

SUFFOLK Sportshall Athletics

Date: **08NOV14**

Location: **Ipswich**

Competition Details:

Team Events

Sat 4th Oct - Northgate, Ipswich

Sat 8th Nov - Northgate, Ipswich

Sat 29th Nov - Northgate, Ipswich

Individual entry

Regional Competition (East)

Sun 22nd Mar - Hatfield, Herts

National Final

t.b.c

See National Sportshall link: <http://www.sportshall.org/>

u11B 1 Lap

		Time	Position	Points	Combined
A	Billy G	15.8	11	15	31
AA	Luke W	15.6	10	16	
B					
BB					
C	Jordan Smethurst	12.5	3	23	44
CC	Benjamin Cone	12.8	5	21	
D	Tom Spurgeon	12.4	2	24	42
DD	Ethan Hodds	13.3	8	18	
E	Jack Hayes	12.8	5	21	35
EE	Leo Gaeta	16.0	12	14	
F					
FF					
G	Ben Diaby	12.1	1	25	44
GG	Leo Higgs	13.2	7	19	
H	Brandon Ling	14.2	9	17	17
HH					
I					
II					
J					
JJ					
K					
KK					
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N					
NN					
O	Theo Hudson	12.6	4	22	22
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u11B 2 Lap

		Time	Position	Points	Combined
A	Niall cox	29.9	9	17	32
AA	Owen Cox	39.1	11	15	
B					
BB					
C	Joel Burgess	25.5	4	22	43
CC	Finn Howes	25.7	5	21	
D	Oscar Taylor	28.1	7	19	39
DD	Nathan Littlejohns	27.1	6	20	
E	Jack Hayes	25.1	2	24	40
EE	Trey Mitchell	33.1	10	16	
F					
FF					
G	Jack Fayers	24.8	1	25	48
GG	Barney McCallum	25.3	3	23	
H	Brandon Ling	29.8	8	18	18
HH					
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3.30 pm

u11B Chest Push

		First throw	Second thr	Third throw	Best throw	Position	Points	Combined
A	Billy G				3.50	9	17	17
AA								
B								
BB								
C	Jordan Smethurst				4.50	5	21	44
CC	Chase Hodds				4.75	3	23	44
D	Ethan Hodds				5.25	2	24	44
DD	Seth Frankland				3.75	6	20	44
E	Trey Mitchell				3.75	6	20	20
EE								
F								
FF								
G	Brandon Carter				4.75	3	23	39
GG	Rowan Kent				3.00	10	16	39
H	Brandon Ling				3.75	6	20	20
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
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N								
NN								
O	Theo Hudson				6.50	1	25	25
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2.30 pm

u11B

Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A	Niall cox				1.04	12	14	29
AA	Owen Cox				1.22	11	15	
B								
BB								
C	Finn Howes				1.70	4	22	42
CC	Jordan Smethurst				1.57	6	20	
D	Tom Spurgeon				1.57	6	20	41
DD	Nathan Littlejohns				1.69	5	21	
E	Jack Hayes				1.71	3	23	39
EE	Trey Mitchell				1.26	10	16	
F								
FF								
G	Jack Fayers				1.84	1	25	42
GG	Rowan Kent				1.34	9	17	
H	Brandon Ling				1.53	8	18	18
HH								
I								
II								
J								
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NN								
O	Theo Hudson				1.83	2	24	24
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VV								
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u11B Javelin

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A	George W				14.0	4	22	47
AA	Tom R				15.0	1	25	
B								
BB								
C	Finn Howes				15.0	1	25	41
CC	Benjamin Cone				10.0	10	16	
D	Vaughan Beckham				14.0	4	22	41
DD	Nathan Littlejohns				12.0	7	19	
E	Leo Gaeta				11.0	8	18	33
EE	Trey Mitchell				6.0	11	15	
F								
FF								
G	Brandon Carter				14.0	4	22	40
GG	Leo Higgs				11.0	8	18	
H								
HH								
I								
II								
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NN								
O	Theo Hudson				15.0	1	25	25
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u11B 6 Lap Paarlauf

A	George W
B	
C	Joel Burgess Jordan Smethurst
D	Tom Spurgeon Nathan Littlejohns
E	Jack Hayes Leo Gaeta
F	
G	Jack Fayers Brandon Carter
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Time
79.1
76.1
80.5
89.7
75.3

Pos	Points
3	23
2	24
4	22
5	21
1	25

u11B **4 x 1 Lap**
Relay

A	Niall cox Owen Cox	Tom R Luke W
B		
C	Joel Burgess Finn Howes	Jordan Smethurst Chase Hodds
D	Tom Spurgeon Oscar Taylor	Seth Frankland Vaughan Beckham
E	Jack Hayes Leo Gaeta	Trey Mitchell
F		
G	Ben Diaby Barney McCallum	Jack Fayers Leo Higgs
H		
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Time
64.8
51.4
53.4
[59.7]
49.6

Pos	Points
4	22
2	24
3	23
1	25

1.50 pm

u11G 1 Lap

		Time	Position	Points	Combined
A	Martha Rankin	15.1	12	14	32
AA	Ella Pitt	13.4	8	18	
B					
BB					
C	Shamara Hammonds	12.5	1	25	45
CC	Maddie Archbold	13.3	6	20	
D	Maisie Elvin-Andrews	13.0	4	22	44
DD	Libby Mayall	13.0	4	22	
E	Maisy Wood	14.3	10	16	31
EE	Beatrice Wright	14.4	11	15	
F					
FF					
G	Emily Bell	13.9	9	17	41
GG	Jessica Miller	12.6	2	24	
H	Charlotte Sayer	12.9	3	23	43
HH	Belle Armstrong	13.3	6	20	
I					
II					
J					
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3.25 pm

u11G 2 Lap

		Time	Position	Points	Combined
A	Matilda B	27.5	10	16	30
AA	Megan B	28.6	12	14	
B					
BB					
C	Brooke Oram	26.9	8	18	39
CC	Grace Newland	26.6	5	21	
D	Abeni Beckham	25.6	3	23	47
DD	Farren Turner	25.5	2	24	
E	Eloise Ward	27.3	9	17	39
EE	Amelie Goulborn	26.5	4	22	
F					
FF					
G	Mollie Bilner	26.6	5	21	46
GG	Jemima Bestley	24.4	1	25	
H	Evie Le Grice	28.4	11	15	34
HH	Libby Chandler	26.7	7	19	
I					
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u11G

**Speed
Bounce**

		Total Bounces	Position	Points	Combined
A	Martha Rankin	38	8	18	32
AA	Megan G	33	12	14	
B					
BB					
C	Maddie Archbold	40	6	20	38
CC	Grace Newland	38	8	18	
D	Maisie Elvin-Andrews	48	2	24	42
DD	Libby Mayall	38	8	18	
E	Amelie Goulborn	34	11	15	38
EE	Alberta Goulborn	46	3	23	
F					
FF					
G	Jemima Bestley	55	1	25	44
GG	Mollie Bilner	39	7	19	
H	Charlotte Sayer	43	4	22	44
HH	Libby Chandler	43	4	22	
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u13B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Callum Hopson	23.3	1	25	47
CC	Thomas Flynn	25.9	4	22	
D					
DD					
E					
EE					
F					
FF					
G	Theo Blake	25.2	2	24	47
GG	Jayden Solomon	25.5	3	23	
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u13B 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Tai Elvin-Andrews	50.3	1	25	49
CC	Leo Joscelyne	51.4	2	24	
D					
DD					
E					
EE					
F					
FF					
G	Joshua Kent	52.8	3	23	45
GG	Ethan Myles	55.9	4	22	
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2.30 pm

u13B 6 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Jamie Besford	83.1	1	25	48
CC	Alec Wilson	86.3	3	23	
D					
DD					
E	Max Gaeta	98.6	4	22	46
EE	Harvey Hall	85.5	2	24	
F					
FF					
G	Joshua Kent				
GG					
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3.40 pm

u13B

**Long
Jump**

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Callum Hopson			
CC	Leo Joscelyne			
D				
DD				
E	Harvey Hall			
EE	Max Gaeta			
F				
FF				
G	Ethan Myles			
GG	Jayden Solomon			
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Best Jump
1.85
1.77
1.81
1.59
1.81
1.64

Position	Points
1	25
4	22
2	24
6	20
2	24
5	21

Combined
47
44
45

u13B Vertical Jump

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
C	Alec Wilson	34	35	34
CC	Thomas Flynn	30	31	30
D				
DD				
E				
EE				
F				
FF				
G	Ethan Myles	45	41	40
GG	Jayden Solomon	30	36	35
H				
HH				
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Best Jump
35
31
45
36

Position	Points
3	23
4	22
1	25
2	24

Combined
45
49

u13B

Speed Bounce

		Total Bounces	Position	Points	Combined
A					
AA					
B					
BB					
C	Tai Elvin-Andrews	70	3	23	48
CC	Callum Hopson	76	1	25	
D					
DD					
E	Max Gaeta	73	2	24	46
EE	Harvey Hall	69	4	22	
F					
FF					
G	Joshua Kent	66	5	21	41
GG	Theo Blake	59	6	20	
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u13B Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C	Jamie Besford	3.3	3.1	4.9	4.90	2	24	45
CC	Thomas Flynn	3.4	3.67	nt	3.67	5	21	
D								
DD								
E	Max Gaeta	2.9	nt	3.15	3.15	6	20	42
EE	Harvey Hall	nt	3.35	3.85	3.85	4	22	
F								
FF								
G	Theo Blake	4	5.1	4.2	5.10	1	25	48
GG	Ethan Myles	4.37	4.3	4.58	4.58	3	23	
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u13B 8 Lap Paarlauf

A	
B	
C	Callum Hopson Tai Elvin-Andrews
D	
E	Harvey Hall Max Gaeta
F	
G	Joshua Kent Ethan Myles
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Time
99.9
113.1
109.1

Pos	Points
1	25
3	23
2	24

u13B 4 x 2 Lap Relay

A		
B		
C	Callum Hopson Leo Joscelyne	Tai Elvin-Andrews Jamie Besford
D		
E	Max Gaeta Harvey Hall	
F		
G	Theo Blake Jayden Solomon	Joshua Kent Ethan Myles
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Time
97.0
[107.8]
98.0

Pos	Points
1	25
2	24

u13B Obstacle Race

			Time	Pos	Points
A					
B					
C	Leo Joscelyne Jamie Besford	Thomas Flynn Alec Wilson	83.6	1	25
D					
E	Max Gaeta Harvey Hall		[86.8]		
F					
G	Theo Blake Jayden Solomon	Joshua Kent Ethan Myles	85.1	2	24
H					
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3.20 pm

u13 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Ciera Henwood	53.8	1	25	47
CC	Megan Gow	56.1	4	22	
D					
DD					
E	Shannon MacSephne	59.1	5	21	41
EE	Bethany Robinson	59.6	6	20	
F					
FF					
G	Grace Mayhew	54.3	2	24	47
GG	Lily Fielden	55.3	3	23	
H					
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u13 6 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C	Naomi Boots	88.1	1	25	47
CC	Ciera Henwood	91.8	4	22	
D					
DD					
E	Emily Anderson	95.1	6	20	41
EE	Katie Challinor	93.7	5	21	
F					
FF					
G	Maisy Armstrong	88.4	2	24	47
GG	Lily Fielden	89.7	3	23	
H					
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13G

Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Mia Hopson	1.89	1.91	1.78	1.91	2	24	44
CC	Megan Gow	1.41	1.5	1.2	1.50	6	20	
D								
DD								
E	Saffron Mitchell-And	1.58	1.58	1.69	1.69	3	23	45
EE	Katie Challinor	1.51	1.56	1.47	1.56	4	22	
F								
FF								
G	Maisy Armstrong	2	1.9	1.93	2.00	1	25	47
GG	Olivia Hughes	1.56	1.51	1.49	1.56	4	22	
H								
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3.00 pm

13G**Vertical
Jump**

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C	Megan Gow				34	4	22	42
CC	Naomi Boots				31	6	20	
D								
DD								
E	Katie Challinor				42	2	24	46
EE	Bethany Robinson				34	4	22	
F								
FF								
G	Maisy Armstrong				45	1	25	48
GG	Grace Mayhew				39	3	23	
H								
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1.00 pm

13G Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C	Harriet Gooch	6.1	5.35	5.6	6.1	1	25	49
CC	Ciera Henwood	4.8	4.82	4.6	4.82	2	24	
D								
DD								
E	Jasmine Bilner	3.95	3.6	3.6	3.95	3	23	46
EE	Bethany Robinson	NT	NT	3.95	3.95	3	23	
F								
FF								
G	Amelia Suttle	3.65	NT	3.45	3.65	5	21	42
GG	Grace Mayhew	3.65	NT	3.45	3.65	5	21	
H								
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II								
J								
JJ								
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13G 8 Lap Paarlauf

A	
B	
C	Mia Hopson Harriet Gooch
D	
E	Emily Anderson Katie Challinor
F	
G	Maisy Armstrong Olivia Hughes
H	
I	
J	
K	
L	
M	
N	
O	
P	
Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	

Time
106.9
117.4
107.9

Pos	Points
<i>1</i>	25
<i>3</i>	23
<i>2</i>	24

13G 4 x 2 Lap Relay

A		
B		
C	Mia Hopson Ciera Henwood	Harriet Gooch Naomi Boots
D		
E	ffron Mitchell-Andrew Emily Anderson	Jasmine Bilner Katie Challinor
F		
G	Maisy Armstrong Olivia Hughes	Grace Mayhew Lily Fielden
H		
I		
J		
K		
L		
M		
N		
O		
P		
Q		
R		
S		
T		
U		
V		
W		
X		
Y		
Z		

Time
100.3
110.4
103.5

Pos	Points
1	25
3	23
2	24

