

SUFFOLK COUNTY A.A. 10K Champions

Mens Open		6th July 2014		
1	Kieran McMorran	Bungay Black Dog RC	34.55	
2	Andrew Bell	Haverhill RC	36.20	
3	Paul Wain	Ipswich Jaffa	36.25	
Mens V40 Section				
1	Carl Prewer	Lowestoft RR	34.58	
2	Adam Howlett	Unattached	37.19	
3	Darren Sheppard	Framlingham Flyers	38.08	
4	Ritchie Parkins	Stowmarket Striders	39.57	
5	Mark White	Haverhill RC	41.49	
6	Dominic Turner	Sudbury Joggers	51.57	
Mens V45 Section				
1	Tony Roberts	Framlingham Flyers	40.21	
2	Stephen Hatten	St.Edmund Pacers	44.14	
3	Jamie Randall	Haverhill RC	44.51	
Mens V50 Section				
1	Martin Lawrence	Haverhill RC	37.50	
2	Robin Belsom	Ipswich Jaffa	42.45	
3	Russel Breyer	Ipswich Jaffa	43.05	
Mens V55 Section				
1	Stephen Pretty	Stowmarket Striders	43.18	
2	Ker MacRosson	Ipswich Jaffa	46.18	
Mens V60 Section				
1	John Squirrell	Stowmarket Striders	43.47	
2	Stephen Levinson	Unattached	44.39	
Mens V65 Section				
1	Roger Hobson	Woodbridge Shufflers	49.37	
2	Roger Bland	St.Edmund Pacers	50.10	
3	Philip Nutley	St.Edmund Pacers	62.47	
Womens Open				
1	Justin Anthony	West Suffolk AC	40.54	
2	Hayley Woods	Haverhill RC	75.19	
Womens V40 Section				
1	Odette Robson	St.Edmund Pacers	37.37	RECORD
2	Catherine Abbott	Stowmarket Striders	50.37	
3	Liz Beighton	Stowmarket Striders	54.41	
Womens V45 Section				
NOT HELD				
Womens V50 Section				
1	Christine Anthony	West Suffolk AC	45.07	
2	Angela Whiting	Stowmarket Striders	57.07	
3	Gillian Green	Newmarket Joggers	66.15	
Womens V55 Section				
NOT HELD				
Womens V60 Section				
1	Cheryl Trundle	Haverhill RC	48.54	RECORD
2	Diana Braverman	Cambridge & Coleridge	60.24	