	93	0	0	0	93
36	John Clough	Framlingham Flyers	0	0	0	0	0	92	0	0	92
37	Steve Hunt	Hadleigh Hares AC	0	0	0	0	0	0	0	92	92
38	Mark Carpenter	Haverhill Running Club	0	0	0	0	0	0	0	90	90
39	Tim Deroy-Chennells	Ipswich Jaffa RC	88	0	0	0	0	0	0	0	88
40	Mike Hankinson	Saint Edmund Pacers	0	0	0	88	0	0	0	0	88
41	Christopher Lucas	The Saxons	0	0	0	0	87	0	0	0	87
42	Phil Marsden	Ipswich JAFFA RC	0	0	0	87	0	0	0	0	87
43	Bob Jack	Bungay Black Dog RC	0	0	0	0	86	0	0	0	86
44	Andrew Leather	Ipswich JAFFA RC	0	0	0	86	0	0	0	0	86
45	Peter Jay	Saint Edmund Pacers	0	0	0	84	0	0	0	0	84
46	Simon Halfenden	Haverhill Running Club	0	0	0	82	0	0	0	0	82
47	David Lampard	Felixstowe RRC	0	0	0	80	0	0	0	0	80
48	Steve Wilding	Ipswich JAFFA RC	0	0	0	79	0	0	0	0	79
49	Tim Finegan	Felixstowe RRC	0	0	0	78	0	0	0	0	78
<b>Male Master 55</b>											
1	Stephen Pretty	Stowmarket Striders RC	100	0	0	96	99	100	0	97	492
2	Mon Lee	Ipswich Jaffa RC	94	0	0	89	93	95	100	0	471
3	Alan Jackson	Ipswich JAFFA RC	0	0	0	97	98	0	0	99	294
4	Terence O'Sullivan	Framlingham Flyers	97	98	0	0	95	0	0	0	290
5	Charlie Stannett	Ipswich Triathlon Club	0	0	0	88	0	96	0	93	277
6	Rob Mawson	Framlingham Flyers	0	0	0	0	96	98	0	0	194
7	Ker MacRosson	Ipswich JAFFA RC	0	0	0	0	97	0	0	96	193
8	Tony Morley	Bungay Black Dog RC	0	99	0	0	94	0	0	0	193
9	Ian Mace	Woodbridge Shufflers RC	0	0	0	94	0	97	0	0	191
10	Tony Adolphus	Ipswich Jaffa RC	95	0	0	90	0	0	0	0	185
11	Alan Dawson	Saint Edmund Pacers	0	0	0	100	0	0	0	0	100
12	Dave Edwards	Haverhill Running Club	0	0	100	0	0	0	0	0	100
13	Darryl Futter	Bungay Black Dog RC	0	100	0	0	0	0	0	0	100
14	Malcolm Penn	Sudbury Joggers	0	0	0	0	0	0	0	100	100
15	Brian Rogers	Ipswich JAFFA RC	0	0	0	0	100	0	0	0	100
16	Roger Ackerley	Woodbridge Shufflers RC	99	0	0	0	0	0	0	0	99
17	Duncan Chenery	Ipswich JAFFA RC	0	0	0	0	0	99	0	0	99
18	Roland Shaw	Bungay Black Dog RC	0	0	99	0	0	0	0	0	99

**SUFFOLK COUNTY ATHLETIC ASSOCIATION**

**GRAND PRIX 2014**

**Individual, Mens and Ladies Results**

**Best 5 results from 8 races, no minimum to qualify**

Individual Position	Name	Club	Race 1	Race 2	Race 2	Race 3	Race 4	Race 5	Race 6	Race 6	TOTAL
			Stowmarket	Bungay	Bungay	Bury	Framlingham	Saxons	Hadleigh	Hadleigh	
			Half Marathon 23/03/2014	Half Marathon 06/04/2014	Marathon 06/04/2014	Friday 5 20/06/2014	10K 31/08/2014	5 Mile 19/10/2014	5 Mile 23/11/2014	10 Mile 23/11/2014	
19	John Weston	Ipswich JAFFA RC	0	0	0	99	0	0	0	0	99
20	Andrew Budd	Ipswich JAFFA	0	0	0	0	0	0	0	98	98
21	Michael Marriott	Stowmarket Striders RC	98	0	0	0	0	0	0	0	98
22	Stephen Pugh	Ipswich JAFFA RC	0	0	0	98	0	0	0	0	98
23	Stuart Smith	Waveney Valley AC	0	97	0	0	0	0	0	0	97
24	Don Beatty	Stowmarket Striders RC	96	0	0	0	0	0	0	0	96
25	Mike Downes	Ipswich JAFFA RC	0	0	0	95	0	0	0	0	95
26	Simon Green	Ipswich Triathlon Club	0	0	0	0	0	0	0	95	95
27	Peter Johnson	Framlingham Flyers	0	0	0	0	0	0	0	94	94
28	Richard Soer	Saint Edmund Pacers	0	0	0	93	0	0	0	0	93
29	Rob Clayton	Felixstowe RRC	0	0	0	92	0	0	0	0	92
30	Ian Thurgood	Stowmarket Striders RC	0	0	0	91	0	0	0	0	91
<b>Male Master 60</b>											
1	Bill Kingaby	Waveney Valley AC	0	100	0	0	100	100	0	0	300
2	Neville Clarke	Newmarket Joggers	99	0	0	100	99	0	0	0	298
3	Keith Borrett	Stowmarket Striders RC	96	0	0	94	0	0	0	98	288
4	Steven Rue	Saint Edmund Pacers	0	0	0	99	0	0	99	0	198
5	John Squirrell	Stowmarket Striders RC	0	0	0	98	0	0	100	0	198
6	Frank Moggan	Stowmarket Striders RC	0	0	0	97	0	0	0	99	196
7	John Nevin	Haverhill Running Club	97	0	0	0	0	0	98	0	195
8	Steve Morley	Brandon Fern Hoppers	95	97	0	0	0	0	0	0	192
9	Terry Garrity	Bungay Black Dog	0	0	0	0	0	0	0	100	100
10	Raymond Hill	Ipswich Jaffa RC	100	0	0	0	0	0	0	0	100
11	Nigel Gilham	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
12	Mark Sargeantson	Framlingham Flyers	0	0	0	0	0	99	0	0	99
13	Les Basham	Stowmarket Striders RC	0	98	0	0	0	0	0	0	98
14	Bob Paul	Bungay Black Dog RC	98	0	0	0	0	0	0	0	98
15	Chris Aylmer	Newmarket Joggers	0	0	0	0	0	0	97	0	97
16	David Greenham	Haverhill RC	0	96	0	0	0	0	0	0	96
17	Tim Newton	Ipswich JAFFA RC	0	0	0	96	0	0	0	0	96
18	Jeremy Scopes	Ipswich JAFFA RC	0	0	0	95	0	0	0	0	95
19	Nick Huggins	Stowmarket Striders RC	0	0	0	93	0	0	0	0	93
<b>Male Master 65+</b>											
1	Roger Hobson	Woodbridge Shufflers RC	100	100	0	100	99	0	0	99	498
2	Graham Sampson	Bungay Black Dog RC	99	98	0	97	98	0	0	98	490
3	Philip Nutley	Saint Edmund Pacers	97	94	0	93	94	98	0	94	477
4	Roger Brand	Saint Edmund Pacers	0	0	0	99	0	0	0	100	199
5	Ken Rooke	Framlingham Flyers	98	0	0	0	96	0	0	0	194
6	John Lambert	Ipswich JAFFA RC	0	0	0	0	95	0	98	0	193
7	Robin Farrar	Bungay Black Dog RC	0	96	0	0	0	0	0	95	191
8	Terry Braverman	Haverhill Running Club	0	0	0	94	0	0	0	96	190
9	Bill Cox	Framlingham Flyers	0	0	0	92	0	97	0	0	189
10	Brian Turner	Ipswich Jaffa RC	96	0	0	0	93	0	0	0	189
11	Dave Coley	Ipswich Jaffa RC	0	0	0	0	0	0	100	0	100
12	Charles Shoolbred	Newmarket Joggers	0	0	0	0	100	0	0	0	100
13	Don Tiffin	Bungay Black Dog RC	0	0	0	0	0	100	0	0	100
14	Richard Fellingham	Stowmarket Striders RC	0	0	0	0	0	99	0	0	99
15	Grahame Fish	Stowmarket Striders RC	0	0	0	0	0	0	99	0	99
16	Hugh Roberts	Bungay Black Dog RC	0	99	0	0	0	0	0	0	99
17	David Taylor	Framlingham Flyers	0	0	0	98	0	0	0	0	98
18	Graham Bush	Woodbridge Shufflers	0	97	0	0	0	0	0	0	97
19	Malcolm Esbourn	Newmarket Joggers	0	0	0	0	0	0	0	97	97
20	Alan Varle	Waveney Valley AC	0	0	0	0	97	0	0	0	97
21	Peter Gay	Stowmarket Striders RC	0	0	0	96	0	0	0	0	96
22	Mike Deacon	Felixstowe RRC	0	0	0	95	0	0	0	0	95
23	Ken Hurst	Bungay Black Dog RC	0	95	0	0	0	0	0	0	95