

# SUFFOLK COUNTY A.A. Half Marathon Champions

## Mens Open

21st September 2014

1 Gavin Davies	Ipswich Jaffa	1.16.27
2 Jonathan Ling	Ipswich Jaffa	1.20.04
3 Chris Spurling	Unattached	1.21.49
4 Benjamin Turley	Ipswich Jaffa	1.24.31
5 Mark Hayward	Stowmarket Striders	1.25.34
6 Michael Toop	Unattached	1.26.35
7 Marc Briggs	Unattached	1.28.23
8 Josh Sugars	Ipswich Harriers	1.28.57
9 Jonathan Andvig	Unattached	1.29.19
10 Marcus Catlin	Ipswich Jaffa	1.29.45
11 Benjamin Cuthbert	Sudbury Joggers	1.30.08
12 James Hayward	Stowmarket Striders	1.31.14
13 Humfrey Jeakins	Unattached	1.31.56
14 John Cronin	Unattached	1.34.17
15 Robin Harper	Felixstowe RR	1.34.52
16 Oliver Cooper	Unattached	1.35.21
17 Tom Andrews	Unattached	1.37.20
18 Neil Gillingham	Ipswich Harriers	1.39.05
19 Dalton Coe	Ipswich Harriers	1.39.06
20 Ali Stafford	Unattached	1.39.15
21 Andrew Robertson	Unattached	1.39.50
22 Ashley Smy	Ipswich Jaffa	1.40.13
23 Nicholas Barton	Stowmarket Striders	1.40.22
24 Alex Hobbs	Unattached	1.41.21
25 Jack Ward	Unattached	1.41.26
26 David Marsh	Unattached	1.43.37
27 Matthew Reynolds	Lowestoft RR	1.43.49
28 Richard Crane	Ipswich Jaffa	1.45.01
29 Wayne Martin	Unattached	1.45.46
30 James Willingham	Unattached	1.45.48
31 Matt Watts	Unattached	1.46.02
32 Ben Jennings	St.Edmund Pacers	1.47.51
33 Jonathan Scott	Ipswich Jaffa	1.53.45
34 Andrew Heller	Unattached	1.56.18
35 Hashvin Nurjandoa	Unattached	1.59.03
36 Sylwester Kawnik	Unattached	2.01.38
37 Giles Eida	Unattached	2.01.54
38 Andrew Greenwell	Unattached	2.02.56
39 Lukasz Supernak	Unattached	2.15.07

## Mens V40 Section

1 Adam Howlett	Unattached	1.20.44
2 John Thorpe	Ipswich Jaffa	1.28.55
3 Tom Haslam	Unattached	1.31.33
4 Chris Sugars	Ipswich Harriers	1.37.08
5 Antonio Palladino	Unattached	1.39.29
6 Jason Davies	Unattached	1.40.50
7 Martin Culpeck	Unattached	1.52.27
8 Daniel Gould	Felixstowe RR	1.56.51
9 Dominic Turner	Sudbury Joggers	2.08.56

## Mens V45 Section

1 Warren Birch	Ipswich Jaffa	1.25.50
2 Scott McSephney	Ipswich Jaffa	1.30.06
3 Dave Solomon	Felixstowe RR	1.31.38
4 Piers Ranson	Unattached	1.35.25
5 Tim Watson	Stowmarket Striders	1.37.55
6 Stephen mHatten	St.Edmund Pacers	1.39.22
7 Graham Abbott	Unattached	1.56.47
8 Ralph Hughes	Unattached	2.01.34

**Mens V50 Section**

1 Paul Nickells	Woodbridge Shufflers	1.28.00
2 Robin Belsom	Ipswich Jaffa	1.33.10
3 Steve Whittaker	Woodbridge Shufflers	1.37.02
4 Steve Paul	Unattached	1.44.00
5 David Jenkins	St.Edmund Pacers	1.44.47
6 John Coxage	Framlingham Flyers	1.46.19
7 Paul Schwer	Felixstowe RR	2.00.23
8 Richard Pryor	Unattached	2.02.08
9 Yusuf Firat	Haverhill RC	2.17.45

**Mens V55 Section**

1 Stephen Pretty	Stowmarket Striders	1.36.50
2 Stephen Dunnett	Unattached	1.42.35
3 Ker Macrosson	Ipswich Jaffa	1.43.03
4 Andrew Wright	Unattached	1.49.36
5 Dave Gardner	Ipswich Jaffa	1.59.05
6 Steven Reynolds	Unattached	2.16.57

**Mens V65 Section**

1 Frank Moggan	Stowmarket Striders	1.50.50
2 Colin Monks	Blackheath & Bromley	2.16.39
3 Philip Nutley	St.Edmund Pacers	2.26.14

**Womens Open**

1 Nicky Chapman	Newmarket Joggers	1.38.42
2 Davina Greenwell	Unattached	1.38.48
3 Grainne Brennan	Unattached	1.40.02
4 Vicky McTaggart	Woodbridge Shufflers	1.46.17
5 Claire Appleby	Unattached	1.54.53
6 Nicola Weldon	Unattached	1.56.51
7 Greta Supinaite	Ipswich Harriers	1.57.09
8 Jayne Burman	Felixstowe RR	2.00.22
9 Bronwen Sarginson	Unattached	2.00.31
10 Rebecca Elmes	Unattached	2.02.09
11 Lauren Crawford	Sudbury Joggers	2.04.03
12 Leanne Shanks	Unattached	2.07.14
13 Secilia Ausiku	Ipswich Jaffa	2.14.22
14 Rachel Dee	Unattached	2.16.28
15 Lisa Miles	Unattached	2.17.01
16 Joanna Buck	Unattached	2.18.26
17 Jacqueline Dullaghan	Unattached	2.27.58

**Womens V40 Section**

1 Odette Robson	St.Edmund Pacers	1.22.30
2 Becky Overy-Owen	Woodbridge Shufflers	1.41.57
3 Catherine Abbott	Stowmarket Striders	1.55.54
4 Nicole Warner	Unattached	3.03.54

**Womens V45 Section**

1 Diana Read	Unattached	2.41.42
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**Womens V50 Section**

1 Angela Whiting	Stowmarket Striders	2.25.15
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**Womens V55 Section**

1 Sue Hardadon	Ipswich Triathlon Club	2.15.23
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**RECORD**