

Suffolk County AA Championships Results 2013 - 26th May, Ipswich

Senior Women

Event:	Pos:	Name:	Surname	Club:	Result:	CBP:
100m	1	Katy	Sealy	Ipswich Harriers	13.7	
	2	Evie	Castle	Chelmsford AC	14.0	
		-	-	-		
200m	1	Elizabeth	Welbourn	Ipswich Harriers	30.2	
		-	-	-		
400m	1	-	-	-		
	2	-	-	-		
		-	-	-		
800m	1	-	-	-		
		-	-	-		
1500m	1	-	-	-		
		-	-	-		
3000m	1	-	-	-		
		-	-	-		
1500m S/C	1	No competition				
	2	-	-	-		
	3	-	-	-		
100m H	1	Evie	Castle	Chelmsford AC	17.1	
		-	-	-		
3k Walk	1	Linda	Spinks	Enfield & Haringey	20.30.5	
		-	-	-		
HJ	1	No competition				
		-	-	-		
PV	1	No competition				
		-	-	-		
LJ	1	Tania	Spurling	West Suffolk AC	5.11	
	2	Katy	Sealy	Ipswich Harriers	4.80	
		-	-	-		
TJ	1	Tania	Spurling	West Suffolk AC	11.10	
	2	Evie	Castle	Chelmsford AC	8.40	
		-	-	-		
SP	1	Evie	Castle	Chelmsford AC	10.83	
	2	Katy	Sealy	Ipswich Harriers	9.88	
		-	-	-		
DT	1	Evie	Castle	Chelmsford AC	25.35	
		-	-	-		
HT	1	Evie	Castle	Chelmsford AC	36.41	CBP
		-	-	-		
JT	1	Evie	Castle	Chelmsford AC	34.56	
	2	Katy	Sealy	Ipswich Harriers	33.13	
		-	-	-		