



SUFFOLK COUNTY ATHLETIC ASSOCIATION
MINUTES OF THE MEETING held at Mid Suffolk District Council Offices,
Needham Market on Friday 10 October 2014

Prior to the meeting, members were asked to stand in remembrance of Brian Musgrove. Brian who was President from 2004 to 2006 and Officials Secretary 1986 to 1994 died the previous week and the funeral was 09 October.

Present: Joe Mower, Tony Cheatham, Terry Back, Jennie Grimwood, Paul Felton, Jonathan Wilding, Karin Mead, Ron Wallwork, Odile Wladon, Terry McEntee, Trevor Bunch, Ian Gooderham, Robin Belsom, Margaret Leek.

Apologies for Absence: Jean Cox, Bill Cox, Mike Oakley, Ricky Peacher, Janet Lomax.

Minutes of Previous meetings: The minutes having been circularised and with no amendments were taken as read and signed as a true record.

Matters Arising: Under Finance the question was asked if the two missing new vests had been found. Not to date but Karin Mead will check during the coming season for anyone wearing a new vest who has not paid for it!

PF quoted a price for the race clock to Beccles Friends of Cancer UK of £75 but they did not want it.

Finance: TC reported just under £12,000 in the current account and £3,320 in the No 2 account. £1000 has been paid out for "management" fees; £330 on flying visits and £158 track hire for quad kids.

KM handed over money for Kingston bus, vests and hooded tops.

Track and Field: TC has had a quote from Bury Sports Centre for the hire of the track for the County Championships of £196 plus £15 per hour per helper. Northgate Sports Centre have not as yet replied but TC said that it wouldn't be cheaper than this year's (2014) which was £780 all in. Cost of First Aid is the same wherever they're held.

RW asked if there is a difference in entries depending on where the championships are held.

There are less if held at Bury. There is no problem with parking at Bury at weekends.

A vote was taken as to where the 2015 championships should be held and Bury St Edmunds was unanimous. OW reported that there is a new pole vault at Bury.

JM gave results of the CAU championships: Georgina Howe 11th in the hammer; Jonathan Gorrings 12th 3000m steeplechase; Callum Wilkinson 3rd 3km walk; Katy Sealy 8th high jump and 11th shot; David Bush 7th 400m hurdles and Marshall Childs 9th javelin. The Men and Women were both in Division 4 and finished 2nd and 5th respectively.

KM reported that all who went to the Under-13 championships at Kingston enjoyed the day but there were no outstanding performances this year.

In the U15/U20 championships at Copthall Gemma Ramsey was third in the javelin (1st year Under-15).

Sophie Tooley 4th in the 800m; Levi-Jack Roper 3rd in the hammer.

OW does not want to be the Boys team manager. A lot of time was spent trying to get teams and then boys were "dropping out" due to pressure from their Club.

KM said that not taking a bus for the championships was the right decision as far as finance was concerned and worked out well.

A vote of thanks was given to Odile for all the work she had put in and also to KM for her continuing work as Ladies Team Manager.

Cross Country:

a) PF went through the minutes of the sub-committee meeting held on 4th June. Copy attached.

c) As per the minutes of the above meeting there will an Under 11 race at the championships providing entrants are aged 9 on the day of competition.

PF to look at online entry system (Run Britain). SportSoft online system charge 80p per entry. Does the County go for all online entries; a mixture of online and paper or all paper.

b) Selection has been the first two in all events previously. KM proposed and PF seconded that the first 4 in each championship plus 4 wild cards. The proposal was carried with one against (David Cripps).

Child protection needs to be looked at and **should be on the agenda for the next meeting.**

There was a discussion as to whether unaffiliated athletes can compete in the county championships as an EA registration number has to be quoted. The decision was they could and should be informed to put a "1" in the number space. This also applies to school athletes who do not belong to a club. This information to go on the website.

PF proposed that all entries should go online and this was seconded by OW and all were in agreement. It was also agreed to go with Graham's system.

OW proposed that Under 11s through to U17s should all be charged the same entry fee either £3 or £6. It was agreed by all that the fee will be £6.

JM reported that he had received a letter of resignation from David Cripps from the Suffolk Committee and as Male Team Manager. Clubs to be advised of this and ask for a volunteer. Also DC needs to be removed from the Suffolk website.

JM has the criteria to go on the website for the selection for the Southern Inter-Counties in December and also for the Inter-counties in March.

Road Running: report attached.

The SCAA Grand Prix Events 2015 are:

Tapley 10/20 on February 22nd plus 2014 winners trophies presentation .(Bury Pacers)

Woodbridge 10k in May

Stowmarket Striders Friday 5mile in June

Larkin Gowen Ipswich Half Marathon in September (JAFFA)

Framlingham 10k in September

Thurlow 10mile in October (Haverhill)

Turkey Trot 10

TBa will look for another race and the criteria will be to complete in at least five events to qualify.

SCAA County Road Championships 2015:
Stowmarket Striders Half Marathon in March
Ipswich JAFFA Friday 5 mile in June
Felixstowe Coastal 10mile in September
Bungay Black Dog 10k October/November

The committee agreed TBa's proposal to increase the Club's fee from £30 to £32 and TC to look at the costs and expenditure with a view to a further increase in the future to cover the outlay.

With regard to the 5k championship on the track - need to get things right in future.

TBa has drawn up Road Race Rules. It was agreed to delete second sentence in Rule 8 and Rule 13b to be amended after discussion.

PF reported that there is a clash of fixtures on 6 September 2015 - Framlingham and Langham (Essex) The Langham event is definitely going ahead. It has a licence and some entries are already in.

Race Walking: RW reported that Joyce Crawford attempted to become a Centurion but 2 laps short in 24 hours.

Callum Wilkinson completed a hat-trick of national wins - broke 20 year old record at English Schools championships.

Sportshall Athletics: TMc reported that over 80 athletes had taken part in the first meeting on 4 October 2014. More helpers are needed at these events. There is a sub-group of 7/8 people to look at quad kids and sportshall. Deanna Richards is dealing with this.

The first Special Olympics took place at Northgate Sports Centre on 17 September and was well supported. Hopefully this will become an annual event. TMc is the contact for this event.

SEAN: TMc handed round an update. There is still money "in the pot" to be used up before the end of the three years which is March 2015. There is some confusion as to whether this money can be carried over or not. Obviously do not want to lose this money so Clubs need to come forward with suggestions for flying visits etc. as soon as possible.

There is no further money coming from England Athletics after March 2015. Forms for flying visits and coaching bursaries will go on the website.

OW asked TMc to report back to England Athletics "why do coaches have to learn all aspects of athletics when they may only be interested in sprints, jumps etc", More people would perhaps become coaches if courses were just aimed at a particular discipline.

Officials:

Track and Field: TC said there would be a course for Track Officials and can be funded by Suffolk County AA. MO is doing one in Diss.

OW queried when would there be one for Timekeepers - check the website, there could possibly be one at Chelmsford.

Endurance: JM reported that the County had 88 Officials three years ago. Now there are only 47 active officials and 5 are due to come off the list as they do not have a DBS. JM has chased these up as getting very short in Suffolk.

JM has talked to Tania Spurling as several officials TMO qualification is out of date.

Adjudicators - Park runs now have to have adjudicators - JM has enquired about this but to date has not had any answers. There is a question about how many adjudicators are active. Log sheets are coming in slowly.

28 invitations have been sent out for the County Championships and only 2 not replied.

Website Update: Please let JM or TMc know what information the Committee requires on the website so the update can take place.

Any other business:

- ✦ PF - there was a lack of Public Address system at this year's cross country championships. He suggested hiring one for next year. RB offered to ask the person who did the Ekidon relays.
- ✦ PF when officiating recently witnessed a death and also dealt with a suspected heart attack. Need a First Aid course for all officials. TMc to sort - needs to be a day course with a certificate at the end.
- ✦ PF - is it practical/beneficial to invite a member from each club to attend these meetings. Not to have a vote but to take back to clubs information and to listen to the discussions that take place. Something for the Committee to think about.
- ✦ OW gave results of English Schools Championships: Marshall Childs won the senior boys javelin; Harry Hughes was 3rd in the intermediate boys javelin; Michael Bartram won the senior boys steeplechase; Katrina Kemp won the East Anglian Region combined events and was 4th in the national event.

The first round of the cross country is Thursday 16 October at RHS. Anglian Schools is 7 February at RHS.

The Anglian Schools Track & Field championships 2015 has been moved to 13 June to avoid club league clashes and is at Peterborough.

Suffolk Schools AGM is next week.

- ✦ KM went to Brian Musgrove's funeral and suggested that the County should send a donation in his memory to Papworth Hospital. It was agreed to send £100 and details were given to TC.
- ✦ A record of recognition is made of Katy Sealy's performance in the Commonwealth Games where she represented Belize, the birthplace of her father.

Date of the next meeting is 21 November 2014

See below for Cross Country Meeting and Road Race Report

SUFFOLK COUNTY ATHLETIC ASSOCIATION

Minutes of Cross Country Sub- Committee Meeting held on Wednesday 4th June 2014
at the White Hart.Hadleigh.Suffolk

Present: Joe Mower, Karin Mead, David Cripps, Paul Felton

1. Championships

Agreed to have an Under 1 age group race and that they are 9 on the day of race. Distance Would be 2K loop and would run the Girls and Boys together and start at 11.40 am. There Would be NO team prizes only 1st, 2nd and 3rd medals.

Entry fee would be £3.00 for U11's: £6.00 for U13/U15/U17's : £8.00 for Senior/1120

Paul to revamp entry forms and information sheet.

Site meeting agreed for July 14th at 6.00pm.

Need to look for a 4K loop??

2. Team Managers:

It was agreed that we have one letter for all invites to represent the County.

There was a long discussion over selection and Karin made a proposal that the first four home in the championships will have automatic selection and then the rest was up to the discretion of the team manager, this was seconded by Paul. David strongly objected and said it was a backward step and he would have to consider his future as team manager for the boys.

Child protection was raised and we need to look at this and should be on the agenda for the next meeting.

3. Transport

We have proposed that Karin Mead takes on the job of Transport Manager and order the coaches as required. It was decided that we would not have a coach to copthall this year 3rd August and would suggest that a car taking one athlete would receive £10.00 and any extra's they would receive £5.00 per athlete.

4. Officials.

Joe explained that several officials are now non active because they have had NO DBS or they have not renewed them and sent a copy to UKA for a new Licence.

It was agreed that an invite would go to all the active officials asking that they are available to help at the cross country championships and if not selected would they help as Marshals.

5. Any Other Business

It was proposed that we hold a fixture conference on the 18th September at Needham Market and hope that all clubs will attend.

SCAA ROAD REPORT OCTOBER 2015

The county has had many excellent events during late spring and summer. The Woodbridge 10k was a massive tribute to the shufflers and the new road management plan seemed to work for the runners.

Another solid Friday 5 series was organised by the organising clubs with good levels of entrants., within these Felixstowe Kirton 5 had the county road 5 championships, entrants were good for this the first one for a number of years.

Other county events at Newmarket 1 Ok and Ipswich half marathon also took place with moderate entries. There were a few issues around timings at the track 5k which did produce some lively emails, this event will be reviewed as to if this distance is run again as a county event outside of a track & field meeting. The rules around these events are also a bit fluffy which has again caused some irritation to entrants and the SCAA, to this end Joe and myself have produced a set of rules which we hope to have passed by the committee tonight so they can be clearly available to all organising events and runners alike.

The SCAA Grand Prix is drawing to its final few events and again has shown increases in the number of entrants at races, currently Ipswich Jaffa lead the team event with 3 races to go. These are the Saxon 5 mile and the Hadleigh 10 and 5 mile events. We have a draft list for the 2015 series that again needs to be confirmed.

The current fee for SCAA County and grand prix events is £30 payable by the clubs, this does not cover the cost of medals for the winners but we are still only just getting these events onto the race calendar. I do propose that a small increase to £32 per event should be passed by the committee tonight in regards to the 2015 events.

The Ekiden Relay organised by Ipswich Jaffa. was the largest yet with over 150 senior teams, plus for the first time a junior relay was offered. This proved a popular addition and looks set to become a feature of the race in the coming years. There has been a proposal that Ipswich Jaffa will cap the entries at about this level for future events due to the pressure on facilities and parking for the race, but this will be confirmed by the club at a later date.

Framlingham Flyers 10K set the Autumn off to a good start with a strong field of runners, the support through the town centre area gets better every year and helps create a great atmosphere around the event The Larkin Gowen Ipswich Half marathon had another record entry and the support and infrastructure around it is bringing more and more people out to watch. The Felixstowe Coastal 10 the following week was also blessed with good weather and an improvement in the race entry. This continues to show how events around the region are well run and liked by runners for their quality. The recent club fixture meeting had representatives from most Suffolk clubs and the 2015 fixture list is currently being pulled together with an up to date list of email contacts. There were discussions around a few clashing dates that we hope can be resolved soon so all our events have the best possible chance to attract race entrants. Endurance race log sheets were changing and members were advised to make certain to fill in the correct sheet for the coming season. There is also the Endurance Officials Bulletin available on the EA website which contains lots of advice and helpful data. We look forward to a solid end to 2014 at our road races

Terry Back

Road Race Secretary